



unfoldingWord® Literal Text

Psalms

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Psalms

Book One

Psalm 1

¹Blessed is the man who does not walk in the advice of the wicked,

or stand in the pathway with sinners,

or sit in the assembly of mockers.

²But his delight is in the law of Yahweh,

and on his law he meditates day and night.

³He will be like a tree planted by the streams of water

that produces its fruit in its season,

whose leaves do not wither;

whatever he does will prosper.

⁴The wicked are not so,

but are instead like the chaff that the wind drives away.

⁵So the wicked will not stand in the judgment,

nor sinners in the assembly of the righteous.

⁶For Yahweh approves of the way of the righteous,

but the way of the wicked will perish.

Psalm 2

¹Why are the nations in turmoil,

and why do the peoples make plots that will fail?

²The kings of the earth take their stand together

and the rulers conspire together

against Yahweh and against his Messiah, saying,

³“Let us tear off the shackles they put on us

and throw off their chains.”

⁴He who sits in the heavens will sneer at them;

the Lord mocks them.

⁵Then he will speak to them in his anger
and terrify them in his rage, saying,

⁶"I myself have anointed my king
on Zion, my holy mountain."

⁷I will announce a decree of Yahweh.
He said to me, "You are my son!
This day I have become your father.

⁸Ask me, and I will give you the nations for your inheritance
and the farthestmost regions of the earth for your possession.

⁹You will break them with an iron rod;
like a jar of a potter, you will smash them to pieces."

¹⁰So now, you kings, be warned;
be corrected, you rulers of the earth.

¹¹Worship Yahweh in fear
and rejoice with trembling.

¹²Kiss the son or he will be angry with you,
and you will die in the way when his anger burns for just a moment.
How blessed are all those who seek refuge in him.

Psalm 3

A psalm of David, when he fled from Absalom his son.

¹Yahweh, how many are my enemies!
Many have risen against me.

²Many say about me,
"There is no help for him from God." *Selah*

³But you, Yahweh, are a shield around me,
my glory, and the one who lifts up my head.

⁴I lift up my voice to Yahweh,
and he answers me from his holy hill. *Selah*

⁵I lay down and slept;

I awoke, for Yahweh protected me.

⁶I will not be afraid of the multitudes of people
who have set themselves against me on every side.

⁷Rise up, Yahweh! Save me, my God!
For you will hit all my enemies on the jaw;
you will break the teeth of the wicked.

⁸Salvation comes from Yahweh.
May your blessings be on your people. *Selah*

Psalm 4

For the chief musician; on stringed instruments. A psalm of David.

¹Answer me when I call, God of my righteousness;
give me room when I am hemmed in.
Have mercy on me and listen to my prayer.

²You people, how long will you turn my honor into shame?
How long will you love that which is worthless and seek after lies? *Selah*

³But know that Yahweh has set apart the faithful ones for himself.
Yahweh will hear when I call to him.

⁴Tremble in fear, but do not sin!
Meditate in your heart on your bed and be silent. *Selah*

⁵Offer the sacrifices of righteousness
and put your trust in Yahweh.

⁶Many say, "Who will show us anything good?"
Yahweh, lift up the light of your face on us.

⁷You have given my heart more gladness
than others have when their grain and new wine abound.

⁸It is in peace that I will lie down and sleep,
for you alone, Yahweh, make me safe and secure.

Psalm 5

For the chief musician; with wind instruments. A psalm of David.

¹Listen to my call to you, Yahweh;
think about my groanings.

²Listen to the sound of my call, my King and my God,
for it is to you that I pray.

³Yahweh, in the morning you hear my cry;
in the morning I will bring my petition to you and wait expectantly.

⁴Certainly you are not a God who approves of evil;
evil people will not be your guests.

⁵The arrogant will not stand in your presence;
you hate all who behave wickedly.

⁶You will destroy liars;
Yahweh despises violent and deceitful men.

⁷But as for me, because of your great covenant faithfulness, I will come into your house;
in reverence I will bow down toward your holy temple.

⁸Oh Lord, lead me in your righteousness because of my enemies;
make your path straight before me.

⁹For there is no truth in their mouth;
their inward being is wicked;
their throat is an open tomb;
they flatter with their tongue.

¹⁰Declare them guilty, God;
may their schemes be their downfall!
Drive them out for their many transgressions,
for they have rebelled against you.

¹¹But may all those who take refuge in you rejoice;
let them always shout for joy because you defend them;
let them be joyful in you, those who love your name.

¹²For you will bless the righteous, Yahweh;
you will surround them with favor as with a shield.

Psalm 6

For the chief musician; on stringed instruments, set to the Sheminith style. A psalm of David.

¹Yahweh, do not rebuke me in your anger
or discipline me in your wrath.

²Have mercy on me, Yahweh, for I am frail;
heal me, Yahweh, for my bones are shaking.

³My soul also is very troubled.
But you, Yahweh—how long will this continue?

⁴Return, Yahweh! rescue me.
Save me because of your covenant faithfulness!

⁵For in death there is no remembrance of you.
In Sheol who will give you thanks?

⁶I am weary with my groaning.
All night I drench my bed with tears;
I wash my couch away with my tears.

⁷My eyes grow dim from grief;
they grow weak because of all my adversaries.

⁸Get away from me, all you who practice iniquity;
for Yahweh has heard the sound of my weeping.

⁹Yahweh has heard my appeal for mercy;
Yahweh has accepted my prayer.

¹⁰All my enemies will be ashamed and greatly troubled.
They will turn back and be suddenly humiliated.

Psalm 7

A musical composition of David, which he sang to Yahweh concerning the words of Cush the Benjamite.

¹Yahweh my God, I take refuge in you!
Save me from all who chase me, and rescue me.

²Otherwise, they will rip me apart like a lion,
tearing me in pieces with no one else able to bring me to safety.

³Yahweh my God, if I have done this,
and there is guilt on my hands—

⁴If I have done evil to him who was at peace with me,
or senselessly harmed my enemy without cause, then hear my words.

⁵Then let my enemy pursue my life and overtake me;

let him trample my life to the ground

and lay my honor in the dust. *Selah*

⁶Arise, Yahweh, in your anger;

stand up against the rage of my enemies;

wake up for my sake and carry out the righteous decrees that you have commanded for them.

⁷The countries are assembled all around you;

take once more your rightful place over them.

⁸Yahweh, judge the nations;

vindicate me, Yahweh, because I am righteous and innocent, Most High.

⁹May the evil deeds of the wicked come to an end, but establish the righteous people,

righteous God, you who examine hearts and minds.

¹⁰My shield comes from God,

the one who saves the upright in heart.

¹¹God is a righteous judge,

a God who is indignant each day.

¹²If a person does not repent, God will sharpen his sword

and will prepare his bow for battle.

¹³He prepares to use weapons against him;

he makes his arrows flaming shafts.

¹⁴Think about the one who is pregnant with wickedness,

who conceives destructive plans, who gives birth to harmful lies.

¹⁵He digs a pit and hollows it out

and then falls into the hole he has made.

¹⁶His own destructive plans return to his own head,

for his violence comes down on his own head.

¹⁷I will give thanks to Yahweh for his justice;

I will sing praise to Yahweh Most High.

Psalm 8

For the chief musician; set to the gittith style. A psalm of David.

¹Yahweh our Lord, how magnificent is your name in all the earth,
you who reveal your glory in the heavens above.

²Out of the mouth of babies and infants you have established praise^[1]
because of your enemies,
so that you might silence both the enemy and the avenger.

³When I look up at your heavens, which your fingers have made,
the moon and the stars, which you have set in place,

⁴Of what importance is the human race that you notice them,
or mankind that you pay attention to them?

⁵Yet you have made them only a little lower than the heavenly beings
and have crowned them with glory and honor.

⁶You make him to rule over the works of your hands;
you have put all things under his feet:

⁷all sheep and oxen,
and even the animals of the field,

⁸the birds of the heavens, and the fish of the sea,
everything that passes through the currents of the seas.

⁹Yahweh our Lord,
how magnificent is your name in all the earth!

8:2 ^[1] or, .

Psalm 9

For the chief musician; set to Muth Labben style. A psalm of David.

¹I will give thanks to Yahweh with my whole heart;
I will tell about all your marvelous deeds.

²I will be glad and rejoice in you;
I will sing praise to your name, Most High!

³When my enemies turn back,
they stumble and perish before you.

⁴For you have defended my just cause;
you sit on your throne, a righteous judge!

⁵You rebuked the nations;
you have destroyed the wicked;
you have blotted out their name forever and ever.

⁶The enemy crumbled like ruins
when you overthrew their cities.
All remembrance of them has perished.

⁷But Yahweh remains forever;
he has established his throne for justice.

⁸He will judge the world with righteousness,
and he will execute judgment for the nations with fairness.

⁹Yahweh also will be a stronghold for the oppressed,
a stronghold in times of trouble.

¹⁰Those who know your name trust in you,
for you, Yahweh, do not abandon those who seek you.

¹¹Sing praises to Yahweh, who rules in Zion;
tell the nations what he has done.

¹²For the God who avenges bloodshed remembers;
he does not forget the cry of the oppressed.

¹³Have mercy on me, Yahweh; see how I am oppressed by those who hate me,
you who can snatch me from the gates of death.

¹⁴Oh, that I might proclaim all your praise.
In the gates of the daughter of Zion
I will rejoice in your salvation!

¹⁵The nations have sunk down into the pit that they made;
their feet are caught in the net that they hid.

¹⁶Yahweh has made himself known; he has executed judgment;
the wicked is ensnared by his own actions. *Selah*

¹⁷The wicked are turned back and sent to Sheol,
all the nations that forget God.

¹⁸For the needy will not always be forgotten,
nor will the hope of the oppressed be forever dashed.

¹⁹Arise, Yahweh; do not let man win against you;
may the nations be judged in your sight.

²⁰Terrify them, Yahweh;
may the nations know that they are mere men. *Selah*

Psalm 10

¹Why, Yahweh, do you stand far off?

Why do you hide yourself in times of trouble?

²Because of their arrogance, wicked people chase the oppressed;
but please let the wicked be trapped by their own schemes that they have devised.

³For the wicked person boasts of his deepest desires;
he blesses the greedy and insults Yahweh.

⁴The wicked man has a raised face; he does not seek God.
He never thinks about God because he does not care at all about him.

⁵He is secure at all times,
but your righteous decrees are too high for him;
he snorts at all his enemies.

⁶He says in his heart, "I will never fail;
throughout all generations I will not meet adversity."

⁷His mouth is full of curses and lies and oppression;
under his tongue are mischief and evil.

⁸He waits in ambush near the villages;
in the secret places he murders the innocent;
his eyes look for some helpless victim.

⁹He lurks in secret like a lion in the thicket;
he lies in wait to catch the oppressed.
He catches the oppressed when he pulls in his net.

¹⁰His victims are crushed and beaten down;
they fall into his strong nets.

¹¹He says in his heart, "God has forgotten;
he covers his face; he will not bother to look."

¹²Arise, Yahweh! Lift up your hand, God!
Do not forget the oppressed.

¹³Why does the wicked man reject God
and say in his heart, "You will not hold me accountable"?

¹⁴You have taken notice, for you always see the one who inflicts the misery and sorrow.
The helpless entrusts himself to you;
you rescue the fatherless.

¹⁵Break the arm of the wicked and evil man.
Make him account for his evil deeds,
which he thought you would not discover.

¹⁶Yahweh is King forever and ever;
the nations are driven out of his land.

¹⁷Yahweh, you have heard the needs of the oppressed;
you strengthen their heart, you listen to their prayer;

¹⁸You defend the fatherless and the oppressed
so that no man on the earth will cause terror again.

Psalm 11

For the chief musician. A psalm of David.

¹I take refuge in Yahweh;
how will you say to me,
"Flee like a bird to the mountain"?

²For see! The wicked prepare their bows.
They make ready their arrows on the strings
to shoot in the darkness at the upright in heart.

³For if the foundations are ruined,
what can the righteous do?

⁴Yahweh is in his holy temple;
his eyes watch, his eyes examine the children of mankind.

⁵Yahweh examines both the righteous and the wicked,
but he hates those who love to do violence.

⁶He rains burning coals and brimstone upon the wicked;
a scorching wind will be their portion from his cup!

⁷For Yahweh is righteous, and he loves righteousness;
the upright will see his face.

Psalm 12

For the chief musician; set to the Sheminith. A psalm of David.

¹Help, Yahweh, for the faithful ones have disappeared;
those who have integrity have vanished from the children of men.

²Everyone says empty words to his neighbor;
everyone speaks with flattering lips and a double heart.

³Yahweh, cut off all flattering lips,
every tongue declaring great things.

⁴These are those who have said, "With our tongues will we prevail.
When our lips speak, who can be master over us?"

⁵"Because of violence against the poor, because of the groans of the needy,
I will arise," says Yahweh.

"I will provide the safety for which they long."

⁶The words of Yahweh are pure words,
like silver purified in a furnace on the earth,
refined seven times.

⁷You are Yahweh! You keep them.
You preserve the godly people from this wicked generation and forever.

⁸The wicked walk on every side
when evil is exalted among the children of mankind.

Psalm 13

For the chief musician. A psalm of David.

¹How long, Yahweh, will you keep forgetting about me?

How long will you hide your face from me?

²How long must I worry

and have grief in my heart all day?

How long will my enemy triumph over me?

³Look at me and answer me, Yahweh my God!

Give light to my eyes, or I will sleep in death.

⁴Do not let my enemy say, "I have defeated him,"

so that my enemy may not say, "I have prevailed over my adversary"; otherwise, my enemies will rejoice when I am brought down.

⁵But I have trusted in your covenant faithfulness;

my heart rejoices in your salvation.

⁶I will sing to Yahweh

because he has treated me very generously.

Psalm 14

For the chief musician. A psalm of David.

¹A fool says in his heart, "There is no God."

They are corrupt and have done abominable iniquity;

there is no one who does good.

²Yahweh looks down from heaven on the children of mankind

to see if there are any who understand,

who seek after him.

³They have all turned away. Together they have become corrupt.

There is no one who does good, no, not one.

⁴Do they not know anything, those who commit iniquity,

those who eat up my people as they eat bread,

but who do not call on Yahweh?

⁵They tremble with dread,

for God is with the righteous assembly!

⁶You want to humiliate the poor person

even though Yahweh is his refuge.

⁷Oh, that the salvation of Israel would come from Zion!
When Yahweh brings back his people from the captivity,
then Jacob will rejoice and Israel will be glad!

Psalm 15

A psalm of David.

¹Yahweh, who may stay in your tabernacle?

Who may live on your holy hill?

²Whoever walks blamelessly, does what is right
and speaks truth from his heart.

³He does not slander with his tongue,
he does not harm others,
and he does not insult his neighbor.

⁴The worthless person is despised in his eyes,
but he honors those who fear Yahweh.

He swears to his own disadvantage and does not take back his promises.

⁵He does not charge interest when he lends money.
He does not take bribes to testify against the innocent.
He who does these things will never be shaken.

Psalm 16

A michtam of David.

¹Protect me, God, for I take refuge in you.

²I say to Yahweh, "You are my Lord; my goodness is nothing apart from you.

³As for the holy people who are on the earth, they are noble people; all my delight is in them.

⁴Their troubles will be increased, those who seek out other gods. I will not pour out drink offerings of blood to their gods

or lift up their names with my lips.

⁵Yahweh, you are my chosen portion and my cup. You hold onto my lot.

⁶Measuring lines have been laid for me in pleasant places; surely a pleasing inheritance is mine.

⁷I will bless Yahweh, who counsels me; even at night my mind instructs me.

⁸I set Yahweh before me at all times, so I will not be shaken from his right hand!

⁹Therefore my heart is glad; my glory is rejoicing. Surely I will live in security.

¹⁰For you will not abandon my soul to Sheol. You will not let your faithful one see the pit.

¹¹You teach me the path of life; abundant joy resides in your presence; delights abide in your right hand forever!"

Psalm 17

A prayer of David.

¹Listen to my plea for justice, Yahweh; pay attention to my call for help!

Give ear to my prayer from lips without deceit.

²Let my vindication come from your presence; let your eyes see what is right!

³If you test my heart, if you come to me in the night,

you will purify me and will not find any evil plans; my mouth will not transgress.

⁴As for the deeds of mankind, it is at the word of your lips that I have kept myself from the ways of the lawless.

⁵My steps have held firmly to your tracks; my feet have not slipped.

⁶I call to you, for you answer me, God; turn your ear to me and listen when I speak.

⁷Show your covenant faithfulness in a wonderful way, you who save by your right hand those who take refuge in you from their enemies!

⁸Protect me like the apple of your eye; hide me under the shadow of your wings

⁹from the presence of the wicked ones who assault me, my enemies who surround me.

¹⁰They have no mercy on anyone; their mouths speak with pride.

¹¹They have surrounded my steps. They set their eyes to strike me to the ground.

¹²They are like a lion eager for a victim, like a young lion crouching in hidden places.

¹³Arise, Yahweh! Attack them! Throw them down on their faces! Rescue my life from the wicked by your sword!

¹⁴Rescue me from men by your hand, Yahweh, from men of this world whose prosperity is in this life alone!

You will fill the bellies of your treasured ones with riches; they will have many children and will leave their wealth to their children.

¹⁵As for me, I will see your face in righteousness; I will be satisfied, when I awake, with a sight of you.

Psalm 18

For the chief musician. A psalm of David, the servant of Yahweh, when he sang to Yahweh the words of this song on the day that Yahweh rescued him from the hand of all his enemies and from the hand of Saul. He sang:

¹I love you, Yahweh, my strength.

²Yahweh is my rock, my fortress, the one who brings me to safety; he is my God, my rock; I take refuge in him.
He is my shield, the horn of my salvation, and my stronghold.

³I will call on Yahweh who is worthy to be praised, and I will be saved from my enemies.

⁴The cords of death surrounded me, and the rushing waters of worthlessness overwhelmed me.

⁵The cords of Sheol surrounded me; the snares of death trapped me.

⁶In my distress I called to Yahweh; I called for help to my God. He heard my voice from his temple;
my call for help went into his presence; it went into his ears.

⁷Then the earth shook and trembled; the foundations of the mountains also trembled
and were shaken because God was angry.

⁸Smoke went up from out of his nostrils, and blazing fire came out of his mouth. Coals were ignited by it.

⁹He opened the heavens and came down, and thick darkness was under his feet.

¹⁰He rode on a cherub and flew; he glided on the wings of the wind.

¹¹He made darkness a tent around him, heavy rainclouds in the skies.

¹²Hailstones and coals of fire fell from the lightning before him.

¹³Yahweh thundered in the heavens! The voice of the Most High shouted.^[1]

¹⁴He shot his arrows and scattered his enemies; many lightning bolts dispersed them.

¹⁵Then the water channels appeared;
the foundations of the world were laid bare
at your rebuke, Yahweh,
at the blast of the breath of your nostrils.

¹⁶He reached down from above; he took hold of me! He pulled me out of the surging water.

¹⁷He rescued me from my strong enemy, from those who hated me, for they were too strong for me.

¹⁸They came against me on the day of my distress but Yahweh was my support!

¹⁹He set me free in a wide open place; he saved me because he was pleased with me.

²⁰Yahweh has rewarded me because of my righteousness; he has restored me because my hands were clean.

²¹For I have kept the ways of Yahweh and have not wickedly turned away from my God.

²²For all his righteous decrees have been before me; as for his statutes, I have not turned away from them.

²³I have also been innocent before him, and I have kept myself from sin.

²⁴Therefore Yahweh has restored me because of my righteousness, because my hands were clean before his eyes.

²⁵To the one who is faithful, you show yourself to be faithful;

to a man who is blameless, you show yourself to be blameless.

²⁶To anyone who is pure, you show yourself pure; but you are clever toward anyone who is twisted.

²⁷For you save afflicted people, but you bring down those with proud, uplifted eyes!

²⁸For you give light to my lamp; Yahweh my God lights up my darkness.

²⁹For by you I can run over a barricade; by my God I can leap over a wall.

³⁰As for God—his way is perfect! The word of Yahweh is pure!

He is a shield to everyone who takes refuge in him.

³¹For who is God except Yahweh? Who is a rock except our God?

³²It is God who puts strength on me like a belt, who places the blameless person on his path.

³³He makes my feet swift like a deer and places me on the heights!

³⁴He trains my hands for war and my arms to bend a bow of bronze.

³⁵You have given me the shield of your salvation. Your right hand has supported me, and your favor has made me great.

³⁶You have made a wide place for my feet beneath me so that my feet have not slipped.

³⁷I pursued my enemies and caught them; I did not turn back until they were destroyed.

³⁸I smashed them so that they were unable to rise; they have fallen under my feet.

³⁹For you put strength on me like a belt for battle; you put under me those who rise up against me.

⁴⁰You gave me the back of my enemies' necks; I annihilated those who hated me.

⁴¹They called for help, but no one saved them; they called out to Yahweh, but he did not answer them.

⁴²I beat them into fine pieces like dust before the wind; I threw them out like mud in the streets.

⁴³You rescued me from the disputes of people. You have made me the head over nations. People that I have not known serve me.

⁴⁴As soon as they heard of me, they obeyed me; foreigners were forced to bow to me.

⁴⁵The foreigners came trembling out of their strongholds.

⁴⁶Yahweh lives; may my rock be praised. May the God of my salvation be exalted.

⁴⁷He is the God who executes vengeance for me, who subdues the nations under me.

⁴⁸I am set free from my enemies! Indeed, you lifted me above the ones who rose against me! You rescued me from violent men.

⁴⁹Therefore I will give thanks to you, Yahweh, among the nations; I will sing praises to your name!

⁵⁰God gives great victory to his king, and he shows his covenant loyalty to his anointed one, to David and to his descendants forever.

18:13 ^[1] this expression may be an accidental repetition from the previous verse.

Psalm 19

For the chief musician. A psalm of David.

¹The heavens declare the glory of God,
and the skies make his handiwork known!

²Day after day speech pours out;
night after night it reveals knowledge.

³There is no speech or spoken words;
their voice is not heard.

⁴Yet their words go out over all the earth,
and their speech to the end of the world.
He has pitched a tent for the sun among them.

⁵The sun is like a bridegroom coming out of his chamber
and like a strong man who rejoices when he runs his race.

⁶The sun rises from the one horizon
and crosses the sky to the other;
nothing escapes its heat.

⁷The law of Yahweh is perfect, restoring the soul;
the testimony of Yahweh is reliable, making the simple wise.

⁸The instructions of Yahweh are right, making the heart glad;
the commandment of Yahweh is pure, bringing light to the eyes.

⁹The fear of Yahweh is pure, enduring forever;
the righteous decrees of Yahweh are true and altogether right!

¹⁰They are of greater value than gold, even more than much fine gold;
they are sweeter than honey and the dripping honey from the honeycomb.

¹¹Yes, by them your servant is warned;
in obeying them there is great reward.

¹²Who can discern all his own errors?
Cleanse me from hidden faults.

¹³Keep your servant also from arrogant sins;

let them not rule over me.

Then I will be perfect,

and I will be innocent from many transgressions.

¹⁴May the words of my mouth and the thoughts of my heart

be acceptable in your sight,

Yahweh, my rock and my redeemer.

Psalm 20

For the chief musician. A psalm of David.

¹May Yahweh help you in the day of trouble;

may the name of the God of Jacob protect you

²and send help from the holy place

to support you from Zion.

³May he call to mind all your offerings

and accept your burnt sacrifice. *Selah*

⁴May he grant you your heart's desire

and fulfill all your plans.

⁵Then we will rejoice in your victory,

and, in the name of our God, we will raise banners.

May Yahweh grant all your petitions.

⁶Now I know that Yahweh will rescue his anointed one;

he will answer him from his holy heaven

with the strength of his right hand that can rescue him.

⁷Some trust in chariots and others in horses,

but we call on Yahweh our God.

⁸They will be brought down and fall,

but we will rise and stand upright!

⁹Yahweh, rescue the king;

help us when we call.

Psalm 21

For the chief musician. A psalm of David.

¹The king rejoices in your strength, Yahweh!

How greatly he rejoices in the salvation you provide!

²You have given him his heart's desire

and have not held back the request of his lips. *Selah*

³For you bring him rich blessings;

you placed on his head a crown of purest gold.

⁴He asked you for life; you gave it to him;

you gave him the length of his days forever and ever.

⁵His glory is great because of your victory;

you have bestowed on him splendor and majesty.

⁶For you grant him lasting blessings;

you make him glad with the joy of your presence.

⁷For the king trusts in Yahweh;

through the covenant faithfulness of the Most High he will not be moved.

⁸Your hand will seize all your enemies;

your right hand will seize those who hate you.

⁹At the time of your anger, you will burn them up as in a fiery furnace.

Yahweh will consume them in his wrath,

and the fire will devour them.

¹⁰You will destroy their offspring from the earth

and their descendants from among the human race.

¹¹For they intended evil against you;

they conceived a plot with which they will not succeed!

¹²For you will turn them back;

you will draw your bow before them.

¹³Be exalted, Yahweh, in your strength;

we will sing and praise your power.

Psalm 22

For the chief musician; set to "The rhythm of the deer." A psalm of David.

¹My God, my God, why have you abandoned me?

Why are you so far from saving me and far from the words of my anguish?

²My God, I cry out in the daytime, but you do not answer,
and at night I am not silent!

³Yet you are holy;
you sit as king with the praises of Israel.

⁴Our ancestors trusted in you;
they trusted in you, and you rescued them.

⁵They cried to you and they were rescued.
They trusted in you and were not disappointed.

⁶But I am a worm and not a man,
a disgrace to humanity and despised by the people.

⁷All those who see me taunt me;
they mock me; they shake their heads at me.

⁸They say, "He trusts in Yahweh;
let Yahweh rescue him.
Let him rescue him, for he delights in him."

⁹For you brought me from the womb;
you made me trust you when I was on my mother's breasts.

¹⁰I have been thrown on you from the womb;
you are my God since I was in my mother's womb!

¹¹Do not be far away from me, for trouble is near;
there is no one to help.

¹²Many bulls surround me;
strong bulls of Bashan surround me.

¹³They open their mouths wide against me
like a roaring lion ripping its victim.

¹⁴I am being poured out like water,
and all my bones are dislocated.

My heart is like wax;
it melts away within my inner parts.

15My strength has dried up like a piece of pottery;
my tongue sticks to the roof of my mouth.

You have laid me in the dust of death.

16For dogs have surrounded me;
a company of evildoers has encircled me;
they have pierced my hands and my feet.

17I can count all my bones.
They look and stare at me.

18They divide my garments among themselves,
they cast lots for my clothes.

19Do not be far away, Yahweh;
please hurry to help me, my strength!

20Rescue my soul from the sword,
my only life from the claws of wild dogs.

21Save me from the lion's mouth;
rescue me from the horns of the wild oxen.

22I will declare your name to my brothers;
in the midst of the assembly I will praise you.

23You who fear Yahweh, praise him!
All you descendants of Jacob, honor him!
Stand in awe of him, all you descendants of Israel!

24For he has not despised or abhorred the suffering of the afflicted one;
Yahweh has not hidden his face from him;
when the afflicted one cried to him, he heard.

25My praise will be because of you in the great assembly;
I will fulfill my vows before those who fear him.

26The oppressed will eat and be satisfied;
those who seek Yahweh will praise him.
May your hearts live forever.

27All the peoples of the earth will remember and turn to Yahweh;
all the families of the nations will bow down before you.

²⁸For the kingdom is Yahweh's;
he is the ruler over the nations.

²⁹All the prosperous people of the earth will feast and will worship;
all those who are descending into the dust will bow before him,
those who cannot preserve their own lives.

³⁰A generation to come will serve him;
they will tell the next generation of the Lord.

³¹They will come and tell of his righteousness;
they will tell to a people not yet born what he has done!

Psalm 23

A psalm of David.

¹Yahweh is my shepherd; I will lack nothing.

²He makes me to lie down in green pastures;
he leads me beside tranquil water.

³He brings back my life;
he guides me along right paths for his name's sake.

⁴Even though I walk through a valley of darkest shadow,
I will not fear harm since you are with me;
your rod and your staff comfort me.

⁵You prepare a table before me in the presence of my enemies;
you have anointed my head with oil;
my cup runs over.

⁶Surely goodness and covenant faithfulness will pursue me all the days of my life;
and I will live in the house of Yahweh for the length of my days!

Psalm 24

A psalm of David.

¹The earth is Yahweh's, and its fullness,
the world, and all who live in it.

²For he has founded it upon the seas

and established it on the rivers.

³Who will ascend the mountain of Yahweh?

Who will stand in his holy place?

⁴He who has clean hands and a pure heart;

who has not lifted up a falsehood,

and has not sworn an oath in order to deceive.

⁵He will receive a blessing from Yahweh

and righteousness from the God of his salvation.

⁶Such is the generation of those who seek him,

those who seek the face of the God of Jacob. *Selah*

⁷Lift up your heads, you gates;

be lifted up, everlasting doors,

so that the King of glory may come in!

⁸Who is this King of glory?

Yahweh, strong and mighty; Yahweh, mighty in battle.

⁹Lift up your heads, you gates;

be lifted up, everlasting doors,

so that the King of glory may come in!

¹⁰Who is this King of glory?

Yahweh of hosts,

he is the King of glory. *Selah*

Psalm 25

A psalm of David.

¹To you, Yahweh, I lift up my life!

²My God, I trust in you.

Do not let me be humiliated;

do not let my enemies rejoice triumphantly over me.

³May no one who hopes in you be disgraced

may those who act treacherously without cause be ashamed!

⁴Make known to me your ways, Yahweh;

teach me your paths.

⁵Guide me into your truth and teach me,

for you are the God of my salvation;

I hope in you all day long.

⁶Call to mind, Yahweh, your acts of compassion and of covenant faithfulness;

for they have always existed.

⁷Do not think about the sins of my youth or my rebelliousness;

Call me to mind with covenant faithfulness because of your goodness, Yahweh!

⁸Yahweh is good and upright;

therefore he teaches sinners the way.

⁹He guides the humble in what is right

and he teaches them his way.

¹⁰All the paths of Yahweh are steadfast love and faithfulness

to those who keep his covenant and his solemn commands.

¹¹For your name's sake, Yahweh,

pardon my sin, for it is great.

¹²Who is the man who fears Yahweh?

The Lord will instruct him in the way that he should choose.

¹³His life will go along in goodness;

and his descendants will inherit the land.

¹⁴The friendship of Yahweh is for those who honor him,

and he makes his covenant known to them.

¹⁵My eyes are always on Yahweh,

for he will free my feet from the net.

¹⁶Turn toward me and have mercy on me;

for I am alone and afflicted.

¹⁷The troubles of my heart are enlarged;

draw me out from my distress!

¹⁸See my affliction and my toils;

forgive all my sins.

¹⁹See my enemies, for they are many;

they hate me with cruel hatred.

²⁰Protect my life and rescue me;

do not let me be humiliated, for I take refuge in you!

²¹May integrity and uprightness preserve me,

for I hope in you.

²²Rescue Israel, God,

from all of his troubles!

Psalm 26

A psalm of David.

¹Judge me, Yahweh, for I have walked with integrity;

I have trusted in Yahweh without wavering.

²Examine me, Yahweh, and test me;

test the purity of my inner parts and my heart!

³For your covenant faithfulness is before my eyes,

and I walk about in your faithfulness.

⁴I do not associate with deceitful people,

nor do I mingle with dishonest people.

⁵I hate the assembly of evildoers,

and I do not live with the wicked.

⁶I wash my hands in innocence,

and I go around your altar, Yahweh,

⁷to sing a loud song of praise

and report all your wonderful deeds.

⁸Yahweh, I love the house where you live,

the place where your glory lives!

⁹Do not sweep me away with sinners,

or my life with people who are bloodthirsty,

¹⁰in whose hands there is a plot,

and whose right hand is full of bribes.

¹¹But as for me, I will walk in integrity;

redeem me and have mercy on me.

¹²My foot stands on level ground;
in the assemblies will I bless Yahweh!

Psalm 27

A psalm of David.

¹Yahweh is my light and my salvation;
whom should I fear?

Yahweh is my life's refuge;
whom should I dread?

²When evildoers approached me to devour my flesh,
my adversaries and my enemies stumbled and fell.

³Though an army encamps against me,
my heart will not fear;
though war rises up against me,
even then I will remain confident.

⁴One thing have I asked of Yahweh, and I will seek that:
that I may live in the house of Yahweh all the days of my life,
to see the beauty of Yahweh
and to meditate in his temple.

⁵For in the day of trouble he will hide me in his shelter;
in the cover of his tent he will conceal me.
He will lift me high on a rock!

⁶Then my head will be lifted up above my enemies all around me,
and I will offer sacrifices of joy in his tent!

I will sing and make songs to Yahweh!

⁷Hear, Yahweh, my voice when I cry out!
Have mercy on me, and answer me!

⁸My heart says about you,
"Seek his face!" I seek your face, Yahweh!

⁹Do not hide your face from me;

do not turn your servant away in anger!

You have been my helper;

do not forsake me or abandon me, God of my salvation!

¹⁰Even if my father and my mother forsake me,

Yahweh will take me in.

¹¹Teach me your way, Yahweh!

Lead me on a level path

because of my enemies.

¹²Do not give me up to the desires of my enemies,

for false witnesses have risen up against me,

and they breathe out violence!

¹³What would have happened to me if I had not believed that I would see the goodness of Yahweh in the land of the living?

¹⁴Wait for Yahweh;

be strong, and let your heart be courageous!

Wait for Yahweh!

Psalm 28

A psalm of David.

¹To you, Yahweh, I cry out; my rock, do not ignore me.

If you do not respond to me, I will join those who go down to the grave.

²Hear the sound of my pleading when I call for help from you,

when I lift up my hands toward your most holy place!

³Do not drag me away with the wicked, those who do iniquity,

who speak peace with their neighbors but have evil in their hearts.

⁴Give them what their deeds deserve and repay them what their wickedness demands,

repay them for the work of their hands and render to them their due.

⁵Because they do not understand the deeds of Yahweh or the work of his hands,

he will tear them down and never rebuild them.

⁶Blessed be Yahweh

because he has heard the sound of my pleading!

⁷Yahweh is my strength and my shield;
my heart trusts in him, and I am helped.
Therefore my heart greatly rejoices,
and I will praise him with singing.

⁸Yahweh is the strength of his people,
and he is the saving refuge of his anointed one.

⁹Save your people and bless your inheritance.
Be their shepherd and carry them forever.

Psalm 29

A psalm of David.

¹Ascribe to Yahweh, you sons of God,
ascribe to Yahweh glory and strength!

²Ascribe to Yahweh the glory his name deserves.
Bow down to Yahweh in the splendor of holiness!

³The voice of Yahweh is heard over the waters;
the God of glory thunders,
Yahweh thunders over many waters.

⁴The voice of Yahweh is powerful;
the voice of Yahweh is majestic.

⁵The voice of Yahweh breaks the cedars;
Yahweh breaks in pieces the cedars of Lebanon.

⁶He makes Lebanon skip like a calf
and Sirion like a young ox.

⁷The voice of Yahweh sends out flames of fire.

⁸The voice of Yahweh shakes the wilderness;
Yahweh shakes the wilderness of Kadesh.

⁹The voice of Yahweh causes the oaks to twist
and strips the forests bare.

Everyone in his temple says, "Glory!"

¹⁰Yahweh sits as king over the flood;

Yahweh sits as king forever.

¹¹Yahweh gives strength to his people;

Yahweh blesses his people with peace.

Psalm 30

A psalm; a song at the dedication of the temple. A psalm of David.

¹I will exalt you, Yahweh, for you have raised me up and have not allowed my enemies to rejoice over me.

²Yahweh my God, I cried to you for help, and you healed me.

³Yahweh, you have brought up my soul from Sheol; you have kept me alive from going down to the grave.

⁴Sing praises to Yahweh, you his faithful ones! Give thanks when you remember his holiness.

⁵For his anger is only for a moment; but his favor is for a lifetime.

Weeping comes for a night, but joy comes in the morning.

⁶In confidence I said, "I will never be shaken."

⁷Yahweh, by your favor you established me as a strong mountain; but when you hid your face, I was troubled.

⁸I cried to you, Yahweh, and sought favor from my Lord!

⁹What advantage is there in my death, if I go down to the grave? Will the dust praise you? Will it declare your trustworthiness?

¹⁰Hear, Yahweh, and have mercy on me! Yahweh, be my helper.

¹¹You have turned my mourning into dancing; you have removed my sackcloth and clothed me with gladness.

¹²So now my glory will sing praise to you and not be silent; Yahweh my God, I will give thanks to you forever!

Psalm 31

For the chief musician. A psalm of David.

¹In you, Yahweh, I take refuge;

never let me be humiliated.

Rescue me in your righteousness.

²Listen to me; rescue me quickly;

be my rock of refuge,

a stronghold to save me.

³For you are my rock and my fortress;

therefore for your name's sake, lead and guide me.

⁴Pluck me out of the net that they have hidden for me,
for you are my refuge.

⁵Into your hands I entrust my spirit;
you will redeem me, Yahweh, God of trustworthiness.

⁶I hate those who serve worthless idols,
but I trust in Yahweh.

⁷I will be glad and rejoice in your covenant faithfulness,
for you saw my affliction;
you knew the distress of my soul.

⁸You have not given me into the hand of my enemy.
You have set my feet in a wide open place.

⁹Have mercy upon me, Yahweh, for I am in distress;
my eyes grow weary with grief with my soul and my body.

¹⁰For my life is weary with sorrow
and my years with groaning.
My strength fails because of my sin,
and my bones are wasting away.

¹¹Because of all my enemies, people disdain me;
my neighbors are appalled at my situation,
and those who know me are horrified.
Those who see me in the street run from me.

¹²I am forgotten as a dead man whom no one thinks about.
I am like a broken pot.

¹³For I have heard the whispering of many,
terrifying news from every side
as they plot together against me.
They plot to take away my life.

¹⁴But I trust in you, Yahweh;
I say, "You are my God."

¹⁵My times are in your hand.
Rescue me from the hands of my enemies and from those who pursue me.

¹⁶Make your face shine on your servant;
save me in your covenant faithfulness.

¹⁷Do not let me be humiliated, Yahweh; for I call out to you!
May the wicked be humiliated! May they be silent in Sheol.

¹⁸May lying lips be silenced
that speak against the righteous defiantly
with arrogance and contempt.

¹⁹How great is your goodness
that you have stored up for those who revere you,
that you perform for those who take refuge in you
before all the children of mankind!

²⁰In the shelter of your presence, you hide them from the plots of men.
You hide them in a shelter from the violence of tongues.

²¹Blessed be Yahweh,
for he showed me his marvelous covenant faithfulness when I was in a besieged city.

²²Though I said in my haste,
"I am cut off from your eyes,"
yet you heard my plea for help
when I cried to you.

²³Love Yahweh, all you faithful ones.
Yahweh protects the faithful,
but he pays back the arrogant in full.

²⁴Be strong and confident,
all you who trust in Yahweh for help.

Psalm 32

A psalm of David. A maschil.

¹Blessed is the person whose transgression is forgiven,
whose sin is covered.

²Blessed is the man to whom Yahweh reckons no guilt
and in whose spirit there is no deceit.

³When I remained silent, my bones were wasting away
while I groaned all day long.

⁴For day and night your hand was heavy upon me.
My strength withered as in summer drought. *Selah*

⁵Then I acknowledged my sin to you,
and I no longer hid my iniquity.
I said, "I will confess my transgressions to Yahweh,"
and you forgave the guilt of my sin. *Selah*

⁶For this reason every one of your faithful followers should pray to you at a time of great distress.
When the surging waters overflow, the waters will not reach them.

⁷You are my hiding place; you will guard me from trouble.
You will surround me with the songs of victory. *Selah*

⁸I will instruct you and teach you in the way which you should go.
I will instruct you with my eye upon you.

⁹Do not be like a horse or like a mule, which have no understanding;
it is only with bridle and bit to control them
that they will go where you want them to.

¹⁰The wicked have many sorrows,
but Yahweh's covenant faithfulness will surround the one who trusts in him.

¹¹Be glad in Yahweh, and rejoice, you righteous;
shout for joy, all you who are upright in heart.

Psalm 33

¹Rejoice in Yahweh, you righteous;
praise is appropriate for the upright.

²Give thanks to Yahweh with the harp;
sing praises to him with the harp of ten strings.

³Sing to him a new song;
play skillfully and sing with joy.

⁴For Yahweh's word is upright,
and everything he does is fair.

⁵He loves righteousness and justice.

The earth is full of Yahweh's covenant faithfulness.

⁶By the word of Yahweh the heavens were made,
and all the stars were made by the breath of his mouth.

⁷He gathers the waters of the sea together like a heap;
he puts the oceans in storehouses.

⁸Let the whole earth fear Yahweh;
let all the inhabitants of the world stand in awe of him.

⁹For he spoke, and it was done;
he commanded, and it stood in place.

¹⁰Yahweh frustrates the alliances of nations;
he overrules the plans of the peoples.

¹¹The plans of Yahweh stand forever,
the plans of his heart for all generations.

¹²Blessed is the nation whose God is Yahweh,
the people whom he has chosen as his own inheritance.

¹³Yahweh looks from heaven;
he sees all the people.

¹⁴From the place where he lives,
he looks down on all who live on the earth.

¹⁵He who shapes the hearts of them all
observes all their deeds.

¹⁶No king is saved by a vast army;
a warrior is not saved by his great strength.

¹⁷A horse is a false hope for victory;
in spite of his great strength, he cannot rescue.

¹⁸See, Yahweh's eye is on those who fear him,
on those who hope in his covenant faithfulness

¹⁹to deliver their lives from death
and to keep them alive in times of famine.

²⁰We wait for Yahweh;

he is our help and our shield.

²¹Our hearts rejoice in him,
for we trust in his holy name.

²²Let your covenant faithfulness, Yahweh, be with us
as we put our hope in you.

Psalm 34

A psalm of David; when he pretended to be insane before Abimelech, who drove him out.

¹I will praise Yahweh at all times,
his praise will always be in my mouth.

²I will praise Yahweh!
May the oppressed hear and rejoice.

³Praise Yahweh with me,
let us lift up his name together.

⁴I sought Yahweh and he answered me,
and he gave me victory over all my fears.

⁵Those who look to him are radiant,
and their faces are not ashamed.

⁶This oppressed man cried and Yahweh heard him
and saved him from all his troubles.

⁷The angel of Yahweh camps around those who fear him
and rescues them.

⁸Taste and see that Yahweh is good.
Blessed is the man who takes refuge in him.

⁹Fear Yahweh, you his holy people.
There is no lack for those who fear him.

¹⁰The young lions sometimes lack food and suffer hunger,
but those who seek Yahweh will not lack anything good.

¹¹Come, sons, listen to me.
I will teach you the fear of Yahweh.

¹²What man is there who desires life

and loves many days,
that he may see good?

¹³Then keep your tongue from evil
and keep your lips from speaking lies.

¹⁴Turn away from evil and do good.
Seek peace and go after it.

¹⁵The eyes of Yahweh are on the righteous
and his ears are directed toward their cry.

¹⁶The face of Yahweh is against those who do evil,
to cut off the memory of them from the earth.

¹⁷The righteous cry out and Yahweh hears
and he rescues them from all their troubles.

¹⁸Yahweh is close to the brokenhearted,
and he saves those who are crushed in spirit.

¹⁹Many are the troubles of the righteous,
but Yahweh delivers them out of them all.

²⁰He keeps all his bones,
not one of them will be broken.

²¹Evil will kill the wicked.
Those who hate the righteous will be condemned.

²²Yahweh rescues the lives of his servants.
None of those who take refuge in him will be condemned.

Psalm 35

A psalm of David.

¹Yahweh, work against those who work against me;
fight against those who fight against me.

²Grab your small shield and large shield;
rise up and help me.

³Use your spear and battle ax against those who chase me;
say to my soul, "I am your salvation."

⁴May those who seek my life be shamed and dishonored.
May those who plan to harm me be turned back and confounded.

⁵May they be as chaff before the wind,
as the angel of Yahweh drives them away.

⁶May their way be dark and slippery,
as the angel of Yahweh chases them.

⁷Without cause they set their net for me;
without cause they dug a pit for my life.

⁸Let destruction overtake them by surprise.
Let the net that they have set catch them.
Let them fall into it, to their destruction.

⁹But I will be joyful in Yahweh
and rejoice in his salvation.

¹⁰All my bones will say, "Yahweh, who is like you,
who rescues the oppressed from those who are too strong for them
and the poor and needy from those who try to rob them?"

¹¹Unrighteous witnesses rise up;
they accuse me falsely.

¹²They repay me evil for good.
I am sorrowful.

¹³But, when they were sick, I wore sackcloth;
I fasted for them
with my head bowed on my chest.

¹⁴I went about in grief as for my brother;
I bent down in mourning as for my mother.

¹⁵But when I stumbled, they rejoiced and gathered together;
they gathered together against me, and I was surprised by them.
They tore at me without stopping.

¹⁶With no respect at all they mocked me;
they grind their teeth at me in rage.

¹⁷Lord, how long will you look on?

Rescue my soul from their destructive attacks,
my life from the lions.

¹⁸Then I will thank you in the great assembly;

I will praise you among many people.

¹⁹Do not let my deceitful enemies rejoice over me;

do not let them carry out their wicked schemes.

²⁰For they do not speak peace,

but they devise deceitful words against those in our land who live in peace.

²¹They open their mouths wide against me;

they said, "Aha, Aha, our eyes have seen it."

²²You have seen it, Yahweh, do not be silent;

Lord, do not be far from me.

²³Arouse yourself and awake to my defense;

My God and my Lord, defend my cause.

²⁴Defend me, Yahweh my God, because of your righteousness;

do not let them rejoice over me.

²⁵Do not let them say in their heart, "Aha, we have what we wanted."

Do not let them say, "We have devoured him."

²⁶May they be put to shame and may they be confounded who rejoice at my distress.

May those who exalt themselves over me be clothed with shame and dishonor.

²⁷Let those who desire my vindication shout for joy and be glad;

may they say continually, "Yahweh be praised,

he who delights in the welfare of his servant."

²⁸Then I will tell of your justice

and praise you all day long.

Psalm 36

For the chief musician. A psalm of David the servant of Yahweh.

¹An evil man speaks of his transgression from deep in his heart,

there is no fear of God in his eyes.

²For he comforts himself,

thinking that his sin will not be discovered and be hated.

³His words are sinful and deceitful;

he does not want to be wise and do good.

⁴While he lies in bed, he plans ways to sin;

he sets out on an evil way;

he does not reject evil.

⁵Your covenant faithfulness, Yahweh, reaches to the heavens;

your loyalty reaches to the clouds.

⁶Your righteousness is like the mountains of God;

your judgments are like the great deep.

Yahweh, you preserve both mankind and the animals.

⁷How precious is your covenant faithfulness, God!

Humanity takes refuge under the shadow of your wings.

⁸They feast upon the abundance of your house;

you let them drink from the river of your delights.

⁹For with you is the fountain of life;

in your light we will see light.

¹⁰Extend your covenant faithfulness fully to those who know you,

your defense to the upright of heart.

¹¹Do not let the foot of the arrogant man come near to me.

Do not let the hand of the wicked drive me away.

¹²Over there the evildoers have fallen;

they are knocked down and are not able to get up.

Psalm 37

A psalm of David.

¹Do not be irritated because of evildoers;

do not be envious of those who act unrighteously.

²For they will soon dry up as the grass

and wither as the green plants.

³Trust in Yahweh and do what is good;

settle in the land and graze in faithfulness.

⁴Then delight yourself in Yahweh,
and he will give you the desires of your heart.

⁵Give your ways to Yahweh;
trust in him, and he will act on your behalf.

⁶He will display your justice like the daylight
and your innocence like the day at noon.

⁷Be still before Yahweh and wait patiently for him.
Do not be angry if someone succeeds in what he does,
or when he makes evil plots.

⁸Do not be angry and frustrated.
Do not worry. This only makes trouble.

⁹Evildoers will be cut off,
but those who wait for Yahweh will inherit the land.

¹⁰In a little while the evil man will disappear;
you will look at his place, but he will be gone.

¹¹But the meek will inherit the land
and will delight in great prosperity.

¹²The wicked man plots against the righteous
and he grinds his teeth in rage against him.

¹³The Lord laughs at him,
for he sees that his day is coming.

¹⁴The wicked have drawn out their swords and have bent their bows
to cast down the oppressed and needy,
to kill those who are upright.

¹⁵Their swords will pierce their own hearts,
and their bows will be broken.

¹⁶Better is the little that the righteous has
than the abundance of many wicked people.

¹⁷For the arms of the wicked people will be broken,
but Yahweh supports the righteous people.

18Yahweh watches over the blameless day by day,
and their heritage will be forever.

19They will not be ashamed when times are bad.
When famine comes, they will have enough to eat.

20But evil men will perish.
Yahweh's enemies will be like the glory of the pastures;
they will be consumed and disappear in the smoke.

21The wicked person borrows but does not repay,
but the righteous person is generous and gives.

22Those who are blessed by God will inherit the land;
those who are cursed by him will be cut off.

23It is by Yahweh that a man's steps are established,
the man whose way is commendable in God's sight.

24Though he stumbles, he will not fall down,
for Yahweh is holding him with his hand.

25I was young and now am old;
I have never seen the righteous person abandoned
or his children begging for bread.

26All the day long he is gracious and lends,
and his children become a blessing.

27Turn away from evil and do what is right;
then you will be safe forever.

28For Yahweh loves justice
and does not abandon his faithful ones.
They are preserved forever,
but the descendants of the wicked will be cut off.

29The righteous will inherit the land
and live there forever.

30The mouth of the righteous person speaks wisdom
and increases justice.

31The law of his God is in his heart;

his feet will not slip.

³²The wicked person watches the righteous person
and seeks to kill him.

³³Yahweh will not abandon him into the evil person's hand
or condemn him when he is judged.

³⁴Wait for Yahweh and keep his way,
and he will raise you up to possess the land.
You will see when the wicked are cut off.

³⁵I have seen the wicked and terrifying person
spread out like a green tree in its native soil.

³⁶But when I passed by again, he was not there.
I looked for him, but he could not be found.

³⁷Observe the man of integrity, and mark the upright;
there is a good future for a man of peace.

³⁸Sinners will be totally destroyed;
the future for the wicked man is cut off.

³⁹Salvation of the righteous comes from Yahweh;
he protects them in the times of trouble.

⁴⁰Yahweh helps them and rescues them.
He rescues them from evil men and saves them
because they have taken refuge in him.

Psalm 38

A psalm of David, to bring to remembrance.

¹Yahweh, do not rebuke me in your anger;
do not punish me in your wrath.

²For your arrows pierce me,
and your hand presses me down.

³My whole body is sick because of your anger;
there is no health in my bones because of my sin.

⁴For my iniquities overwhelm me;

they are a burden too heavy for me.

⁵My wounds are infected and smell
because of my foolish sins.

⁶I am stooped over and humiliated every day;
I go about mourning all day long.

⁷For within me, I am filled with burning;
there is no health in my flesh.

⁸I am numb and utterly crushed;
I groan because of the anguish of my heart.

⁹Lord, you understand my heart's deepest yearnings,
and my groanings are not hidden from you.

¹⁰My heart pounds, my strength fades,
and my eyesight dims.

¹¹My friends and companions shun me because of my condition;
my neighbors stand far off.

¹²Those who seek my life lay snares for me.
They who seek my harm speak destructive words
and say deceitful words all day long.

¹³But I, I am like a deaf man and hear nothing;
I am like a mute man who says nothing.

¹⁴I am like a man who does not hear
and who has no reply.

¹⁵Surely I wait for you, Yahweh;
you will answer, Lord my God.

¹⁶I say this so that my enemies will not gloat over me.
If my foot slips, they will do terrible things to me.

¹⁷For I am about to stumble,
and I am in constant pain.

¹⁸I confess my guilt;
I am concerned about my sin.

¹⁹But my enemies are numerous;

those who hate me wrongfully are many.

²⁰They repay me evil for good;

they hurl accusations at me although I have pursued what is good.

²¹Do not abandon me, Yahweh;

my God, do not stay far away from me.

²²Come quickly to help me,

Lord, my salvation.

Psalm 39

For the chief musician, for Jeduthun. A psalm of David.

¹I decided, "I will watch what I say

so that I do not sin with my tongue.

I will muzzle my mouth

while in the presence of an evil man."

²I kept silent; I kept back my words even from saying anything good,

and my pain grew worse.

³My heart became hot;

when I thought about these things, it burned like a fire.

Then finally I spoke.

⁴"Yahweh, make me know when will be the end of my life

and the extent of my days.

Show me how transient I am.

⁵See, you have made my days only the width of my hand,

and my lifetime is like nothing before you.

Surely every man is a single breath. *Selah*

⁶Surely every man walks about like a shadow.

Surely everyone hurries about

to accumulate riches although they do not know who will receive them.

⁷Now, Lord, for what am I waiting?

You are my only hope.

⁸Rescue me from my sins;

do not make me the reproach of fools.

⁹I am silent and cannot open my mouth,
because it is you who has done it.

¹⁰Stop wounding me;
I am overwhelmed by the blow of your hand.

¹¹When you discipline people for sin,
you consume the things they desire like a moth;
surely all people are nothing but vapor. *Selah*

¹²Hear my prayer, Yahweh, and listen to me;
listen to my weeping!
Do not be deaf to me,
for I am like a foreigner with you, a refugee like all my ancestors were.

¹³Turn your gaze from me so that I may smile again
before I die.”

Psalm 40

For the chief musician. A psalm of David.

¹I waited patiently for Yahweh;
he listened to me and heard my cry.

²He brought me up out of a horrible pit, out of the miry clay,
and he set my feet on a rock and made my steps secure.

³He has put a new song in my mouth, praise to our God.
Many will see it and honor him
and will trust in Yahweh.

⁴Blessed is the man who makes Yahweh his trust
and does not honor the proud or those who turn away from him to lies.

⁵Many, Yahweh my God, are the wonderful deeds that you have done,
and your thoughts which are about us cannot be numbered;
if I declared and spoke of them,
they would be more than could be counted.

⁶You have no delight in sacrifice or offering,

but you have opened my ears;
you have not required burnt offerings or sin offerings.

⁷Then said I, "See, I have come;
it is written about me in the scroll of the document.

⁸I delight to do your will, my God;
your laws are in my heart."

⁹I have proclaimed good news of your righteousness in the great assembly;
Yahweh, you know that my lips have not kept back from doing this.

¹⁰I have not concealed your righteousness in my heart;
I have declared your faithfulness and your salvation;
I have not concealed your covenant faithfulness or your trustworthiness from the great assembly.

¹¹Do not keep back your acts of mercy from me, Yahweh;
let your covenant faithfulness and your trustworthiness always preserve me.

¹²Troubles that cannot be numbered surround me;
my iniquities have caught up with me so that I am no longer able to see anything;
they are more than the hairs on my head,
and my heart has failed me.

¹³Be pleased, Yahweh, to rescue me;
hurry to help me, Yahweh.

¹⁴Let them be ashamed and completely disappointed
who pursue my life to take it away.
Let them be turned back and brought to dishonor,
those who delight in hurting me.

¹⁵Let them be shocked because of their shame,
those who say to me, "Aha, aha!"

¹⁶But may all those who seek you rejoice and be glad in you;
let everyone who loves your salvation say continually,
"May Yahweh be praised."

¹⁷I am poor and needy;
yet the Lord thinks about me.
You are my help and you come to my rescue;

do not delay, my God.

Psalm 41

For the chief musician. A psalm of David.

¹Blessed is he who is concerned for the weak;
in the day of trouble, Yahweh will rescue him.

²Yahweh will preserve him and keep him alive,
and he will be blessed on the earth;
Yahweh will not turn him over to the will of his enemies.

³Yahweh will support him on the bed of suffering;
you will make his bed of sickness into a bed of healing.

⁴I said, "Yahweh, have mercy on me!
Heal me, for I have sinned against you."

⁵My enemies speak evil against me, saying,
'When will he die and his name perish?'

⁶If my enemy comes to see me, he says worthless things;
his heart gathers up my disaster for itself;
when he goes away from me, he tells others about it.

⁷All who hate me whisper together against me;
against me they hope for my hurt.

⁸They say, "An evil disease holds on tightly to him;
now that he is lying down, he will rise up no more."

⁹Indeed, even my own close friend, in whom I trusted,
who ate my bread,
has lifted up his heel against me.

¹⁰But you, Yahweh, have mercy on me and raise me up
so that I may pay them back.

¹¹By this I know that you delight in me,
for my enemy does not triumph over me.

¹²As for me, you support me in my integrity
and will keep me before your face forever.

¹³May Yahweh, the God of Israel be praised
from everlasting to everlasting.
Amen and Amen.

Book Two

Psalm 42

For the chief musician. A maschil of the sons of Korah.

¹As the deer pants after streams of water,
so I thirst for you, God.

²I thirst for God, for the living God,
when will I come and appear before God?

³My tears have been my food day and night,
while my enemies are always saying to me, "Where is your God?"

⁴These things I call to mind as I pour out my soul:
how I went with the throng and led them to the house of God
with the voice of joy and praise, a multitude celebrating a festival.

⁵Why are you bowed down, my soul?
Why are you upset within me?
Hope in God, for again I will praise him who is my salvation.

⁶My God, my soul is bowed down within me,
therefore I call you to mind from the land of the Jordan,
from the three peaks of Mount Hermon, and from the hill of Mizar.

⁷Deep calls to deep at the noise of your waterfalls;
all your waves and your billows have gone over me.

⁸Yet Yahweh will command his covenant faithfulness in the daytime;
in the night his song will be with me,
a prayer to the God of my life.

⁹I will say to God, my rock, "Why have you forgotten me?
Why do I go mourning because of the oppression of the enemy?"

¹⁰As with a sword in my bones, my adversaries rebuke me,

while they always say to me, "Where is your God?"

¹Why are you bowed down, my soul?

Why are you upset within me?

Hope in God, for again I will praise him who is my salvation and my God.

Psalm 43

¹Bring me justice, God, and plead my cause against a nation that is not faithful.

²For you are the God of my strength. Why have you rejected me?

Why do I go about in mourning because of the oppression of the enemy?

³Oh, send out your light and your truth, let them lead me.

Let them bring me to your holy hill

and to your dwelling.

⁴Then I will go to the altar of God,

to God my exceeding joy.

I will praise you with the harp, God, my God.

⁵Why are you bowed down, my soul?

Why are you upset within me?

Hope in God, for again I will praise him who is my salvation and my God.

Psalm 44

For the chief musician. A psalm of the sons of Korah. A maschil.

¹We have heard with our ears, God,

our fathers have told us

what work you did in their days,

in the days of old.

²You drove out the nations with your hand,

but you planted our people;

you afflicted the peoples,

but you spread our people out in the land.

³For they did not obtain the land for their possession by their own sword,

neither did their own arm save them;

but your right hand, your arm, and the light of your face,
because you were favorable to them.

⁴God, You are my King;
command victory for Jacob.

⁵Through you we will push down our adversaries;
through your name we will tread them under, those who rise up against us.

⁶For I will not trust in my bow,
neither will my sword save me.

⁷But you have saved us from our adversaries,
and have put to shame those who hate us.

⁸In God we have made our boast all the day long,
and we will give thanks to your name forever. *Selah*

⁹But now you have thrown us off and brought us dishonor,
and you do not go out with our armies.

¹⁰You make us turn back from the adversary;
and those who hate us take spoil for themselves.

¹¹You have made us like sheep to be slaughtered
and have scattered us among the nations.

¹²You sell your people for nothing;
you have not increased your wealth by doing so.

¹³You make us a rebuke to our neighbors,
scoffed and mocked by those around us.

¹⁴You make us an insult among the nations,
a shaking of the head among the peoples.

¹⁵All the day long my dishonor is before me,
and the shame of my face has covered me

¹⁶because of the voice of him who rebukes and insults,
because of the enemy and the avenger.

¹⁷All this has come on us; yet we have not forgotten you
or dealt falsely with your covenant.

¹⁸Our heart has not turned back;

our steps have not gone from your way.

¹⁹Yet you have severely broken us in the place of jackals
and covered us with the shadow of death.

²⁰If we have forgotten the name of our God
or spread out our hands to a strange god,

²¹would not God search this out?

For he knows the secrets of the heart.

²²Indeed, for your sake we are being killed all day long;
we are considered to be sheep for the slaughter.

²³Awake, why do you sleep, Lord?

Arise, do not throw us off permanently.

²⁴Why do you hide your face
and forget our affliction and our oppression?

²⁵For we have sunk down into the dust;
our bodies cling to the earth.

²⁶Rise up for our help
and redeem us for the sake of your covenant faithfulness.

Psalm 45

For the chief musician; set to Shoshannim. A psalm of the sons of Korah. A maschil. A song of loves.

¹My heart overflows on a good subject;
I will read aloud the words I have composed about the king;
my tongue is the pen of a ready writer.

²You are fairer than the children of mankind;
grace is poured onto your lips;
therefore we know that God has blessed you forever.

³Put your sword on your side, mighty one,
in your glory and your majesty.

⁴In your majesty ride on triumphantly
because of trustworthiness, meekness, and righteousness;
your right hand will teach you fearful things.

⁵Your arrows are sharp;
the peoples fall under you;
your arrows are in the hearts of the king's enemies.

⁶Your throne, God, is forever and ever;
a scepter of justice is the scepter of your kingdom.

⁷You have loved righteousness and hated wickedness;
therefore God, your God, has anointed you
with the oil of gladness more than your companions.

⁸All your garments smell of myrrh, aloes, and cassia;
out of ivory palaces stringed instruments have made you glad.

⁹Kings' daughters are among your honorable women;
at your right hand stands the queen clothed in gold of Ophir.

¹⁰Listen, daughter, consider and incline your ear;
forget your own people and your father's house.

¹¹In this way the king will desire your beauty;
he is your master; revere him.

¹²The daughter of Tyre will be there with a gift;
the rich among the people will beg for your favor.

¹³The royal daughter in the palace is all glorious;
her clothing is worked with gold.

¹⁴She will be led to the king in embroidered dress;
the virgins, her companions who follow her,
will be brought to you.

¹⁵They will be led by gladness and rejoicing;
they will enter into the king's palace.

¹⁶In the place of your fathers will be your children,
whom you will make princes in all the earth.

¹⁷I will make your name to be remembered in all generations;
therefore the peoples will give you thanks forever and ever.

Psalm 46

For the chief musician. A psalm of the sons of Korah; set to Alamoth. A song.

¹God is our refuge and strength,
a very present help in trouble.

²Therefore we will not fear, though the earth should change,
though the mountains should be shaken into the heart of the seas,

³though its waters roar and rage, and
though the mountains tremble with their swelling. *Selah*

⁴There is a river whose streams make the city of God happy,
the holy place where the Most High dwells.

⁵God is in the middle of her; she will not be moved;
God will help her, and he will do so at the dawn of morning.

⁶The nations raged and the kingdoms were shaken;
he lifted up his voice, and the earth melted.

⁷Yahweh of hosts is with us;
the God of Jacob is our refuge. *Selah*

⁸Come, behold the deeds of Yahweh,
the destruction he has caused on earth.

⁹He makes wars cease to the ends of the earth;
he breaks the bow and cuts the spear into pieces;
he burns up the shields.

¹⁰Be quiet and know that I am God;
I will be exalted among the nations; I will be exalted on the earth.

¹¹Yahweh of hosts is with us;
the God of Jacob is our refuge. *Selah*

Psalm 47

For the chief musician. A psalm of the sons of Korah.

¹Clap your hands, all you peoples;
shout to God with the sound of triumph.

²For Yahweh Most High is terrifying;
he is a great King over all the earth.

³He subdues peoples under us
and nations under our feet.

⁴He chooses our inheritance for us,
the glory of Jacob whom he loved. *Selah*

⁵God has gone up with a shout,
Yahweh with the sound of a trumpet.

⁶Sing praises to God, sing praises;
sing praises to our King, sing praises.

⁷For God is the King over all the earth;
sing praises with understanding.

⁸God reigns over the nations;
God sits on his holy throne.

⁹The princes of the peoples have gathered together
to the people of the God of Abraham;
for the shields of the earth belong to God;
he is greatly exalted.

Psalm 48

A song; a psalm of the sons of Korah.

¹Great is Yahweh and greatly to be praised,
in the city of our God on his holy mountain.

²Beautiful in elevation, the joy of the whole earth,
is Mount Zion, on the sides of the north,
the city of the great King.

³God has made himself known in her palaces as a refuge.

⁴For, see, the kings assembled themselves;
they passed by together.

⁵They saw it, then they were amazed;
they were dismayed, and they hurried away.

⁶Trembling took hold of them there,
pain as when a woman is in labor.

⁷With the east wind

you break the ships of Tarshish.

⁸As we have heard, so have we seen

in the city of Yahweh of hosts, in the city of our God;

God will establish it forever. *Selah*

⁹We have thought about your covenant faithfulness, God,

in the middle of your temple.

¹⁰As your name is, God,

so is your praise to the ends of the earth;

your right hand is full of righteousness.

¹¹Let Mount Zion be glad,

let the daughters of Judah rejoice

because of your righteous decrees.

¹²Walk around Mount Zion, go round about her;

count her towers,

¹³notice well her walls,

and look at her palaces

so that you may tell it to the next generation.

¹⁴For this God is our God forever and ever;

he will be our guide to death.

Psalm 49

For the chief musician. A psalm of the sons of Korah.

¹Hear this, all you peoples;

give ear, all you inhabitants of the world,

²both low and high,

rich and poor together.

³My mouth will speak wisdom

and the meditation of my heart will be of understanding.

⁴I will incline my ear to a parable;

I will begin my parable with the harp.

⁵Why should I fear the days of evil,
when iniquity surrounds me at my heels?

⁶Why should I fear those who trust in their wealth
and boast about the amount of their riches?

⁷It is certain that no one can redeem his brother
or give God a ransom for him,

⁸For the redemption of one's life is costly,
and no one can pay what we owe.

⁹No one can live forever
so that his body should not decay.

¹⁰For he will see decay. Wise men die;
the fool and the brute alike perish
and leave their wealth to others.

¹¹Their inner thought is that their families will continue forever,
and the places where they live, to all generations;
they call their lands after their own names.

¹²But man, having wealth, does not remain alive;
he is like the beasts that perish.

¹³This, their way, is their folly;
yet after them, men approve of their sayings. *Selah*

¹⁴Like sheep they are appointed for Sheol,
and death will be their shepherd.
The upright will rule over them in the morning,
and their bodies will be consumed in Sheol,
with no place for them to live.

¹⁵But God will redeem my life from the power of Sheol;
he will receive me. *Selah*

¹⁶Do not be afraid when one becomes rich,
and the glory of his house increases.

¹⁷For when he dies he will take nothing away;
his glory will not go down after him.

¹⁸He blessed his soul while he lived—
and men praise you when you live for yourself—
¹⁹he will go to the generation of his fathers
and they will never see the light again.
²⁰One who has wealth but no understanding
is like the beasts, which perish.

Psalm 50

A psalm of Asaph.

¹The Mighty One, God, Yahweh, has spoken
and called the earth from the rising of the sun to its setting.
²Out of Zion, the perfection of beauty,
God has shone.
³Our God comes and does not stay silent;
a fire devours before him,
and it is very stormy around him.
⁴He calls to the heavens above
and to the earth so that he may judge his people:
⁵“Gather my faithful ones together to me,
those who have made a covenant with me by sacrifice.”
⁶The heavens will declare his righteousness,
for God himself is judge. *Selah*
⁷“Hear, my people, and I will speak;
I am God, your God.
⁸I will not reprove you for your sacrifices;
your burnt offerings are always before me.
⁹I will take no bull out of your house,
or male goats out of your folds.
¹⁰For every beast of the forest is mine,
and the cattle on a thousand hills.
¹¹I know all the birds of the mountains,

and the wild beasts of the field are mine.

¹²If I were hungry, I would not tell you;
for the world is mine, and everything in it.

¹³Will I eat the flesh of bulls
or drink the blood of goats?

¹⁴Offer to God the sacrifice of thanksgiving,
and pay your vows to the Most High.

¹⁵Call on me in the day of trouble;
I will rescue you, and you will glorify me."

¹⁶But to the wicked God says,
"What have you to do with declaring my statutes,
that you have taken my covenant in your mouth,

¹⁷since you hate instruction
and throw my words away?

¹⁸When you see a thief, you agree with him;
you participate with those who commit adultery.

¹⁹You give your mouth to evil,
and your tongue expresses deceit.

²⁰You sit and speak against your brother;
you slander your own mother's son.

²¹You have done these things, but I have kept silent,
so you thought that I was someone just like yourself.
But I will reprove you and bring up, right before your eyes, all the things you have done.

²²Give this careful consideration, you who forget God,
otherwise I will tear you to pieces,
and there will be no one to come to help you!

²³The one who offers a sacrifice of thanksgiving praises me,
and to anyone who plans his path in the right way
I will show God's salvation."

Psalm 51

For the chief musician. A psalm of David; when Nathan the prophet came to him after he had gone in to Bathsheba.

¹Have mercy on me, God, because of your covenant faithfulness;
for the sake of the multitude of your merciful actions, blot out my transgressions.

²Wash me thoroughly from my iniquity
and cleanse me from my sin.

³For I know my transgressions,
and my sin is always before me.

⁴Against you, you only, I have sinned
and done what is evil in your sight;
you are right when you speak;
you are correct when you judge.

⁵See, I was born in iniquity;
as soon as my mother conceived me, I was in sin.

⁶See, you desire trustworthiness in my inner self;
and you teach me wisdom in the secret place within.

⁷Purify me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.

⁸Make me hear joy and gladness
so that the bones that you have broken may rejoice.

⁹Hide your face from my sins
and blot out all my iniquities.

¹⁰Create in me a clean heart, God,
and renew a right spirit within me.

¹¹Do not drive me away from your presence,
and do not take your holy Spirit from me.

¹²Restore to me the joy of your salvation,
and sustain me with a willing spirit.

¹³Then will I teach transgressors your ways,
and sinners will be converted to you.

¹⁴Forgive me for shedding blood, God of my salvation,

and I will shout for the joy of your righteousness.

¹⁵Lord, open my lips,

and my mouth will express your praise.

¹⁶For you do not delight in sacrifice, or I would give it;

you have no pleasure in burnt offerings.

¹⁷The sacrifices of God are a broken spirit.

You, God, will not despise a broken and a contrite heart.

¹⁸Do good in your good pleasure to Zion;

rebuild the walls of Jerusalem.

¹⁹Then will you delight in the sacrifices of righteousness,

in burnt offerings and whole burnt offerings;

then our people will offer bulls on your altar.

Psalm 52

For the chief musician. A maschil of David; when Doeg the Edomite came and told Saul, and said to him, "David has come to the house of Ahimelech."

¹Why are you proud of making trouble, you mighty man?

The covenant faithfulness of God comes every day.

²Your tongue plans destruction

like a sharp razor, working deceitfully.

³You love evil more than good

and lying rather than speaking righteousness. *Selah*

⁴You love all words that devour others,

you deceitful tongue.

⁵God will likewise destroy you forever;

he will take you up and pluck you out of your tent

and root you out of the land of the living. *Selah*

⁶The righteous will also see it and fear;

they will laugh at him and say,

⁷"See, this is a man who did not make God his refuge,

but he trusted in the abundance of his wealth,

and he was strong when he destroyed others.”

⁸But as for me, I am like a green olive tree in God’s house;
I will trust in the covenant faithfulness of God forever and ever.

⁹I will give you thanks forever for what you have done.
I will wait for your name, because it is good,
in the presence of your faithful ones.

Psalm 53

For the chief musician; set to Mahalath. A maschil of David.

¹A fool says in his heart, “There is no God.”
They are corrupt and have done abominable iniquity;
there is no one who does good.

²God looks down from heaven on the children of mankind
to see if there are any who understand,
who seek after him.

³They have all turned away. Together they have become corrupt.
There is not one who does good, not even one.

⁴Do those who commit iniquity have no understanding—
those who devour my people as if they were eating bread
and they do not call on God?

⁵They were in great fear, although no reason to fear was there;
for God will scatter the bones of whoever will camp against you;
such people will be put to shame because God has rejected them.

⁶Oh, that the salvation of Israel would come from Zion!
When God brings back his people from the captivity,
then Jacob will rejoice and Israel will be glad!

Psalm 54

For the chief musician; on stringed instruments. A maschil of David; when the Ziphites came and said to Saul, “Does David not hide himself with us?”

¹Save me, God, by your name,
and judge me in your might.

²Hear my prayer, God;
give ear to the words of my mouth.

³For strangers have risen up against me,
and pitiless men have sought after my life;
they have not set God before them. *Selah*

⁴See, God is my helper;
the Lord is the one who upholds me.

⁵He will repay my enemies with evil;
in your faithfulness, destroy them!

⁶I will sacrifice to you with a freewill offering;
I will give thanks to your name, Yahweh, for it is good.

⁷For he has rescued me from every trouble;
my eye has looked in triumph on my enemies.

Psalm 55

For the chief musician; on stringed instruments. A maschil of David.

¹Give ear to my prayer, God;
and do not hide yourself from my plea.

²Pay attention to me and answer me;
I have no rest in my troubles

³because of the voice of my enemies,
because of the oppression of the wicked;
for they bring trouble on me
and persecute me in anger.

⁴My heart trembles within me,
and the terrors of death have fallen on me.

⁵Fearfulness and trembling have come on me,
and horror has overwhelmed me.

⁶I said, "Oh, if only I had wings like a dove!
Then would I fly away and be at rest.

⁷See, then I would wander far away;

I would stay in the wilderness. *Selah*

⁸I would hurry to a shelter
from the stormy wind and tempest."

⁹Devour them, Lord, confuse their language!

For I have seen violence and strife in the city.

¹⁰Day and night they go about on its walls;
wickedness and trouble are in the middle of it.

¹¹Wickedness is in the middle of it;
oppression and deceit do not leave its streets.

¹²For it was not an enemy who rebuked me,
then I could have borne it;
neither was it he who hated me who raised himself up against me,
then I would have hidden myself from him.

¹³But it was you, a man equal to myself,
my companion and my close friend.

¹⁴We had sweet fellowship together;
we walked in the house of God with the throng.

¹⁵Let death come suddenly on them;
let them go down alive to Sheol,
for wickedness is where they live, right among them.

¹⁶As for me, I will call on God,
and Yahweh will save me.

¹⁷In the evening, morning and at noonday I complain and moan;
he will hear my voice.

¹⁸He will safely rescue my life from the battle that was against me,
for those who fought against me were many.

¹⁹God, the one who rules from eternity,
will hear them and humiliate them. *Selah*

They never change,
and they do not fear God.

²⁰My friend has raised his hands against those who were at peace with him;

he has not respected the covenant that he had.

²¹His mouth was smooth as butter,

but his heart was hostile;

his words were softer than oil,

yet they were actually drawn swords.

²²Place your burdens on Yahweh, and he will sustain you;

he will never allow a righteous person to totter.

²³But you, God, will bring the wicked down into the pit of destruction;

bloodthirsty and deceitful men will not live even half as long as others,

but I will trust in you.

Psalm 56

For the chief musician; set to Jonath elem rehokim. A psalm of David. A michtam; when the Philistines took him in Gath.

¹Be merciful to me, God, for men are attacking me!

All the day long those who fight me press their assault.

²My enemies trample me all day long;

for there are many who arrogantly fight against me.

³When I am afraid,

I will put my trust in you.

⁴In God, whose word I praise—

in God I have put my trust; I will not be afraid;

what can mere man do to me?

⁵All the day long they twist my words;

all their thoughts are against me for evil.

⁶They gather themselves together, they hide themselves,

and they mark my steps,

just as they have waited for my life.

⁷Do not let them escape doing iniquity.

Bring down the peoples in your anger, God.

⁸You number my wanderings

and put my tears into your bottle;
are they not in your book?

⁹Then my enemies will turn back on the day that I call to you;
this I know, that God is for me.

¹⁰In God—whose word I praise,
in Yahweh—whose word I praise, ¹¹in God I trust,
I will not be afraid.

What can anyone do to me?

¹²The duty to fulfill my vows to you is on me, God;
I will give thank offerings to you.

¹³For you have rescued my life from death;
you have kept my feet from falling,
so that I may walk before God
in the light of the living.

Psalm 57

For the chief musician; set to Al Tashheth. A psalm of David. A michtam; when he fled from Saul, in the cave.

¹Be merciful to me, God, be merciful to me,
for I take refuge in you until these troubles are over.
I stay under your wings for protection until this destruction is over.

²I will cry to God Most High,
to God, who does all things for me.

³He will send help from heaven and save me,
he is angry with those who crush me. *Selah*
God will send me his loving kindness and his faithfulness.

⁴My life is among lions;
I am among those who are ready to devour me.
I am among people whose teeth are spears and arrows,
and whose tongues are sharp swords.

⁵Be exalted, God, above the heavens;
let your glory be above all the earth.

⁶They spread out a net for my feet;

I was distressed.

They dug a pit in front of me.

They themselves have fallen into the middle of it! *Selah*

⁷My heart is fixed, God, my heart is fixed;

I will sing, yes, I will sing praises.

⁸Wake up, my honored heart; wake up, lute and harp;

I will wake up the dawn.

⁹I will give thanks to you, Lord, among the peoples;

I will sing praises to you among the nations.

¹⁰For great is your unfailing love, reaching to the heavens;

and your faithfulness to the clouds.

¹¹Be exalted, God, above the heavens;

may your glory be exalted over all the earth.

Psalm 58

For the chief musician; set to Al Tashheth. A psalm of David. A michtam.

¹Do you rulers speak righteousness?

Do you judge uprightly, you people?

²No, you commit wickedness in your heart;

you distribute violence throughout the land with your hands.

³The wicked go astray even when they are in the womb;

they go astray from birth, speaking lies.

⁴Their poison is like a snake's poison;

they are like a deaf adder that stops up its ears,

⁵that pays no attention to the voice of charmers,

no matter how skillful they are.

⁶Break their teeth in their mouths, God;

break out the great teeth of the young lions, Yahweh.

⁷Let them melt away as water that runs off;

when they shoot their arrows, let them be as though they had no points.

⁸Let them be like a snail that melts and passes away,
like the untimely-born child of a woman that never sees the sunlight.

⁹Before your pots can feel the thorn's burning heat,
he will take them away with a whirlwind, the green thorns and the burning thorns alike.

¹⁰The righteous will rejoice when he sees God's vengeance;
he will wash his feet in the blood of the wicked,

¹¹so that men will say, "Truly, there is a reward for the righteous person;
truly there is a God who judges the earth."

Psalm 59

For the chief musician; set to Al Tashheth. A psalm of David. A michtam; when Saul sent, and they watched the house to kill him.

¹Rescue me from my enemies, my God;
set me on high away from those who rise up against me.

²Keep me safe from the workers of iniquity,
and save me from the bloodthirsty men.

³For, see, they wait in ambush to take my life.
The powerful men gather themselves together against me,
but not because of my transgression or my sin, Yahweh.

⁴They prepare to run at me although I am without fault;
awake and help me and see.

⁵You, Yahweh God of hosts, the God of Israel,
arise and punish all the nations;
do not be merciful to any wicked transgressors. *Selah*

⁶They return at evening, they howl like dogs
and go around the city.

⁷See, they belch out with their mouths;
swords are in their lips,
for they say, "Who hears us?"

⁸But you, Yahweh, laugh at them;
you hold all the nations in derision.

⁹God, my strength, I will pay attention to you;
you are my high tower.

¹⁰My God will meet me with his covenant faithfulness;
God will let me see my desire on my enemies.

¹¹Do not kill them, or my people will forget.
Scatter them by your power and make them fall, Lord our shield.

¹²For the sins of their mouths and the words of their lips,
let them be captured in their pride,
and for the curses and lies that they express.

¹³Consume them in wrath, consume them so that they will be no more;
let them know that God rules in Jacob
and to the ends of the earth. *Selah*

¹⁴At evening they return,
howling like dogs going around the city.

¹⁵They wander about looking for food
and they growl like a dog if they are not satisfied.

¹⁶But I will sing about your strength,
and in the morning I will sing about your steadfast love!
For you have been my high tower
and a refuge in the day of my distress.

¹⁷To you, my strength, I will sing praises;
for God is my high tower, the God of covenant faithfulness.

Psalm 60

For the chief musician; set to Shushan Eduth. A michtam of David, for teaching. When he fought with Aram Naharaim and with Aram Zobah, and Joab returned and killed twelve thousand Edomites in the Valley of Salt.

¹God, you have cast us off; you have broken through our defenses;
you have been angry; restore us again.

²You have made the land tremble; you have torn it apart;
heal its fissures, for it is shaking.

³You have made your people see difficult things;

you have made us drink the wine of staggering.

⁴For those who honor you,

you have set up a banner

to be displayed against those who carry the bow. *Selah*

⁵So that those you love may be rescued,

rescue us with your right hand and answer me.

⁶God has spoken in his holiness, "I will rejoice;

I will divide Shechem and apportion out the Valley of Succoth.

⁷Gilead is mine, and Manasseh is mine;

Ephraim also is my helmet;

Judah is my scepter.

⁸Moab is my washbasin;

over Edom I will throw my shoe;

I will shout in triumph because of Philistia."

⁹Who will bring me into the strong city?

Who will lead me to Edom?

¹⁰But you, God, have you not rejected us?

You do not go into battle with our army.

¹¹Give us help against the enemy,

for man's help is futile.

¹²We will triumph with God's help;

he will trample down our enemies.

Psalm 61

For the chief musician; on a stringed instrument. A psalm of David.

¹Hear my cry, God;

attend to my prayer.

²From the ends of the earth will I call to you when my heart is faint;

lead me to the rock that is higher than I.

³For you have been a refuge for me,

a strong tower from the enemy.

⁴Let me live in your tabernacle forever!

Let me take refuge under the shelter of your wings. *Selah*

⁵For you, God, have heard my vows,

you have given me the inheritance of those who honor your name.

⁶You will prolong the king's life;

his years will be like many generations.

⁷He will remain before God forever.

⁸I will sing praise to your name forever

so that I may perform my vows every day.

Psalm 62

For the chief musician; after the manner of Jeduthun. A psalm of David.

¹I wait in silence for God alone;

my salvation comes from him.

²He alone is my rock and my salvation;

he is my high tower; I will not be greatly moved.

³How long, all of you, will you attack a man,

that you may tip him over

like a leaning wall or a shaky fence?

⁴They consult with him only to bring him down from his honorable position;

they love to tell lies;

they bless him with their mouths, but in their hearts they curse him. *Selah*

⁵I wait in silence for God alone;

for my hope is set on him.

⁶He alone is my rock and my salvation;

he is my high tower; I will not be moved.

⁷With God is my salvation and my glory;

the rock of my strength and my refuge are in God.

⁸Trust in him at all times, you people;

pour out your heart before him;

God is a refuge for us. *Selah*

⁹Surely men of low standing are vanity, and men of high standing are a lie;
they will weigh lightly in the scales;
weighed together, they are lighter than nothing.

¹⁰Do not trust in oppression or robbery;
and do not hope uselessly in riches,
for they will bear no fruit; do not fix your heart on them.

¹¹God has spoken once,
twice have I heard this:
power belongs to God.

¹²Also to you, Lord, belongs covenant faithfulness,
for you pay back every person for what he has done.

Psalm 63

A psalm of David, when he was in the wilderness of Judah.

¹God, you are my God! I earnestly search for you,
my soul thirsts for you, and my flesh longs for you,
in a dry and weary land where there is no water.

²So I have looked on you in the sanctuary,
to see your power and your glory.

³Because your covenant faithfulness is better than life,
my lips will praise you.

⁴So I will bless you while I live;
I will lift up my hands in your name.

⁵It will be as if I ate a meal of marrow and fatness;
with joyful lips my mouth will praise you,

⁶when I think about you on my bed
and meditate on you in the night hours.

⁷For you have been my help,
and in the shadow of your wings I rejoice.

⁸I cling to you;
your right hand supports me.

⁹But those who seek to destroy my life
will go down into the lowest parts of the earth; ¹⁰they will be given over to those whose hands use the sword,
and they will become food for the jackals.

¹¹But the king will rejoice in God;
everyone who swears by him will be proud of him,
but the mouth of those who speak lies will be stopped up.

Psalm 64

For the chief musician. A psalm of David.

¹Hear my voice, God, listen to my complaint;
preserve my life from fear of my enemies.

²Hide me from the secret plotting of evildoers,
from the commotion of the doers of iniquity.

³They have sharpened their tongues like swords;
they have aimed their arrows, bitter words,

⁴so that they may shoot from secret places at someone who is innocent;
suddenly they shoot at him and fear nothing.

⁵They encourage themselves in an evil plan;
they consult privately together in order to set traps;
they say, "Who will see us?"

⁶They invent sinful plans;
"We have finished," they say, "a careful plan."
The inner thoughts and hearts of man are deep.

⁷But God will shoot them;
suddenly they will be wounded with his arrows.

⁸They will be made to stumble, since their own tongues are against them;
all who see them will wag their heads.

⁹All people will fear
and will declare God's deeds.

They will wisely think about what he has done.

¹⁰The righteous will be glad about Yahweh and will take refuge in him;

all the upright in heart will take pride in him.

Psalm 65

For the chief musician. A psalm. A song of David.

¹For you, God in Zion, our praise waits;
our vows will be carried out to you.

²You who hear prayer,
to you all flesh will come.

³Iniquities prevail against us;
as for our transgressions, you will forgive them.

⁴Blessed is the man whom you choose to bring near to you
so that he may live in your courts.
We will be satisfied with the goodness of your house,
your holy temple.

⁵In righteousness you will answer us by doing amazing things,
God of our salvation;
you who are hope of all the ends of the earth
and of those who are far across the sea.

⁶For it is you who made the mountains firm,
you who are belted with strength.

⁷It is you who quiet the roaring of the seas,
the roaring of their waves,
and the commotion of the peoples.

⁸Those who live in the uttermost parts of the earth are afraid of the evidence of your deeds;
you make the east and the west rejoice.

⁹You come to help the earth; you water it;
you greatly enrich it;
the river of God is full of water;
you provide mankind grain when you have prepared the earth.

¹⁰You water its furrows abundantly;
you settle down the furrows' ridges;

you make them soft with rain showers;

you bless the sprouts between them.

¹¹You crown the year with your goodness,
and your wagon tracks overflow with abundance.

¹²The pastures in the wilderness drip with dew,
and the hills are clothed with joy.

¹³The pastures are clothed with flocks;
the valleys also are covered over with grain;
they shout for joy, and they sing.

Psalm 66

For the chief musician. A song, a psalm.

¹Make a joyful noise to God, all the earth;

²Sing out the glory of his name;
make his praise glorious.

³Say to God, "How terrifying are your deeds!
By the greatness of your power your enemies will submit to you.

⁴All the earth will worship you
and will sing to you;
they will sing to your name." *Selah*

⁵Come and see the works of God;
he is fearsome in his deeds toward the sons of mankind.

⁶He turned the sea into dry land;
they went through the river on foot;
there we rejoiced in him.

⁷He rules forever by his might;
his eyes observe the nations;
let not the rebellious exalt themselves. *Selah*

⁸Give blessing to God, you people,
let the sound of his praise be heard.

⁹He keeps us among the living,

and he does not permit our feet to slip.

¹⁰For you, God, have tested us;

you have tested us as silver is tested.

¹¹You brought us into a net;

you laid a heavy burden on our backs.

¹²You made people ride over our heads;

we went through fire and water,

but you brought us out into a spacious place.

¹³I will come into your house with burnt offerings;

I will pay you my vows

¹⁴which my lips promised

and my mouth spoke when I was in distress.

¹⁵I will offer to you burnt offerings of fat animals

with the sweet aroma of rams;

I will offer bulls and goats. *Selah*

¹⁶Come and listen, all you who fear God,

and I will declare what he has done for my soul.

¹⁷I cried to him with my mouth,

and he was praised with my tongue.

¹⁸If I had seen sin within my heart,

the Lord would not have listened to me.

¹⁹But God has truly heard;

he has paid attention to the voice of my prayer.

²⁰Blessed be God,

who has not turned away my prayer

or his covenant faithfulness from me.

Psalm 67

For the chief musician; on stringed instruments. A psalm, a song.

¹May God be merciful to us and bless us

and cause his face to shine on us *Selah*

²so that your ways may be known on earth,
your salvation among all nations.

³Let the peoples praise you, God;
let all the peoples praise you.

⁴Oh, let the nations be glad and sing for joy,
for you will judge the peoples with justice
and govern the nations on earth. *Selah*

⁵Let the peoples praise you, God;
let all the peoples praise you.

⁶The earth has yielded its harvest
and God, our God, has blessed us.

⁷God has blessed us,
and all the ends of the earth honor him.

Psalm 68

For the chief musician; A psalm of David, a song.

¹Let God arise; let his enemies be scattered;
let those also who hate him flee before him.

²As smoke is driven away, so drive them away;
as wax melts before the fire,
so let the wicked perish in the presence of God.

³But let the righteous be glad; let them exult before God;
may they rejoice and be happy.

⁴Sing to God! Sing praises to his name!
Praise the one who rides through the plains of the Jordan River valley!
Yahweh is his name! Rejoice before him!

⁵A father of the fatherless, a judge of the widows,
is God in the holy place where he lives.

⁶God puts the lonely into families;
he brings out the prisoners with singing;
but the rebellious live in a parched land.

⁷God, when you went out before your people,
when you marched through the wilderness, *Selah*

⁸The earth trembled;
the heavens also dropped rain in God's presence,
in the presence of God when he came to Sinai, in the presence of God, the God of Israel.

⁹You, God, sent a plentiful rain;
you strengthened your inheritance when it was weary.

¹⁰Your people lived in it;
You, God, gave from your goodness to the poor.

¹¹The Lord gave the orders,
and those who announced them were a great army.

¹²Kings of armies flee, they flee,
and the women waiting at home divide the plunder:

¹³doves covered with silver
with wings of yellow gold.

When some of you people stayed among the sheepfolds, why did you do this?

¹⁴The Almighty scattered kings there,
it was as when it snowed on Mount Zalmon.

¹⁵A mighty mountain is the hill country of Bashan;
a high mountain is the hill country of Bashan.

¹⁶Why do you look in envy, you high hill country,
at the mountain which God desires for the place he will live?
Indeed, Yahweh will live in it forever.

¹⁷The chariots of God are twenty thousand, thousands upon thousands;
the Lord is among them in the holy place, as at Sinai.

¹⁸You have ascended on high; you have led away captives;
you have received gifts from among men,
even from those who fought against you,
so that you, Yahweh God, might live there.

¹⁹Blessed be the Lord, who daily bears our burdens,
the God who is our salvation. *Selah*

20Our God is a God who saves;
Yahweh the Lord is the one who is able to rescue us from death.

21But God will strike through the heads of his enemies,
through the hairy scalps of those who walk in offenses against him.

22The Lord said, "I will bring my enemies back from Bashan;
I will bring them back from the depths of the sea

23so that you may crush your enemies, dipping your foot in blood,
and so that the tongues of your dogs may have their share from your enemies."

24They have seen your processions, God,
the processions of my God, my King, into the holy place.

25The singers went first, the minstrels followed after,
and in the middle were the unmarried girls playing tambourines.

26Bless God in the assemblies;
praise Yahweh, you who are from the fountain^[1] of Israel.

27There is first Benjamin, the smallest tribe,
then the leaders of Judah and their multitudes,
the leaders of Zebulun and the leaders of Naphtali.

28Your God, Israel, has decreed your strength;
reveal to us your power, God, as you have revealed it in times past.

29Reveal your power to us from your temple at Jerusalem,
where kings bring gifts to you.

30Shout in battle against the wild beasts in the reeds,
against the peoples, that multitude of bulls and calves.
Humiliate them and make them bring you gifts;
scatter the peoples who love to wage war.

31Princes will come out of Egypt;
Cush will hurry to reach out with her hands to God.

32Sing to God, you kingdoms of the earth; *Selah*
Sing praises to Yahweh.

33To him who rides on the heaven of heavens, which exist from ancient times;
see, he lifts up his voice with power.

³⁴Ascribe strength to God;

his majesty is over Israel,

and his strength is in the skies.

³⁵God, you are fearsome in your holy place;

the God of Israel—he gives strength and power to his people.

Blessed be God.

68:26 ^[1] or, .

Psalm 69

For the chief musician; set to Shoshannim. A psalm of David.

¹Save me, God;

for the waters have put my life in danger.

²I sink in deep mire, where there is no place to stand;

I have come into deep waters, where the floods flow over me.

³I am weary with my crying; my throat is dry;

my eyes fail while I wait for my God.

⁴Those who hate me without a cause are more than the hairs on my head;

those who would cut me off, being my enemies for wrong reasons, are mighty;

what I did not steal, I have to give back.

⁵God, you know my foolishness,

and my sins are not hidden from you.

⁶Let not those who hope in you be put to shame because of me, Lord Yahweh of hosts;

let not those who seek you be brought to dishonor because of me, God of Israel.

⁷For your sake I have borne rebuke;

shame has covered my face.

⁸I have become a stranger to my brothers,

an alien to my mother's children.

⁹For the zeal of your house has eaten me up,

and the rebukes of those who rebuke you have fallen on me.

¹⁰When I wept and did not eat food,

they insulted me.

¹¹When I made sackcloth my clothing,

I became the object of a proverb to them.

¹²Those who sit in the city gate talk about me;

I am a song of drunkards.

¹³But as for me, my prayer is to you, Yahweh, at a time that you will accept;

answer me in the trustworthiness of your salvation.

¹⁴Pull me out of the mire, and do not let me sink;

let me be taken away from those who hate me and rescued out of the deep waters.

¹⁵Do not let the floods of water overwhelm me,

neither let the deep swallow me up.

Do not let the pit shut its mouth on me.

¹⁶Answer me, Yahweh, for your covenant faithfulness is good;

because your mercies for me are many, turn to me.

¹⁷Do not hide your face from your servant,

for I am in distress; answer me quickly.

¹⁸Come to me and redeem me.

Because of my enemies, ransom me.

¹⁹You know my rebuke, my shame, and my dishonor;

my adversaries are all before you.

²⁰Rebuke has broken my heart; I am full of heaviness;

I looked for someone to take pity, but there was none;

I looked for comforters, but I found none.

²¹They gave me poison for my food;

in my thirst they gave me vinegar to drink.

²²Let their table before them become a snare;

when they think they are in safety, let it become a trap.

²³Let their eyes be darkened so that they cannot see;

and always make their loins shake.

²⁴Pour out your indignation on them,

and let the fierceness of your anger overtake them.

²⁵Let their place be a desolation;

let no one live in their tents.

²⁶For they persecuted the one you struck down.

They repeated the account of the pain of those you have wounded.

²⁷Accuse them of having committed iniquity after iniquity;

do not let them come into your righteous victory.

²⁸Let them be blotted out of the Book of Life

and not be written down along with the righteous.

²⁹But I am poor and sorrowful;

let your salvation, God, set me up on high.

³⁰I will praise the name of God with a song

and will exalt him with thanksgiving.

³¹That will please Yahweh better than an ox

or a bull that has horns and hooves.

³²The meek have seen it and are glad;

you who seek after God, let your hearts live.

³³For Yahweh hears the needy

and does not despise his prisoners.

³⁴Let heaven and earth praise him,

the seas and everything that moves in them.

³⁵For God will save Zion and will rebuild the cities of Judah;

the people will live there and have it as a possession.

³⁶His servants' descendants will inherit it;

and those who love his name will live there.

Psalm 70

For the chief musician. A psalm of David; to bring to remembrance.

¹Save me, God!

Yahweh, come quickly and help me.

²Let those who try to take my life

be ashamed and humiliated;

let them be turned back and brought to dishonor,

those who take pleasure in my pain.

³Let them be turned back because of their shame,
those who say, "Aha, aha."

⁴Let all those who seek you rejoice and be glad in you;
let those who love your salvation always say,
"May God be praised."

⁵But I am poor and needy;
hurry to me, God;
you are my help and you rescue me.
Yahweh, do not delay.

Psalm 71

¹In you, Yahweh, I take refuge;
let me never be put to shame.

²Rescue me and make me safe in your righteousness;
turn your ear to me and save me.

³Be to me a rock for refuge where I may always go;
you have given a command to save me,
for you are my rock and my fortress.

⁴Rescue me, my God, out of the hand of the wicked,
out of the hand of the unrighteous and cruel.

⁵For you are my hope, Lord Yahweh.
I have trusted in you ever since I was a child.

⁶By you I have been supported from the womb;
you are he who took me out of my mother's belly;
my praise will be always about you.

⁷I am an example to many people;
you are my strong refuge.

⁸My mouth will be filled with your praise,
all the day with your honor.

⁹Do not throw me away in my time of old age;

do not abandon me when my strength fails.

¹⁰For my enemies are talking about me;
those who watch for my life are plotting together.

¹¹They say, "God has forsaken him;
pursue and take him, for there is no one to save him."

¹²God, do not be far from me;
my God, hurry to help me.

¹³Let them be put to shame and destroyed, those who are hostile to my life;
let them be covered with rebuke and dishonor, those who seek my hurt.

¹⁴But I will always hope in you
and will praise you more and more.

¹⁵My mouth will tell about your righteousness
and your salvation all the day,
although I cannot understand it.

¹⁶I will come with the mighty acts of the Lord Yahweh;
I will make mention of your righteousness, yours alone.

¹⁷God, you have taught me from my youth;
even now I declare your wonderful deeds.

¹⁸Indeed, even when I am old and gray-headed, God, do not forsake me,
as I have been declaring your strength to the next generation,
your power to everyone who is to come.

¹⁹Your righteousness also, God, is very high;
you who have done great things, God, who is like you?

²⁰You who made me see many troubles
will revive us again
and will bring us up again from the depths of the earth.

²¹May you increase my honor;
turn again and comfort me.

²²I will also give thanks to you with the harp
for your trustworthiness, my God;
to you I will sing praises with the harp,

Holy One of Israel.

²³My lips will shout for joy when I sing praises to you—
even my soul, which you have redeemed.

²⁴My tongue will also talk about your righteousness all day long;
for they have been put to shame and are confused, those who sought my hurt.

Psalm 72

A psalm of Solomon.

¹Give the king your righteous decrees, God,
your righteousness to the king's son.

²May he judge your people with righteousness
and your poor with justice.

³May the mountains produce peace for the people;
may the hills produce righteousness.

⁴May he judge the poor of the people;
may he save the children of the needy
and break in pieces the oppressor.

⁵May they honor you while the sun endures,
and as long as the moon lasts throughout all generations.

⁶May he come down like rain on the mown grass,
like showers that water the earth.

⁷May the righteous flourish in his days,
and may there be an abundance of peace till the moon is no more.

⁸May he have dominion from sea to sea,
and from the River to the ends of the earth.

⁹May those who live in the wilderness bow down before him;
may his enemies lick the dust.

¹⁰May the kings of Tarshish and of the islands render tribute;
may the kings of Sheba and Seba offer gifts.

¹¹Indeed, may all kings fall down before him;
may all nations serve him.

¹²For he helps the needy person who cries out
and the poor person who has no other helper.

¹³He has pity on the poor and needy,
and he saves the lives of needy people.

¹⁴He redeems their lives from oppression and violence,
and their blood is precious in his sight.

¹⁵May he live! May the gold of Sheba be given to him.
May people always pray for him;
may God bless him all day long.

¹⁶May there be abundance of grain in the land;
on the mountaintops may their crops wave.
May the fruit of it be like Lebanon;
may the people flourish in the cities like the grass of the field.

¹⁷May his name endure forever;
may his name continue as long as the sun;
may people be blessed in him;
may all nations call him blessed.

¹⁸May Yahweh God, the God of Israel, be blessed,
who alone does wonderful things.

¹⁹May his glorious name be blessed forever,
and may the whole earth be filled with his glory.
Amen and Amen.

²⁰The prayers of David son of Jesse are finished.

Book Three

Psalm 73

A psalm of Asaph.

¹Surely God is good to Israel,
to those with a pure heart.

²But as for me, my feet almost slipped;

my feet almost slipped out from under me

³because I was envious of the arrogant
when I saw the prosperity of the wicked.

⁴For they have no pain until their death,
but they are strong and well fed.

⁵They are free from the burdens of other men;
they are not afflicted like other men.

⁶Pride adorns them like a necklace around their neck;
violence clothes them like a robe.

⁷Out of such blindness comes sin;
evil thoughts pass through their hearts.

⁸They mock and speak wickedly;
in their arrogance they threaten oppression.

⁹They set their mouth against the heavens,
and their tongues march through the earth.

¹⁰Therefore his people turn to them
and abundant waters are drained out.

¹¹They say, "How does God know?
Is there knowledge with the Most High?"

¹²Take notice: these people are wicked;
they are always carefree, becoming richer and richer.

¹³Surely it is in vain that I have guarded my heart
and washed my hands in innocence.

¹⁴For all the day long I have been afflicted
and disciplined every morning.

¹⁵If I had said, "I will say these things,"
then I would have betrayed this generation of your children.

¹⁶Though I tried to understand these things,
it was too difficult for me.

¹⁷Then I went into God's sanctuary
and came to understand their fate.

¹⁸Surely you put them in slippery places;
you bring them down to ruin.

¹⁹How they become a wilderness in a moment!
They come to an end and are finished in awful terrors.

²⁰They are like a dream after one wakes up;
Lord, when you arise, you will think nothing of those dreams.

²¹For my heart was grieved,
and I was deeply wounded.

²²I was ignorant and lacked insight;
I was like a senseless animal before you.

²³Yet I am always with you;
you hold my right hand.

²⁴You will guide me with your advice
and afterward receive me to glory.

²⁵Whom have I in heaven but you?
There is no one on earth that I desire but you.

²⁶My flesh and my heart grow weak,
but God is the strength of my heart forever.

²⁷Those who are far from you will perish;
you will destroy all those who are unfaithful to you.

²⁸But as for me, all I need to do is to approach God.
I have made the Lord Yahweh my refuge.
I will declare all your deeds.

Psalm 74

A maschil of Asaph.

¹God, why have you rejected us forever?
Why does your anger burn against the sheep of your pasture?

²Call to mind your people, whom you purchased in ancient times,
the tribe whom you have redeemed to be your own heritage,
and Mount Zion, where you live.

³Come look at the complete ruins,
all the damage that the enemy has done in the holy place.

⁴Your adversaries roared in the middle of your appointed place;
they set up their battle flags.

⁵They hacked away with axes
as in a thick forest.

⁶They smashed and broke down all the engravings;
they broke them with axes and hammers.

⁷They set your sanctuary on fire;
they desecrated where you live, knocking it to the ground.

⁸They said in their hearts, "We will destroy them all."
They burned up all of your meeting places in the land.

⁹We do not see any more signs;
there is no prophet any more,
and no one among us knows how long this will last.

¹⁰How long, God, will the enemy throw insults at you?
Will the enemy blaspheme your name forever?

¹¹Why do you hold back your hand, your right hand?
Take your right hand from your garment and destroy them.

¹²Yet God has been my king from ancient times,
bringing salvation on the earth.

¹³You divided the sea by your strength;
you smashed the heads of the sea monsters in the waters.

¹⁴You crushed the heads of leviathan;
you fed him to those living in the wilderness.

¹⁵You broke open springs and streams;
you dried up flowing rivers.

¹⁶The day is yours, and the night is yours also;
you set the sun and moon in place.

¹⁷You have set all the borders of the earth;
you have made summer and winter.

¹⁸Call to mind how the enemy hurled insults at you, Yahweh,
and that a foolish people has blasphemed your name.

¹⁹Do not give the life of your dove to a wild animal.
Do not forget forever the life of your oppressed people.

²⁰Remember your covenant,
for the dark regions of the land are full of places of violence.

²¹Do not let the oppressed be turned back in shame;
let the poor and oppressed praise your name.

²²Arise, God; defend your own honor;
call to mind how fools insult you all day long.

²³Do not forget the voice of your adversaries
or the uproar of those who continually defy you.

Psalm 75

For the chief musician; set to Al Tashheth. A psalm of Asaph, a song.

¹We give thanks to you, God;
we give thanks, for you reveal your presence;
people tell of your wondrous works.

²At the appointed time I will judge fairly.

³Though the earth and all the inhabitants shake in fear,
I make steady the earth's pillars. *Selah*

⁴I said to the arrogant, "Do not be arrogant,"
and to the wicked, "Do not lift up the horn.

⁵Do not lift up your horn to the heights;
do not speak with an insolent neck."

⁶It is not from the east or from the west,
and it is not from the wilderness that lifting up comes.

⁷But God is the judge;
he brings down and he lifts up.

⁸For Yahweh holds in his hand a cup of foaming wine,
which is mixed with spices, and pours it out.

Surely all the wicked of the earth will drink it to the last drop.

⁹But I will continually tell what you have done;

I will sing praises to the God of Jacob.

¹⁰He says, "I will cut off all the horns of the wicked,

but the horns of the righteous will be raised up."

Psalm 76

For the chief musician, on stringed instruments. A psalm of Asaph, a song.

¹God has made himself known in Judah;

his name is great in Israel.

²His tent is in Salem;

his dwelling place is in Zion.

³There he broke the arrows of the bow,

the shield, the sword, and the other weapons of war. *Selah*

⁴You shine brightly and reveal your glory,

as you descend from the mountains, where you killed your victims.

⁵The bravehearted were plundered;

they fell asleep.

All the warriors were helpless.

⁶At your rebuke, God of Jacob,

both rider and horse fell asleep.

⁷You, yes you, are to be feared;

who can stand in your sight when you are angry?

⁸From heaven you made your judgment heard;

the earth was afraid and silent

⁹when you, God, arose to execute judgment

and to save all the oppressed of the earth. *Selah*

¹⁰Surely your angry judgment against humanity will bring you praise;

you gird yourself with what is left of your anger.

¹¹Make vows to Yahweh your God and keep them.

May all who surround him bring gifts to him who is to be feared.

¹²He cuts off the spirit of the princes;
he is feared by the kings of the earth.

Psalm 77

For the chief musician; after the manner of Jeduthun. A psalm of Asaph.

¹I will call out with my voice to God;
I will call with my voice to God, and my God will hear me.

²In the day of my trouble I sought the Lord;
at night I stretched my hands out, and they would not become tired.
My soul refused to be comforted.

³I thought of God as I groaned;
I thought about him as I grew faint. *Selah*

⁴You held my eyes open;
I was too troubled to speak.

⁵I thought about the days of old,
about times long past.

⁶During the night I called to mind the song I once sang.
I thought carefully
and tried to understand what had happened.

⁷Will the Lord reject me forever?
Will he never again show me favor?

⁸Was his covenant faithfulness gone forever?
Had his promise failed forever?

⁹Had God forgotten to be gracious?
Had his anger shut off his compassion? *Selah*

¹⁰I said, "This is my sorrow:
the changing of the right hand of the Most High toward us."

¹¹But I will call to mind your deeds, Yahweh;
I will think about your wonderful deeds of old.

¹²I will ponder all your deeds
and will reflect on them.

¹³Your way, God, is holy;
what god compares to our great God?

¹⁴You are the God who does wonders;
you have revealed your strength among the peoples.

¹⁵You gave your people victory by your great power—
the descendants of Jacob and Joseph. *Selah*

¹⁶The waters saw you, God;
the waters saw you, and they were afraid;
the depths trembled.

¹⁷The clouds poured down water;
the cloudy skies gave voice;
your arrows flew about.

¹⁸Your thunderous voice was heard in the wind;
the lightning lit up the world;
the earth trembled and shook.

¹⁹Your path went through the sea
and your way through the surging waters,
but your footprints were not seen.

²⁰You led your people like a flock
by the hand of Moses and Aaron.

Psalm 78

A maschil of Asaph.

¹Hear my teaching, my people,
listen to the words of my mouth.

²I will open my mouth in parables;
I will sing about hidden things about the past.

³These are things that we have heard and learned,
things that our ancestors have told us.

⁴We will not keep them from their descendants.
We will tell the next generation about the praiseworthy deeds of Yahweh,

his strength, and the wonders that he has done.

⁵For he established covenant decrees in Jacob
and appointed a law in Israel.

He commanded our ancestors
that they were to teach them to their children.

⁶He commanded this so that the generation to come might know his decrees, the children not yet born,
who should tell them in turn to their own children.

⁷Then they would place their hope in God
and not forget his deeds
but keep his commandments.

⁸Then they would not be like their ancestors,
who were a stubborn and rebellious generation,
a generation whose hearts were not right,
and whose spirits were not committed and faithful to God.

⁹The Ephraimites were armed with bows,
but they turned back on the day of battle.

¹⁰They did not keep the covenant with God,
and they refused to obey his law.

¹¹They forgot his deeds,
the wonderful things that he had shown them.

¹²They forgot the marvelous things he did in the sight of their ancestors
in the land of Egypt, in the land of Zoan.

¹³He divided the sea and led them across it;
he made the waters to stand like walls.

¹⁴In the daytime he led them with a cloud
and all the night with the light of fire.

¹⁵He split the rocks in the wilderness,
and he gave them water abundantly, enough to fill the depths of the sea.

¹⁶He made streams flow out of the rock
and made the water flow like rivers.

¹⁷Yet they continued to sin against him,

rebellious against the Most High in the wilderness.

18They challenged God in their hearts
by asking for food to satisfy their appetites.

19They spoke against God;
they said, "Can God really lay out a table for us in the wilderness?"

20See, when he struck the rock, waters gushed out
and streams overflowed.

But can he give bread also?
Will he provide meat for his people?"

21When Yahweh heard this, he was angry;
so his fire burned against Jacob,
and his anger attacked Israel,

22because they did not believe in God
and did not trust in his salvation.

23Yet he commanded the skies above
and opened the doors of the sky.

24He rained down manna for them to eat,
and gave them the grain from heaven.

25People ate the bread of angels.
He sent them food in abundance.

26He caused the east wind to blow in the sky,
and by his power he guided the south wind.

27He rained down meat on them like dust,
birds as numerous as the sands of the sea.

28They fell in the middle of their camp,
all around their tents.

29So they ate and were full.
He gave them what they craved.

30But they had not yet filled up;
their food was still in their mouths.

31Then God's anger attacked them

and killed the strongest of them.

He brought down the young men of Israel.

³²Despite this, they continued to sin
and did not believe his wonderful deeds.

³³Therefore God cut short their days;
their years were filled with terror.

³⁴Whenever God afflicted them, they would start to seek him,
and they would return and look earnestly for him.

³⁵They would call to mind that God was their rock
and that the Most High God was their rescuer.

³⁶But they would flatter him with their mouth
and lie to him with their words.

³⁷For their hearts were not firmly fixed on him,
and they were not faithful to his covenant.

³⁸Yet he, being merciful, forgave their iniquity and did not destroy them.
Yes, many times he held back his anger
and did not stir up all his wrath.

³⁹He called to mind that they were made of flesh,
a wind that passes away and does not return.

⁴⁰How often they rebelled against him in the wilderness
and grieved him in the barren regions!

⁴¹Again and again they challenged God
and offended the Holy One of Israel.

⁴²They did not think about his power,
how he had rescued them from the enemy

⁴³when he performed his terrifying signs in Egypt
and his wonders in the region of Zoan.

⁴⁴He turned the Egyptians' rivers to blood
so that they could not drink from their streams.

⁴⁵He sent swarms of flies that devoured them
and frogs that overran their land.

⁴⁶He gave their crops to the grasshopper
and their labor to the locust.

⁴⁷He destroyed their vines with hail
and their sycamore trees with more hail.

⁴⁸He rained hail on their cattle
and hurled lightning bolts at their livestock.

⁴⁹The fierceness of his anger lashed out against them.
He sent wrath, fury, and trouble
like agents who bring disaster.

⁵⁰He leveled a path for his anger;
he did not spare them from death
but gave them over to the plague.

⁵¹He killed all the firstborn in Egypt,
the firstborn of their strength in the tents of Ham.

⁵²He led his own people out like sheep
and guided them through the wilderness like a flock.

⁵³He led them secure and unafraid,
but the sea overwhelmed their enemies.

⁵⁴Then he brought them to the border of his holy land,
to this mountain that his right hand acquired.

⁵⁵He drove out the nations from before them
and assigned them their inheritance.
He settled the tribes of Israel in their tents.

⁵⁶Yet they challenged and defied the Most High God
and did not keep his solemn commands.

⁵⁷They were unfaithful and acted treacherously like their fathers;
they were as undependable as a faulty bow.

⁵⁸For they made him angry with their high places
and provoked him to jealous anger with their idols.

⁵⁹When God heard this, he was angry
and completely rejected Israel.

⁶⁰He abandoned the sanctuary of Shiloh,
the tent where he had lived among people.

⁶¹He allowed his strength to be captured
and gave his glory into the enemy's hand.

⁶²He handed his people over to the sword,
and he was angry with his heritage.

⁶³Fire devoured their young men,
and their young women had no wedding songs.

⁶⁴Their priests fell by the sword,
and their widows could not weep.

⁶⁵Then the Lord awakened as one from sleep,
like a warrior who shouts because of wine.

⁶⁶He drove his adversaries back;
he put them to everlasting shame.

⁶⁷He rejected the tent of Joseph,
and he did not chose the tribe of Ephraim.

⁶⁸He chose the tribe of Judah
and Mount Zion that he loved.

⁶⁹He built his sanctuary like the heavens,
like the earth that he has established forever.

⁷⁰He chose David, his servant,
and took him from the sheepfolds.

⁷¹He took him from following the ewes with their young, and he brought him
to be shepherd of Jacob, his people, and of Israel, his heritage.

⁷²David shepherded them with the integrity of his heart,
and he guided them with the skill of his hands.

Psalm 79

A psalm of Asaph.

¹God, foreign nations have come into your inheritance;
they have defiled your holy temple;

they have turned Jerusalem into a heap of ruins.

²They have given the dead bodies of your servants as food to the birds of the skies,
the bodies of your faithful ones to the beasts of the earth.

³They have shed their blood like water around Jerusalem,
and there was none to bury them.

⁴We have become a reproach for our neighbors,
mocking and derision to those who are around us.

⁵How long, Yahweh? Will you stay angry forever?
How long will your jealous anger burn like fire?

⁶Pour out your wrath on the nations that do not know you
and on the kingdoms that do not call upon your name.

⁷For they have devoured Jacob
and destroyed his villages.

⁸Do not hold the sins of our forefathers against us;
may your merciful actions come to us,
for we are very low.

⁹Help us, God of our salvation, for the sake of the glory of your name;
save us and forgive our sins for your name's sake.

¹⁰Why should the nations say, "Where is their God?"
May the blood of your servants that was shed
be avenged on the nations before our eyes.

¹¹May the groans of the prisoners come before you;
with the greatness of your power keep the children of death alive.

¹²Pay back into the laps of our neighboring countries seven times as much
as the insults with which they have insulted you, Lord.

¹³So we your people and sheep of your pasture
will give you thanks forever.
We will tell your praises to all generations.

Psalm 80

For the chief musician, set to the Shoshannim Eduth style. A psalm of Asaph.

¹Pay attention, Shepherd of Israel,

you who lead Joseph like a flock;

you who sit above the cherubim, shine on us!

²In the sight of Ephraim and Benjamin and Manasseh, stir up your power;

come and save us.

³God, restore us;

make your face shine on us, and we will be saved.

⁴Yahweh God of hosts,

how long will you be angry at your people when they pray?

⁵You have fed them with the bread of tears

and given them tears to drink in great quantities.

⁶You make us something for our neighbors to argue over,

and our enemies laugh about us among themselves.

⁷God of hosts, restore us;

make your face shine on us, and we will be saved.

⁸You brought a vine out of Egypt;

you drove out nations and transplanted it.

⁹You cleared the land for it;

it took root and filled the land.

¹⁰The mountains were covered with its shade,

the cedars of God by its branches.

¹¹It sent out its branches as far as the sea

and its shoots to the Euphrates River.

¹²Why have you broken down its walls

so that all who pass by along the road pluck its fruit?

¹³The boars out of the forest ruin it,

and the beasts of the field feed on it.

¹⁴Turn back, God of hosts;

look down from heaven and take notice and take care of this vine.

¹⁵This is the root that your right hand planted,

the shoot that you made to grow.

¹⁶It has been burned and cut down;
they perish because of your rebuke.

¹⁷May your hand be on the man of your right hand,
on the son of man whom you made strong for yourself.

¹⁸Then we will not turn away from you;
revive us, and we will call on your name.

¹⁹Yahweh God of hosts, restore us;
make your face shine on us, and we will be saved.

Psalm 81

For the chief musician; set to the Gittith style. A psalm of Asaph.

¹Sing aloud to God our strength;
shout out for joy to the God of Jacob.

²Sing a song and play the tambourine,
the pleasant lyre with the harp.

³Blow the trumpet on the day of the new moon,
on the day of the full moon, when our feast day begins.

⁴For it is a statute for Israel,
a decree given by the God of Jacob.

⁵He issued it as a regulation in Joseph
when he went against the land of Egypt,
where I heard a voice that I did not recognize:

⁶"I removed the burden from his shoulder;
his hands were freed from holding the basket.

⁷In your distress you called out, and I helped you;
I answered you from a dark thundercloud.
I tested you at the waters of Meribah. *Selah*

⁸Listen, my people, for I will warn you,
Israel, if you would only listen to me!

⁹There must be no foreign god among you;
you must not worship any foreign god.

¹⁰I am Yahweh your God,
who brought you out of the land of Egypt.
Open your mouth wide, and I will fill it.

¹¹But my people did not listen to my words;
Israel did not obey me.

¹²So I gave them over to their own stubborn way
so that they might do what seemed right to them.

¹³Oh, that my people would listen to me;
oh, that my people would walk in my paths.

¹⁴Then I would quickly subdue their enemies
and turn my hand against their oppressors.

¹⁵May those who hate Yahweh cringe in fear before him!
May they be humiliated forever.

¹⁶I would feed Israel with the finest wheat;
I would satisfy you with honey out of the rock.”

Psalm 82

A psalm of Asaph.

¹God stands in the divine assembly;
in the midst of the gods he renders judgment.

²How long will you judge unjustly
and show favoritism to the wicked? *Selah*

³Defend the poor and fatherless;
maintain the rights of the afflicted and destitute.

⁴Rescue the poor and needy;
take them out of the hand of the wicked.

⁵They neither know nor understand;
they wander around in the darkness;
all the foundations of the earth crumble.

⁶I said, “You are gods,
and all of you sons of the Most High.

⁷Nevertheless you will die like men
and fall like one of the princes.”

⁸Arise, God, judge the earth,
for you have an inheritance in all the nations.

Psalm 83

A song. A psalm of Asaph.

¹God, do not be silent!

Do not ignore us and remain unmoved, God.

²Look, your enemies are making a commotion,
and those who hate you have raised their heads.

³They conspire against your people
and plan together against your protected ones.

⁴They have said, “Come, and let us destroy them as a nation.
Then the name of Israel will no longer be remembered.”

⁵They schemed together with one strategy;
they made an alliance against you—

⁶the tents of Edom and the Ishmaelites,
of Moab and the Hagrites, ⁷Gebal, Ammon, Amalek;
and also Philistia and the inhabitants of Tyre.

⁸Assyria also has joined with them;
they have become an arm for the descendants of Lot. *Selah*

⁹Do to them as you did to Midian,
as you did to Sisera and to Jabin at the Kishon River.

¹⁰They perished at Endor
and became like manure for the earth.

¹¹Make their nobles like Oreb and Zeeb,
and all their princes like Zebah and Zalmunna.

¹²They said, “Let us take for ourselves
the pastures of God.”

¹³My God, make them like the whirling dust,

like chaff before the wind,

¹⁴like the fire that burns the forest,

and like the flame that sets the mountains on fire.

¹⁵Chase them with your strong wind,

and terrify them with your windstorm.

¹⁶Fill their faces with shame

so that they might seek your name, Yahweh.

¹⁷May they be put to shame and be terrified forever;

may they perish in disgrace.

¹⁸Then they will know that you alone, Yahweh,

are the Most High over all the earth.

Psalm 84

For the chief musician; set to the Gittith style. A psalm of the sons of Korah.

¹How lovely is the place where you live,

Yahweh of hosts!

²I long for the courts of Yahweh, my desire for it has made me exhausted.

My heart and all of my being call out to the living God.

³Even the sparrow has found her a house

and the swallow a nest for herself where she may lay her young

near your altars, Yahweh of hosts,

my King, and my God.

⁴Blessed are they who live in your house;

they praise you continually. *Selah*

⁵Blessed is the man whose strength is in you,

in whose heart are the highways up to Zion.

⁶Passing through the Valley of Tears, they find springs of water to drink.

The early rains cover it with blessings.^[1]

⁷They go from strength to strength;

every one of them appears before God in Zion.

⁸Yahweh God of hosts, hear my prayer;

God of Jacob, listen to what I am saying! *Selah*

⁹God, watch over our shield;
show concern for your anointed.

¹⁰For one day in your courts is better than a thousand elsewhere.

I would rather be a doorkeeper in the house of my God,
than to live within the tents of the wicked.

¹¹For Yahweh God is our sun and shield;
Yahweh will give grace and glory;
he does not withhold any good thing from those who walk in integrity.

¹²Yahweh of hosts,
blessed is the man who trusts in you.

84:6 ^[1].

Psalm 85

For the chief musician. A psalm of the sons of Korah.

¹Yahweh, you have showed favor to your land;
you have restored the well-being of Jacob.

²You have forgiven the sin of your people;
you have covered all their sin. *Selah*

³You have withdrawn all your wrath;
you have turned back from your hot anger.

⁴Restore us, God of our salvation,
and let go of your displeasure with us.

⁵Will you be angry with us forever?
Will you remain angry throughout future generations?

⁶Will you not revive us again?
Then your people will rejoice in you.

⁷Show us your covenant faithfulness, Yahweh,
grant us your salvation.

⁸I will listen to what Yahweh God says,
for he will make peace with his people, his faithful ones.

Yet they must not turn again to foolish ways.

⁹Surely his salvation is near to those who fear him;
then glory will remain in our land.

¹⁰Covenant faithfulness and trustworthiness have met together;
righteousness and peace have kissed each other.

¹¹Trustworthiness springs up from the ground,
and righteousness looks down from the sky.

¹²Yes, Yahweh will give his good blessings,
and our land will yield its crops.

¹³Righteousness will go before him
and make a way for his footsteps.

Psalm 86

A prayer of David.

¹Listen, Yahweh, and answer me,
for I am poor and needy.

²Protect me, for I am faithful;
my God, save your servant who trusts in you.

³Be merciful to me, Lord,
for I cry out to you all day long.

⁴Make your servant glad,
for to you, Lord, I lift up my soul.

⁵You, Lord, are good, and ready to forgive,
and you show great mercy to all those who cry out to you.

⁶Yahweh, listen to my prayer;
hear the sound of my pleas.

⁷In the day of my trouble I call on you,
for you will answer me.

⁸There is no one who compares to you among the gods, Lord.
There are no deeds like your deeds.

⁹All the nations that you have made will come and bow before you, Lord.

They will honor your name.

¹⁰For you are great and do wonderful things;
you only are God.

¹¹Teach me your ways, Yahweh. Then I will walk in your truth.

Unite my heart to reverence you.

¹²Lord my God, I will praise you with my whole heart;
I will glorify your name forever.

¹³For great is your covenant faithfulness toward me;
you have rescued my life from the depths of Sheol.

¹⁴God, the arrogant have risen up against me.

A gang of violent men seek my life.

They have no regard for you.

¹⁵But you, Lord, are a merciful and gracious God,
slow to anger, and abundant in covenant faithfulness and trustworthiness.

¹⁶Turn toward me and have mercy on me;
give your strength to your servant;
save the son of your servant woman.

¹⁷Show me a sign of your favor.

Then those who hate me will see it and be put to shame
because you, Yahweh, have helped me and comforted me.

Psalm 87

A psalm of the sons of Korah; a song.

¹On the holy mount stands the city he founded;

²Yahweh loves the gates of Zion
more than all the tents of Jacob.

³Glorious things are said of you, city of God. *Selah*

⁴"I mention Rahab and Babylon to my followers.
See, there are Philistia, and Tyre, along with Cush—
and will say, 'This one was born there.'"

⁵Of Zion it will be said, "Each of these was born in her;

and the Most High himself will establish her.”

⁶Yahweh writes in the census book of the nations,

“This one was born there.” *Selah*

⁷So also the singers and the dancers say together,

“All my fountains are in you.”

Psalm 88

A song, a psalm of the sons of Korah; for the chief musician; set to the Mahalath Leannoth style. A maschil of Heman the Ezrahite.

¹Yahweh, God of my salvation,

I cry out day and night before you.

²Listen to my prayer;

pay attention to my cry.

³For I am filled with troubles,

and my life has reached Sheol.

⁴People treat me like those who go down into the pit;

I am a man with no strength.

⁵I am abandoned among the dead;

I am like the dead who lie in the grave,

about whom you care no more

because they are cut off from your power.

⁶You place me in the lowest part of the pit,

in the dark and deep places.

⁷Your wrath lies heavy on me,

and all your waves crash over me. *Selah*

⁸Because of you, my acquaintances avoid me.

You have made me a shocking sight to them.

I am hemmed in and I cannot escape.

⁹My eyes grow weary from trouble;

All day long I call out to you, Yahweh;

I spread out my hands to you.

¹⁰Will you do wonders for the dead?

Will those who have died rise and praise you? *Selah*

¹¹Will your covenant faithfulness be proclaimed in the grave,
your loyalty in the place of the dead?

¹²Will your wonderful deeds be known in the darkness,
or your righteousness in the place of forgetfulness?

¹³But I cry to you, Yahweh;
in the morning my prayer comes before you.

¹⁴Yahweh, why do you reject me?
Why do you hide your face from me?

¹⁵I have always been afflicted and on the verge of death since my youth.
I have suffered from your terrors; I am in despair.

¹⁶Your angry actions have passed over me,
and your terrifying deeds have annihilated me.

¹⁷They surround me like water all the day long;
they have all encircled me.

¹⁸You have removed every friend and acquaintance from me.
My only acquaintance is the darkness.

Psalm 89

A maschil of Ethan the Ezrahite.

¹I will sing of Yahweh's acts of covenant faithfulness forever.

I will proclaim your truthfulness to future generations.

²For I have said, "Covenant faithfulness has been established forever;
your truthfulness you have established in the heavens."

³I have made a covenant with my chosen one,
I have made an oath to David my servant.

⁴I will establish your descendants forever,
and I will establish your throne through all generations." *Selah*

⁵The heavens praise your wonders, Yahweh;
your truthfulness is praised in the assembly of the holy ones.

⁶For who in the skies can be compared to Yahweh?

Who among the sons of the gods is like Yahweh?

⁷He is a God who is greatly honored in the council of the holy ones
and is awesome among all who surround him.

⁸Yahweh God of hosts,

who is strong like you, Yahweh?

Your truthfulness surrounds you.

⁹You rule the raging sea;

when the waves surge, you calm them.

¹⁰You crushed Rahab as one who is killed.

You scattered your enemies with your strong arm.

¹¹The heavens belong to you, and the earth also.

You made the world and all it contains.

¹²You created the north and the south.

Tabor and Hermon rejoice in your name.

¹³You have a mighty arm

and a strong hand, and your right hand is high.

¹⁴Righteousness and justice are the foundation of your throne.

Covenant faithfulness and trustworthiness come before you.

¹⁵Blessed are the people who worship you!

Yahweh, they walk in the light of your face.

¹⁶They rejoice in your name all day long,

and in your righteousness they exalt you.

¹⁷You are their majestic strength,

and by your favor we are victorious.

¹⁸For our shield belongs to Yahweh;

our king belongs to the Holy One of Israel.

¹⁹Long ago you spoke in a vision to your faithful ones;^[1]

you said, "I have set a crown on a mighty one."^[2]

I have raised up one chosen from among the people.

²⁰I have chosen David my servant;

with my holy oil have I anointed him.

²¹My hand will support him;

my arm will strengthen him.

²²No enemy will deceive him;

no son of wickedness will oppress him.

²³I will crush his enemies before him;

I will kill those who hate him.

²⁴My truth and my covenant faithfulness will be with him;

by my name he will be victorious.

²⁵I will place his hand over the sea

and his right hand over the rivers.

²⁶He will call out to me, 'You are my Father,

my God, and the rock of my salvation.'

²⁷I also will place him as my firstborn son,

the most exalted of the kings of the earth.

²⁸I will extend my covenant faithfulness to him forever;

and my covenant with him will be secure.

²⁹I will make his descendants endure forever

and his throne as enduring as the skies above.

³⁰If his children forsake my law

and do not walk in my regulations,

³¹if they break my rules

and do not keep my commands,

³²then will I punish their rebellion with a rod

and their iniquity with blows.

³³But I will not remove my steadfast love from him

or be unfaithful to my promise.

³⁴I will not break my covenant

or change the words of my lips.

³⁵Once and for all I have sworn by my holiness—

I will not lie to David:

³⁶his descendants will continue forever
and his throne as long as the sun before me.

³⁷It will be established forever like the moon,
the faithful witness in the sky." *Selah*

³⁸But you have refused and rejected;
you have been angry with your anointed king.

³⁹You have renounced the covenant of your servant.
You have desecrated his crown on the ground.

⁴⁰You have broken down all his walls.
You have ruined his strongholds.

⁴¹All who pass by have robbed him.
He has become an object of disgust to his neighbors.

⁴²You have raised the right hand of his enemies;
you have made all his enemies rejoice.

⁴³You turn back the edge of his sword
and have not made him stand when in battle.

⁴⁴You have brought his splendor to an end;
you have brought down his throne to the ground.

⁴⁵You have shortened the days of his youth.
You have covered him with shame. *Selah*

⁴⁶How long, Yahweh? Will you hide yourself, forever?
How long will your anger burn like fire?

⁴⁷Oh, think about how short my time is,
and for what uselessness you have created all the children of mankind!

⁴⁸Who can live and not die,
or rescue his own life from the hand of Sheol? *Selah*

⁴⁹Lord, where are your former acts of covenant faithfulness
that you swore to David in your truthfulness?

⁵⁰Call to mind, Lord, the mocking directed against your servants
and how I bear in my heart so many insults from the nations.

⁵¹Your enemies hurl insults, Yahweh;

they mock the footsteps of your anointed one.

⁵²Blessed be Yahweh forever.

Amen and Amen.

Book Four

89:19 ^[1] instead of .

89:19 ^[2] . Some translate the word for as , and that is how the ULT has translated the word here.

Psalm 90

A prayer of Moses the man of God.

¹Lord, you have been our refuge
throughout all generations.

²Before the mountains were formed,
or you formed the earth and the world,
from everlasting to everlasting, you are God.

³You return man to dust,
and you say, "Return, you descendants of mankind."

⁴For a thousand years in your sight
are as yesterday when it is past,
and as a watch in the night.

⁵You sweep them away as with a flood and they sleep;
in the morning they are like the grass that sprouts up.

⁶In the morning it blooms and grows up;
in the evening it withers and dries up.

⁷Truly, we are consumed in your anger,
and in your wrath we are terrified.

⁸You have set our iniquities before you,
our hidden sins in the light of your presence.

⁹Our life passes away under your wrath;
our years quickly pass like a sigh.

¹⁰Our years are seventy,
or even eighty if we are healthy;

but even our best years are marked by trouble and sorrow.

Yes, they pass quickly, and we fly away.

¹¹Who knows the intensity of your anger,
and your wrath that is equal to the fear of you?

¹²So teach us to consider our life
so that we might live wisely.

¹³Turn back, Yahweh! How long will it be?
Have pity on your servants.

¹⁴Satisfy us in the morning with your covenant faithfulness
so that we may rejoice and be glad all our days.

¹⁵Make us glad in proportion to the days you afflicted us
and to the years we have experienced trouble.

¹⁶Let your servants see your work,
and let our children see your majesty.

¹⁷May the favor of the Lord our God be ours;
prosper the work of our hands;
indeed, prosper the work of our hands.

Psalm 91

¹He who lives in the shelter of the Most High
will stay in the shadow of the Almighty.

²I will say of Yahweh, "He is my refuge and my fortress,
my God, in whom I trust."

³For he will rescue you from the snare of the hunter
and from the deadly plague.

⁴He will cover you with his wings,
and under his wings you will find refuge.
His trustworthiness is a shield and protection.

⁵You will not be afraid of terror in the night,
or of the arrow that flies by day,

⁶or of the plague that roams around in the darkness,

or of the disease that comes at noontime.

⁷A thousand may fall at your side
and ten thousand at your right hand,
but it will not reach you.

⁸You will only observe
and see the punishment of the wicked.

⁹For Yahweh is my refuge!
Make the Most High your refuge also.

¹⁰No evil will overtake you;
no affliction will come near your home.

¹¹For he will direct his angels to protect you,
to guard you in all your ways.

¹²They will lift you up with their hand
so that you will not hit your foot on a stone.

¹³You will crush lions and adders under your feet;
you will trample on young lions and serpents.

¹⁴Because he is devoted to me, I will rescue him.
I will protect him because he is loyal to me.

¹⁵When he calls to me, I will answer him.
I will be with him in trouble;
I will give him victory and will honor him.

¹⁶I will satisfy him with the length of his days,
and show him my salvation.

Psalm 92

A psalm, a song for the Sabbath day.

¹It is a good thing to give thanks to Yahweh
and to sing praises to your name, Most High,
²to proclaim your covenant faithfulness in the morning
and your truthfulness every night,
³with a harp of ten strings

and with the melody of the lyre.

⁴For you, Yahweh, have made me glad through your deeds.

I will sing for joy because of the deeds of your hands.

⁵How great are your deeds, Yahweh!

Your thoughts are very deep.

⁶A brutish person does not know,

nor does a fool understand this:

⁷When the wicked sprout like the grass,

and even when all the evildoers thrive,

still they are doomed to eternal destruction.

⁸But you, Yahweh, will reign forever.

⁹Indeed, look at your enemies, Yahweh!

Indeed, look at your enemies. They will perish!

All those who do evil will be scattered.

¹⁰You have lifted up my horn like the horn of the wild ox;

I am anointed with fresh oil.

¹¹My eyes have seen the downfall of my enemies;

my ears have heard of the doom of my evil foes.

¹²The righteous will flourish like the palm tree;

they will grow like a cedar in Lebanon.

¹³They are planted in the house of Yahweh;

they flourish in the courts of our God.

¹⁴They bear fruit even when they are old;

they stay fresh and green,

¹⁵to proclaim that Yahweh is just.

He is my rock, and there is no unrighteousness in him.

Psalm 93

¹Yahweh reigns; he is robed in majesty;

Yahweh has clothed and girded himself with strength.

The world is firmly established; it cannot be moved.

²Your throne is established from ancient times;
you are from everlasting.

³The oceans rise, Yahweh;
they have lifted up their voice;
the oceans' waves crash and roar.

⁴Above the crashing of many waves,
the mighty breakers of the sea,
Yahweh on high is mighty.

⁵Your solemn commands are very trustworthy;
holiness adorns your house,
Yahweh, for the length of your days.

Psalm 94

¹Yahweh, God who avenges,
God who avenges, shine over us.

²Rise up, judge of the earth,
give to the proud what they deserve.

³How long will the wicked, Yahweh,
how long will the wicked rejoice?

⁴They pour out their arrogant words;
all those who do evil boast.

⁵They crush your people, Yahweh;
they afflict the nation that belongs to you.

⁶They kill the widow and foreigner who lives in their country,
and they murder the fatherless.

⁷They say, "Yahweh will not see,
the God of Jacob does not take notice of it."

⁸Understand, you stupid people!
You fools, when will you ever learn?

⁹He who made the ear, does he not hear?
He who formed the eye, does he not see?

¹⁰He who disciplines the nations, does he not correct?

He is the one who gives knowledge to man.

¹¹Yahweh knows the thoughts of men,
that they are vapor.

¹²Blessed is the one whom you instruct, Yahweh,
the one whom you teach from your law.

¹³You give him rest in times of trouble
until a pit is dug for the wicked.

¹⁴For Yahweh will not forsake his people
or abandon his inheritance.

¹⁵For judgment will again be righteous;
and all the upright in heart will follow it.

¹⁶Who will rise up to defend me against the evildoers?
Who will stand up for me against the wicked?

¹⁷Unless Yahweh had been my help,
I would soon be lying down in the place of silence.

¹⁸When I said, "My foot is slipping,"
Your covenant faithfulness, Yahweh, held me up.

¹⁹When cares within me are many, your consolations make me happy.

²⁰Can a throne of destruction be allied with you,
one who creates injustice by statute?

²¹They conspire together to take the life of the righteous
and they condemn the innocent to death.

²²But Yahweh has been my high tower,
and my God has been the rock of my refuge.

²³He will bring on them their own iniquity
and will cut them off in their own wickedness.

Yahweh our God will cut them off.

Psalm 95

¹Oh come, let us sing to Yahweh;

let us sing joyfully to the rock of our salvation.

²Let us enter his presence with thanksgiving;

let us sing to him with psalms of praise.

³For Yahweh is a great God

and a great King superior to all gods.

⁴In his hand are the depths of the earth;

the heights of the mountains are his.

⁵The sea is his, for he made it,

and his hands formed the dry land.

⁶Oh come, let us worship and bow down;

let us kneel before Yahweh, our Creator:

⁷For he is our God,

and we are the people of his pasture and the sheep of his hand.

Today—oh, that you would hear his voice!

⁸“Do not harden your heart, as at Meribah,

or as on the day of Massah in the wilderness,

⁹where your forefathers tested me

and tried me, though they had seen my deeds.

¹⁰For forty years I was angry with that generation

and said, ‘This is a people whose hearts wander astray;

they have not known my ways.’

¹¹Therefore I vowed in my anger

that they would never enter into my resting place.”

Psalm 96

¹Oh, sing to Yahweh a new song;

sing to Yahweh, all the earth.

²Sing to Yahweh, bless his name;

announce his salvation day after day.

³Declare his glory among the nations,

his marvelous deeds among all the nations.

⁴For Yahweh is great and is to be praised greatly.

He is to be feared above all other gods.

⁵For all the gods of the nations are idols,

but it is Yahweh who made the heavens.

⁶Splendor and majesty are in his presence.

Strength and beauty are in his sanctuary.

⁷Ascribe to Yahweh, you clans of peoples,

ascribe praise to Yahweh for his glory and strength.

⁸Give to Yahweh the glory that his name deserves.

Bring an offering and come into his courts.

⁹Bow down to Yahweh in the splendor of holiness;

tremble before him, all the earth.

¹⁰Say among the nations, "Yahweh reigns."

The world also is established; it cannot be shaken.

He judges the peoples fairly.

¹¹Let the heavens be glad, and let the earth rejoice;

let the sea roar and that which fills it shout with joy.

¹²Let the fields rejoice and all that is in them.

Then let all the trees in the forest shout for joy

¹³before Yahweh, for he is coming.

He is coming to judge the earth.

He will judge the world with righteousness

and the peoples with his faithfulness.

Psalm 97

¹Yahweh reigns; let the earth rejoice;

let the many coastlands be glad.

²Clouds and darkness surround him.

Righteousness and justice are the foundation of his throne.

³Fire goes before him

and consumes his adversaries on every side.

⁴His lightning lights up the world;
the earth sees and trembles.

⁵The mountains melt like wax before Yahweh,
the Lord of the whole earth.

⁶The skies declare his justice,
and all the nations see his glory.

⁷All those who worship carved figures will be shamed,
those who boast in worthless idols—
bow down to him, all you gods!

⁸Zion heard and was glad,
and the towns of Judah rejoiced
because of your righteous decrees, Yahweh.

⁹For you, Yahweh, are most high above all the earth.
You are exalted far above all gods.

¹⁰You who love Yahweh, hate evil!
He protects the lives of his faithful ones,
and he takes them out of the hand of the wicked.

¹¹Light is sown for the righteous
and gladness for those with honest hearts.

¹²Be glad in Yahweh, you righteous;
and give thanks when you remember his holiness.

Psalm 98

A psalm.

¹Oh, sing to Yahweh a new song,
for he has done marvelous things;
his right hand and his holy arm have given him victory.

²Yahweh has made known his salvation;
he has openly showed his justice to all the nations.

³He calls to mind his covenant loyalty and faithfulness for the house of Israel;
all the ends of the earth will see the victory of our God.

⁴Shout for joy to Yahweh, all the earth;
burst into song, sing for joy, and sing praises.

⁵Sing praises to Yahweh with the harp,
with the harp and melodious song.

⁶With trumpets and the sound of the horn,
make a joyful noise before the King, Yahweh.

⁷Let the sea shout and everything in it,
the world and those who live in it!

⁸Let the rivers clap their hands,
and let the mountains shout for joy.

⁹Yahweh is coming to judge the earth;
he will judge the world with righteousness
and the nations with fairness.

Psalm 99

¹Yahweh reigns; let the nations tremble.
He sits enthroned above the cherubim; the earth quakes.

²Yahweh is great in Zion;
he is exalted above all the nations.

³Let them praise your great and awesome name;
he is holy.

⁴The king is strong, and he loves justice.
You have established fairness;
you have done righteousness and justice in Jacob.

⁵Praise Yahweh our God
and worship at his footstool.
He is holy.

⁶Moses and Aaron were among his priests,
and Samuel was among those who called on his name.
They called to Yahweh, and he answered them.

⁷He spoke to them from the pillar of cloud.

They kept his solemn commands
and the statutes that he gave them.

⁸You answered them, Yahweh our God.

A forgiving God you were to them,
but one who punished their sinful deeds.

⁹Praise Yahweh our God,
and worship at his holy hill,
for Yahweh our God is holy.

Psalm 100

A psalm of thanksgiving.

¹Shout joyfully to Yahweh, all the earth.

²Serve Yahweh with gladness;
come before his presence with joyful singing.

³Know that Yahweh is God;
he made us, and we are his.
We are his people and the sheep of his pasture.

⁴Enter into his gates with thanksgiving
and into his courts with praise.
Give thanks to him and bless his name.

⁵For Yahweh is good; his covenant faithfulness endures forever
and his truthfulness through all generations.

Psalm 101

A psalm of David.

¹I will sing of covenant faithfulness and justice;
to you, Yahweh, I will sing praises.

²I will walk in the way of integrity.
Oh, when will you come to me?

I will walk with integrity within my house.

³I will not put wrongdoing before my eyes;

I hate worthless evil;
it will not cling to me.

⁴Perverse people will leave me;

I am not loyal to evil.

⁵I will destroy whoever secretly slanders his neighbor.

I will not tolerate anyone who has a proud demeanor and an arrogant attitude.

⁶I will look to the faithful of the land to sit at my side.

Those who walk in the way of integrity may serve me.

⁷Deceitful people will not remain within my house;

liars will not be welcome before my eyes.

⁸Morning by morning I will destroy all the wicked from the land;

I will remove all evildoers from the city of Yahweh.

Psalm 102

A prayer of the afflicted when he is faint and pours out his lament before Yahweh.

¹Hear my prayer, Yahweh;

hear my cry to you.

²Do not hide your face from me in my time of trouble.

Listen to me.

When I call out to you, answer me quickly.

³For my days pass away like smoke,

and my bones burn like fire.

⁴My heart is crushed, and I am like grass that has withered.

I forget to eat any food.

⁵With my continual groaning,

I have become very thin.

⁶I am like a pelican of the wilderness;

I have become like an owl in the ruins.

⁷I lie awake like a solitary bird,

alone on the housetop.

⁸My enemies taunt me all day long;

those who mock me use my name in curses.

⁹I eat ashes like bread

and mix my drink with tears.

¹⁰Because of your raging anger,

you have lifted me up to throw me down.

¹¹My days are like a shadow that fades,

and I have withered like grass.

¹²But you, Yahweh, live forever,

and your fame is for all generations.

¹³You will rise up and have mercy on Zion.

Now is the time to have mercy upon her;

the appointed time has come.

¹⁴For your servants hold her stones dear

and feel compassion for the dust of her ruins.

¹⁵The nations will respect your name, Yahweh,

and all the kings of the earth will honor your glory.

¹⁶Yahweh will rebuild Zion

and will appear in his glory.

¹⁷At that time, he will respond to the prayer of the destitute;

he will not reject their prayer.

¹⁸This will be written for future generations,

and a people not yet born will praise Yahweh.

¹⁹For he has looked down from the holy heights;

from heaven Yahweh has viewed the earth,

²⁰to hear the groaning of the prisoners,

to release those who were condemned to death.

²¹Then men will proclaim the name of Yahweh in Zion

and his praise in Jerusalem

²²when the peoples and kingdoms gather together

to serve Yahweh.

²³He has taken away my strength in the middle of life.

He has shortened my days.

²⁴I said, "My God, do not take me away in the middle of life;
you are here throughout all generations.

²⁵In ancient times you set the earth in place;
the heavens are the work of your hands.

²⁶They will perish, but you will remain;
they will all grow old like a garment;
like clothing, you will remove them, and they will disappear.

²⁷But you are the same,
and your years will have no end.

²⁸The children of your servants will live on,
and their descendants will live in your presence."

Psalm 103

A psalm of David.

¹I give praise to Yahweh with all my life,
and with all that is within me, I give praise to his holy name.

²I give praise to Yahweh with all my life,
and I remember all of his good deeds.

³He forgives all your sins;
he heals all your diseases.

⁴He redeems your life from destruction;
he crowns you with covenant faithfulness and acts of tender mercy.

⁵He satisfies your life with good things
so that your youth is renewed like the eagle.

⁶Yahweh does what is fair
and does acts of justice for all who are oppressed.

⁷He made known his ways to Moses,
his deeds to the descendants of Israel.

⁸Yahweh is merciful and gracious;
he is patient; he has great covenant loyalty.

⁹He will not always discipline;
he is not always angry.

¹⁰He does not deal with us as our sins deserve
or repay us for what our sins demand.

¹¹For as the skies are high above the earth,
so great is his covenant faithfulness toward those who honor him.

¹²As far as the east is from the west,
this is how far he has removed the guilt of our sins from us.

¹³As a father has compassion on his children,
so Yahweh has compassion on those who honor him.

¹⁴For he knows how we are formed;
he knows that we are dust.

¹⁵As for man, his days are like grass;
he flourishes like a flower in a field.

¹⁶The wind blows over it, and it disappears,
and no one can even tell where it once grew.

¹⁷But the covenant faithfulness of Yahweh is from everlasting to everlasting on those who honor him.
His righteousness extends to their descendants.

¹⁸They keep his covenant
and remember to obey his instructions.

¹⁹Yahweh has established his throne in the heavens,
and his kingdom rules over everyone.

²⁰Give praise to Yahweh, you his angels,
you mighty ones who are strong and do his word,
and obey the sound of his word.

²¹Give praise to Yahweh, all his hosts,
you are his servants who carry out his will.

²²Give praise to Yahweh, all his creatures,
in all the places where he reigns.

I will give praise to Yahweh with all my life.

Psalm 104

¹I give praise to Yahweh with all my life,
Yahweh my God, you are very magnificent;
you are clothed with splendor and majesty.

²You cover yourself with light as with a garment;
you spread out the heavens like a tent curtain.

³You lay the beams of your chambers on the clouds;
you make the clouds your chariot;
you walk on the wings of the wind.

⁴He makes the winds his messengers,
flames of fire his servants.

⁵He laid the foundations of the earth,
and it will never be moved.

⁶You covered the earth with water like a garment;
the water covered the mountains.

⁷Your rebuke made the waters recede;
at the sound of your thunderous voice they fled.

⁸The mountains rose, and the valleys spread out
into the places that you had appointed for them.

⁹You have set a boundary for them that they will not cross;
they will not cover the earth again.

¹⁰He made springs flow into the valleys;
the streams flow between the mountains.

¹¹They supply water for all the animals of the field;
the wild donkeys quench their thirst.

¹²By the riverbanks the birds build their nests;
they sing among the branches.

¹³He waters the mountains from his water chambers in the sky.
The earth is filled with the fruit of his labor.

¹⁴He makes the grass grow for the cattle

and plants for man to cultivate
so that man may produce food from the earth.

15He makes wine to make man happy,
oil to make his face shine,
and food to sustain his life.

16The trees of Yahweh get plenty of rain;
the cedars of Lebanon which he planted.

17There the birds make their nests.
The stork makes the cypress tree her home.

18The wild goats live on the high mountains;
the mountain heights are a refuge for the hyraxes.

19He appointed the moon to mark the seasons;
the sun knows its time for setting.

20You make the darkness of the night
when all the beasts of the forest come out.

21The young lions roar for their prey
and seek their food from God.

22When the sun rises, they retreat
and sleep in their dens.

23Meanwhile, people go out to their work
and labor away until the evening.

24Yahweh, how many and varied are your works!
With wisdom you made them all;
the earth overflows with your works.

25Over there is the sea, deep and wide,
teeming with innumerable creatures,
both small and great.

26The ships travel there,
and Leviathan is also there, which you formed to play in the sea.

27All these look to you to give them
their food on time.

²⁸When you give to them, they gather;
when you open your hand, they are satisfied.

²⁹When you hide your face, they are troubled;
if you take away their breath, they die
and return to dust.

³⁰When you send out your Spirit, they are created,
and you renew the countryside.

³¹May the glory of Yahweh last forever;
may Yahweh enjoy his creation.

³²He looks down on the earth, and it shakes;
he touches the mountains, and they smoke.

³³I will sing to Yahweh all my life;
I will sing praise to my God as long as I live.

³⁴May my thoughts be sweet to him;
I will rejoice in Yahweh.

³⁵May sinners vanish from the earth,
and let the wicked be no more.
I give praise to Yahweh with all my life.
Praise Yahweh.

Psalm 105

¹Give thanks to Yahweh, call on his name;
make known his deeds among the nations.

²Sing to him, sing praises to him;
speak of all his marvelous deeds.

³Boast in his holy name;
let the heart of those who seek Yahweh rejoice.

⁴Seek Yahweh and his strength;
seek his presence continually.

⁵Recall the marvelous things he has done,
his miracles and the decrees from his mouth,

⁶you descendants of Abraham his servant,
you people of Jacob, his chosen ones.

⁷He is Yahweh, our God.

His decrees are on all the earth.

⁸He keeps in mind his covenant forever,
the word that he commanded for a thousand generations.

⁹He calls to mind the covenant that he made with Abraham
and his oath to Isaac.

¹⁰This is what he confirmed to Jacob as a statute
and to Israel as an everlasting covenant.

¹¹He said, "I will give you the land of Canaan
as your share of your inheritance."

¹²He said this when they were only few in number,
so very few, and were strangers in the land.

¹³They went from nation to nation
and from one kingdom to another.

¹⁴He did not allow anyone to oppress them;
he rebuked kings for their sakes.

¹⁵He said, "Do not touch my anointed ones,
and do not harm my prophets."

¹⁶He called for a famine on the land;
he cut off the whole supply of bread.

¹⁷He sent a man ahead of them;
Joseph was sold as a servant.

¹⁸His feet were bound by shackles;
on his neck was put an iron collar,

¹⁹until what he had said came to pass.
The word of Yahweh tested him.

²⁰The king sent servants to release him;
the ruler of the people set him free.

²¹He put him in charge of his house

as ruler of all his possessions

²²to instruct his princes as he wished

and to teach his elders wisdom.

²³Then Israel came into Egypt,

and Jacob lived for a time in the land of Ham.

²⁴Yahweh made his people fruitful,

and made them stronger than their enemies.

²⁵He caused their enemies to hate his people,

to mistreat his servants.

²⁶He sent Moses, his servant,

and Aaron, whom he had chosen.

²⁷They performed his signs among the Egyptians,

his wonders in the land of Ham.

²⁸He sent darkness and made that land dark,

but its people did not obey his commands.

²⁹He turned their water into blood

and killed their fish.

³⁰Their land swarmed with frogs,

even in the rooms of their rulers.

³¹He spoke, and swarms of flies and gnats came

throughout their country.

³²He turned their rain into hail,

with fire flaming on their land.

³³He destroyed their vines and fig trees;

he broke the trees of their country.

³⁴He spoke, and the locusts came,

so many locusts.

³⁵The locusts ate up all of the vegetation in their land;

They ate up all the crops of the ground.

³⁶He killed every firstborn in their land,

the firstfruits of all their strength.

³⁷He brought the Israelites out with silver and gold;

none of his tribes stumbled on the way.

³⁸Egypt was glad when they went away,

for the Egyptians were afraid of them.

³⁹He spread a cloud for a covering

and made a fire to light up the night.

⁴⁰The Israelites asked for food, and he brought quail

and satisfied them with bread from heaven.

⁴¹He split the rock, and waters gushed from it;

they flowed in the wilderness like a river.

⁴²For he called to mind his holy promise

that he made to Abraham his servant.

⁴³He led his people out with joy,

his chosen with shouts of triumph.

⁴⁴He gave them the lands of the nations;

they took possession of the wealth of the peoples

⁴⁵so that they might keep his statutes

and obey his laws.

Praise Yahweh.

Psalm 106

¹Praise Yahweh.

Give thanks to Yahweh, for he is good,

for his covenant faithfulness endures forever.

²Who can recount the mighty acts of Yahweh

or proclaim in full all his praiseworthy deeds?

³Blessed are those who do what is right,

and whose deeds are always just.

⁴Call me to mind, Yahweh, when you show favor to your people;

help me when you save them.

⁵Then I will see the prosperity of your chosen,

rejoice in the gladness of your nation,
and glory with your inheritance.

⁶We have sinned like our ancestors;
we have done wrong, and we have done evil.

⁷Our fathers did not appreciate your marvelous deeds in Egypt;
they ignored your many acts of covenant faithfulness;
they were rebellious at the sea, the Sea of Reeds.

⁸Nevertheless, he saved them for his name's sake
so that he might reveal his power.

⁹He rebuked the Sea of Reeds, and it dried up.
Then he led them through the depths, as through a wilderness.

¹⁰He saved them from the hand of those who hated them,
and he rescued them from the hand of the enemy.

¹¹But the waters covered their adversaries;
not one of them survived.

¹²Then they believed his words,
and they sang his praise.

¹³But they quickly forgot what he had done;
they did not wait for his instructions.

¹⁴They had insatiable cravings in the wilderness,
and they challenged God in the desert.

¹⁵So he gave them what they requested,
but he sent a horrible disease upon them.

¹⁶In the camp they became jealous of Moses
and Aaron, the holy priest of Yahweh.

¹⁷The earth opened and swallowed up Dathan
and covered the followers of Abiram.

¹⁸Fire broke out among them;
the fire consumed the wicked.

¹⁹They made a calf at Horeb
and worshiped a cast metal figure.

²⁰They traded the glory of God
for the image of a bull that eats grass.

²¹They forgot God their Savior,
who had done great deeds in Egypt.

²²He had done wonderful things in the land of Ham
and mighty acts at the Sea of Reeds.

²³So he said he would destroy them—
had not Moses, his chosen one, stood in the breach before him,
to turn away his anger from destroying them.

²⁴Then they despised the fruitful land;
they did not believe his promise,

²⁵but grumbled in their tents,
and did not obey Yahweh.

²⁶Therefore he raised his hand and swore to them
that he would let them die in the desert,

²⁷scatter their descendants among the nations,
and scatter them in foreign lands.

²⁸They worshiped the Baal of Peor
and ate the sacrifices offered to the dead.

²⁹They provoked him to anger with their actions,
and a plague broke out among them.

³⁰Then Phinehas rose to intervene,
and the plague subsided.

³¹It was counted to him as a righteous deed
to all generations forever.

³²They also angered Yahweh at the waters of Meribah,
and Moses suffered because of them.

³³They made Moses bitter,
and he spoke rashly.

³⁴They did not destroy the nations
as Yahweh had commanded them,

35but they mingled with the nations
and learned their ways
36and worshiped their idols,
which became a snare to them.
37They sacrificed their sons and their daughters to demons.
38They shed innocent blood,
the blood of their sons and of their daughters,
whom they sacrificed to the idols of Canaan,
desecrating the land with blood.
39They were defiled by their deeds;
in their actions they were like prostitutes.
40So Yahweh was angry with his people,
and he despised his own people.
41He gave them into the hand of the nations,
and those who hated them ruled over them.
42Their enemies oppressed them,
and they were brought into subjection to their authority.
43Many times he came to help them,
but they kept rebelling
and were brought low by their own sin.
44Nevertheless, he paid attention to their distress
when he heard their cry for help.
45He called to mind his covenant with them
and relented because of his steadfast love.
46He caused all their conquerers
to have pity on them.
47Save us, Yahweh, our God.
Gather us from among the nations
so that we may give thanks to your holy name
and glory in your praises.
48May Yahweh, the God of Israel, be praised

from everlasting to everlasting.

All the people said, "Amen."

Praise Yahweh.

Book Five

Psalm 107

¹Give thanks to Yahweh, for he is good,
and his covenant faithfulness endures forever.

²Let the redeemed of Yahweh speak out,
those he has rescued from the hand of the enemy.

³He has gathered them out of foreign lands,
from the east and from the west,
from the north and from the south.

⁴They wandered in the wilderness on a desert road
and found no city in which to live.

⁵Because they were hungry and thirsty,
they fainted from exhaustion.

⁶Then they called out to Yahweh in their trouble,
and he rescued them out of their distress.

⁷He led them by a direct path
so that they would go to a city to live in.

⁸Oh that people would praise Yahweh for his covenant faithfulness
and for the amazing things he has done for humanity!

⁹For he satisfies the longings of those who are thirsty,
and the desires of those who are hungry he fills up with good things.

¹⁰Some sat in darkness and in gloom,
prisoners in affliction and chains.

¹¹This was because they had rebelled against God's word
and rejected the instruction of the Most High.

¹²He humbled their hearts through hardship;

they stumbled and there was no one to help them up.

¹³Then they called out to Yahweh in their trouble,
and he brought them out of their distress.

¹⁴He brought them out of darkness and gloom
and broke their bonds.

¹⁵Oh that people would praise Yahweh for his covenant faithfulness
and for the amazing things he has done for humanity!

¹⁶For he has broken the gates of bronze
and cut through the bars of iron.

¹⁷They were foolish in their rebellious ways
and afflicted because of their sins.

¹⁸They lost their desire to eat any food,
and they came close to the gates of death.

¹⁹Then they called out to Yahweh in their trouble,
and he brought them out of their distress.

²⁰He sent his word and healed them,
and he rescued them from their destruction.

²¹Oh that people would praise Yahweh for his covenant faithfulness
and for the amazing things he has done for humanity!

²²Let them offer the sacrifices of thanksgiving
and proclaim his deeds in singing.

²³Some travel on the sea in ships
and do business overseas.

²⁴These saw the deeds of Yahweh
and his wonders on the seas.

²⁵For he commanded and aroused the windstorm
that stirs up the seas.

²⁶They reached up to the sky; they went down to the depths.
Their lives melted away in distress.

²⁷They swayed and staggered like drunkards
and were at their wits' end.

²⁸Then they called out to Yahweh in their trouble,
and he brought them out of their distress.

²⁹He calmed the storm,
and the waves were stilled.

³⁰Then they rejoiced because the sea was calm,
and he brought them to their desired harbor.

³¹Oh that people would praise Yahweh for his covenant faithfulness
and for the amazing things he has done for humanity!

³²Let them exalt him in the assembly of the people
and praise him in the council of the elders.

³³He turns rivers into a wilderness,
springs of water into dry land,

³⁴and a fruitful land into a barren place
because of the wickedness of its people.

³⁵He turns the wilderness into a pool of water
and dry land into springs of water.

³⁶He settles the hungry there,
and they build a city to live in.

³⁷They build a city to plant fields in, to plant vineyards,
and to bring in an abundant harvest.

³⁸He blesses them so they are very numerous.
He does not let their cattle decrease in number.

³⁹They were diminished and brought low
by painful distress and suffering.

⁴⁰He pours contempt on the leaders
and causes them to wander in the wilderness, where there are no roads.

⁴¹But he protects the needy from affliction
and cares for his families like a flock.

⁴²The upright will see this and rejoice,
and all wickedness shuts its mouth.

⁴³Whoever is wise should take note of these things

and meditate on Yahweh's acts of covenant faithfulness.

Psalm 108

A song, a psalm of David.

¹My heart is fixed, God;

I will sing, yes, I will sing praises also with my honored heart.

²Wake up, lute and harp;

I will wake up the dawn.

³I will give thanks to you, Yahweh, among the peoples;

I will sing praises to you among the nations.

⁴For your covenant faithfulness is great above the heavens;

and your trustworthiness reaches to the skies.

⁵Be exalted, God, above the heavens,

and may your glory be exalted over all the earth.

⁶So that those you love may be rescued,

rescue us with your right hand and answer me.

⁷God has spoken in his holiness; "I will rejoice;

I will divide Shechem and apportion out the Valley of Succoth.

⁸Gilead is mine, and Manasseh is mine;

Ephraim also is my helmet;

Judah is my scepter.

⁹Moab is my washbasin;

over Edom I will throw my shoe;

I will shout in triumph because of Philistia.

¹⁰Who will bring me into the strong city?

Who will lead me to Edom?"

¹¹God, have you not rejected us?

You do not go into battle with our army.

¹²Give us help against the enemy,

for man's help is futile.

¹³We will triumph with God's help;

he will trample down our enemies.

Psalm 109

For the chief musician. A psalm of David.

¹God whom I praise, do not be silent,

²For the wicked and deceitful attack me;
they speak lies against me.

³They surround me and say hateful things,
and they attack me without cause.

⁴In return for my love they accuse me,
but I pray for them.

⁵They repay me evil for good,
and they hate my love.

⁶Appoint a wicked man over such an enemy as these people;
appoint an accuser to stand at his right hand.

⁷When he is judged, may he be found guilty;
may his prayer be considered sinful.

⁸May his days be few;
may another take his office.

⁹May his children be fatherless,
and may his wife be a widow.

¹⁰May his children wander about and beg,
asking for handouts as they leave their ruined home.

¹¹May the creditor take all he owns;
may strangers plunder what he earns.

¹²May no one extend any kindness to him;
may no one have pity on his fatherless children.

¹³May his children be cut off;
may their name be blotted out in the next generation.

¹⁴May his ancestors' sins be mentioned to Yahweh;
and may the sin of his mother not be forgotten.

15 May their guilt always be before Yahweh;
may Yahweh cut off their memory from the earth.

16 May Yahweh do this because this man never bothered to show any covenant faithfulness,
but instead harassed the oppressed, the needy,
and the disheartened to death.

17 He loved cursing; may it come back upon him.
He hated blessing; may no blessing come to him.

18 He clothed himself with cursing as his garment,
and his curse came into his inner being like water,
like oil into his bones.

19 May his curses be to him like the clothes he wears to cover himself,
like the belt he always wears.

20 May this be the reward of my accusers from Yahweh,
of those who say evil things about me.

21 Yahweh my Lord, deal kindly with me for your name's sake.
Because your covenant faithfulness is good, save me.

22 For I am oppressed and needy,
and my heart is wounded within me.

23 I am fading away like the shadow of the evening;
I am shaken off like a locust.

24 My knees are weak from fasting;
I am turning to skin and bones.

25 I am disdained by my accusers;
when they see me, they shake their heads.

26 Help me, Yahweh my God;
save me by your covenant faithfulness.

27 May they know that this is your doing,
that you, Yahweh, have done this.

28 Though they curse me, please bless me;
when they attack, may they be put to shame,
but may your servant rejoice.

²⁹May my adversaries be clothed with shame;
may they wear their shame like a robe.

³⁰With my mouth I give great thanks to Yahweh;
I will praise him in the midst of a crowd.

³¹For he will stand at the right hand of the one who is needy,
to save him from those who judge him.

Psalm 110

A psalm of David.

¹Yahweh says to my master, "Sit at my right hand
until I make your enemies your footstool."

²Yahweh will hold out the scepter of your strength from Zion;
rule among your enemies.

³Your people will follow you in holy garments
of their own free will on the day of your power;
from the womb of the dawn your youth will be to you like the dew.

⁴Yahweh has sworn, and will not change:
"You are a priest forever,
after the manner of Melchizedek."

⁵The Lord is at your right hand.
He will kill kings on the day of his anger.

⁶He will judge the nations;
he will fill the battlegrounds with dead bodies;
he will kill the leaders in many countries.

⁷He will drink of the brook along the road,
and then he will lift his head up high after victory.

Psalm 111

¹Praise Yahweh.

I will give thanks to Yahweh with my whole heart
in the assembly of the upright, in their gathering.

²The works of Yahweh are great,
eagerly awaited by all those who desire them.

³His work is majestic and glorious,
and his righteousness endures forever.

⁴He does wonderful things that will be remembered;
Yahweh is gracious and merciful.

⁵He gives food to his faithful followers.
He will always call to mind his covenant.

⁶He showed his powerful works to his people
in giving them the inheritance of the nations.

⁷The works of his hands are trustworthy and just;
all his instructions are reliable.

⁸They are established forever,
to be observed faithfully and properly.

⁹He gave victory to his people;
he ordained his covenant forever;
holy and awesome is his name.

¹⁰To honor Yahweh is the beginning of wisdom;
those who carry out his instructions have good understanding.
His praise endures forever.

Psalm 112

¹Praise Yahweh.
Blessed is the man who fears Yahweh,
who greatly delights in his commandments.

²His descendants will be powerful on earth;
the descendants of the godly man will be blessed.

³Wealth and riches are in his house;
his righteousness will endure forever.

⁴Light shines in the darkness for the godly person;
he is gracious, merciful, and just.

⁵It goes well for the man who deals graciously and lends money,
who conducts his affairs with honesty.

⁶For he will never be moved;
the righteous person will be remembered forever.

⁷He does not fear bad news;
he is confident, trusting in Yahweh.

⁸His heart is tranquil, without fear,
until he looks in triumph over his adversaries.

⁹He generously gives to the poor;
his righteousness endures forever;
he will be exalted with honor.

¹⁰The wicked person will see this and be angry;
he will grind his teeth in rage and he will melt away;
the desire of the wicked people will perish.

Psalm 113

¹Praise Yahweh.
Praise him, you servants of Yahweh;
praise the name of Yahweh.

²Blessed be the name of Yahweh,
both now and forevermore.

³From the rising of the sun to its setting,
Yahweh's name should be praised.

⁴Yahweh is exalted above all nations,
and his glory reaches above the skies.

⁵Who is like Yahweh our God,
who has his seat on high,

⁶who looks down
at the sky and at the earth?

⁷He raises up the poor out of the dirt
and lifts up the needy from the ash heap,

⁸so that he may seat him with princes,
with the princes of his people.

⁹He gives a home to the barren woman of the house,
he makes her a joyful mother of children.

Praise Yahweh!

Psalm 114

¹When Israel left Egypt,
the house of Jacob from a people who spoke a foreign language,

²Judah became his holy place,
Israel his kingdom.

³The sea looked and fled;
the Jordan turned back.

⁴The mountains skipped like rams,
the hills skipped like lambs.

⁵Why did you flee, sea?
Jordan, why did you turn back?

⁶Mountains, why did you skip like rams?
You little hills, why did you skip like lambs?

⁷Tremble, earth, before the Lord,
at the presence of the God of Jacob.

⁸He turned the rock into a pool of water,
the hard rock into a spring of water.

Psalm 115

¹Not to us, Yahweh, not to us,
but to your name bring honor,
for your covenant faithfulness and for your trustworthiness.

²Why should the nations say,
"Where is their God?"

³Our God is in heaven;

he does whatever he pleases.

⁴The nations' idols are silver and gold,
the work of men's hands.

⁵Those idols have mouths, but they do not speak;
they have eyes, but they do not see;

⁶they have ears, but they do not hear;
they have noses, but they do not smell.

⁷Those idols have hands, but do not feel;
they have feet, but they cannot walk;
nor do they speak from their mouths.

⁸Those who make them are like them,
as is everyone who trusts in them.

⁹Israel, trust in Yahweh;
he is your help and shield.

¹⁰House of Aaron, trust in Yahweh;
he is your help and shield.

¹¹You who honor Yahweh, trust in him;
he is your help and shield.

¹²Yahweh takes notice of us and will bless us;
he will bless the family of Israel;
he will bless the family of Aaron.

¹³He will bless those who honor him,
both young and old.

¹⁴May Yahweh increase your numbers more and more,
yours and your descendants'.

¹⁵May you be blessed by Yahweh,
who made heaven and earth.

¹⁶The heavens belong to Yahweh;
but the earth he has given to mankind.

¹⁷The dead do not praise Yahweh,
nor do any who go down into silence;

¹⁸But we will bless Yahweh
now and forevermore.
Praise Yahweh.

Psalm 116

¹I love Yahweh because he hears
my voice and my pleas for mercy.

²Because he listened to me,
I will call on him as long as I live.

³The cords of death surrounded me,
and the snares of Sheol confronted me;
I felt anguish and sorrow.

⁴Then I called on the name of Yahweh:
"Please Yahweh, rescue my life."

⁵Yahweh is merciful and fair;
our God is compassionate.

⁶Yahweh protects the naive;
I was brought low, and he saved me.

⁷My soul can return to its resting place,
for Yahweh has been good to me.

⁸For you rescued my life from death,
my eyes from tears,
and my feet from stumbling.

⁹I will serve Yahweh
in the land of the living.

¹⁰I believed in him, even when I said,
"I am greatly afflicted."

¹¹In my confusion I said,
"All men are liars."

¹²How can I repay Yahweh
for all his kindnesses to me?

¹³I will raise the cup of salvation,
and call on the name of Yahweh.

¹⁴I will fulfill my vows to Yahweh
in the presence of all his people.

¹⁵Precious in the sight of Yahweh
is the death of his faithful ones.

¹⁶Yahweh, indeed, I am your servant;
I am your servant, the son of your servant woman;
you have taken away my bonds.

¹⁷I will offer to you the sacrifice of thanksgiving
and will call on the name of Yahweh.

¹⁸I will fulfill my vows to Yahweh
in the presence of all his people,

¹⁹in the courts of Yahweh's house,
in your midst, Jerusalem.

Praise Yahweh.

Psalm 117

¹Praise Yahweh, all you nations;
exalt him, all you peoples.

²For his covenant faithfulness is great toward us,
and the trustworthiness of Yahweh endures forever.

Praise Yahweh.

Psalm 118

¹Give thanks to Yahweh, for he is good,
for his covenant faithfulness endures forever.

²Let Israel say,
"His covenant faithfulness endures forever."

³Let the house of Aaron say,
"His covenant faithfulness endures forever."

⁴Let the loyal followers of Yahweh say,
"His covenant faithfulness endures for ever."

⁵In my distress I called out to Yahweh;
Yahweh answered me and set me free.

⁶Yahweh is with me; I will not be afraid;
what can man do to me?

⁷Yahweh is on my side as my helper;
I will look in triumph on those who hate me.

⁸It is better to take shelter in Yahweh
than to put confidence in man.

⁹It is better to take refuge in Yahweh
than to put one's trust in a prince.

¹⁰All the nations surrounded me;
in Yahweh's name I cut them off.

¹¹They surrounded me; yes, they surrounded me;
in Yahweh's name I cut them off.

¹²They surrounded me like bees;
they disappeared as quickly as fire among thorns;
in Yahweh's name I cut them off.

¹³They attacked me to knock me down,
but Yahweh helped me.

¹⁴Yahweh is my strength and joy,
and he is the one who rescues me.

¹⁵The joyful shout of victory is heard in the tents of the righteous;
the right hand of Yahweh conquers.

¹⁶The right hand of Yahweh is exalted;
the right hand of Yahweh conquers.

¹⁷I will not die, but live
and declare the deeds of Yahweh.

¹⁸Yahweh has punished me harshly;
but he has not handed me over to death.

¹⁹Open to me the gates of righteousness;
I will enter them and I will give thanks to Yahweh.

²⁰This is the gate of Yahweh;
the righteous enter through it.

²¹I will give thanks to you, for you answered me,
and you have become my salvation.

²²The stone that the builders rejected
has become the cornerstone.

²³This is Yahweh's doing;
it is marvelous in our eyes.

²⁴This is the day on which Yahweh has acted;
we will rejoice and be glad in it.

²⁵Please, Yahweh, give us victory!
Please, Yahweh, give us success!

²⁶Blessed is he who comes in the name of Yahweh;
we bless you from the house of Yahweh.

²⁷Yahweh is God, and he has given us light;
bind the sacrifice with cords to the horns of the altar.

²⁸You are my God, and I will give thanks to you;
you are my God; I will exalt you.

²⁹Oh, give thanks to Yahweh; for he is good;
for his covenant faithfulness endures forever.

Psalm 119

ALEPH

¹Blessed are those whose ways are blameless,
who walk in the law of Yahweh.

²Blessed are they who keep his solemn commands,
who seek him with all their heart.

³They do no wrong;
they walk in his ways.

⁴You have commanded us to keep your instructions
so that we should carefully observe them.

⁵Oh, that I would be firmly established
in the observance of your statutes!

⁶Then I would not be put to shame
when I think of all your commandments.

⁷I will give thanks to you with an upright heart
when I learn your righteous decrees.

⁸I will observe your statutes;
do not leave me alone.

BETH

⁹How can a young person keep his path pure?
By obeying your word.

¹⁰With my whole heart I seek you;
Do not let me stray from your commandments.

¹¹I have stored up your word in my heart
so that I might not sin against you.

¹²Blessed you are, Yahweh;
teach me your statutes.

¹³With my mouth I have declared
all the righteous decrees that you have revealed.

¹⁴I rejoice in the way of your covenant decrees
more than in all riches.

¹⁵I will meditate on your instructions
and pay attention to your ways.

¹⁶I delight in your statutes;
I will not forget your word.

GIMEL

¹⁷Be kind to your servant so that I may live
and keep your word.

¹⁸Open my eyes so that I may see

marvelous things in your law.

¹⁹I am a foreigner in the land;

do not hide your commandments from me.

²⁰My desires are crushed by the longing to know

your righteous decrees at all times.

²¹You rebuke the proud, who are cursed,

who wander from your commandments.

²²Spare me from disgrace and humiliation,

for I have obeyed your covenant decrees.

²³Though rulers plot and slander me,

your servant meditates on your statutes.

²⁴Your covenant decrees are my delight,

and they are my counselors.

DALETH

²⁵My life clings to the dust!

Give me life by your word.

²⁶I told you my ways, and you answered me;

teach me your statutes.

²⁷Make me understand the ways of your instructions,

so that I can meditate on your wondrous teachings.

²⁸I am overwhelmed with grief!

Strengthen me by your word.

²⁹Turn from me the path of deceit;

graciously teach me your law.

³⁰I have chosen the way of faithfulness;

I have always kept your righteous decrees before me.

³¹I cling to your covenant decrees;

Yahweh, do not let me be shamed.

³²I will run in the path of your commandments,

for you enlarge my heart to do so.

HE

³³Teach me, Yahweh, the way of your statutes,
and I will keep them to the end.

³⁴Give me understanding, and I will keep your law;
I will observe it with all my heart.

³⁵Guide me in the path of your commandments,
for I delight to walk in it.

³⁶Direct my heart toward your covenant decrees
and away from unrighteous gain.

³⁷Turn my eyes from looking at worthless things;
revive me in your ways.

³⁸Carry out for your servant your promise
that you made to those who honor you.

³⁹Take away the insults I dread,
for your righteous judgments are good.

⁴⁰See, I have longed for your instructions;
revive me in your righteousness.

VAV

⁴¹Yahweh, give me your unfailing love—
your salvation, according to your promise;

⁴²then I will have a reply for the one who mocks me,
for I trust in your word.

⁴³Do not take the word of truth from my mouth,
for my hope is in your righteous decrees.

⁴⁴I will observe your law continually,
forever and ever.

⁴⁵I will walk securely,
for I seek your instructions.

⁴⁶I will speak of your solemn commands before kings
and will not be ashamed.

⁴⁷I delight in your commandments,
which I love dearly.

⁴⁸I will lift up my hands to your commandments, which I love;
I will meditate on your statutes.

ZAYIN

⁴⁹Call to mind your promise to your servant
because you have given me hope.

⁵⁰This is my comfort in my affliction:
that your promise has kept me alive.

⁵¹The proud have scoffed at me,
yet I have not turned away from your law.

⁵²I have thought about your righteous decrees from ancient times, Yahweh,
and I comfort myself.

⁵³Hot anger has taken hold of me
because of the wicked who reject your law.

⁵⁴Your statutes have been my songs
in the house where I temporarily live.

⁵⁵I think about your name during the night, Yahweh,
and I keep your law.

⁵⁶This has been my practice
because I have observed your instructions.

HETH

⁵⁷Yahweh is my portion;
I have determined to observe your words.

⁵⁸I earnestly request your favor with my whole heart;
be merciful to me, as your word promised.

⁵⁹I examined my ways
and turned my feet to your covenant decrees.

⁶⁰I hurry and do not delay
to keep your commandments.

⁶¹The cords of the wicked have ensnared me;
I have not forgotten your law.

⁶²At midnight I rise to give thanks to you

because of your righteous decrees.

⁶³I am a companion of all who honor you,
to all who observe your instructions.

⁶⁴The earth, Yahweh, is full of your covenant faithfulness;
teach me your statutes.

TETH

⁶⁵You have done good to your servant,
Yahweh, by means of your word.

⁶⁶Teach me proper discernment and understanding,
for I have believed in your commandments.

⁶⁷Before I was afflicted I went astray,
but now I observe your word.

⁶⁸You are good, and you are one who does good;
teach me your statutes.

⁶⁹The arrogant have smeared me with lies,
but I keep your instructions with my whole heart.

⁷⁰Their hearts are hardened,
but I delight in your law.

⁷¹It is good for me that I have suffered
so that I would learn your statutes.

⁷²Instruction from your mouth is more precious to me
than thousands of pieces of gold and silver.

YOD

⁷³Your hands have made and fashioned me;
give me understanding so that I may learn your commandments.

⁷⁴Those who honor you will be glad when they see me
because I find hope in your word.

⁷⁵I know, Yahweh, that your decrees are just,
and that in faithfulness you afflicted me.

⁷⁶Let your covenant faithfulness comfort me,
as you promised your servant.

77Show me compassion so that I may live,
for your law is my delight.

78Let the proud be put to shame,
for they have slandered me;
but I will meditate on your instructions.

79May those who honor you turn to me,
those who know your covenant decrees.

80May my heart be blameless with respect to your statutes
so that I may not be put to shame.

KAPH

81I faint with longing that you might rescue me!
I hope in your word.

82My eyes long to see your promise;
when will you comfort me?

83For I have become like a wineskin in the smoke;
I do not forget your statutes.

84How long must your servant endure this;
when will you judge those who persecute me?

85The proud have dug pits for me,
defying your law.

86All your commandments are reliable;
those people persecute me wrongfully; help me.

87They have almost made an end to me on earth,
but I do not reject your instructions.

88By your steadfast love, keep me alive,
so that I may obey your commands.

LAMEDH

89Yahweh, your word stands forever;
your word is established firmly in heaven.

90Your faithfulness lasts for all generations;
you have established the earth, and it remains.

⁹¹All things continue to this day, just as you said in your righteous decrees,
for all things are your servants.

⁹²If your law had not been my delight,
I would have perished in my affliction.

⁹³I will never forget your instructions,
for through them you have kept me alive.

⁹⁴I am yours; save me,
for I seek your instructions.

⁹⁵The wicked prepare to destroy me,
but I will seek to understand your covenant decrees.

⁹⁶I have seen that everything has its limits,
but your commandments are broad, beyond limits.

MEM

⁹⁷Oh how I love your law!
It is my meditation all day long.

⁹⁸Your commandments make me wiser than my enemies,
for your commandments are always with me.

⁹⁹I have more understanding than all my teachers,
for I meditate on your covenant decrees.

¹⁰⁰I understand more than those older than I am;
this is because I have kept your instructions.

¹⁰¹I have kept my feet back from every evil path
so that I might observe your word.

¹⁰²I have not turned aside from your righteous decrees,
for you have instructed me.

¹⁰³How sweet are your words to my taste,
yes, sweeter than honey to my mouth!

¹⁰⁴Through your instructions I gain discernment;
therefore I hate every false way.

NUN

¹⁰⁵Your word is a lamp to my feet

and a light for my path.

106I have sworn and have confirmed it,
that I will observe your righteous decrees.

107I am very afflicted;
keep me alive, Yahweh, as you have promised in your word.

108Yahweh, please accept the freewill offerings of my mouth,
and teach me your righteous decrees.

109My life is always in my hand,
yet I do not forget your law.

110The wicked have set a snare for me,
but I have not strayed from your instructions.

111I claim your covenant decrees as my heritage forever,
for they are the joy of my heart.

112My heart is set on obeying your statutes
forever to the very end.

SAMEKH

113I hate those who have a double mind,
but I love your law.

114You are my hiding place and my shield;
I hope in your word.

115Get away from me, you evil doers,
so that I may observe the commandments of my God.

116Sustain me by your word so that I may live
and not be ashamed of my hope.

117Support me, and I will be safe;
I will always meditate on your statutes.

118You reject all those who stray from your statutes,
for those people are deceptive and unreliable.

119You remove all the wicked of the earth like slag;
therefore I love your solemn commands.

120My body trembles in fear of you,

and I am afraid of your righteous decrees.

AYIN

121I do what is just and right;

do not abandon me to my oppressors.

122Guarantee the welfare of your servant;

do not let the proud oppress me.

123My eyes grow tired as I wait for your salvation

and for your righteous word.

124Show your servant your covenant faithfulness,

and teach me your statutes.

125I am your servant; give me understanding

so that I may know your covenant decrees.

126It is time for Yahweh to act,

for people have broken your law.

127Truly I love your commandments

more than gold, more than fine gold.

128Therefore I carefully follow all your instructions,

and I hate every path of falsehood.

PE

129Your rules are wonderful,

that is why I obey them.

130The unfolding of your words gives light;

it gives understanding to the untrained.

131I open my mouth and pant,

for I long for your commandments.

132Turn to me and have mercy on me,

as you always do for those who love your name.

133Direct my footsteps by your word;

do not let any sin rule me.

134Redeem me from human oppression

so that I may observe your instructions.

135 Let your face shine on your servant,
and teach me your statutes.

136 Streams of tears run down from my eyes
because people do not observe your law.

TSADHE

137 You are righteous, Yahweh,
and your decrees are fair.

138 You have given your covenant decrees righteously
and faithfully.

139 Anger has destroyed me
because my adversaries forget your words.

140 Your word has been tested very much,
and your servant loves it.

141 I am insignificant and despised,
yet I do not forget your instructions.

142 Your justice is forever right,
and your law is trustworthy.

143 Though distress and anguish have found me,
your commandments are still my delight.

144 Your covenant decrees are righteous forever;
give me understanding that I may live.

QOPH

145 I cried out with my whole heart, "Answer me, Yahweh,
I will keep your statutes.

146 I call to you; save me,
and I will observe your covenant decrees."

147 I rise before the dawn of the morning and cry for help.
I hope in your words.

148 My eyes are open before the night watches change
so that I might meditate on your word.

149 Hear my voice in your covenant faithfulness;

keep me alive, Yahweh, as you have promised in your righteous decrees.

150 Those who are persecuting me are coming closer to me,
but they are far from your law.

151 You are near, Yahweh,
and all your commandments are trustworthy.

152 Long ago I learned from your covenant decrees
that you had set them in place forever.

RESH

153 Look on my affliction and help me,
for I do not forget your law.

154 Plead my cause and redeem me;
keep me, as you have promised in your word.

155 Salvation is far from the wicked,
for they do not love your statutes.

156 Great are your merciful actions, Yahweh;
keep me alive, as you always do.

157 My persecutors and my foes are many,
yet I have not turned from your covenant decrees.

158 I view the treacherous with disgust
because they do not keep your word.

159 See how I love your instructions;
keep me alive, Yahweh, as you have promised by your covenant faithfulness.

160 The essence of your word is truth;
every one of your righteous decrees lasts forever.

SHIN

161 Princes persecute me without cause,
but my heart stands in awe of your word.

162 I rejoice at your word
like one who finds great plunder.

163 I hate and despise falsehood,
but I love your law.

164Seven times a day I praise you

because of your righteous decrees.

165Great peace they have, those who love your law;

nothing makes them stumble.

166I hope for your salvation, Yahweh,

and I obey your commandments.

167I observe your solemn commands,

and I love them greatly.

168I keep your instructions and your solemn commands,

for you are aware of everything I do.

TAV

169Listen to my cry for help, Yahweh;

give me understanding into your word.

170May my plea come before you;

help me, as you have promised in your word.

171May my lips pour out praise,

for you teach me your statutes.

172Let my tongue sing about your word,

for all your commandments are right.

173May your hand help me,

for I have chosen your instructions.

174I long for your rescue, Yahweh,

and your law is my delight.

175May I live and praise you,

and may your righteous decrees help me.

176I have wandered off like a lost sheep;

seek your servant,

for I have not forgotten your commandments.

Psalm 120

A song of ascents.

¹In my distress I called out to Yahweh,
and he answered me.
²Rescue my life, Yahweh, from those who lie with their lips
and deceive with their tongues.
³How will he punish you, and what more will he do to you,
you who have a lying tongue?
⁴He will punish you with the arrows of a warrior
sharpened over burning coals of the broom tree.
⁵Woe is me because I temporarily live in Meshech;
I lived previously among the tents of Kedar.
⁶For too long I have lived
with those who hate peace.
⁷I am for peace,
but when I speak, they are for war.

Psalm 121

A song of ascents.

¹I will lift up my eyes to the mountains.
From where will my help come?
²My help comes from Yahweh,
who made heaven and earth.
³He will not allow your foot to slip;
he who protects you will not slumber.
⁴See, the guardian of Israel
never slumbers or sleeps.
⁵Yahweh is your guardian;
Yahweh is the shade at your right hand.
⁶The sun will not harm you by day,
nor the moon by night.
⁷Yahweh will protect you from all harm,
and he will protect your life.

⁸Yahweh will protect you in all you do
now and forevermore.

Psalm 122

A song of ascents, of David.

¹I was glad when they said to me,
“Let us go to the house of Yahweh.”

²Jerusalem, our feet are standing
within your gates!

³Jerusalem, built
as a city carefully planned!

⁴The tribes go up to Jerusalem—the tribes of Yahweh—
as a testimony for Israel,
to give thanks to the name of Yahweh.

⁵There thrones of judgment were set,
thrones of the house of David.

⁶Pray for the peace of Jerusalem!
“May those who love you have peace.

⁷May there be peace within the walls that defend you,
and may they have peace within your fortresses.”

⁸For the sake of my brothers and my friends
I will say, “May there be peace within you.”

⁹For the sake of the house of Yahweh our God,
I will seek good for you.

Psalm 123

A song of ascents.

¹To you I lift up my eyes,
you who are enthroned in the heavens.

²See, as the eyes of servants look to their master's hand,
as the eyes of a maid look to her mistress's hand,

so our eyes look to Yahweh our God
until he has mercy on us.

³Have mercy on us, Yahweh, have mercy on us,
for we are filled with humiliation.

⁴We are more than full
of the scoffing of the insolent
and with the contempt of the proud.

Psalm 124

A song of ascents; of David.

¹"If Yahweh had not been on our side,"
let Israel say now,

²"if it had not been Yahweh who was on our side
when men rose up against us,

³then they would have swallowed us up alive
when their anger raged against us.

⁴The water would have swept us away;
the torrent would have overwhelmed us.

⁵Then the raging waters would have drowned us."

⁶Blessed be Yahweh,
who has not allowed us to be torn by their teeth.

⁷We have escaped like a bird out of the snare of the fowlers;
the snare has been broken, and we have escaped.

⁸Our help is in Yahweh,
who made heaven and earth.

Psalm 125

A song of ascents.

¹Those who trust in Yahweh
are like Mount Zion, unshakable, forever enduring.

²As the mountains surround Jerusalem,

so Yahweh surrounds his people
now and forever.

³The scepter of wickedness must not rule in the land of the righteous.

Otherwise the righteous might do what is wrong.

⁴Do good, Yahweh, to those who are good
and to those who are upright in their hearts.

⁵But as for those who turn aside to their crooked ways,
Yahweh will lead them away with the evildoers.

May peace be on Israel.

Psalm 126

A song of ascents.

¹When Yahweh restored the fortunes of Zion,
we were like those who dream.

²Then our mouths were filled with laughter
and our tongues with singing.

Then they said among the nations,
"Yahweh has done great things for them."

³Yahweh did great things for us;
how glad we were!

⁴Restore our fortunes, Yahweh,
like the streams in the Negev.

⁵Those who sow in tears will reap with shouts of joy.

⁶He who goes out weeping, carrying seed for sowing,
will return again with shouts of joy, bringing his bundles of grain with him.

Psalm 127

A song of ascents, of Solomon.

¹Unless Yahweh builds the house,
they work uselessly, those who build it.

Unless Yahweh guards the city,

the watchman stands guard uselessly.

²It is useless for you to rise up early,
to come home late,
or to eat the bread of hard work,
for Yahweh provides for his beloved as they sleep.

³See, children are a heritage from Yahweh,
and the fruit of the womb is a reward from him.

⁴Like arrows in the hand of a warrior,
so are the children of one's youth.

⁵How blessed is the man that has his quiver full of them.
He will not be put to shame
when he confronts his enemies in the gate.

Psalm 128

A song of ascents.

¹Blessed is everyone who honors Yahweh,
who walks in his ways.

²What your hands provide, you will enjoy;
you will be blessed and prosper.

³Your wife will be like a fruitful vine
in your house;
your children will be like olive plants
as they sit around your table.

⁴Yes, indeed, the man will be blessed
who honors Yahweh.

⁵May Yahweh bless you from Zion;
may you see the prosperity of Jerusalem all the days of your life.

⁶May you live to see your children's children.
May peace be on Israel.

Psalm 129

A song of ascents.

¹"Often since my youth they have attacked me,"
let Israel say.

²"Often since my youth they have attacked me,
yet they have not defeated me.

³The plowers plowed on my back;
they made their furrows long.

⁴Yahweh is righteous;
he has cut the ropes of the wicked."

⁵May they all be put to shame and turned back,
those who hate Zion.

⁶May they be like the grass on the housetops
that withers before it grows up,

⁷that cannot fill the reaper's hand
or the chest of the one who binds bundles of grain together.

⁸May those who pass by not say,
"May the blessing of Yahweh be on you;
we bless you in the name of Yahweh."

Psalm 130

A song of ascents.

¹Out of the depths I cry to you, Yahweh.

²Lord, hear my voice;
let your ears be attentive
to my pleas for mercy.

³If you, Yahweh, would mark iniquities,
Lord, who could stand?

⁴But there is forgiveness with you,
that you may be revered.

⁵I wait for Yahweh, my soul waits,
and in his word I hope.

⁶My soul waits for the Lord
more than watchmen wait for the morning.

⁷Israel, hope in Yahweh.
Yahweh is merciful,
and he is very willing to forgive.

⁸It is he who will redeem Israel
from all his sins.

Psalm 131

A song of ascents; of David.

¹Yahweh, my heart is not proud or my eyes haughty.
I do not have great hopes for myself
or concern myself with things that are beyond me.

²Indeed I have stilled and quieted my soul;
like a weaned child with his mother,
my soul within me is like a weaned child.

³Israel, hope in Yahweh
now and forever.

Psalm 132

A song of ascents.

¹Yahweh, for David's sake call to mind
all his afflictions.

²Call to mind how he swore to Yahweh,
how he vowed to the Mighty One of Jacob.

³He said, "I will not enter my house
or get into my bed,

⁴I will not give sleep to my eyes
or rest to my eyelids

⁵until I find a place for Yahweh,
a tabernacle for the Mighty One of Jacob."

⁶See, we heard about it in Ephrathah;
we found it in the fields of Jaar.

⁷We will go into God's tabernacle;
we will worship at his footstool.

⁸Arise, Yahweh, to your resting place,
you and the ark of your strength!

⁹May your priests be clothed with integrity;
may your faithful ones shout for joy.

¹⁰For your servant David's sake,
do not turn away from your anointed king.

¹¹Yahweh swore a sure oath to David,
a sure oath that he will not revoke:
"I will place one of your descendants on your throne.

¹²If your sons keep my covenant
and the laws that I will teach them,
their children also will sit on your throne forevermore."

¹³Certainly Yahweh has chosen Zion,
he has desired her for his seat.

¹⁴"This is my resting place forever.
I will live here, for I desire her.

¹⁵I will abundantly bless her with provisions.
I will satisfy her poor with bread.

¹⁶I will clothe her priests with salvation,
her faithful ones will shout aloud for joy.

¹⁷There I will make a horn to sprout for David
and set up a lamp for my anointed one.

¹⁸I will clothe his enemies with shame,
but on him his crown will shine."

Psalm 133

A song of ascents, of David.

¹Behold, how good and how pleasant it is
for brothers to live together!
²It is like fine oil on the head
pouring down on the beard—
Aaron's beard,
and then it pours down on the collar of his robes.
³It is like the dew of Hermon
which falls on the mountains of Zion.
For there Yahweh commanded the blessing—
life forevermore.

Psalm 134

A song of ascents.

¹Come, bless Yahweh, all you servants of Yahweh,
you who serve during the night in Yahweh's house.
²Lift up your hands to the holy place
and bless Yahweh.
³May Yahweh bless you from Zion,
he who made heaven and earth.

Psalm 135

¹Praise Yahweh.
Praise the name of Yahweh.
Praise him, you servants of Yahweh,
²you who stand in Yahweh's house,
in the courtyards of the house of our God.
³Praise Yahweh, for he is good;
sing praises to his name, for it is pleasant to do so.
⁴For Yahweh has chosen Jacob for himself,
Israel as his possession.
⁵I know that Yahweh is great,

that our Lord is above all gods.

⁶Whatever Yahweh desires, he does
in heaven, on earth, in the seas and all the ocean depths.

⁷He brings the clouds from far away,
making lightning bolts accompany the rain
and bringing the wind out of his storehouse.

⁸He killed the firstborn of Egypt,
both of man and animals.

⁹He sent signs and wonders into your midst, Egypt,
against Pharaoh and all his servants.

¹⁰He attacked many nations
and killed mighty kings,

¹¹Sihon king of the Amorites
and Og king of Bashan
and all the kingdoms of Canaan.

¹²He gave us their land as an inheritance,
an inheritance to Israel his people.

¹³Your name, Yahweh, endures forever;
your renown, Yahweh, endures throughout all generations.

¹⁴For Yahweh defends his people
and has compassion on his servants.

¹⁵The nations' idols are silver and gold,
the work of men's hands.

¹⁶Those idols have mouths, but they do not speak;
they have eyes, but they do not see;

¹⁷they have ears, but they do not hear,
nor is there breath in their mouths.

¹⁸Those who make them are like them,
as is everyone who trusts in them.

¹⁹Descendants of Israel, bless Yahweh;
descendants of Aaron, bless Yahweh.

²⁰Descendants of Levi, bless Yahweh;
you who honor Yahweh, bless Yahweh.

²¹Blessed be Yahweh in Zion,
he who lives in Jerusalem.
Praise Yahweh.

Psalm 136

¹Oh, give thanks to Yahweh; for he is good,
for his covenant faithfulness endures forever.

²Oh, give thanks to the God of gods,
for his covenant faithfulness endures forever.

³Oh, give thanks to the Lord of lords,
for his covenant faithfulness endures forever.

⁴Give thanks to him who alone does great wonders,
for his covenant faithfulness endures forever—

⁵to him who by wisdom made the heavens,
for his covenant faithfulness endures forever.

⁶Give thanks to him who spread out the earth above the waters,
for his covenant faithfulness endures forever—

⁷to him who made great lights,
for his covenant faithfulness endures forever.

⁸Give thank to him who gave the sun to rule by day,
for his covenant faithfulness endures forever—

⁹the moon and stars to rule by night,
for his covenant faithfulness endures forever.

¹⁰Give thanks to him who killed the firstborn of Egypt,
for his covenant faithfulness endures forever—

¹¹and brought out Israel from among them,
for his covenant faithfulness endures forever—

¹²with a strong hand and a raised arm,
for his covenant faithfulness endures forever.

¹³Give thanks to him who divided the Sea of Reeds,
for his covenant faithfulness endures forever—

¹⁴and made Israel to pass through the middle of it,
for his covenant faithfulness endures forever—

¹⁵but overthrew Pharaoh and his army in the Sea of Reeds,
for his covenant faithfulness endures forever.

¹⁶Give thanks to him who led his people through the wilderness,
for his covenant faithfulness endures forever—

¹⁷to him who killed great kings,
for his covenant faithfulness endures forever.

¹⁸Give thanks to him who killed famous kings,
for his covenant faithfulness endures forever—

¹⁹Sihon king of the Amorites,
for his covenant faithfulness endures forever—

²⁰and Og king of Bashan,
for his covenant faithfulness endures forever.

²¹Give thanks to him who gave their land as an inheritance,
for his covenant faithfulness endures forever—

²²an inheritance to Israel his servant,
for his covenant faithfulness endures forever—

²³to him who called us to mind and helped us in our humiliation,
for his covenant faithfulness endures forever.

²⁴Give thanks to him who has given us victory over our enemies,
for his covenant faithfulness endures forever—

²⁵who gives food to all living beings,
for his covenant faithfulness endures forever.

²⁶Oh, give thanks to the God of heaven,
for his covenant faithfulness endures forever.

Psalm 137

¹By the rivers of Babylon

we sat down and wept
when we thought about Zion.

²On the poplars there
we hung our harps.

³There our captors required songs from us,
and those who mocked us required us to be happy, saying,
“Sing us one of the songs of Zion.”

⁴How could we sing a song about Yahweh
in a foreign land?

⁵If I ignore the memory of you, Jerusalem,
let my right hand forget her skill.

⁶Let my tongue cling to the roof of my mouth
if I think about you no more,
if I do not prefer Jerusalem
more than my greatest delights.

⁷Call to mind, Yahweh, what the Edomites did
on the day Jerusalem fell.
They said, “Tear it down, tear it down
to its foundations.”

⁸Daughter of Babylon, soon to be destroyed—
may the person be blessed, whoever pays you back
for what you have done to us.

⁹May the person be blessed, whoever takes and dashes your little ones
against a rock.

Psalm 138

A psalm of David.

¹I will give you thanks with my whole heart;
before the gods I will sing praises to you.

²I will bow down toward your holy temple
and give thanks to your name for your covenant faithfulness and for your trustworthiness.

You have made your word and your name more important than anything else.

³On the day that I called you, you answered me;
you made me bold and strengthened my soul.

⁴All the kings of the earth will give you thanks, Yahweh,
for they will hear the words from your mouth.

⁵Indeed, they will sing of the deeds of Yahweh,
for great is the glory of Yahweh.

⁶For though Yahweh is high, yet he cares for the lowly,
but the proud he knows from far off.

⁷Though I walk in the middle of danger, you will preserve my life;
you will reach out with your hand against the anger of my enemies,
and your right hand will save me.

⁸Yahweh is with me to the end;
your covenant faithfulness, Yahweh, endures forever.
Do not forsake the ones whom your hands have made.

Psalm 139

For the chief musician. A psalm of David.

¹Yahweh, you have examined me, and you know me.

²You know when I sit down and when I get up;
you understand my thoughts from far away.

³You observe my path and my lying down;
you are familiar with all my ways.

⁴For before there is a word on my tongue,
you know it completely, Yahweh.

⁵Behind me and before me you surround me
and place your hand upon me.

⁶Such knowledge is too much for me;
it is too high, and I cannot reach it.

⁷Where can I go from your Spirit?
Where can I flee from your presence?

⁸If I ascend up to the heavens, you are there;
if I make my bed in Sheol, behold, you are there.

⁹If I fly away on the wings of the morning
and go to live in the uttermost parts across the sea,

¹⁰even there your hand will lead me,
your right hand will hold on to me.

¹¹If I said, "Surely the darkness will cover me,
and the light will become night around me,"

¹²even the darkness would not be dark to you.
The night would shine like the day,
for the darkness and the light are both alike to you.

¹³You formed my inner parts;
you formed me in my mother's womb.

¹⁴I will praise you,
for I am wonderfully made.
My soul knows this very well.

¹⁵My bones were not hidden from you
when I was made in private,
when I was intricately made in the depths of the earth.

¹⁶You saw me inside the womb;
all the days assigned to me were recorded
in your book even before the first one happened.

¹⁷How precious are your thoughts to me, God!
How vast is their sum!

¹⁸If I tried to count them, they would be more in number than the sand.
When I awake, I am still with you.

¹⁹If only you would kill the wicked, God;
get away from me, you violent men.

²⁰They rebel against you and act deceitfully;
your enemies tell lies.

²¹Do I not hate those, Yahweh, who hate you?

Do I not despise those who rise up against you?

²²I hate them completely;

they have become my enemies.

²³Examine me, God, and know my heart;

test me and know my thoughts.

²⁴See if there is any wicked way in me,

and lead me in the everlasting way.

Psalm 140

For the chief musician. A psalm of David.

¹Yahweh, rescue me from the wicked;

preserve me from violent men.

²They plan evil in their hearts;

they cause battles every day.

³Their tongues wound like serpents;

vipers' poison is on their lips. *Selah*

⁴Keep me from the hands of the wicked, Yahweh;

preserve me from violent men

who plan to knock me over.

⁵The proud have set a trap for me;

they have spread a net;

they have set a snare for me. *Selah*

⁶I said to Yahweh, "You are my God;

listen to my cries for mercy."

⁷Yahweh, my Lord, you are powerfully able to save me;

you shield my head in the day of battle.

⁸Yahweh, do not grant the desires of the wicked;

do not let their plots succeed. *Selah*

⁹Those who surround me raise their heads;

let the mischief of their own lips cover them.

¹⁰Let burning coals fall on them;

throw them into the fire,
into bottomless pits, never more to rise.

¹¹May men of tongues not be made secure on the earth;
may evil hunt down the violent man to strike him dead.

¹²I know that Yahweh will judge in favor of the afflicted,
and that he will give justice to the needy.

¹³Surely the righteous people will give thanks to your name;
the upright people will live in your presence.

Psalm 141

A psalm of David.

¹Yahweh, I am crying out to you; come quickly to me.
Listen to me when I call to you.

²May my prayer be like incense before you;
may my lifted hands be like the evening sacrifice.

³Yahweh, place a guard over my mouth;
guard the door of my lips.

⁴Do not let my heart desire any evil thing
or participate in sinful activities
with men who behave wickedly.
May I not eat any of their delicacies.

⁵Let a righteous man hit me; it will be a kindness to me.
Let him correct me; it will be like oil on my head;
may my head not refuse to accept it.
But my prayer is always against their wicked deeds.

⁶Their leaders will be thrown down from the top of cliffs;
they will hear that my own words are pleasant.

⁷They will have to say, "As when one plows and breaks up the ground,
so our bones have been scattered at the mouth of Sheol."

⁸Surely my eyes are on you, Yahweh, Lord;
in you I take refuge; do not leave my soul defenseless.

⁹Protect me from the snares that they have laid for me,
from the traps of evildoers.

¹⁰Let the wicked fall into their own nets
while I escape.

Psalm 142

A maschil of David, when he was in the cave; a prayer.

¹With my voice I cry out for help to Yahweh;
with my voice I plead for Yahweh's favor.

²I pour out my lament before him;
I tell him my troubles.

³When my spirit is weak within me,
you know my path.

In the way that I walk
they have hidden a trap for me.

⁴I look to my right and see
that there is no one who cares about me.

There is no escape for me;
no one cares about my life.

⁵I called out to you, Yahweh;
I said, "You are my refuge,
my portion in the land of the living.

⁶Listen to my call,
for I have been brought very low;
rescue me from my persecutors,
for they are stronger than I.

⁷Bring my soul out of prison
so that I may give thanks to your name.
The righteous will gather around me
because you have been good to me."

Psalm 143

A psalm of David.

¹Hear my prayer, Yahweh; listen to my pleas.

Because of your faithfulness and righteousness, answer me!

²Do not enter into judgment with your servant,
for in your sight no one is righteous.

³The enemy has pursued my soul;
he has crushed me to the ground;
he has made me to live in darkness
like those who have been dead a long time.

⁴My spirit is overwhelmed within me;
my heart despairs.

⁵I call to mind the old days;
I meditate on all your deeds;
I reflect on your accomplishments.

⁶I spread my hands out to you;
my soul thirsts for you in a parched land. *Selah*

⁷Answer me quickly, Yahweh, because my spirit faints.
Do not hide your face from me,
or I will become like those who go down into the pit.

⁸Let me hear your covenant faithfulness in the morning,
for I trust in you.
Show me the way where I should walk,
for I lift up my soul to you.

⁹Rescue me from my enemies, Yahweh;
I flee to you to hide.

¹⁰Teach me to do your will,
for you are my God.
May your good Spirit
lead me in the land of uprightness.

¹¹Yahweh, for your name's sake, keep me alive;

in your righteousness bring my soul out of trouble.

¹²In your covenant faithfulness cut off my enemies
and destroy all the enemies of my life,
for I am your servant.

Psalm 144

A psalm of David.

¹Blessed be Yahweh, my rock,
who trains my hands for war
and my fingers for battle.

²You are my covenant faithfulness and my fortress,
my high tower and the one who rescues me,
my shield and the one in whom I take refuge,
the one who subdues nations under me.

³Yahweh, what is man that you take notice of him
or the son of man that you think about him?

⁴Man is like a breath;
his days are like a passing shadow.

⁵Cause the sky to sink and come down, Yahweh;
touch the mountains and make them smoke.

⁶Send flashes of lightning and scatter my enemies;
shoot your arrows and drive them back in confusion.

⁷Reach out your hand from above;
rescue me out of many waters,
from the hand of foreigners.

⁸Their mouths speak lies,
and their right hand is falsehood.

⁹I will sing a new song to you, God;
on a lute of ten strings I will sing praises to you,

¹⁰who give salvation to kings,
who rescued David your servant from an evil sword.

¹¹Rescue me and free me from the hand of foreigners.

Their mouths speak lies,
and their right hand is falsehood.

¹²May our sons be like plants who grow to full size in their youth
and our daughters like carved corner pillars, shapely like those of a palace.

¹³May our storehouses be full with every kind of produce,
and may our sheep produce thousands and ten thousands in our fields.

¹⁴Then our oxen will have many young.
No one will break through our walls; there will be no exile
and no outcry in our streets.

¹⁵Blessed is the people with such blessings;
happy is the people whose God is Yahweh.

Psalm 145

A psalm of praise. Of David.

¹I will extol you, my God, King;
I will bless your name forever and ever.

²Every day will I bless you;
I will praise your name forever and ever.

³Great is Yahweh and greatly to be praised;
his greatness is unsearchable.

⁴One generation will praise your deeds to the next
and will proclaim your mighty actions.

⁵I will meditate on the majesty of your glory
and on your marvelous deeds.

⁶They will speak of the power of your awesome works,
and I will declare your greatness.

⁷They will declare your abounding goodness,
and they will sing about your righteousness.

⁸Yahweh is gracious and merciful,
slow to anger and abounding in covenant faithfulness.

⁹Yahweh is good to all;

his tender mercies are over all his works.

¹⁰All you have made will give thanks to you, Yahweh;

your faithful ones will bless you.

¹¹They will speak of the glory of your kingdom,

and they will tell of your power.

¹²They will make known to mankind God's mighty deeds

and the glorious splendor of his kingdom.

¹³Your kingdom is an everlasting kingdom,

and your dominion endures throughout all generations.

¹⁴Yahweh supports all who are falling

and raises up all those who are bent over.

¹⁵The eyes of all wait for you;

you give them their food at the right time.

¹⁶You open your hand

and satisfy the desire of every living thing.

¹⁷Yahweh is righteous in all his ways

and faithful in all he does.

¹⁸Yahweh is near to all those who call to him,

to all who call to him in trustworthiness.

¹⁹He fulfills the desire of those who honor him;

he hears their cry and saves them.

²⁰Yahweh watches over all those who love him,

but he will destroy all the wicked.

²¹My mouth will speak out the praise of Yahweh;

let all mankind bless his holy name forever and ever.

Psalm 146

¹Praise Yahweh.

Praise Yahweh, my soul.

²I give praise to Yahweh with all my life;

I will sing praises to my God as long as I exist.

³Do not put your trust in princes
or in mankind, in whom there is no salvation.

⁴When a person's life's breath stops, he returns to the ground;
on that day his plans end.

⁵Blessed is he who has the God of Jacob for his help,
whose hope is in Yahweh his God.

⁶Yahweh made heaven and earth,
the sea, and all that is in them;
he observes trustworthiness forever.

⁷He executes justice for the oppressed
and gives food to the hungry.

Yahweh frees the prisoners;

⁸Yahweh opens the eyes of the blind;
Yahweh raises up those who are bowed down;
Yahweh loves the righteous people.

⁹Yahweh protects the foreigners in the land;
he lifts up the fatherless and widow,
but he opposes the wicked.

¹⁰Yahweh will reign forever,
your God, Zion, for all generations.
Praise Yahweh.

Psalm 147

¹Praise Yahweh,
for it is good to sing praises to our God,
it is pleasant, and praise is suitable.

²Yahweh rebuilds Jerusalem,
he gathers together the scattered people of Israel.

³He heals the brokenhearted
and binds up their wounds.

⁴He counts the stars,

he gives names to all of them.

⁵Great is our Lord and awesome in power,

his understanding cannot be measured.

⁶Yahweh lifts up the oppressed,

he brings the wicked down to the ground.

⁷Sing to Yahweh with thanksgiving,

sing praises to our God with a harp.

⁸He covers the heavens with clouds

and prepares rain for the earth,

making the grass to grow on the mountains.

⁹He gives food to the animals

and to the young ravens when they cry.

¹⁰He finds no delight in the strength of a horse,

he takes no pleasure in the strong legs of a man.

¹¹Yahweh takes pleasure in those who honor him,

who hope in his covenant faithfulness.

¹²Praise Yahweh, Jerusalem,

praise your God, Zion.

¹³For he strengthens the bars of your gates,

he blesses your children among you.

¹⁴He brings prosperity inside your borders,

he satisfies you with the finest of wheat.

¹⁵He sends out his commandment to earth,

his command runs very swiftly.

¹⁶He makes the snow like wool,

he scatters the frost like ashes.

¹⁷He dispenses the hail like crumbs,

who can withstand the cold he sends?

¹⁸He sends out his command and melts them,

he makes the wind to blow and the water to flow.

¹⁹He proclaimed his word to Jacob,
his statutes and his righteous decrees to Israel.

²⁰He has not done so with any other nation,
and as for his decrees, they do not know them.

Praise Yahweh.

Psalm 148

¹Praise Yahweh.

Praise Yahweh, you in the heavens;
praise him, you in the heights.

²Praise him, all his angels;
praise him, all his hosts.

³Praise him, sun and moon;
praise him, all you shining stars.

⁴Praise him, highest heaven
and you waters that are above the sky.

⁵Let them praise the name of Yahweh,
for he gave the command, and they were created.

⁶He has also established them forever and ever;
he issued a decree that will never change.

⁷Praise him from the earth,
you sea monsters and all ocean depths,

⁸fire and hail, snow and clouds,
stormy wind fulfilling his word.

⁹Praise him, mountains and all hills,
fruit trees and all cedars,

¹⁰animals wild and tame,
creatures that crawl and birds.

¹¹Praise Yahweh, kings of the earth and all nations,
princes and all who govern on the earth,

¹²both young men and young women,

elderly and children.

¹³Let them all praise the name of Yahweh,
for his name alone is exalted
and his glory extends over the earth and the heavens.

¹⁴He has lifted up the horn of his people
for praise from all his faithful ones,
the Israelites, the people near to him.
Praise Yahweh.

Psalm 149

¹Praise Yahweh.
Sing to Yahweh a new song;
sing his praise in the assembly of the faithful ones.

²Let Israel rejoice in the one who made them;
let the people of Zion rejoice in their king.

³Let them praise his name with dancing;
let them sing praises to him with tambourine and harp.

⁴For Yahweh takes pleasure in his people;
he glorifies the humble with salvation.

⁵Let the faithful ones rejoice in this honor;
let them sing for joy on their beds.

⁶May the praises of God be in their mouths
and a two-edged sword in their hand

⁷to execute vengeance on the nations
and acts of punishment on the peoples.

⁸They will bind their kings with chains
and their nobles with iron shackles.

⁹They will execute the judgment that is written.
This will be an honor for all his faithful ones.
Praise Yahweh.

Psalm 150

¹Praise Yahweh.

Praise God in his holy place;

praise him in the mighty heavens.

²Praise him for his mighty acts;

praise him for his surpassing greatness.

³Praise him with the blast of the horn;

praise him with lute and harp.

⁴Praise him with tambourines and dancing;

praise him with stringed instruments and wind instruments.

⁵Praise him with loud cymbals;

praise him with high sounding cymbals.

⁶Let everything that has breath praise Yahweh.

Praise Yahweh.

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