

unfoldingWord® Translation Questions

v92

Psalms

unfoldingWord® Translation Questions

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Psalms

Psalms 1

Psalms 1:1

ULT	UST
The happinesses of the man who walks not in the advice of the wicked, and stands not in the pathway of sinners, and sits not in the seat of scoffers,	*The person who will have a truly good life is the person who does not do what evil people tell him to do, who does not imitate sinful people's behavior, and who does not become like people who enjoy mocking.*

What does the happy man not do?

He does not do what the wicked advise him to do.

Where does the happy man not stand?

He does not stand in the pathway of sinners.

Where does the happy man not sit?

He does not sit in the seat of scoffers.

Psalms 1:2

ULT	UST
but in the instruction of Yahweh is his delight, and in his instruction he meditates day and night.	*Instead, he delights in what Yahweh teaches, he thoughtfully reads it aloud every day and every night.*

In what does the man delight?

He delights in the instruction of Yahweh.

When does the man meditate on the instruction of Yahweh?

He meditates on it day and night.

Psalms 1:3

ULT	UST
And he is like a tree set to grow by streams of water, which gives its fruit in its season, and its leaf does not wither, and he makes successful all that he does.	*Like having plenty of water causes a well-cultivated tree to produce fruit at the right time, and keeps it from dying, so his faithfulness to Yahweh causes everything this person does to prosper.*

What is the man like?

He is like a tree set to grow by streams of water.

What will happen to everything the man does?

Whatever he does will prosper.

Psalms 1:4

ULT	UST
Not so the wicked! But they are like the chaff that wind chases away.	*That is not what wicked people are like! Instead, they are like chaff that the wind blows away.*

What are wicked people like?

They are like the chaff that the wind chases away.

Psalms 1:5

ULT	UST
Thus the wicked will not stand in the judgment, nor sinners in the congregation of the righteous.	*Just so, wicked people will not be able to endure when Yahweh judges the world. Neither will sinful people be present when Yahweh gathers all the righteous people together.*

What will happen to wicked people in the judgment?

They will not stand in the judgment.

Psalms 1:6

ULT	UST
For Yahweh knows the way of the righteous, but the way of the wicked will perish.	*All of this is because Yahweh cares for righteous people, but wicked people keep sinning until Yahweh destroys them forever.*

Who knows the way of the righteous?

Yahweh knows the way of the righteous.

What will happen to the way of the wicked?

The way of the wicked will perish.

Psalms 2

Psalms 2:2

ULT	UST
The kings of the earth take their stand, and the rulers conspire together against Yahweh and against his anointed.	*Earthly kings prepare to revolt, the rulers plot together to fight against Yahweh and against his chosen king.*

Who are the rulers conspiring against?

They are conspiring against Yahweh and against his anointed.

Psalms 2:3

ULT	UST
“Let us tear apart their bonds and cast their cords away from us.”	*They shout, “We should break free from the shackles that they control us with. We should throw aside the ropes that they rule over us with!”*

What do the rulers want to tear apart and throw off?

They want to tear apart the restraints Yahweh and his chosen king put on them and cast off their rule.

Psalms 2:4

ULT	UST
He who is sitting in the heavens laughs; the Lord mocks them.	*But the heavenly ruler sneers at them; the Lord ridicules those rulers.*

Who sits in the heavens and mocks the nations who rebel?

The Lord mocks them.

Psalms 2:6

ULT	UST
“I, I have poured out my king on Zion, the mountain of my holiness.”	*Yahweh says, “It is I who has made my king rule in Zion, which is my sacred hill.”*

Who has the Lord anointed?

The Lord has anointed his king on Zion, his holy mountain.

Psalms 2:7

ULT	UST
I will describe a decree of Yahweh. He said to me, "You are my son! Today I have begotten you.	*Yahweh's king says, "I will proclaim what Yahweh has decreed. Yahweh said to me, 'You are my son; today I have become your father.*

What decree does Yahweh give to the psalmist?

Yahweh says, "You are my son! Today I have begotten you."

Psalms 2:8

ULT	UST
Ask from me, and I will give nations as your inheritance and the extremities of the earth as your possession.	*Request this from me: ask to inherit the nations, ask to own the whole earth even the farthest parts. I will give them to you.*

What will Yahweh do with the nations and most distant regions of the earth?

Yahweh will give them as an inheritance and possession.

Psalms 2:9

ULT	UST
You will break them with an iron rod; like a jar of a potter, you will smash them to pieces."	*You will strike them with an iron rod and they will shatter into small pieces as if they were a clay pot.'"*

What will happen to the nations?

They will be broken and smashed.

Psalms 2:11

ULT	UST
Serve Yahweh with fear and rejoice with trembling.	*Worship Yahweh respectfully. Be joyful and afraid while you are worshiping him!*

How should the kings and rulers respond to Yahweh's decree?

They should serve Yahweh in fear and rejoice with trembling.

Psalms 2:12

ULT	UST
Kiss the son, lest he be angry and you perish in the way, for his anger burns for just a moment. The happinesses of all the seekers of refuge in him.	*Swear to be truly loyal to his son otherwise, he may become angry and suddenly kill you because he can become angry quickly. But all those who ask him to protect them will have a life that is truly good.*

Why should the kings give allegiance to Yahweh's son?

They should give him allegiance so that he will not be angry and they will not perish.

What happens to all those who take refuge in the son?

They will have a life that is truly good.

Psalms 3

Psalms 3:1

ULT	UST
Yahweh, how many my oppressors have become! The risers against me are many.	*Yahweh, I have so many enemies! Many people are deciding to oppose me.*

What does David say about how many enemies he has?

David says that his so many enemies who have decided to oppose him.

Psalms 3:3

ULT	UST
But you, Yahweh, are a shield round about me, my glory, and the lifter up of my head.	*But Yahweh, you are like a shield that protects me. You greatly honor me, and you encourage me.*

What does David say Yahweh is to him?

David says Yahweh is a shield that protects him and he is the one who encourages.

Psalms 3:4

ULT	UST
With my voice I call to Yahweh, and he answered me from the hill of his holiness. Selah	*Whenever I cry loudly to Yahweh for help, he comes from Zion, his sacred hill, to help me. Selah*

What does Yahweh do when David calls out to him?

He answers David from his holy hill.

Psalms 3:6

ULT	UST
I will not fear the multitudes of people who stand against me round about.	*There may be thousands of enemy soldiers who surround me, but I am not afraid.*

Who does David say he will not fear because of Yahweh's protection?

David will not be afraid of the many people who stand against him.

Psalms 3:7

ULT	UST
Rise up, Yahweh! Save me, my God! For you hit all my enemies on the cheek; the teeth of the wicked you break.	*Yahweh, get up! My God, rescue me! You can insultingly slap my enemies on their cheeks, and destroy those wicked people's power like breaking animals' teeth,*

What does David say Yahweh does to his enemies?

Yahweh destroys David's enemies power like he is breaking animals' teeth.

Psalms 3:8

ULT	UST
Salvation is of Yahweh. Your blessing is on your people. Selah	*Yahweh rescues! Bless your people! Selah*

From whom does salvation come?

Salvation comes from Yahweh.

Psalms 4

Psalms 4:1

ULT	UST
Answer me when I call, God of my righteousness; in distress you relieve me. Be gracious to me and hear my prayer.	*Righteous God, respond to me when I pray to you. You who have always rescued me when I was distressed, act mercifully toward me and pay attention to what I pray.*

Who does David ask to answer when he calls?

David prays for the God of his righteousness to answer when he calls.

Psalms 4:2

ULT	UST
Son of man, until when will my glory become shame? Until when will you love futility, until when will you seek falsehood? Selah	*How long will you mortal people dishonor me instead of honoring me? How long will you love what is useless, and chase lies? Selah*

What does David say the people are doing to his glory?

They are dishonoring him instead of honoring him.

Psalms 4:3

ULT	UST
But know that Yahweh has set apart the faithful for himself. Yahweh hears when I call to him.	*You all should know that Yahweh treats people who are faithful to him as special to him. Yahweh will pay attention when I pray to him.*

Who does Yahweh set apart for himself?

Yahweh sets apart the faithful for himself.

Psalms 4:4

ULT	UST
Tremble and do not sin! Meditate in your heart on your bed and be silent. Selah	*You should be afraid of Yahweh, and because of that stop sinning! While you lie on your bed, examine what you are thinking and stop accusing me. Selah*

What does David tell people to do while lying on their beds?

David tells them to meditate in their hearts and be silent.

Psalms 4:5

ULT	UST
Sacrifice sacrifices of righteousness and trust in Yahweh.	*Instead, offer to Yahweh the proper sacrifices and continually trust him.*

What kind of sacrifices does David say to offer?

He says to offer sacrifices of righteousness.

In whom does David say to trust?

He says to trust in Yahweh.

Psalms 4:6

ULT	UST
Many say, "Who will show us good?" Lift up the light of your face on us, Yahweh!	*Many people are wishing for something good to happen. Yahweh, please do good things for us!*

What do many people say?

Many people ask who will show them anything good.

Psalms 4:7

ULT	UST
You have put joy in my heart more than the time when their grain and their new wine abound.	*You have made me very joyful, even more than these complainers are when they have plenty of food and drink.*

What has Yahweh put in David's heart?

Yahweh has put more joy in his heart than others have in their hearts when their grain and new wine abound.

Psalms 4:8

ULT	UST
In peace I will both lie down and sleep, for you alone, Yahweh, cause me to dwell securely.	*I can lie down at night and sleep without worrying because I know that it is only you, Yahweh, who keeps me safe.*

Who makes David safe and secure when he lies down in peaceful sleep?

Yahweh alone makes David safe and secure.

Psalms 5

Psalms 5:1

ULT	UST
To my words give ear, Yahweh! Understand my murmuring!	*Yahweh, listen to what I say! Comprehend my distressed sigh.*

Who does David ask listen to what he says and understand his murmuring?

David asks Yahweh to listen to what he says and understand his distressed sigh.

Psalms 5:2

ULT	UST
Listen attentively to the sound of my cry for help, my king and my God, for to you I pray!	*Since you are my king and my God, hear and respond when I plead aloud for rescuing, because I am praying to you only.*

What names does David use for the one who listens to the sound of his cry?

David calls him his king and his God.

Psalms 5:3

ULT	UST
Yahweh, in the morning you hear my voice. In the morning I prepare for you and watch.	*Yahweh, you will hear me pleading each morning. Every morning I will request that you save me, and I will wait for you to do it.*

What does David say he will do each morning?

David says he will prepare for Yahweh and watch.

Psalms 5:4

ULT	UST
For you are not a god pleased with wickedness; evil ones will not sojourn with you.	*You are a God who certainly does not approve of wicked people; evil-doers never stay as your guests.*

What does God certainly not do?

He certainly does not approve of evil, and evil people will not be his guests.

Psalms 5:5

ULT	UST
The arrogant will not stand in front of your eyes; you hate all doers of iniquity.	*Boasters are not allowed to come worship you. You hate everyone who does evil things.*

Who will not stand in God's presence?

The arrogant will not stand in God's presence.

Whom does God hate?

God hates all who do evil things.

Psalms 5:6

ULT	UST
You will destroy speakers of falsehood; the man of blood and deceit Yahweh abhors.	*You kill liars. Yahweh despises murderers and people who deceive others.*

What will God do to liars?

God will destroy liars.

Who does Yahweh despise?

Yahweh despises violent and deceitful men.

Psalms 5:7

ULT	UST
But I, in the greatness of your covenant faithfulness, I will come into your house; I will bow down toward your temple of holiness in fear.	*As for me, I will come worship you where you live, because you faithfully love us so abundantly. I will reverently kneel to worship you at your sacred temple.*

Why will David come into Yahweh's house?

David will come into Yahweh's house because of Yahweh's great covenant faithfulness.

How will David bow down toward Yahweh's holy temple?

David will bow down in reverence.

Psalms 5:8

ULT	UST
Yahweh, guide me in your righteousness because of my watchers; straighten before my face your path.	*Yahweh, my enemies are watching me to try to catch me doing something wrong. Please show me how to do what is right, just as you always do what is right. Make it easy for me to live obediently to you.*

Why does David ask Yahweh to guide him in righteousness?

David asks Yahweh to guide him in righteousness because of those who are watching him.

Psalms 5:9

ULT	UST
For there is no firmness in his mouth; their inward being is destruction. An open tomb is their throat; their tongue they make smooth.	*Please do this because my enemies are untrustworthy; one of their strongest desires is to destroy people. They speak things that are vile like the smell of an open grave. They flatter people to trap and destroy them.*

How does David describe his enemies?

David describes his enemies as untrustworthy, desiring to destroy people, speaking things that are vile like the smell of an open grave, and flattering people to trap and destroy them.

Psalms 5:10

ULT	UST
Make them guilty, God; may they fall due to their schemes! Because of their many transgressions, drive them out, for they rebel against you!	*O God, declare that they are guilty and punish them. Cause to happen to them the harmful events that they plan to cause to happen to others. Get rid of them because they have sinned often, and rebelled against you.*

What does David ask God to do to his enemies because of their many transgressions and their rebellion against God?

David asks God to declare his enemies guilty and to drive them out.

Psalms 5:11

ULT	UST
But may all refuge seekers in you rejoice; may they shout joyfully to eternity, and may you cover over them, and may lovers of your name exult in you.	*But enable all the people who ask you to protect them to be glad; enable them to sing gladly always. Please protect them. Enable everyone who loves it when you are famous to praise you.*

Why should those who take refuge in God shout for joy?

They should shout for joy because God defends them.

Psalms 5:12

ULT	UST
For you, Yahweh, you bless the righteous, you surround him with favor as a shield.	*I ask this because Yahweh, you always bless those who act righteously; you protect them as if your good acts are like a shield around them.*

What will Yahweh do for the righteous?

Yahweh will bless the righteous and surround them with his favor as with a shield.

Psalms 6

Psalms 6:1

ULT	UST
Yahweh, rebuke me not in your nose, and in your rage discipline me not.	*Yahweh, do not correct me angrily, do not punish me wrathfully.*

What is David asking Yahweh not to do?

He asks Yahweh not to rebuke him in his anger or discipline him in his wrath.

Psalms 6:2

ULT	UST
Be gracious to me, Yahweh, for I am frail! Heal me, Yahweh, for my bones are shaking!	*Yahweh, act kindly toward me because I have become weak. Yahweh, heal me because my body shakes fearfully.*

What is David asking Yahweh to do because David is frail?

David asks Yahweh to have mercy on him and to heal him.

Psalms 6:4

ULT	UST
Turn back, Yahweh! Rescue my soul! Save me for the sake of your covenant faithfulness!	*Yahweh, relent from your anger and deliver me! Help me because you always do what you promise!*

Why does David say that Yahweh should rescue and save him?

Because of Yahweh’s covenant faithfulness.

Psalms 6:5

ULT	UST
For in death, there is no remembrance of you. In Sheol, who will thank you?	*Do this because I and no one else who is dead can honor you. I and no one else can praise you if we are in the place where the dead are.*

What will not be remembered in death?

In death there is no remembrance of Yahweh.

Psalms 6:6

ULT	UST
I am weary with my groaning. During every night, I cause my bed to swim, With my tears, my couch I melt.	*I am exhausted because of my pain. I cry all night long, so that my tears soak and seem as if they will wash away my bed and my cushions.*

What does David do to his bed because he is weary and groaning?

All night he soaks it with his tears.

Psalms 6:7

ULT	UST
My eye has wasted away from grief, it advances because of all my adversaries.	*I am very sad and I cry so much that I cannot see well. My vision has become weak from crying because of all my enemies.*

What happens to David's eyes because of his grief and because of all his adversaries?

His vision becomes weak, so that he cannot see well.

Psalms 6:8-9

Why should those who practice iniquity get away from David?

Because Yahweh has heard the sound of his weeping and his appeal for mercy and accepts his prayer.

Psalms 6:10

ULT	UST
Let all my enemies be shamed and greatly disturbed. Let them turn back. Let them be shamed in an instant.	*When that happens, all my enemies will be ashamed and very troubled. They will relent from attacking me because they will suddenly be ashamed.*

What does David ask God to make happen to his enemies?

He asks that all his enemies will be ashamed and greatly troubled and they will turn back.

Psalms 7

Psalms 7:1

ULT	UST
Yahweh my God, in you I have taken refuge; save me from all my pursuers, and rescue me!	*Yahweh my God, I have come to you so that you can protect me. Save me from everyone who is chasing me in order to harm me. Rescue me!*

In whom does David take refuge?

David takes refuge in Yahweh his God.

What is David asking Yahweh to do?

David is asking Yahweh to save him from those who chase him, and to rescue him.

Psalms 7:3-5

What does David say should happen to him if he has done wrong?

David says that if he has done wrong, his enemy should be allowed to chase and capture him and leave him lying dead.

Psalms 7:6

ULT	UST
Arise, Yahweh! In your nose, be lifted with the rage of my adversaries! And wake up for me! You have ordered judgment.	*Get up Yahweh! Because you are angry, show that you are greater than what my furious enemies can do! Be alert so you can rescue me by doing what you have said is just!*

What is David asking Yahweh to do in Yahweh's anger?

David is asking Yahweh show that he is greater than what David's furious enemies can do.

What does David say Yahweh has already ordered?

David says that Yahweh has already ordered judgment.

Psalms 7:7

ULT	UST
And an assembly of peoples surround you, and over it return on high!	*The people of all nations gather around you; return to ruling over them all!*

What does David want Yahweh to do concerning the peoples?

David wants Yahweh to take his rightful place ruling over all the peoples.

Psalms 7:8

ULT	UST
Yahweh, adjudicate the peoples! Judge me, Yahweh, according to my righteousness and according to my integrity, Most High!	*Yahweh, judge the people of all nations! Decide favorably for me, Yahweh, because I am righteous and honorable before you the highest judge.*

Who does David want Yahweh to judge?

David wants Yahweh to judge all the peoples, including himself.

Psalms 7:9

ULT	UST
May the evil of the wicked end, and would you establish the righteous. The righteous God examines hearts and kidneys.	*God, you are righteous and look closely at what people think and want. Please stop evil people from doing wicked things, and make all of us who are righteous secure!*

What does David say the righteous God does?

David says God examines thoughts and desires.

Psalms 7:10

ULT	UST
My shield is with God, the savior of the upright of heart.	*God, you protect me as a shield protects soldiers; you rescue all those who are righteous in their inner being.*

Where does David's protection come from?

David's protection comes from God.

Who does God save?

God saves the upright in heart.

Psalms 7:11

ULT	UST
God is a righteous judge, and a God who is indignant on every day.	*God judges everyone correctly. God condemns the wicked constantly.*

How does David describe God?

David describes God as a righteous judge who is indignant each day.

Psalms 7:12

ULT	UST
If he does not repent, his sword he will sharpen, his bow he has bent and prepared.	*Whenever the wicked do not repent, it is as though God sharpens his sword and puts a string on his bow to get ready to kill them.*

What will God do if a person does not repent?

God will sharpen his sword and will prepare his bow for battle.

Psalms 7:14

ULT	UST
Behold he is pregnant with wickedness, and he conceives trouble, and he births lies.	*Look at the wicked person who is filled with evil intentions, as though pregnant with them, who plans to trouble people like conceiving a child, and who lies as naturally as giving birth.*

How does David describe the wicked person who does not repent?

David describes the wicked person as filled with evil intentions, as though pregnant with them, and as one who lies as naturally as giving birth.

Psalms 7:15

ULT	UST
He digs a pit and hollows it out and falls into the hole he has made.	*If he digs a deep pit to trap others, he will fall into his own trap.*

What happens to the wicked man who digs a pit?

He falls into the hole he has made.

Psalms 7:16

ULT	UST
His trouble returns on his head, and his violence comes down on the top of his head.	*He experiences the bad things that he wants to cause to others, he hurts himself by the violent things that he wants to do to others.*

What happens to the trouble and violence of the wicked man?

He experiences the bad and violent things that he wants to do to others.

Psalms 7:17

ULT	UST
I will thank Yahweh according to his righteousness, and sing praise to the name of Yahweh, the Most High.	*I thank Yahweh because he always acts justly, I sing to praise Yahweh, who is the highest judge, and to make him famous.*

For what will David give thanks to Yahweh?

David will give thanks to Yahweh for his righteousness.

To whom will David sing praise?

David will sing praise to the name of Yahweh, the Most High.

Psalms 8

Psalms 8:1

ULT	UST
Yahweh, our Lord, how magnificent is your name in all the earth, you whose splendor is bestowed on the heavens.	*Our Lord Yahweh, people all over the world know how impressive you are! You have made the sky show everyone how grand you are every time anyone looks at it!*

Whose name is magnificent in all the earth?

The name of Yahweh our Lord is magnificent.

Psalms 8:2

ULT	UST
Out of the mouth of children and nursing ones you have established strength because of your adversaries, to cause the enemy and avenger to end.	*When anyone who is weak cries for help like nursing little children cry for help, you listen and protect them from your enemies, the ones that want to hurt your people. In order to protect them, you destroy enemies who want to harm them in return for what you have justly done to them.*

What did Yahweh establish out of the mouth of children and nursing ones?

Yahweh established strength.

Why did Yahweh establish strength from the mouths of children and nursing ones?

He established it in order to cause the enemy and avenger to end.

Psalms 8:3

ULT	UST
When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place,	*I look up at the sky at night and see the things that you have made— the moon and the stars that you have set in place.*

What does the psalmist see when he looks at the sky that causes him to wonder why God pays attention to people?

He sees the heavens, the moon, and the stars that God set in place.

Psalms 8:5

ULT	UST
Yet you have made him to lack little from the heavenly beings, and with glory and majesty you have crowned him.	*In fact though, you made humans to be just slightly lower than heavenly beings. You made humans to be glorious and majestic like you.*

How does the human race compare to the heavenly beings?

Yahweh made humans only a little lower than the heavenly beings.

With what did Yahweh crown humans?

He crowned them with glory and majesty.

Psalms 8:6

ULT	UST
You made him rule over the works of your hands, everything you have put under his feet:	*You put humans in charge of everything that you made, you made them rule over all things —*

What did Yahweh make mankind to do?

Yahweh made mankind to rule over the works of Yahweh's hands.

Psalms 8:7-8

What are some things that Yahweh put under mankind's feet?

He put all sheep and oxen, and even the animals of the field, the birds of the sky, and the fish of the sea, and everything that passes on the paths of the seas under mankind's feet.

Psalms 8:9

ULT	UST
Yahweh, our Lord, how magnificent is your name in all the earth!	*Our Lord Yahweh, people all over the world know how impressive you are!*

Whose name is magnificent in all the earth?

The name of Yahweh our Lord is magnificent.

Psalms 9

Psalms 9:1

ULT	UST
I will thank Yahweh with all my heart, I will recount all your wonders.	*Yahweh, I will praise you with all of my inner being. I will tell others about all the wonderful things that you have done.*

How will David give thanks to Yahweh and of what will he tell?

He will give thanks to Yahweh with his whole heart and tell about all his marvelous deeds.

Psalms 9:3

ULT	UST
When my enemies turn back, they stumble and perish from your face.	*When my foes flee from your righteous anger, they trip and fall. You kill them just by being near them.*

When David's enemies turn back, what happens to them?

The enemies stumble and perish before Yahweh.

Psalms 9:4

ULT	UST
For you have done my justice and my claim; you have sat on your throne, a judge of righteousness!	*You are angry because you have found my legal case to be righteous and my enemies' to be wicked. You sit on a throne like a king judging everything rightly.*

What has the righteous judge done for David?

The righteous judge sits on his throne and has defended David's just cause.

Psalms 9:5

ULT	UST
You rebuked nations; you destroyed the wicked; you blotted out their name forever and ever.	*You reprimanded the people from other nations, and killed the wicked people; you eradicate them so thoroughly no one will ever remember their names.*

What does Yahweh do to the nations and the wicked?

He rebukes the nations, destroys the wicked, and blots out their name forever and ever.

Psalms 9:6

ULT	UST
The enemy are finished—desolation forever, and you pulled up cities. As for them, their remembrance perished,	*Nothing remains of our enemies except the ruins of their cities which you permanently destroyed. No one even remembers those enemies anymore.*

What happens to the enemy?

The enemy are finished in desolation forever, and all remembrance of them perishes.

Psalms 9:7

ULT	UST
but Yahweh will sit forever. He has established his throne for justice,	*But Yahweh rules forever. He is prepared to judge from his throne.*

Who sits forever and has established his throne for justice?

Yahweh sits forever and has established his throne for justice.

Psalms 9:8

ULT	UST
as for him, he will judge the world with righteousness, and he will adjudicate for the peoples with fairness.	*He will judge all the people in the world justly; he will be fair when he judges the people of every nation.*

How does Yahweh judge the world and what does he do for the nations?

Yahweh judges the world fairly and makes just decisions for the nations.

Psalms 9:9

ULT	UST
And may Yahweh be a secure height for the oppressed, a secure height for times with distress.	*Let Yahweh be like a fortress for those whom oppressors oppress; like a strong fort for them when they have trouble.*

What will Yahweh be for the oppressed?

Yahweh will be a stronghold for the oppressed in times of trouble.

Psalms 9:10

ULT	UST
And may the knowers of your name trust in you, because you have not abandoned the seekers of you, Yahweh.	*Those who know your reputation should trust you; because you, Yahweh, never abandon those who come to you for help.*

What does the psalmist say about those who know Yahweh's name?

Those who know Yahweh's name trust in him, because Yahweh has not abandoned those who seek him.

Psalms 9:11

ULT	UST
Sing praises to Yahweh, the sitter in Zion! Declare his deeds among the peoples	*Yahweh rules on Mount Zion; praise him by singing to him! Tell people from every nation the marvelous things that he has done.*

What does David say the people are to do for Yahweh, who sits in Zion?

They are to sing praises to Yahweh and tell the nations what Yahweh has done.

Psalms 9:12

ULT	UST
for the seeker of vengeance for bloodshed remembered them; he does not forget the cry of the poor.	*Do this because Yahweh always remembers to repay any person who murders another person. When someone's enemy has oppressed him, and when that person calls to Yahweh to help him, Yahweh does not forget to avenge him.*

What does Yahweh not forget?

He does not forget the cry of the poor.

Psalms 9:13

ULT	UST
Have mercy on me, Yahweh! See my affliction from my haters, O lifter of me from the gates of death,	*Yahweh, act mercifully toward me! You who rescue me when I am almost dead, look at the ways that my enemies have oppressed me.*

What is David asking Yahweh to do for him?

He is asking Yahweh to have mercy on him.

By whom is David oppressed?

David is oppressed by those who hate him.

Psalms 9:14

ULT	UST
in order that I might recount all your praise in the gates of the daughter of Zion. I will rejoice in your salvation!	*I want to live in order to tell all your people at the entrance to Jerusalem all the reasons to praise you and to rejoice because you rescued me.*

Where will David rejoice in salvation?

David will rejoice in salvation in the gates of the daughter of Zion.

Psalms 9:15

ULT	UST
The nations have sunk down into the pit they made; their foot is caught in the net that they hid.	*When you rescue me it is like wicked people of many nations had dug a pit for me to fall into, but have fallen into that same pit, or like they hid a net to catch me, but their feet have been caught in that same net.*

What has happened to the nations?

The nations have sunk down into the pit that they made and their feet are caught in the net that they hid.

Psalms 9:16

ULT	UST
Yahweh has revealed himself, he has done justice; the wicked is ensnared by the work of his hands. Higgaion Selah	*So you allow the traps that wicked people make to trap them. Because of that, people can discover that you, Yahweh, are just. Higgaion Selah*

Who has revealed himself and done justice?

Yahweh has revealed himself and done justice.

Psalms 9:17

ULT	UST
The wicked will turn back to Sheol; all nations are forgetful of God.	*Wicked people will flee from you back to the place where dead people stay. There are people there from every nation, people who have forgotten to worship the true God.*

Where are the wicked sent?

They are sent to Sheol, along with all the nations that forget God.

Psalms 9:18

ULT	UST
But the needy will not be forgotten eternally, nor will the hope of the afflicted perish forever.	*This all happens because there is a certain time when God will remember to take care of poor people. It is good for oppressed people to expect him to rescue them because he will do it one day.*

What will not happen to the needy and the afflicted?

The needy will not be forgotten forever, nor will the hope of the afflicted perish forever.

Psalms 9:19

ULT	UST
Arise, Yahweh! Let not humanity prevail! On your face let nations be judged.	*Yahweh, do something! Do not let evil people win! Bring them to your court and judge them!*

What does David want Yahweh to prevent humanity from doing?

David wants Yahweh to arise and not let humanity prevail.

Psalms 9:20

ULT	UST
Put terror to them, Yahweh! May nations know they are human. Selah	*Yahweh, teach them that they must be afraid of you and honor you. Cause the rulers of nations to know that they are mortal. Selah*

What is David asking Yahweh to do to the nations?

He is asking Yahweh to terrify them and make them know that they are mere men.

Psalms 10

Psalms 10:1

ULT	UST
Why, Yahweh, do you stand far-off? Why do you hide in times of trouble?	*Yahweh, please do not stay far away from us. Please let us find you when enemies threaten us.*

What does the psalmist ask Yahweh at the beginning of the psalm?

The psalmist asks why Yahweh stands far off and hides in times of trouble.

Psalms 10:2

ULT	UST
In arrogance, the wicked hotly pursue the afflicted; may they be caught by the schemes that they have planned.	*Wicked people proudly chase people until they can oppress them. Yahweh, please make the bad things they plan to do to others happen to them instead.*

What does the psalmist ask Yahweh to do to the wicked?

The psalmist asks that the wicked be caught in the schemes they have planned to use against the afflicted.

Psalms 10:3

ULT	UST
Indeed, the wicked boasts about the desires of his soul and he blesses the robber; he despises Yahweh.	*A wicked person even brags about what he strongly wants to do. He praises people who unjustly take things from other people. He curses Yahweh.*

What does the wicked man do regarding Yahweh?

The wicked man despises Yahweh and praises those who steal from others.

Psalms 10:4

ULT	UST
According to the haughtiness of his nose the wicked seeks not; All his thoughts are, "There is no God."	*The wicked person is so proud that he does not care about God. He plans to do evil things as if there was no God.*

Why does the wicked man not seek God?

The wicked man does not seek God because he is so proud.

Psalms 10:6

ULT	UST
He says in his heart, “I will not be shaken; to generation and generation it is I who will not be in distress.”	*He thinks, “Nothing bad can happen to me! As long as I live, nothing will trouble me.”*

What does the wicked man say in his heart?

The wicked man says in his heart that he will never be shaken and will never face distress.

Psalms 10:7

ULT	UST
His mouth is full of curses and lies and oppression; under his tongue are mischief and evil.	*He constantly curses, lies, and threatens others. He is always talking about harming others and doing wrong.*

What is the wicked man always talking about?

He constantly curses, lies, threatens others, and is always talking about harming others and doing wrong.

Psalms 10:8

ULT	UST
He sits in ambush near the villages; in the secret places he murders the innocent; his eyes stealthily watch for a helpless person.	*He hides outside villages to surprise attack people. From his secret spot he kills people who have done nothing wrong. From there he sneakily watches for some unlucky person.*

What does the wicked man do to innocent people?

He hides in ambush near the villages, murders the innocent in secret, and watches for helpless people.

Psalms 10:9

ULT	UST
He ambushes in a secret place like a lion in cover; he ambushes to seize the afflicted. He seizes the afflicted by pulling in his net.	*He hides in a secret spot like a lion, crouching in the bushes, waiting for people to catch and oppress. He catches people and drags them away in a net to oppress them.*

What animal is the wicked man like?

He is like a lion that hides in a secret place and waits to seize the afflicted.

Psalms 10:11

ULT	UST
He says in his heart, "God has forgotten; he has hidden his face; to perpetuity he sees not."	*He convinces himself, "God is not recording what I do. He is not paying attention; he will never notice."*

What does the wicked man say in his heart about God?

The wicked man says that God has forgotten, that God has hidden his face, and that God will never see.

What does the wicked man think about his evil deeds?

He thinks that God will not notice his evil deeds.

Psalms 10:12

ULT	UST
Arise, Yahweh! God, lift up your hand! Do not forget the afflicted ones.	*Do something, Yahweh! Prove that you are powerful, God! Pay attention to oppressed people!*

What does the psalmist ask Yahweh to do?

The psalmist asks Yahweh to take action to prove that he is powerful by paying attention to oppressed people.

Psalms 10:13

ULT	UST
Why does the wicked despise God? He says in his heart, "You will not seek."	*Do not let wicked people curse you, God! Do not let him believe that you do not care about his evil deeds!*

What does the wicked man say in his heart?

The wicked man says in his heart that God will not seek him out.

Psalms 10:14

ULT	UST
You have seen! Indeed, you notice mischief and vexation to take it in your hand. The helpless person entrusts himself to you; as for the orphan you, even you, are his helper.	*Surely you see everything! You pay attention to how wicked people hurt and frustrate other people so that you can punish those wicked people. Unlucky people trust that you will protect them. You help orphans.*

What does the psalmist say Yahweh does for helpless people?

Yahweh sees the mischief done to them, and helpless people and orphans trust him as their helper.

Psalms 10:15

ULT	UST
Break the arm of the wicked and the evil. May it seek his wickedness, but not find it.	*Cause people who are always doing very evil things to become powerless! When someone tries to oppress other people may he discover he cannot do it.*

What does the psalmist ask Yahweh to do to the wicked?

The psalmist asks Yahweh to make the wicked powerless and their wickedness come to nothing.

Psalms 10:16

ULT	UST
Yahweh is king forever and ever; the nations have perished from his land.	*Yahweh reigns eternally! Foreign people no longer occupy his land.*

What does the psalmist say about Yahweh's reign?

Yahweh is king forever and ever, and the nations have perished from his land.

Psalms 10:17-18

How does Yahweh respond to the afflicted?

Yahweh hears the desires of the afflicted, strengthens their heart, attends to them, and acts justly for the orphan and oppressed.

Psalms 10:18

ULT	UST
to judge the orphan and oppressed; that mankind who is from the earth will never again terrify.	*so you can act justly for the orphans and oppressed people. You will stop any mere human from ever terrifying them again.*

How does Yahweh respond to the needs of the oppressed?

He strengthens their heart, listens to their prayer, and defends them.

Psalms 11

Psalms 11:1

ULT	UST
To the chief musician; of David. In Yahweh I take refuge. How can you say to my soul, "Flutter like a bird to your mountain.	*This is a note for the worship leader: This is a psalm of David. I trust that Yahweh will protect me. So do not say to me, "You need to escape to the mountains like birds do,*

In whom does David take refuge?

David takes refuge in Yahweh.

What do some people tell David he should do?

They tell him to flee to the mountains like a bird.

Psalms 11:2

ULT	UST
For behold, the wicked, they bend a bow; they have set their arrow on the string to shoot in the darkness at the upright of heart.	*because wicked people have hidden in the darkness. They have pulled back their bowstrings and aimed their arrows to shoot them at godly people like you.*

How do the wicked prepare to attack the upright in heart?

They prepare their bows and make ready their arrows while hiding in darkness.

Psalms 11:4

ULT	UST
Yahweh is in his holy temple; Yahweh is in the heavens, his throne. His eyes see, his eyelids test the sons of man.	*But Yahweh is in his holy sanctuary, he reigns from heaven, and he watches and examines everything that people do.*

What is Yahweh doing in his holy temple?

His eyes watch and examine all people.

Psalms 11:5

ULT	UST
Yahweh tests the righteous and the wicked, and the one loving violence his soul hates.	*Yahweh examines what righteous people do and what wicked people do, and he hates those who love to do violent things.*

Who does Yahweh test?

He tests both the righteous and the wicked.

Who does Yahweh hate?

He hates those who love to do violence.

Psalms 11:6

ULT	UST
May he rain snares upon the wicked; fire and brimstone and a scorching wind the portion of their cup!	*May he send down from the sky traps upon the wicked, and may Yahweh punish them with fire and burning sulfur and scorching hot winds.*

What does the psalmist ask Yahweh to do to the wicked?

He asks Yahweh to rain snares, fire, and brimstone upon them, with a scorching wind as their portion.

Psalms 11:7

ULT	UST
For Yahweh is righteous, he loves righteousness; the upright will see his face.	*Yahweh is completely righteous, and he loves when people do what is righteous. People who do what is right will be able to come into his presence.*

What does Yahweh think of righteousness?

He loves righteousness.

What will happen to the upright?

The upright will see Yahweh’s face.

Psalms 12

Psalms 12:1

ULT	UST
Help, Yahweh, for the faithful have come to an end; for the faithful have vanished from among the sons of man.	*Yahweh, help us! It seems like people who honor you are no more.*

Why does David ask Yahweh for help?

David asks Yahweh for help because the faithful have come to an end and have vanished from among the sons of man.

Psalms 12:2

ULT	UST
Man, they speak falsehood with his neighbor; they speak with lip of smoothness, with a heart and a heart.	*Everyone tells lies to other people; they deceive others by saying good things about them that they know are not true and by speaking insincerely.*

How does everyone speak to his neighbor?

Everyone speaks lies to his neighbor and speaks insincerely, with flattering lips.

Psalms 12:3

ULT	UST
May Yahweh cut off all lips of smoothness, the tongue speaking great things,	*Yahweh, we wish that you would cut off their tongues so that they cannot continue to boast.*

What does David want Yahweh to do to the flattering lips?

David wants Yahweh to cut off all flattering lips so that they cannot continue to boast.

Psalms 12:4

ULT	UST
which say, “With our tongue we will make strong. Our lips are with us, who is master over us?”	*They say, “By speaking untruthfully we will get what we want; we control what we say, no one can tell us what we should do!”*

What do some people boast about?

Some boast that with their tongue they will be powerful, they control what they say, and that no one is master over them.

Psalms 12:5

ULT	UST
“Because of oppression of the poor, because of the groaning of the needy, Now I will arise,” says Yahweh. “I will place in the safety he pants for it.”	*But Yahweh replies, “I have seen the oppressive things that they have done to helpless people; I have heard those people groaning, so I will take action and rescue the people who are wanting someone to help them.”*

What will Yahweh do for the poor and the needy?

Yahweh will arise and provide safety for which they long.

Psalms 12:6

ULT	UST
The words of Yahweh are pure words, silver refined in a furnace on the ground, purified seven.	*Yahweh, what you say is morally pure and you always do what you have said you will do. Your words are as precious and pure as silver that has been heated seven times in a furnace to get rid of all the impure material.*

What are the words of Yahweh like?

Yahweh’s words are pure words, like silver refined in a furnace and purified seven times.

Psalms 12:7

ULT	UST
You Yahweh, you will keep them. You will protect him from this generation for eternity.	*Yahweh, we know that you will continually protect us who honor you from those wicked people.*

What does David say Yahweh will do for his people?

David says Yahweh will keep and protect them from this wicked generation forever.

Psalms 12:8

ULT	UST
The wicked walk about on every side when vileness is high among the sons of man.	*When people praise wicked actions, wicked people strut around proudly.*

What causes the wicked to walk proudly?

The wicked walk proudly when people praise wicked actions.

Psalms 13

Psalms 13:1

ULT	UST
How long, Yahweh? Will you forget me forever? How long will you hide your face from me?	*Yahweh, how long will you continue to not answer me? How long will you hide yourself from me?*

What does David repeatedly ask Yahweh at the beginning of this psalm?

David repeatedly asks Yahweh how long he will forget him and hide his face from him.

Psalms 13:2

ULT	UST
How long must I take counsel in my soul, sorrow in my heart by day? How long will the one being hostile to me be high over me?	*How long must I think about my problems within myself? Must I be miserable every day? How long will my enemy defeat me?*

What is David experiencing while waiting for Yahweh to answer?

David must carry sorrow in his heart every day, and his enemy has the upper hand over him.

Psalms 13:3

ULT	UST
Consider and answer me, Yahweh my God; give light to my eyes, lest I sleep the sleep of death,	*Yahweh, my God, pay attention to me and respond to me. Restore my strength by giving me what I have hoped for, or I will die*

How does David ask Yahweh to respond to his prayer?

He asks Yahweh to consider him, answer him, and restore his strength.

What does David fear will happen if Yahweh does not answer?

David fears he will die.

Psalms 13:4

ULT	UST
Lest the one being hostile to me say, “I have prevailed over him,” and my adversaries rejoice when I am shaken.	*and then my enemy would say, “I have defeated him,” and those who are against me would celebrate when they had defeated me.*

What does David not want his enemy to say about him?

He does not want his enemy to say that he has prevailed over David.

What will happen if David is defeated?

His enemies will rejoice when he is brought down.

Psalms 13:5

ULT	UST
But I have trusted in your covenant faithfulness; let my heart rejoice in your salvation.	*But I trust that you will faithfully love me; may I rejoice when you rescue me.*

In what has David trusted?

David has trusted in Yahweh’s covenant faithfulness.

What does David ask that his heart might do?

He asks that his heart might rejoice in Yahweh’s salvation.

Psalms 13:6

ULT	UST
I will sing to Yahweh, because he has dealt bountifully with me.	*Yahweh will do good things for me, so I will sing to him.*

Why will David sing to Yahweh?

David will sing because Yahweh has treated him very generously.

Psalms 14

Psalms 14:1

ULT	UST
For the chief musician; of David The fool says in his heart, “No God.” They are corrupt, they do a deed abominably. There is none doing good.	*This is a note for the worship leader: This is a psalm of David. Only foolish people say to themselves, “There is no God!” People who say those things do corrupt deeds; they do detestable deeds; hardly anyone does what is right.*

What does a fool say in his heart?

A fool says, “There is no God.”

Psalms 14:2

ULT	UST
Yahweh looks down from the heavens on the sons of man to see whether there is one understanding, one seeking God.	*Yahweh looks down from heaven and sees humans; he looks to see if there are any wise people, with the result that they are wise enough that they desire to know him.*

Why does Yahweh looks down on the sons of mankind?

He looks down to see if there are any who understand, who seek after him.

Psalms 14:3

ULT	UST
The whole has turned aside. Together they have corrupted themselves. There is none doing good, not even one.	*But they all do evil and corrupt things; no one does what is right.*

Who has done evil and corrupted themselves?

Everyone has done evil and corrupt things and no one does what is right.

Psalms 14:4

ULT	UST
Do they not know, all of the doers of iniquity, the ones eating my people as they eat bread? They do not call upon Yahweh.	*All the people who make a practice of doing wicked things do not take seriously the fact that Yahweh is going to punish them! They act violently toward Yahweh's people and want to consume them like they consume bread. These evil people never pray to Yahweh.*

Who does not call on Yahweh?

Those who make a practice of doing wicked things and acting violently toward Yahweh's people, do not call on Yahweh.

Psalms 14:5

ULT	UST
There they feared a fear, for God is with the generation of the righteous.	*But in the future, at the place God will judge wicked people, they will become very terrified because God will help those who act righteously.*

Why do those who do not call on Yahweh tremble with dread?

They tremble with dread because God is with the righteous assembly.

Psalms 14:6

ULT	UST
You shame the counsel of the afflicted, but Yahweh is his refuge.	*You evil people try to humiliate poor people, but Yahweh will protect them.*

Who is the refuge of the poor person?

Yahweh is his refuge.

Psalms 14:7

ULT	UST
Who will give the salvation of Israel from Zion? When Yahweh restores the prosperity of his people, Jacob will be glad, Israel will rejoice.	*I wish that Yahweh would come from where he dwells in Jerusalem and rescue us Israelite people! When Yahweh blesses us, his people again, then all of us Israelite people will rejoice.*

What does David want to come from Zion?

David wants the salvation of Israel to come from Zion.

When will Jacob rejoice and Israel be glad?

When Yahweh restores the prosperity of his people.

Psalms 15

Psalms 15:1-2

What kind of person may stay in Yahweh’s tabernacle and live on his holy hill?

The person who walks blamelessly, does what is right, and speaks truth from his heart may stay in Yahweh’s tabernacle and live on his holy hill.

Psalms 15:3

ULT	UST
He does not slander with his tongue, he does not do evil to his neighbor, and an insult he does not raise up against one close to him.	*They do not slander others. They do not do to others things that are wrong, and they do not say bad things about their friends.*

What does this blameless person not do with his tongue?

He does not insult or say bad things with his tongue.

Psalms 15:4

ULT	UST
In whose eyes one being rejected is despised, but those who fear Yahweh he honors. He swears to his own hurt, and does not change.	*They despise the people God abhors, but they respect those who revere Yahweh. They do what they have promised to do, even if it causes them trouble to do that.*

Who does this blameless person despise?

He despises the person God rejects.

Who does this blameless person honor?

He honors those who fear Yahweh.

When this person swears to his own disadvantage, what does he not do?

He does not take back his promises, even if it causes them trouble to do that.

Psalms 15:5

ULT	UST
He does not put out his money at interest, and a bribe against the innocent he does not take. The one doing these things will not be shaken for eternity.	*They lend money to others without charging interest, and they never accept bribes in order to lie about people who have not done anything wrong. Those who do those things will always live in safety.*

When this blameless person lends money, what does he not do?

He does not charge interest.

What does this blameless person not take bribes to do?

He does not take bribes to testify against the innocent.

What will never happen to the blameless person who does these things?

He will never be shaken.

Psalms 16

Psalms 16:1

ULT	UST
A miktam of David. Protect me, God, for I take refuge in you.	*A song of David. God, protect me, because I go to you to keep me safe!*

What does David ask God to do for him?

David wants God to protect him because he takes refuge in God.

Psalms 16:2

ULT	UST
You said to Yahweh, "You are my Lord; my good is not beyond you."	*I said to Yahweh, "You are my Lord; all the good things that I have come from you."*

What does David recognize about his relationship to Yahweh?

David recognizes that Yahweh is his Lord, and that everything good David has comes from Yahweh.

Psalms 16:3

ULT	UST
As for the holy ones who are on the earth, they are the majestic ones; all my delight is in them.	*People who try to live holy lives, they are wonderful; I greatly delight in them.*

Who are the holy ones on the earth?

They are majestic people, and David delights greatly in them.

Psalms 16:4

ULT	UST
Their sorrows will be multiplied, they who hasten after another god. I will not pour out their drink offerings from blood, and I will not take up their names on my lips.	*Those who choose to worship other gods will have many things that cause them to be sad. I will not join them when they make sacrifices to their gods, and I will not join them in speaking the names of their gods.*

What will happen to those who hasten after another god?

Their sorrows will be multiplied.

In what ways will David not worship other gods?

He will not pour out drink offerings of blood, and he will not speak their names with his lips.

Psalms 16:5

ULT	UST
Yahweh, the portion of my inheritance and my cup. You are holding my lot.	*Yahweh, you have granted to me that I would belong to you, and you supply all of my needs. You control what happens to me.*

What does David say Yahweh is to him?

David says Yahweh is the portion of his inheritance and his cup, and Yahweh controls what happens to him.

Psalms 16:6

ULT	UST
The measuring cords have fallen for me in pleasant places; indeed, the inheritance is beautiful for me.	*Yahweh has greatly blessed me; I am delighted with all the things that he has given me.*

What does David recognize that Yahweh has done for him?

David recognizes that Yahweh has greatly blessed him.

Psalms 16:7-8

Why does David bless Yahweh?

David blesses Yahweh because Yahweh counsels him.

Psalms 16:9

ULT	UST
Therefore my heart is glad, and my glory rejoices. Also, my flesh will dwell in security.	*Therefore I am very glad, and I can rest securely,*

How does David's heart respond to Yahweh?

David's heart is glad, and he rejoices. He will rest securely.

Psalms 16:10

ULT	UST
For you will not abandon my soul to Sheol. You will not hand over your faithful one to see the pit.	*because you, Yahweh, will save me from going to the place where dead people go, yes, you will save me, a godly person, from dying.*

What does David say Yahweh will not allow to happen to his faithful one?

Yahweh will not abandon his faithful one to Sheol where dead people go and will save him from dying.

Psalms 16:11

ULT	UST
You make known to me the path of life; abundance of joys are before your face; in your right hand are delights forever!	*You reveal to me how to live in a way that will make me joyful now and will result in receiving eternal life in the future. You make me joyful when I am with you. You give pleasures forever.*

What benefits does David get from Yahweh?

Yahweh reveals to David the path of life, gives him joy in Yahweh's presence, and provides delights at his right hand forever.

Psalms 17

Psalms 17:1

ULT	UST
A prayer of David Listen, Yahweh to righteousness. Pay attention to my cry! Give ear to my prayer from lips without deceit.	*A prayer of David Yahweh, listen to me while I plead with you to act justly toward me. Hear me while I call out to you to help me. Pay attention to what I say while I pray because I am speaking honestly.*

What does David ask God to do for him?

David asks Yahweh to listen to his plea for justice, pay attention to his call for help, and give ear to his prayer.

Psalms 17:2

ULT	UST
Let my vindication come from your face; let your eyes see rightly!	*May you declare that I am innocent; may you decide what is right.*

What does David pray will come from Yahweh's presence?

David prays that his vindication will come from Yahweh's presence.

Psalms 17:3

ULT	UST
You have examined my heart, you have visited me in the night, you have tested me and have detected nothing. I have purposed that my mouth will not transgress.	*You know what I think, even during the night. You have examined me and not found anything that grieves you. I have determined that I will not sin by what I say.*

What does David say Yahweh found when he tested David at night?

Yahweh examined David's heart, visited him in the night, and detected nothing wrong; David has determined that he will not sin by what he says.

Psalms 17:4

ULT	UST
With regard to the actions of man, by the word of your lips I have kept myself away from the paths of the violent.	*Regarding the actions of people, according to what you have commanded, I have carefully avoided living a violent life.*

How has David kept himself from the paths of the violent?

By the word of Yahweh's lips, David has kept himself from the paths of the violent.

Psalms 17:6

ULT	UST
I have called upon you, for you will answer me, God; Incline your ear to me; listen to my speech.	*O God, I am praying to you because I know that you will answer me; please listen to what I am saying.*

Why does David call on God?

David calls on God because God answers him.

Psalms 17:7

ULT	UST
Set apart your covenant faithfulness, you, the one saving by your right hand the ones seeking refuge in you from those rising up!	*Wonderfully show how you faithfully love me; you who rescue with your great power the people who trust you to protect them from their enemies.*

What does David ask God to show him?

He asks God to show his covenant faithfulness to him in a wonderful way.

Who does God save by his right hand?

He saves those who take refuge in him from their enemies.

Psalms 17:8-9

How does David ask God to protect him from the wicked?

David asks God to protect him as carefully as people protect their own eyes and to protect him from the wicked like mother birds protect their babies under their wings.

Psalms 17:10

ULT	UST
Their fat they have closed up; with their mouths they speak with pride.	*They never pity anyone, and they are always speaking boastfully.*

How does David describe his enemies?

He says his enemies have no mercy on anyone, and their mouths speak with pride.

Psalms 17:11

ULT	UST
They have surrounded me now in our steps. Their eyes they have set, crouching down to the earth.	*They have searched for me and found me. They surround me, watching for an opportunity to attack and kill me.*

What have David's enemies done to him?

They have surrounded him and set their eyes on him, crouching low to attack him.

Psalms 17:13

ULT	UST
Arise, Yahweh, confront his face, make him bow down! Rescue my soul from the wicked with your sword!	*Yahweh, come and oppose my enemies and make them fall to the ground when you defeat them! Take violent action and deliver me from wicked men!*

What does David ask Yahweh to do to his enemies?

He asks Yahweh to arise, confront his enemies and make them bow down, and to rescue him from the wicked with his sword.

Psalms 17:14

ULT	UST
From men with your hand Yahweh, from men from the world, their portion in life, and with your treasure you fill their belly. They are satisfied with sons, and they leave their abundance to their children.	*Yahweh, by your power rescue me from those people who are interested only in things here in this world. You provide them with many good things. They have many children and when they die, they leave their wealth to their descendants.*

From whom is David asking Yahweh to rescue him by his hand?

He is asking Yahweh to rescue him from men of this world whose prosperity is in this life alone.

What does Yahweh provide for the men of this world?

Yahweh fills their bellies with riches; they are satisfied with sons, and they leave their abundance to their children.

Psalms 17:15

ULT	UST
I, in righteousness, will see your face; when I awake, I will be satisfied with your manifestation.	*Yahweh, because I act in the right way, I will see you. When I wake up I will see you, and then I will be happy.*

What does David expect to happen when he sees Yahweh's face in righteousness?

He will be satisfied with a sight of Yahweh.

Psalms 18

Psalms 18:1

ULT	UST
And he said, “I love you, Yahweh, my strength.	*This is what he sang: “Yahweh, I love you, the one who enables me to be strong.*

What does David express toward Yahweh?

David says that he loves Yahweh.

Psalms 18:3

ULT	UST
To the one being praised I call, to Yahweh, and I am saved from my enemies.	*You deserve for people to praise you, Yahweh. When I cry to you for help, you rescue me from my enemies.*

What happens when David calls on Yahweh?

David is saved from his enemies.

Psalms 18:6

ULT	UST
In my distress, I called to Yahweh, and to my God I cried out for help. He heard my voice from his temple, and my cry to his face went in his ears.	*But when I was very distressed, I cried out to you, Yahweh my God. From your temple in heaven you could hear me calling to you, and you listened to my prayer.*

Where was Yahweh when he heard David’s voice?

Yahweh heard David’s voice from his temple.

Psalms 18:7

ULT	UST
Then the earth shook and trembled, and the foundations of the mountains quaked and shook themselves because it burned to him.	*It made you so angry that someone was trying to kill me, and you responded so powerfully that it was as if there was a great earthquake and as if you shook the foundations of the mountains.*

Why were the foundations of the mountains shaken?

They were shaken because God was angry.

Psalms 18:9-10

How did Yahweh come down from the heavens?

With a dark cloud under his feet, he rode on a cherub and flew swiftly on the wings of the wind.

Psalms 18:14

ULT	UST
And he sent out his arrows and he scattered them and lightnings in abundance and he panicked them.	*It was as if you sent many flashes of lightning that made my enemies so afraid that they ran away in different directions, as if you had shot arrows at them.*

How did Yahweh scatter his enemies?

He shot his lightning like arrows and made his enemies so afraid that they ran away in different directions.

Psalms 18:15

ULT	UST
And the channels of the sea were seen, and the foundations of the world were uncovered, from your rebuke, Yahweh, from the blast of the breath of your nose.	*The bottom of the ocean became visible, and the water uncovered the foundations of the earth when Yahweh rebuked his enemies with the breath that came in his anger!*

What exposed the foundations of the world?

Yahweh's rebuke and the blast of the breath of his nostrils exposed the foundations of the world.

Psalms 18:16

ULT	UST
He stretched out from the height, he took hold of me. He drew me out of many waters.	*It was as if you reached down from heaven and grabbed me so that you could pull me up out of the deep water of the ocean.*

Out of what did Yahweh pull David?

It was as if he pulled David out of the deep water of the ocean.

Psalms 18:19

ULT	UST
And he brought me out to an open space; he delivered me because he delighted in me.	*You brought me to a place where I was safe. You love me, and so you rescued me.*

Why did Yahweh save David?

Yahweh saved David because Yahweh delighted in him.

Psalms 18:27

ULT	UST
For you save a lowly people, but the eyes of the ones being high, you bring them down.	*You rescue people whom others are afflicting, but you humiliate those who are proud.*

What does Yahweh do to afflicted people?

He saves afflicted people.

What does Yahweh do to those who are proud?

Yahweh humiliates them.

Psalms 18:30

ULT	UST
This God, his way is perfect. The word of Yahweh is refined. He is a shield to all of the ones taking refuge in him.	*My God, everything that you do is perfect. Everything that you say is right. You protect everyone who depends on you, as if you are a shield that defends them.*

How does David describe God's way?

He says God's way is perfect.

Psalms 18:37

ULT	UST
I pursue my enemies, and I destroy them, and I do not return until I have ended them.	*I chased my enemies and defeated them. I did not stop fighting them until I had killed them all.*

What did David do to his enemies?

David pursued his enemies and destroyed them.

Psalms 18:41

ULT	UST
They called out for help, but there was none saving; to Yahweh, but he did not answer them.	*They called out for someone to rescue them, but no one did. They cried out for help to you, Yahweh, but you did not help them.*

What happened when David's enemies called to Yahweh?

Yahweh did not answer them.

Psalms 18:43

ULT	UST
You rescue me from the disputes of people. You made me as the head of nations. People I did not know serve me.	*You rescued me from the Israelites who tried to rebel against me. You appointed me as the ruler of many nations. Foreign people are now my subjects.*

Over what has Yahweh made David the head?

Yahweh made David the head over nations.

Psalms 18:48

ULT	UST
the one delivering me from my enemies. Also, from the ones arising against me you lift me up, from a man of violence, you deliver me.	*You kept my enemies from capturing me. People rebelled against me, but it as if their armies had been floodwaters and you lifted me out of them to safety. You rescued me from men who tried to harm me.*

From whom does Yahweh deliver David?

Yahweh delivers David from his enemies.

Psalms 18:50

ULT	UST
the one magnifying the salvation of his king and doing covenant faithfulness to his anointed, to David, and to his seed until forever."	*You chose me to be king, and you have done great things to save me from my enemies. You faithfully show kindness to me, David, whom you anointed as king, as well as to my descendants forever."*

To whom does Yahweh show his covenant faithfulness?

He shows his covenant faithfulness to his anointed one, to David and to his descendants forever.

Psalms 19

Psalms 19:1

ULT	UST
The heavens are declaring the glory of God, and the sky is proclaiming the work of his hands.	*When people look at everything that God has placed in the skies, they can see that he is very great. Yes, the way God made the sky shows people that he is powerful.*

What do the heavens declare and the sky proclaim?

The heavens declare the glory of God, and the sky proclaims the work of his hands.

Psalms 19:2

ULT	UST
Day to day makes flow forth a word, and night to night declares knowledge.	*Day after day it is as though the sun proclaims the glory of God, and night after night it is as though the moon and stars say that God made them.*

What do the days and nights continually declare?

Day after day, words flow forth, and night after night knowledge is declared.

Psalms 19:4

ULT	UST
Their line has gone out through all of the earth, and their words to the end of the world. He has set in them a tent for the sun,	*But what they declare about God goes throughout all the world, and even people who live in the most distant places on earth can know it. The sun is in the skies where God placed it;*

What goes out through all the earth and to the end of the world?

Their words go out through all the earth to the end of the world.

Psalms 19:5

ULT	UST
and that is like a bridegroom coming out from his chamber, it rejoices like a strong man to run its path.	*it rises each morning like a bridegroom who is happy as he comes out of his bedroom after his wedding. It is like a strong athlete who is very eager to start running in a race.*

What is the sun like?

The sun is like a bridegroom and like a strong man.

Psalms 19:7

ULT	UST
The law of Yahweh is perfect, restoring the soul; the testimony of Yahweh is sure, making wise the simple.	*The instructions that Yahweh has given us are perfect; they keep us from living in a way that would cause God to condemn us. We can be sure that the things that Yahweh has told us are trustworthy, and by learning them people who have not been previously taught will become wise.*

What does the law of Yahweh do?

The law of Yahweh restores the soul.

What does the testimony of Yahweh do?

The testimony of Yahweh makes the simple wise.

Psalms 19:8

ULT	UST
The precepts of Yahweh are right, making the heart rejoice; the commandment of Yahweh is pure, enlightening the eyes.	*Yahweh's laws are fair; when we obey them, we become joyful. The commands of Yahweh are morally perfect, and by learning them we start to understand how God wants us to behave.*

What do the precepts of Yahweh do?

The precepts of Yahweh make the heart rejoice.

What does the commandment of Yahweh do?

The commandment of Yahweh shows them how he wants them to behave.

Psalms 19:10

ULT	UST
They are to be desired more than gold, and more than much fine gold, and they are more sweet than honey and nectar of honeycombs.	*Yahweh's commandments are more valuable than gold, even great amounts of the purest gold. Learning the things Yahweh teaches us through them is more pleasurable than eating honey, than honey dripping from honeycombs.*

How do the judgments of Yahweh compare to gold?

They are of greater value than gold, even much more than much fine gold.

Psalms 19:11

ULT	UST
Also, by them your servant is warned; in keeping them there is great reward.	*Furthermore, by your commandments I am warned about what things I should not do. You greatly reward those who obey them.*

What do the judgments of Yahweh do for the servant?

By them the servant is warned, and there is great reward in keeping them.

Psalms 19:12

ULT	UST
Who can discern his errors? Acquit me from hidden faults.	*There is no one who can know all his sins; so Yahweh, forgive me for these things which I do that I do not realize are wrong.*

From what does David ask Yahweh to acquit him?

He asks Yahweh to acquit him from his hidden faults.

Psalms 19:14

ULT	UST
Let the words of my mouth and the meditation of my heart be acceptable to your face, Yahweh, my strength and the one redeeming me.	*I pray that both what I say, and what I think about, be pleasing to you, Yahweh, you who enable me to be strong and who redeem me.*

What does David want to be acceptable to Yahweh?

David wants the words of his mouth and the meditation of his heart to be acceptable to Yahweh.

Psalms 20

Psalms 20:1

ULT	UST
May Yahweh answer you in the day of trouble; may the name of the God of Jacob set you on high.	*I desire that Yahweh will answer you when you call out to him when you are in a crisis! I desire that Yahweh, the God whom our ancestor Jacob worshiped, will protect you from your enemies.*

What does the psalmist pray that Yahweh will do for the king in his time of trouble?

The psalmist prays that Yahweh will answer the king in his time of trouble and protect him.

Psalms 20:2

ULT	UST
May he send you help from the sanctuary and support you from Zion.	*I desire that he may come from his sacred temple and help you, and aid you from where he lives on Mount Zion.*

From where does David want Yahweh to send help and support?

He asks that Yahweh send help from the sanctuary and support from Zion.

Psalms 20:3

ULT	UST
May he remember all of your grain offerings and regard as fat your burnt offering. Selah	*I desire that he may accept all your grain offerings and accept all your other offerings that you give him to be burned on the altar. Selah*

What does David want Yahweh to remember and accept?

David asks that Yahweh remember all the grain offerings and accept the burnt offering.

Psalms 20:4

ULT	UST
May he grant you according to your heart, and may he fulfill all of your plans.	*I want him to give you what you desire, and I want him to allow you to be able to accomplish everything that you have planned to do.*

What does the psalmist ask Yahweh to grant the king?

The psalmist asks that Yahweh grant the king what his heart desires and fulfill all his plans.

Psalms 20:5

ULT	UST
We will shout for joy over your salvation, and in the name of our God we will set up our banners. May Yahweh fulfill all of your petitions.	*When you defeat your enemies, we will shout joyfully. We will lift up a banner proclaiming that it is Yahweh our God who helps us. I desire Yahweh to do everything that you have requested him to do.*

In what does David say they will rejoice?

David says they will rejoice in the salvation that Yahweh gives.

Psalms 20:6

ULT	UST
Now I know that Yahweh saves his anointed; he will answer him from his holy heaven with mighty deeds of salvation of his right hand.	*I know now that Yahweh rescues the one whom he has chosen to be king. From his holy place in heaven he will answer him, and he will save him by his great power.*

Who does David say that Yahweh will rescue?

David knows that Yahweh will rescue his anointed.

Psalms 20:7

ULT	UST
These in chariots and these in horses, but we will remember the name of Yahweh our God.	*Some kings trust that because they have chariots they will be able to defeat their enemies, and some trust that their horses will enable them to defeat their enemies, but we will trust in the power of Yahweh our God.*

In what do other people trust?

Some trust in chariots and others in horses to defeat their enemies.

What do David and his people do instead of trusting in chariots or horses?

They remember to trust in the power of Yahweh their God.

Psalms 20:8

ULT	UST
They bow down and fall, but we rise and stand upright!	*Some will stumble and fall down, but we will be strong and not be moved.*

What does the psalmist say happens to enemies compared to his own people?

The enemies bow down and fall, but the psalmist and his people rise and stand firm.

Psalms 20:9

ULT	UST
Save, Yahweh; may the king answer us on the day we call.	*Yahweh, enable your king to defeat our enemies! We desire that the king answer us when we cry out for help.*

What does the psalmist ask Yahweh to do at the end of the psalm?

The psalmist asks Yahweh to save, and prays that the king will answer them when they call.

Psalms 21

Psalms 21:1

ULT	UST
Yahweh, in your strength the king rejoices, and in your salvation how greatly he exults!	*Yahweh, your king is glad because you have enabled him to be strong and because you have rescued him from his enemies; indeed, how exceedingly he rejoices.*

In what does the king rejoice?

He rejoices in Yahweh's strength and in the salvation Yahweh provides.

Psalms 21:2

ULT	UST
You have given to him the desire of his heart, and the request of his lips you have not withheld. Selah	*You have given your king the things he desired, and you have not refused to do what he requested you to do. Selah*

What has Yahweh done for the king?

Yahweh has given the king his heart's desire and has not held back the request of his lips.

Psalms 21:3

ULT	UST
For you meet him with blessings of good; you place on his head a crown of refined gold.	*In answer to his prayer, you bless him with many good things. You place a gold crown on his head.*

What has Yahweh brought to the king and placed on his head?

He has brought the king rich blessings and placed a crown of refined gold on his head.

Psalms 21:4

ULT	UST
He asked life from you; you gave it to him, length of days, forever and ever.	*He asked you to let him live for a long time, and you have enabled him to live for a long time.*

What did Yahweh give the king after the king asked for it?

Yahweh gave the king life and long days forever and ever.

Psalms 21:5

ULT	UST
His glory is great through your salvation; splendor and majesty you place on him.	*People honor him greatly because you have helped him defeat his enemies. You have made him famous.*

Why is the king's glory great?

His glory is great because of Yahweh's salvation.

What has Yahweh bestowed upon the king?

Yahweh has bestowed splendor and majesty.

Psalms 21:7

ULT	UST
For the king is trusting in Yahweh, and through the covenant faithfulness of the Most High, he will not be shaken.	*The king trusts in you, Yahweh, and because you, who are much greater than all other spirit beings, faithfully love him, you will protect him.*

Why will the king not be shaken?

He will not be shaken because he trusts in Yahweh through the Most High's covenant faithfulness.

Psalms 21:8

ULT	UST
Your hand will find all of your enemies; your right hand will find the ones hating you.	*You, the king, will defeat all your enemies; yes, you will surely defeat all those who hate you.*

What will Yahweh's hand find?

Yahweh's hand will find all his enemies, those who hate him.

Psalms 21:9

ULT	UST
You will make them as an oven of fire at the time of your face. In his nose Yahweh will swallow them and will consume them with fire.	*When you, the king, appear, you will so completely destroy them that it will be as if you threw them into a fiery furnace. Because Yahweh is angry with them, he will decimate them so completely that it will be as if he swallowed them whole or burned them up.*

What will Yahweh do to his enemies?

He will burn them up, and they will be consumed in his wrath.

Psalms 21:10

ULT	UST
You will destroy their fruit from the earth and their seed from among the sons of man.	*You, the king, will remove their children from this earth; their descendants will all disappear.*

What will Yahweh do to the offspring of his enemies?

He will destroy their offspring and their descendants.

Psalms 21:11-12

Why will the plot of Yahweh's enemies not succeed?

It will not succeed because Yahweh will turn them back and draw his bow against them.

Psalms 21:13

ULT	UST
Be exalted, Yahweh, in your strength; we will sing and we will praise your power.	*Yahweh, show everyone how very strong you are! When you do that, we will sing and praise you because you are very powerful.*

How will the people exalt Yahweh?

They will sing and praise his power.

Psalms 22

Psalms 22:1

ULT	UST
My God, my God, why have you forsaken me? Why are you far from the salvation of me, far from the words of my groaning?	*My God, my God, why have you abandoned me? Why do you not come and help me? Why do you not respond to me when I am suffering so severely that I am groaning?*

What is David asking God?

David is asking why God has abandoned him, why he is so far from David.

Psalms 22:2

ULT	UST
My God, I call by day, but you do not answer, and in the night, and there is no silence for me.	*My God, every day I call to you during the daytime and during the night, but you do not answer me, so I am not able to sleep.*

What does David do in the daytime and at night?

David cries out in the daytime, and at night David is not silent.

Psalms 22:3

ULT	UST
Yet you are holy, sitting in the praises of Israel.	*But you are holy. You sit on your throne as king, and receive praise in your sacred tent from your people Israel.*

How does David refer to God?

David refers to God as holy, sitting as king with the praises of Israel.

Psalms 22:4-5

What did David's ancestors do and how did God respond?

They trusted in God, he rescued them, and they were not disappointed.

Psalms 22:6

ULT	UST
But I am a worm and not a man, a reproach of mankind and despised by the people.	*But you have not rescued me! People despise me and consider that I am not a man; they think that I am a worm! Everyone scorns me and despises me.*

How does David describe himself?

David says he is a worm and not a man, a disgrace to humanity and despised by the people.

Psalms 22:8

ULT	UST
“Roll to Yahweh; let him deliver him. Let him rescue him, since he delights in him.”	*My enemies say, “He trusts in Yahweh, so Yahweh should save him! He says that Yahweh is very pleased with him; if that is so, Yahweh should rescue him!”*

What do the people that taunt and mock David say to him?

They say that he trusts in Yahweh and that Yahweh should rescue him since Yahweh delights in him.

Psalms 22:9-10

How long has David trusted God?

David trusted Yahweh when he was on his mother’s breasts and since he was in his mother’s womb.

Psalms 22:11

ULT	UST
You do not be far away from me, for trouble is near, for there is no one helping me.	*Come near to me and help me, because my enemies are near me and there is no one who is helping me.*

What is David asking God to do for him?

He is asking God to not be far away from him because trouble is near and there is no one to help.

Psalms 22:12-13

What is surrounding David like a roaring lion?

His enemies, like many strong bulls of Bashan, surround him, and they are opening their mouths wide against him like a roaring lion.

Psalms 22:14-15

How does David describe himself?

He says he is being poured out like water, all his bones are dislocated, his heart is like wax, his strength has dried up, his tongue sticks to the roof of his mouth.

Psalms 22:16

ULT	UST
For dogs have surrounded me; a company of ones doing evil have encircled me, like the lion, my hands and my feet.	*My enemies surround me like a pack of wild dogs. A group of evil men has encircled me, ready to attack me. They have pierced my hands and my feet.*

What has surrounded David and encircled him?

Dogs have surrounded him and a company of evildoers encircled him, having pierced his hands and feet.

Psalms 22:18

ULT	UST
They divide my garments among them, and they cast lots for my clothing.	*They looked at the clothes that I was wearing and gambled to determine which piece each of them would get.*

What was done to the garments and the clothes?

The garments were divided and lots were cast for the clothes.

Psalms 22:19

ULT	UST
But you, Yahweh, do not be far away. My strength, hurry to help me.	*Yahweh, do not be like my enemies; rather be concerned for me. You who are the one who strengthens me, come quickly and help me.*

What does David request of Yahweh?

He requests that Yahweh not be far away and hurry to help him.

Psalms 22:20-21

From what does David want to be rescued and saved?

He wants his life delivered from the sword, rescued from the hand of the dog, and saved from the mouth of the lion and the horns of wild oxen.

Psalms 22:22

ULT	UST
I will declare your name to my brothers; in the midst of the assembly I will praise you.	*Because you have saved me, I will proclaim to my fellow Israelites how great you are. I will praise you among the group of your people gathered together to worship you.*

What will David declare to his brothers, and where will he praise Yahweh?

He will declare Yahweh's name to his brothers and praise him in the midst of the assembly.

Psalms 22:23

ULT	UST
You who fear Yahweh, praise him! All of the seed of Jacob, honor him, and be terrified from him, all of the seed of Israel!	*You people who have an awesome respect for Yahweh, praise him! All you who are descended from Jacob, honor Yahweh! All you Israelite people, revere him!*

Who should praise, honor, and stand in awe of Yahweh?

All who fear Yahweh, all descendants of Jacob, and all descendants of Israel should praise, honor, and stand in awe of him.

Psalms 22:24

ULT	UST
For he has not despised nor abhorred the affliction of the afflicted, and he has not hidden his face from him, but when he cried to him, he heard.	*Yahweh does not despise or ignore those who are suffering. He pays attention to them, and he responds when they call out to him for help.*

When did Yahweh hear the afflicted one?

He heard the afflicted one when he cried to him.

Psalms 22:25

ULT	UST
From with you my praise in the great assembly; I will fulfill my vows before those who fear him.	*Yahweh, in the great gathering of your people, I will praise you for what you have done. In the presence of those who revere Yahweh, I will offer the sacrifice that I promised to make to you because you delivered me.*

Where will David praise and fulfill his vows?

He will praise Yahweh in the great assembly and fulfill his vows before those who fear Yahweh.

Psalms 22:26

ULT	UST
The poor will eat and be satisfied. The ones seeking Yahweh will praise. May your heart live forever.	*The poor people whom I have invited to the meal will eat as much as they want. All who come to worship Yahweh will praise him. I pray that God will enable you all to live a long and happy life!*

Who will eat, be satisfied, and praise Yahweh?

The poor will eat and be satisfied, and those who seek Yahweh will praise him.

Psalms 22:27

ULT	UST
All of the ends of the earth will remember and turn to Yahweh, and all of the families of the nations will bow down to your face.	*People in all nations, even in the remote areas, will think about Yahweh and turn to him. People from all the clans in the world will bow down before you,*

What will all the peoples of the earth and what will the families of the nations do?

The peoples of the earth will remember and turn to Yahweh and all the families of the nations will bow down before him.

Psalms 22:28

ULT	UST
For to Yahweh the kingdom, and he is ruling over the nations.	*because Yahweh is the king! He rules the people of all nations.*

Over what does Yahweh rule?

Yahweh rules over the nations.

Psalms 22:29

ULT	UST
All of the fat of the earth will eat and will bow down; to his face will kneel all of the ones going down to the dust, even his self he kept not alive.	*All the rich people on the earth will celebrate and bow before him. All those who are close to dying will kneel in worship before him, yes, those who are not able to keep themselves alive.*

Who will bow before Yahweh?

Both the wealthy of the earth and those who are dying and cannot preserve their own lives will bow before him.

Psalms 22:30-31

What will future generations do?

They will come and declare to a people not yet born what Yahweh has done.

Psalms 23

Psalms 23:1

ULT	UST
A psalm of David Yahweh is my shepherd; I will lack nothing.	*A psalm of David Yahweh cares for me like a shepherd cares for his sheep, so I know that I will have everything that I need.*

Who is David's shepherd?

David's shepherd is Yahweh.

Psalms 23:2

ULT	UST
He makes me lie down in green pastures; he leads me to waters of rest.	*Yahweh nourishes and encourages my inner person and enables me to rest in peace, like a shepherd who leads his sheep to places where there is plenty of green grass for them to eat and leads them to streams where the water is flowing slowly.*

Where does Yahweh make David lie down?

Yahweh makes David lie down in green pastures.

Where does Yahweh lead David?

Yahweh leads David beside tranquil water.

Psalms 23:3

ULT	UST
He restores my soul. He leads me in right paths for the sake of his name.	*Yahweh renews my strength. He gives me good guidance for how I should live, in order that I, and others, will honor him.*

What does Yahweh restore?

Yahweh restores David's soul.

Where does Yahweh guide David?

Yahweh guides David along right paths.

Psalms 23:4

ULT	UST
Even though I walk through the valley of deep darkness, I will fear no evil, for you are with me; your rod and your staff, they comfort me.	*Even when I am in dangerous and scary circumstances in which evil men might kill or hurt me, I will fear nothing, because you are with me. I feel comforted and reassured because you protect and care for me like a shepherd protects his sheep by using his club and his walking stick to protect them from being attacked by wild animals.*

When David walks through the valley of deep darkness, who is with him?

Yahweh is with David.

Psalms 23:5

ULT	UST
You arrange a table before my face in front of my enemies; you have anointed my head with oil; my cup overflows.	*You richly provide food for me and protect me from my enemies. You joyfully welcome me and honor me as people joyfully receive the guests they have invited by pouring olive oil over their heads. You have given me very many blessings!*

What does Yahweh prepare before David?

Yahweh prepares a table in the presence of David’s enemies.

What does Yahweh anoint?

Yahweh anoints David’s head with oil.

Psalms 23:6

ULT	UST
Surely goodness and covenant faithfulness will pursue me all the days of my life, and I will dwell in the house of Yahweh for length of days!	*I am certain that Yahweh will be good to me and will continue to love me faithfully as long as I live. I will worship Yahweh in his sanctuary throughout my life.*

What will pursue David all the days of his life?

Goodness and covenant faithfulness will pursue David.

Where will David live all the days of his life?

David will live in the house of Yahweh for a very long time.

Psalms 24

Psalms 24:1-2

What does the psalmist say belongs to Yahweh?

The earth and its fullness belong to Yahweh, along with the world and everyone who lives in it, because he founded it upon the seas and established it upon the rivers.

Psalms 24:3-4

Who will ascend the mountain of Yahweh and stand in his holy place?

Those who have clean hands and a pure heart, who have not lifted up their soul to what is false and have not sworn deceitfully, will ascend Yahweh's mountain and stand in his holy place.

Psalms 24:5-6

What will those who seek Yahweh receive?

Those who seek Yahweh and seek his face will receive a blessing and righteousness from the God of their salvation.

Psalms 24:7

ULT	UST
Lift up your heads, you gates, and be lifted up, you ancient doors, so that the King of Glory may come in.	*Open up the gates of the sacred tent, in order that our glorious king may enter!*

Why are the gates to be lifted up?

So that the King of glory may come in.

Psalms 24:8-10

Who is the King of glory?

Yahweh is the King of glory. He is strong and mighty in battle, and he commands armies.

Psalms 25

Psalms 25:2

ULT	UST
My God, in you I trust; do not let me have shame; do not let my enemies exult over me.	*I trust in you, my God. Do not allow my enemies to defeat me, with the result that they would rejoice and I would be ashamed.*

For what does David ask God?

David asks God to not let him be shamed, and to not let his enemies rejoice over him.

Psalms 25:4-5

What does David ask Yahweh to teach him?

David asks Yahweh to make known to him Yahweh's ways and paths, and to lead him in Yahweh's truth.

Psalms 25:6-7

What does David ask Yahweh to remember?

David asks Yahweh to remember his compassion and covenant faithfulness, but not to remember the sins of David's youth or his transgressions.

Psalms 25:8-9

What does Yahweh do because he is good and upright?

He teaches the sinful in the way, leads the humble in justice, and teaches the humble his way.

Psalms 25:10

ULT	UST
All the paths of Yahweh are covenant love and faithfulness for the ones keeping his covenant and his testimonies.	*Yahweh always faithfully loves and does what he has promised to those who obey his covenant and who do what he requires.*

What are all the paths of Yahweh?

They are covenant love and faithfulness for those who keep his covenant and his testimonies.

Psalms 25:11

ULT	UST
For the sake of your name, Yahweh, forgive my iniquity, for it is great.	*Yahweh, forgive me for all my sins, which are many, in order that I and others may honor you.*

Why does David ask Yahweh to forgive his iniquity?

David asks Yahweh to forgive his iniquity for the sake of Yahweh's name.

Psalms 25:12-13

What will Yahweh do for the man who fears Yahweh?

Yahweh will teach him in the way he is to choose, his life will remain in prosperity, and his descendants will inherit the land.

Psalms 25:14

ULT	UST
The secret of Yahweh is for the ones fearing him and his covenant, to cause them to know it.	*Yahweh is a friend of those who revere him, and he teaches them the covenant that he made with them.*

What does Yahweh share with those who fear him?

Yahweh shares his secret with those who fear him and makes his covenant known to them.

Psalms 25:15

ULT	UST
My eyes are continually toward Yahweh, for he will make my feet go out of the net.	*I always ask Yahweh to help me, because he will rescue me when my enemies attempt to hurt me.*

Why does David continually keep his eyes on Yahweh?

Because Yahweh will rescue David when his enemies attempt to hurt him.

Psalms 25:16

ULT	UST
Turn toward me and be gracious to me, for I am alone and afflicted.	*Yahweh, pay attention to me and be merciful to me, because I have no one to help me and I am suffering.*

When David is alone and afflicted, what does he request of Yahweh?

David asks Yahweh to turn toward him and be gracious to him.

Psalms 25:17-19

When the troubles of David's heart are enlarged, what does he ask of Yahweh?

David asks Yahweh to bring him out of his distresses, to see his affliction and his trouble and forgive all of his sins, and to see his enemies who are many and who hate him with violent hatred.

Psalms 25:20

ULT	UST
Guard my life and deliver me; do not let me have shame, for I take refuge in you!	*Protect me and rescue me from them; do not allow them to defeat me with the result that I would be ashamed, because I go to you to keep me safe.*

Why does David ask Yahweh to not let him be shamed?

Because David takes refuge in Yahweh.

Psalms 25:22

ULT	UST
God, redeem Israel from all of his troubles!	*God, rescue us Israelite people from all of our troubles!*

From what does David ask God to redeem Israel?

He asks God to redeem Israel from all of his troubles.

Psalms 26

Psalms 26:1

ULT	UST
Of David Vindicate me, Yahweh, for I have walked in my integrity, and in Yahweh I have trusted without wavering.	*A psalm of David Yahweh, show that I am innocent. I have done what is right, and I have trusted in Yahweh without doubting him.*

How does David say that he has walked?

David says he has walked with integrity and has trusted in Yahweh without wavering.

Psalms 26:2

ULT	UST
Examine me, Yahweh, and test me; try my kidneys and my heart.	*Yahweh, examine what I have done and test me; thoroughly evaluate what I think in my inner being.*

What does David ask Yahweh to examine and test?

He asks Yahweh to test the purity of his inner parts and heart.

Psalms 26:3

ULT	UST
For your covenant faithfulness is before my eyes, and I walk about in your truth.	*I never forget that you faithfully love me. I conduct my life according to what you say is right.*

What is before David's eyes?

Yahweh's covenant faithfulness is before David's eyes.

Psalms 26:4

ULT	UST
I do not sit with men of falsehood, and I will not go with the ones concealing themselves.	*I do not spend my time with liars, and I stay away from hypocrites.*

With whom does David not associate or mingle?

David does not associate with deceitful people or mingle with dishonest people.

Psalms 26:5

ULT	UST
I hate the assembly of the ones doing evil, and I will not sit with the wicked.	*I do not like to be with evil people, and I avoid wicked people.*

What does David hate?

David hates gathering with evil people.

With whom does David say he will not sit?

David says he will not sit with the wicked.

Psalms 26:6-7

What does David do as he goes around Yahweh's altar?

He sings songs of thanksgiving and recounts all of Yahweh's wonderful acts.

Psalms 26:8

ULT	UST
Yahweh, I love the habitation of your house, and the place of the dwelling place of your glory.	*Yahweh, I love to be in the sanctuary where you dwell, in the place where your glory appears.*

How does David feel about the place where Yahweh lives?

He loves the place where Yahweh lives and his glory appears.

Psalms 26:9

ULT	UST
Do not gather my soul with the sinful, nor my life with men of blood,	*Do not get rid of me like you get rid of sinners. Do not cause me to die like you cause those who murder people to die,*

What does David ask Yahweh not to do?

David asks Yahweh not to gather his soul with the sinful or his life with men of blood.

Psalms 26:11

ULT	UST
But I will walk in my integrity; redeem me and be gracious to me.	*But as for me, I always try to do what is right. So rescue me and act kindly toward me.*

How does David say that he will walk?

David says that he will walk in integrity.

Psalms 26:12

ULT	UST
My foot stands on level ground; among the assemblies will I bless Yahweh!	*Because I have conducted myself righteously I am secure, and when all Yahweh's people gather together, I praise him among them.*

Where does David's foot stand and where will he bless Yahweh?

His foot stands on level ground and he will bless Yahweh among the assemblies.

Psalms 27

Psalms 27:1

ULT	UST
Of David Yahweh is my light and my salvation; whom will I fear? Yahweh is the refuge of my life; whom will I dread?	*A psalm of David Yahweh encourages me and nourishes my inner being. He is the one who saves me, so I will not fear anyone. Yahweh is the one to whom I go for refuge, so I will not dread anyone.*

Why should David not fear anyone?

David should not fear anyone since Yahweh is his light, his salvation, and the refuge of his life.

Psalms 27:2

ULT	UST
When the ones doing evil advance against me to devour my flesh, my enemies and the ones being hostile to me, they stumbled and fell.	*When those who do evil things come near me to attack and destroy me, Yahweh enables me to defeat them so that they fall down.*

What happened when evildoers advanced against David?

His enemies and those who were hostile to him stumbled and fell.

Psalms 27:3

ULT	UST
Though an army encamps against me, my heart will not fear; though war arises against me, in this I will be confident.	*Even if an army sets up their tents in order to attack me, I will not be afraid. Even if they attack me, I will trust in God.*

In what situations will David not fear but rather remain confident?

His heart will not fear even though an army encamps against him and war rises up against him.

Psalms 27:4

ULT	UST
One thing I have asked from Yahweh, that I will seek: that I may dwell in the house of Yahweh all the days of my life, to look upon the beauty of Yahweh and to inquire in his temple.	*There is one thing that I have requested from Yahweh, and that one thing I will repeatedly ask Yahweh for. This is the one thing I ask of Yahweh: that I may worship in Yahweh's sanctuary every day during my life, in order to experience how wonderful Yahweh is. When I am in his sanctuary then I will ask him for guidance.*

What has David asked of Yahweh?

David has asked that he may dwell in the house of Yahweh all the days of his life, to look upon the beauty of Yahweh, and to inquire in his temple.

Psalms 27:5

ULT	UST
For in the day of trouble he will hide me in his hut; he will hide me in the hiding-place of his tent. He will lift me high upon a rock.	*When I have troubles he will protect me in his tabernacle; yes, he will keep me safe in his sacred tent. He will keep me safe as if he were setting me high upon a rock where my enemies cannot reach me.*

What will Yahweh do for David in the day of trouble?

Yahweh will protect him in his tabernacle and keep him safe as if he were setting him high upon a rock where David's enemies cannot reach him.

Psalms 27:6

ULT	UST
And now my head will be lifted up above the ones being hostile to me who are all around me, and I will sacrifice in his tent sacrifices of a shout of joy. I will sing and make music to Yahweh!	*Then I will triumph over my enemies who surround me. I will shout joyfully as I offer sacrifices in his sacred tent, and I will praise Yahweh as I sing.*

How will David offer worship to Yahweh?

David will offer sacrifices of joy, sing, and make music to Yahweh.

Psalms 27:7

ULT	UST
Hear, Yahweh, my voice when I cry out, and be gracious to me, and answer me.	*Yahweh, listen to me while I call to you in prayer. Act kindly toward me and answer my prayer.*

What does David ask Yahweh to do?

David asks Yahweh to hear his voice, to be gracious to him, and to answer him.

Psalms 27:8

ULT	UST
“Seek my face.” My heart said to you, “Your face, Yahweh, I will seek.”	*I sensed that I heard you say, “Seek me and my help,” so, Yahweh, I will respond by seeking you and your help.*

What does David’s heart say to Yahweh?

David’s heart says that he will seek Yahweh’s face.

Psalms 27:9

ULT	UST
Do not hide your face from me; do not turn your servant away in anger. You have been my help. Do not abandon me nor leave me, God of my salvation.	*I am your servant; do not be angry with me, or turn away from me. You have always helped me. You are the one who has saved me, so do not abandon me now.*

What does David ask Yahweh not to do?

David asks Yahweh not to hide his face from him, not to turn his servant away in anger, nor to abandon or leave him.

Psalms 27:10

ULT	UST
For my father and my mother have left me, but Yahweh will care for me.	*My father and mother have left me, but Yahweh will take care of me.*

What does David say Yahweh will do even though his father and mother have left him?

David says that Yahweh will care for him even though his father and mother have left him.

Psalms 27:11

ULT	UST
Teach me your way, Yahweh, and lead me on a level path because of my enemies.	*Yahweh, teach me to do what you want me to do, and guide me so that I remain safe because I have enemies who want to hurt me.*

What does David ask Yahweh to do because of his enemies?

David asks Yahweh to teach him Yahweh's way and guide him so that he remains safe from his enemies.

Psalms 27:12

ULT	UST
Do not give me up to the desire of my adversaries, for false witnesses have risen against me, and a witness of violence.	*Do not allow my enemies to do to me what they want, because they say false things about me and want violent things to happen to me.*

Why does David ask Yahweh not to give him up to his adversaries?

David asks this because false witnesses and violent accusers have risen against him.

Psalms 27:13

ULT	UST
Unless I had believed that I would look on the goodness of Yahweh in the land of the living.	*I would have died if I had not trusted you to be good to me as long as I live.*

What did David believe that helped him?

David believed that he would see the goodness of Yahweh and trust him as long as he lived.

Psalms 27:14

ULT	UST
Wait on Yahweh. Be strong, and let your heart be courageous, and wait on Yahweh.	*Trust in Yahweh. Have a strong and courageous attitude, and wait expectantly for Yahweh to help you.*

What does David encourage the people to do?

David encourages the people to wait on Yahweh, to be strong, and to let their heart be courageous.

Psalms 28

Psalms 28:1

ULT	UST
Of David To you, Yahweh, I cry; my rock, do not be deaf to me, lest you be deaf to me, and I be equal with those going down to the pit.	*A psalm of David Yahweh, I call out to you. You are like a huge rock on top of which I am safe. Do not refuse to answer me because if you refuse to answer me, I will soon be with those who are in their graves.*

To whom does David cry out?

David cries out to Yahweh, his rock.

What will happen to David if Yahweh does not respond to him?

David will join those who go down to the grave.

Psalms 28:2

ULT	UST
Hear the voice of my pleas when I cry to you for help, when I lift up my hands toward your inner sanctuary of holiness.	*Pay attention to me and respond when I call out for you to help me when I pray, lifting up my hands as I face your very holy place in your sacred tent.*

Who does David want to hear the sound of his pleading?

David wants Yahweh to hear the sound of his pleading.

Psalms 28:3

ULT	UST
Do not drag me away with the wicked and with the workers of iniquity, the ones speaking of peace with their neighbors while evil is in their hearts.	*Do not get rid of me when you get rid of wicked people, those who do wicked deeds. Those people speak peacefully toward others, while in their inner beings, they hate them and devise evil plans.*

What does David ask Yahweh not to do?

David asks Yahweh not to drag him away with the wicked.

Psalms 28:4

ULT	UST
Give to them according to their work and according to the evil of their deeds; give to them according to the work of their hands; return to them their recompense.	*Punish those people in the way that they deserve for what they have done; punish them for their evil deeds.*

What does David ask Yahweh to give the wicked?

David asks Yahweh to give them what their deeds deserve and to repay them for their evil deeds.

Psalms 28:5

ULT	UST
Because they do not give heed to the works of Yahweh or the action of his hands, he will tear them down and not build them up.	*Yahweh will get rid of them permanently and not let them appear again. Yahweh will do this because these evil people do not pay attention to the righteous things he has taught his people and do not take notice that he always judges evil deeds.*

What do the wicked not give heed to?

The wicked do not give heed to the works of Yahweh or the action of his hands.

Psalms 28:6

ULT	UST
Blessed be Yahweh, because he has heard the voice of my pleas.	*Praise Yahweh because he responded to me when I called out for him to help me.*

What has Yahweh heard?

Yahweh has heard the sound of David’s pleading.

Psalms 28:7

ULT	UST
Yahweh is my strength and my shield; in him my heart trusts, and I am helped; therefore my heart exults, and with my song I will praise him.	*Yahweh strengthens me and he protects me like a shield; I trust in him, and he helps me. As a result I am glad in my inner being, and I will praise him with my songs of praise.*

Who is David's strength and shield?

Yahweh is David's strength and shield.

In whom does David's heart trust?

David's heart trusts in Yahweh and greatly rejoices.

Psalms 28:8

ULT	UST
Yahweh is strength for his people, and he is a refuge of help for his anointed.	*Yahweh strengthens and protects his people. Yahweh saves the one he appointed to be king.*

Who is the strength of his people?

Yahweh is the strength of his people.

Who is the saving refuge of his anointed one?

Yahweh is the saving refuge of his anointed one.

Psalms 28:9

ULT	UST
Save your people and bless your inheritance, and shepherd them and carry them unto the eternity.	*Yahweh, rescue your people and bless those who belong to you. Take care of them like a shepherd takes care of his sheep; take care of them forever.*

Who does David want Yahweh to save and bless?

David wants Yahweh to save his people and bless his inheritance.

Psalms 29

Psalms 29:1

ULT	UST
A psalm of David Ascribe to Yahweh, sons of God, ascribe to Yahweh glory and strength.	*A psalm of David You heavenly beings, praise Yahweh! Declare that he is very glorious and powerful.*

Who does David say should ascribe glory and strength to Yahweh?

David says the sons of God should ascribe glory and strength to Yahweh.

Psalms 29:3

ULT	UST
The voice of Yahweh over the waters, the God of glory thunders, Yahweh over many waters.	*People hear Yahweh's voice above the sea; the glorious God thunders. Yahweh's voice thunders over the large sea.*

To what does David compare the voice of Yahweh?

David compares the voice of Yahweh to thunder over the waters.

Psalms 29:5

ULT	UST
The voice of Yahweh is breaking cedars, and Yahweh breaks the cedars of Lebanon.	*The sound of Yahweh's voice breaks cedar trees, the cedars that grow in Lebanon.*

What does Yahweh break?

Yahweh breaks the cedars of Lebanon.

Psalms 29:8

ULT	UST
The voice of Yahweh shakes the wilderness; Yahweh shakes the wilderness of Kadesh.	*The sound of Yahweh's voice causes the wilderness to shake; he shakes the wilderness of Kadesh.*

What does Yahweh shake?

Yahweh shakes the wilderness of Kadesh.

Psalms 29:9

ULT	UST
The voice of Yahweh causes the deer to give birth and strips the forests bare, and in his temple everyone is saying, “Glory!”	*The sound of Yahweh’s voice makes the deer give birth and strips the leaves from the trees, while the people in Yahweh’s sacred tent say, “Praise Yahweh!”*

What do the people in Yahweh’s temple declare?

Everyone in his temple declares Yahweh’s glory.

Psalms 29:10

ULT	UST
Yahweh sits over the flood; Yahweh sits as king forever.	*Yahweh rules as king over the waters that are above the sky; Yahweh rules as king forever.*

How long does Yahweh sit as king?

Yahweh sits as king forever.

Psalms 29:11

ULT	UST
Yahweh will give strength to his people; Yahweh will bless his people with peace.	*Yahweh will strengthen his people, and he will bless them by giving them good things and causing them to be happy and peaceful.*

What two things will Yahweh give his people?

Yahweh will give strength to his people and will bless his people with peace.

Psalms 30

Psalms 30:1

ULT	UST
I will extol you, Yahweh, for you have drawn me up and have not let the ones being hostile to me rejoice over me.	*Yahweh, I praise you because you rescued me. You did not allow me to die with the result that my enemies could gloat.*

Why does David extol Yahweh?

He extols Yahweh because Yahweh has drawn him up and has not allowed David's enemies to rejoice over him.

Psalms 30:2

ULT	UST
Yahweh my God, I cried out to you for help, and you healed me.	*Yahweh my God, I called out for you to help me when I was sick, you healed me.*

What did Yahweh do when David cried for help?

Yahweh healed David.

Psalms 30:3

ULT	UST
Yahweh, you have brought up my soul from Sheol; you have kept me alive from the ones going down to the pit.	*Yahweh, when I was dying you restored me. I was nearly dead, but you caused me to get well.*

In what way did Yahweh restore David?

Yahweh caused David to get well and restored him when he was about to die.

Psalms 30:4

ULT	UST
Sing praise to Yahweh, you his faithful ones, and give thanks at the remembrance of his holiness.	*All you who are faithful to Yahweh, sing praise to him. Think about what Yahweh, the holy one, has done, and thank him.*

What are the faithful told to do in remembrance of Yahweh's holiness?

The faithful are told to sing praise to Yahweh and to give him thanks.

Psalms 30:5

ULT	UST
For his anger is for a moment, but his favor is for a lifetime. In the evening weeping may come to lodge but rejoicing comes in the morning.	*When he becomes angry, he is angry for only a very short time, but he is good to us all of our lives. We may cry during the night, but the next morning we will be joyful.*

How long does Yahweh's anger and favor last?

Yahweh's anger is only for a moment, but his favor is for a lifetime.

What happens after weeping comes for a night?

Joy comes in the morning.

Psalms 30:6

ULT	UST
And I, in my ease, said, "I will never be shaken."	*As for me, when my life was going well, I said to myself, "Nothing will ever trouble me."*

What did David say when his life was going well?

David said that he would never be shaken.

Psalms 30:7

ULT	UST
Yahweh, by your favor you have made my mountain stand strong; you hid your face, and I was dismayed.	*Yahweh, because you were good to me, at first you caused me to be secure as a mountain. But then you let me become ill when you stopped protecting me from illness, and I became greatly disturbed.*

What happened to David when Yahweh hid his face?

When Yahweh hid his face, David was dismayed.

Psalms 30:8

ULT	UST
To you, Yahweh, I cried out, and to the Lord I pled for favor.	*Then I called out to you, Yahweh, and I pleaded for you, the Lord, to help me.*

What did David seek from the Lord?

David sought favor from the Lord.

Psalms 30:10

ULT	UST
Hear, Yahweh, and be gracious to me. Yahweh, be my helper."	*Yahweh, listen to me, and act mercifully to me. Yahweh, help me."*

What things is David asking Yahweh to do for him?

David is asking Yahweh to hear him, to be gracious to him, and to be his helper.

Psalms 30:11

ULT	UST
You have turned for me my mourning to dancing; you have loosed my sackcloth and have clothed me with gladness	*But now you have changed my circumstances and healed me, and as a result I have stopped grieving and now dance joyfully. You have caused me to change from the clothes that showed that I was very sad and to put on clothes that show that I am very joyful.*

What has Yahweh done for David?

Yahweh has turned David's mourning into dancing, causing him to change from being sad to being joyful.

Psalms 30:12

ULT	UST
in order that my glory may sing praise to you and not be silent. Yahweh my God, I will give thanks to you forever.	*You did that so that I would not be silent but would sing out to praise you. Yahweh, you are my God, and I will thank you forever.*

What does David say his glory will do?

David's glory will sing praise to Yahweh and not be silent. He will give thanks to Yahweh his God forever.

Psalms 31

Psalms 31:1

ULT	UST
In you, Yahweh, I take refuge; do not ever let me have shame; in your righteousness deliver me.	*Yahweh, I come to you to protect me. Never allow them to defeat me, with the result that I would be ashamed. Since you always do what is right and just, please rescue me.*

In whom does David take refuge?

David takes refuge in Yahweh.

Psalms 31:1-2

What does David ask Yahweh to become for him?

He asks Yahweh to be his rocky summit of refuge and a stronghold to save him.

Psalms 31:3

ULT	UST
Indeed, you are my rock and my stronghold; therefore for the sake of your name you lead me and guide me.	*Yes, you are like a huge rock and like a fortress where I can go to be safe. For the sake of your reputation you guide me so that no harm comes to me.*

Why does Yahweh lead and guide David?

Yahweh leads and guides David for the sake of his own name.

Psalms 31:4

ULT	UST
You will pull me out of the net which they have secretly laid for me, for you are my refuge.	*You are the one who protects me, so you will rescue me from the evil plans my enemies have secretly made to hurt me.*

What does David believe that Yahweh will protect him from?

Yahweh will rescue him from the evil plans his enemies have made to hurt him.

Psalms 31:5

ULT	UST
Into your hand I commit my spirit; you have redeemed me, Yahweh, God of faithfulness.	*I put myself into your care. You have rescued me. Yahweh, you are faithful.*

Into what does David commit his spirit?

David puts himself into the care of Yahweh.

Psalms 31:6

ULT	UST
I hate the ones keeping idols of worthlessness, but I trust in Yahweh.	*I hate those who worship useless idols, but I trust in Yahweh.*

Who does David hate?

He hates those who keep idols of worthlessness.

Psalms 31:7

ULT	UST
I will be glad and rejoice in your covenant faithfulness, for you have seen my affliction; you have known the troubles of my soul,	*I will be very glad because you faithfully love me. You have noticed that I have suffered, and have known the troubling things I have experienced.*

Why will David be glad and rejoice in Yahweh's covenant faithfulness?

David will be glad and rejoice because Yahweh has seen his affliction and known the troubles of his soul.

Psalms 31:8

ULT	UST
and you have not delivered me into the hand of the ones being hostile to me; you have set my feet in an open space.	*You have not allowed my enemies to capture me; instead, you brought me to a place where I was safe.*

Where has Yahweh set David's feet?

Yahweh has set David's feet in an open space.

Psalms 31:9

ULT	UST
Be gracious to me, Yahweh, for I am in distress; my eye has wasted away from grief, my soul and my body.	*Yahweh, act kindly toward me because I am distressed. Because I cry so much that my eyes are tired, and I am completely exhausted.*

Why does David ask Yahweh to be gracious to him?

David is in distress and his eye has wasted away from grief.

Psalms 31:10

ULT	UST
For my life has come to an end with sorrow, and my years with groaning; my strength fails from my iniquity, and my bones waste away.	*I have become very weak because I am so miserable; my life is getting shorter. I have become weak because of the sinful things that I have done. I am totally exhausted.*

Why does David's strength fail and his bones waste away?

His strength fails and his bones waste away because of his iniquity.

Psalms 31:11

ULT	UST
Among all of the ones being hostile to me I have become a reproach, and especially to my neighbors, and dread to the ones knowing me; the ones seeing me outside flee from me.	*All of my enemies make fun of me, and my neighbors, especially, despise me. My friends are afraid of me because they think that you, God, are punishing me. When they see me on the streets, they run away.*

How do people respond to David?

His enemies treat him with contempt, his neighbors are especially horrified by him, and those who see him outside flee from him.

Psalms 31:12

ULT	UST
I have been forgotten like a dead man out of mind; I am like a broken vessel.	*People have forgotten me like they forget people who are dead. I am as useless as a broken pot.*

To what does David compare himself?

David says he is as forgotten as a dead man whom no one thinks about, and that he is like a broken vessel.

Psalms 31:13

ULT	UST
For I hear the whispering of many— terror on every side!— while they conspire together against me; they plan to take my life.	*There are terrifying things all around me. I hear people whispering things about me. My enemies are making plans to kill me.*

Why is David so troubled?

He hears the whispering of many and there is terror on every side, as his enemies conspire together to take his life.

Psalms 31:15

ULT	UST
My times are in your hand; rescue me from the hand of the ones being hostile to me and from the ones pursuing me.	*You control the events and circumstances of my life. Save me from my enemies, from those who pursue me.*

From whom does David ask God to rescue him?

He asks God to rescue him from his enemies and from those who pursue him.

Psalms 31:16

ULT	UST
Make your face shine upon your servant; save me in your covenant faithfulness.	*Act kindly toward me and rescue me because you always faithfully love me.*

What does David ask God to do for his servant?

David asks God to make his face shine upon his servant and to save him in Yahweh's covenant faithfulness.

Psalms 31:17

ULT	UST
Yahweh, do not let me have shame, for I have called upon you; let the wicked have shame; let them be silent in Sheol.	*Yahweh, I call out to you, so do not allow others to shame me. I desire that you cause wicked people to be ashamed. I desire that they soon die and go down to the place where the dead people are.*

What does David ask God not to let happen to him?

David asks Yahweh not to let him have shame.

Psalms 31:18

ULT	UST
Let lying lips be silenced, the ones speaking insolent things against the righteous, in pride and contempt.	*I desire that you will cause people who tell lies to be unable to speak. Do that to people who arrogantly say disrespectful things about righteous people.*

Why should lying lips be silenced?

They speak arrogant and contemptuous things against the righteous.

Psalms 31:19

ULT	UST
How great is your goodness which you have stored up for the ones fearing you, which you have done for the ones taking refuge in you, before the sons of man!	*Many indeed are the good things which you have prepared for the people who revere you! You do good things for those who go to you for protection. Everyone sees you protect them.*

For whom is God's goodness stored up?

Yahweh's goodness is stored up for those who fear him.

Psalms 31:20

ULT	UST
You hide them in the hiding-place of your presence from the plots of man; you hide them in a shelter from the strife of tongues.	*You protect people who trust in you by being near to them and saving them from people who devise evil schemes to harm them. You keep them safe from their enemies who accuse them.*

From what does Yahweh protect those who revere him?

He protects them from the evil plots of the enemies who accuse them.

Psalms 31:21

ULT	UST
Blessed be Yahweh, for he has shown marvelously his covenant faithfulness to me in a besieged city.	*Praise Yahweh! When my enemies surrounded the city in which I was living, he showed me in a wonderful way that he faithfully loves me.*

Why is Yahweh to be blessed?

Yahweh showed David his marvelous covenant faithfulness when David was in a besieged city.

Psalms 31:22

ULT	UST
For I said in my alarm, "I am cut off from your eyes." But indeed you heard the voice of my pleas when I cried out to you.	*I was alarmed and cried out, "I have been separated from Yahweh!" But in fact you heard me and answered my cry for help.*

What did Yahweh do for David even though David said that he was cut off from God's eyes?

Yahweh heard his plea for help when David cried out to him.

Psalms 31:23

ULT	UST
Love Yahweh, all you faithful ones! Yahweh preserves the faithful, but he pays back fully the proud person.	*You people who belong to Yahweh, love him! Those who are loyal to him, he protects, but those who are proud, he punishes them severely like they deserve to be punished.*

What does Yahweh do for his faithful followers?

Yahweh preserves the faithful but pays back the proud in full.

Psalms 31:24

ULT	UST
Be firm and let your heart be courageous, all the ones waiting for Yahweh.	*You who confidently expect Yahweh to do great things for you, be strong and be courageous!*

What advice does David give to those who wait for Yahweh?

He tells them to be firm and courageous.

Psalms 32

Psalms 32:1

ULT	UST
A maskil of David The happinesses of the one whose transgression is lifted up, the one covered from sin!	*A song of David Those whom God has forgiven for rebelling against him, and those whose sin God has atoned for, these are the ones who will have a truly good life!*

Who does the psalmist describe as truly happy?

The psalmist describes as truly happy those whose transgression is lifted up and whose sin is covered.

Psalms 32:3-4

What happened to David when he did not confess his sins?

His bones wasted away and he groaned all day long. Yahweh's hand was heavy on him day and night, and his vitality was sapped by the summer heat.

Psalms 32:5

ULT	UST
My sin I acknowledged to you, and my guilt I did not cover. I said, "I will confess my transgressions to Yahweh," and you lifted up the guilt of my sin. Selah	*Then I confessed my sinful actions to you; I stopped trying to hide them. I said to myself, "I will tell Yahweh the wrong things that I have done." When I confessed them, you forgave me, so now I am no longer guilty for the sinful things I did. Selah*

What did God do when David acknowledged his sin and no longer hid his iniquity?

God forgave the guilt of David's sin.

Psalms 32:6

ULT	UST
For this reason let everyone who is faithful pray to you at a time of finding; surely in a flood of great waters, they will not reach to him.	*Therefore all the people who are godly should pray to you when they realize they have sinned. If they do that, then it is certain that difficulties will not overwhelm them like a great flood.*

What should godly people do when they realize they have sinned?

They should pray to Yahweh when they realize that they have sinned.

What assurance does the psalmist give to the godly who pray to Yahweh?

A flood of great waters will not reach them.

Psalms 32:7

ULT	UST
You are a hiding place for me; you preserve me from distress; you will surround me with shouts of deliverance. Selah	*You are like a place where I can hide from my enemies; you protect me from troubles and surround me with people who are joyfully praising you for saving me from my enemies. Selah*

With what does Yahweh surround the psalmist?

Yahweh surrounds him with shouts of deliverance.

Psalms 32:8

ULT	UST
I will instruct you and teach you in the way which you are to go. I will counsel you with my eye upon you.	*I will teach you about how you should conduct your life. I will teach you personally.*

What does Yahweh promise to do for those who come to him?

Yahweh promises to instruct and teach them about the way they should go, and to counsel them personally.

Psalms 32:9

ULT	UST
Do not be like a horse or like a mule which are without understanding; ornament of him to curb with bit and bridle, or else they will not come near to you.	*Do not be like horses and mules that do not have understanding; they need pieces of metal put in their mouth and ropes fastened to their head so they will go in the direction you want them to go.*

What does the psalmist warn against being like?

The psalmist warns against being like a horse or mule without understanding, which must be controlled with a bit and bridle.

Psalms 32:10

ULT	UST
Many are the pains of the wicked, but the one trusting in Yahweh, covenant faithfulness surrounds him.	*Wicked people will have many difficult things in their lives that will make them sad, but those who trust in Yahweh will experience him faithfully loving them all the time.*

What will happen to the one who trusts in Yahweh?

Yahweh’s covenant faithfulness will surround him.

Psalms 32:11

ULT	UST
Be glad in Yahweh and rejoice, righteous, and shout for joy, all you upright of heart.	*So, all you righteous people, rejoice about what Yahweh has done for you! All you whose inner beings are pure, be glad and shout joyfully!*

What does the psalmist call on the righteous and upright in heart to do?

The psalmist calls them to be glad in Yahweh, rejoice, and shout for joy.

Psalms 33

Psalms 33:1

ULT	UST
Shout for joy in Yahweh, righteous ones; praise is fitting for the upright.	*You people who do what is right, shout joyfully because of Yahweh, because praising him is what upright people should do.*

In whom does the psalmist say the righteous should rejoice?

The righteous should rejoice in Yahweh.

Psalms 33:2

ULT	UST
Give thanks to Yahweh with the harp; with a lyre of ten strings, make music to him.	*Praise Yahweh by playing songs on the harp. Praise him as you make music for him with instruments that have many strings.*

With what instruments does the psalmist say to play to give thanks to Yahweh?

The psalmist says to give thanks to Yahweh with the harp and with the lyre of ten strings.

Psalms 33:4

ULT	UST
For the word of Yahweh is upright, and all of his work is in faithfulness.	*Do this because everything that Yahweh says is true, and we can trust that everything that he does is right.*

How does the psalmist describe Yahweh's word and work?

Yahweh's word is upright and all his work is done in faithfulness.

Psalms 33:5

ULT	UST
Loving righteousness and justice, the covenant faithfulness of Yahweh fills the earth.	*He loves everything that people do that is right and just. Yahweh faithfully loves people all over the earth.*

What does Yahweh love?

Yahweh loves righteousness and justice.

Psalms 33:6

ULT	UST
By the word of Yahweh, the heavens were made, and by the breath of his mouth, all of their host.	*Yahweh created everything in the sky by commanding it. He created all of the stars by speaking.*

What was made by the word of Yahweh?

The heavens and the stars were created by Yahweh commanding it.

Psalms 33:7

ULT	UST
Gathering the waters of the sea like a heap; putting the deeps into storehouses,	*He gathered all the water of the sea into one huge mass as though scooping it into a container.*

What does the psalmist say Yahweh does to the waters of the sea?

He gathers the waters of the sea together like a heap.

Psalms 33:8

ULT	UST
let all of the earth fear Yahweh; let all of the dwellers of the world be in dread of him.	*Everyone on the earth should deeply revere Yahweh.*

What does the psalmist say all the inhabitants of the world should do?

All the inhabitants of the world should deeply revere Yahweh.

Psalms 33:11

ULT	UST
The counsel of Yahweh stands forever, the plans of his heart, to generation and generation.	*However, what Yahweh decides to do will last forever. What he plans to do will never change.*

How long will the counsel of Yahweh stand?

The counsel of Yahweh stands forever, the plans of his heart to every generation.

Psalms 33:14

ULT	UST
From the place of his dwelling he gazes at all of the dwellers of the earth,	*From the place where he lives he watches everyone who lives on the earth.*

On whom does Yahweh look down from where he lives?

Yahweh looks down on all the people, on all who live on the earth.

Psalms 33:18

ULT	UST
Behold, the eye of Yahweh is toward the fearers of him, toward those hoping for his covenant faithfulness,	*Note this: Yahweh watches over those who deeply revere him; He watches over those who confidently expect him to faithfully love them,*

Whom does Yahweh watch over?

Yahweh watches over those who deeply revere him and confidently expect him to faithfully love them.

Psalms 33:21

ULT	UST
For in him our heart rejoices; for in the name of his holiness we trust.	*Indeed, he makes us very joyful; we trust him because he is holy.*

Why does the psalmist say the heart rejoices in Yahweh?

The heart rejoices in Yahweh because the people trust in his holy name.

Psalms 34

Psalms 34:1

ULT	UST
I shall bless Yahweh at all times; continually his praise is in my mouth.	*I will always thank Yahweh; I will constantly praise him out loud.*

How often will David praise Yahweh?

David will praise Yahweh at all times.

Psalms 34:2

ULT	UST
In Yahweh my soul will boast; the humble will hear and rejoice.	*I will boast about what Yahweh has done for me. All of the humble people who hear me will rejoice.*

Who does David want to hear when he boasts in Yahweh?

David wants the humble to hear it and rejoice.

Psalms 34:3

ULT	UST
Magnify Yahweh with me, and let us exalt his name together.	*Join with me in telling others that Yahweh is great, and let us together proclaim how glorious he is!*

What is David asking people to do with him?

David is asking them to magnify Yahweh and exalt his name together.

Psalms 34:4

ULT	UST
I sought Yahweh, and he answered me, and from all of my fears he delivered me.	*I prayed to Yahweh, and he answered me; he rescued me from everything that I was afraid of.*

What happened when David sought Yahweh?

Yahweh answered David and delivered him from all his fears.

Psalms 34:5

ULT	UST
They look to him and are radiant; let their faces not have shame.	*Those who ask him to help them will be joyful; may Yahweh always provide for them.*

What happens to those who look to Yahweh?

They are radiant and their faces are not ashamed.

Psalms 34:6

ULT	UST
This afflicted one called, and Yahweh heard, and from all of his troubles he saved him.	*I was suffering, but I called out to Yahweh, and he heard me. He saved me from all of the things that were troubling me.*

What did Yahweh do when this afflicted man called out to him?

Yahweh heard him and saved him from all his troubles.

Psalms 34:7

ULT	UST
The angel of Yahweh is encamping around the fearers of him, and he rescues them.	*An angel representing Yahweh guards people who deeply revere Yahweh, and the angel rescues them from bad things.*

What does the angel of Yahweh do when he encamps around those who fear him?

The angel of Yahweh rescues them.

Psalms 34:8

ULT	UST
Taste and see that Yahweh is good; the happinesses of the man—he takes refuge in him!	*Experience for yourselves how good Yahweh is! Everyone who trusts in Yahweh will be truly happy!*

Who is the man who is happy?

The man who takes refuge in Yahweh is happy.

Psalms 34:9

ULT	UST
Fear Yahweh, his holy ones, for there is no lack for the fearers of him.	*All you people who belong to Yahweh, deeply revere him, because those who deeply revere him will always have everything that they need.*

What does the psalmist say is true for those who fear Yahweh?

There is no lack for those who fear Yahweh.

Psalms 34:10

ULT	UST
Young lions are poor and hungry, but the seekers of Yahweh will not lack any good thing.	*Even young lions sometimes go hungry and have nothing to eat, but people who trust in Yahweh for help will always have the good things that they need.*

What does David say about those who seek Yahweh?

Those who seek Yahweh will not lack anything good.

Psalms 34:11

ULT	UST
Come, sons, listen to me; the fear of Yahweh I will teach you.	*You who are my students, come and listen to me, and I will teach you how to deeply revere Yahweh.*

What does David invite the sons to do?

David invites them to come and listen to him so that he can teach them the fear of Yahweh.

Psalms 34:13-14

What does the psalmist say a man who desires life should do?

He should guard his tongue from evil and his lips from speaking deceit, turn away from evil, do good, seek peace, and pursue it.

Psalms 34:15

ULT	UST
The eyes of Yahweh are toward the righteous, and his ears are toward their cry.	*Yahweh pays attention to people who do what is right, and he listens when they call to him to help them.*

How does Yahweh pay attention to the righteous?

Yahweh pays attention and listens when the righteous call to him for help.

Psalms 34:16

ULT	UST
The face of Yahweh is against the doers of evil, to cut off their remembrance from the earth.	*But Yahweh opposes people who do what is evil. He does not allow their descendants to remain on the earth.*

What will Yahweh do to the doers of evil?

Yahweh will cut off their remembrance from the earth.

Psalms 34:17

ULT	UST
They cry out, and Yahweh hears, and from all of their troubles he delivers them.	*People who do what is right cry out to Yahweh, and he hears them; he rescues them from all the things that trouble them.*

What does Yahweh do when the righteous cry out?

He hears and delivers them from all their troubles.

Psalms 34:18

ULT	UST
Yahweh is near to the broken of heart, and the crushed of spirit he saves.	*Yahweh is always ready to help people who are very sad, and he saves people who are deeply discouraged.*

To whom is Yahweh near?

He is near the brokenhearted.

Who does Yahweh save?

Yahweh saves those with a crushed spirit.

Psalms 34:19-20

What happens to the righteous who have many troubles?

Yahweh delivers him from all of them and guards all his bones.

Psalms 34:21

ULT	UST
Evil will put to death the wicked, and the haters of the righteous will be guilty.	*Wicked people will cause themselves to die because of the evil things that they do, and Yahweh will punish those who hate righteous people.*

What will happen to the wicked?

Evil will kill the wicked.

What will happen to those who hate the righteous?

Those who hate the righteous will be found guilty.

Psalms 34:22

ULT	UST
Yahweh is redeeming the soul of his servants, and everyone taking refuge in him will not be guilty.	*Yahweh saves those who serve him, and he will forgive all who trust in him.*

What does Yahweh do for his servants?

He redeems the soul of his servants, and those who take refuge in him will not be guilty.

Psalms 35

Psalms 35:1

ULT	UST
Of David Yahweh, oppose my opponents; fight those fighting me.	*A psalm of David. Yahweh, be the enemy of my enemies! Defend me against those who attack me!*

What does David ask Yahweh to do for him?

David asks Yahweh to work against those who work against him, and fight against those who fight against him.

Psalms 35:2-3

What does David ask Yahweh to do?

He asks Yahweh to protect him and come to save him.

Psalms 35:4

ULT	UST
May those who seek my life have shame and be dishonored. May those who plan my harm be turned back and confounded.	*Please defeat and dishonor those who want to kill me, and make those who plan to harm me become confused and turn back.*

What does David want to happen to those who plan to harm him?

David wants them to be turned back and confounded.

Psalms 35:5

ULT	UST
May they be as chaff before the wind, and the angel of Yahweh driving them away.	*May an angel from Yahweh chase them away so that they disappear like chaff in the wind.*

Who does David want to drive away his enemies?

He wants the angel of Yahweh to drive them away.

Psalms 35:7

ULT	UST
For without cause they hid for me a pit, their net; without cause they dug for my life.	*Please do these things to them, because I have not done anything wrong to them, yet they try to kill me. It is as though they hide nets and dig pits for me to walk into!*

What did David's enemies do without cause?

They tried to kill David as though they had set their net and dug a pit for him to fall into.

Psalms 35:8

ULT	UST
Let destruction overtake him; he does not know. Let the net that he hid catch him. In destruction, let him fall into it.	*So let disaster suddenly surprise each of them! Let it be as though the nets that they hid catch them instead, and as though they fall into their own pits and die!*

What does David want to happen to his enemies?

David wants destruction to overtake them by surprise, for them to be caught in their own nets, and for them to fall to their destruction.

Psalms 35:9

ULT	UST
But my soul will be joyful in Yahweh; it will rejoice in his salvation.	*Then I will rejoice because of what Yahweh has done for me, and I will be glad because he has saved me.*

In what will David rejoice?

He will rejoice in Yahweh's salvation.

Psalms 35:11-12

Why is David sorrowful?

He is sorrowful because unrighteous witnesses rise up to accuse him falsely, and repay him evil for good.

Psalms 35:13-14

How did David respond to his enemies' troubles?

David wore sackcloth, fasted for them, went about in grief and bent down in mourning for them.

Psalms 35:15-16

How did his enemies respond to David's suffering?

They rejoiced and celebrated and then gathered to attack, slander, and mock him in anger.

Psalms 35:17-18

When will David thank Yahweh in front of his people?

He will thank Yahweh when he is rescued from his enemies' destructive attacks.

Psalms 35:20

ULT	UST
For they do not speak peace, and against the quiet ones of the earth they devise words of deceits.	*Do not let them succeed, because they do not speak peacefully to anyone; instead, they make up lies about quiet, peaceable people in the land.*

What do David's enemies do instead of speaking peace?

They devise deceitful words against those who live in peace.

Psalms 35:22-23

What does David want Yahweh to do since he has seen David's troubles?

He wants Yahweh to not be silent, to not be far away, and to arouse and awake to his defense.

Psalms 35:24

ULT	UST
Judge me according to your righteousness, Yahweh my God, and do not let them rejoice over me.	*Yahweh my God, because you are righteous, declare that I am innocent, and do not let my enemies celebrate that they have defeated me.*

Why does David say Yahweh should defend him?

He says Yahweh should defend him because of Yahweh's righteousness.

Psalms 36

Psalms 36:2

ULT	UST
For it is slippery to him in his eyes to find his iniquity to hate it.	*Indeed, they are so proud that they refuse to recognize how wrongly they act so that they might hate doing those things.*

How does the wicked man respond to his own sin?

They are so proud that they refuse to recognize how wrongly they act.

Psalms 36:3

ULT	UST
The words of his mouth are iniquity and deceit; he has ceased to act wisely, to do good.	*Everything that they say is wicked and deceptive; they have stopped acting wisely and stopped doing what is right.*

What are the wicked man's words like?

His words are sinful and deceitful.

What does the wicked man not want to be?

He does not want to be wise and to do good.

Psalms 36:4

ULT	UST
He devises iniquity on his bed; he stations himself on the not-good road; he does not reject evil.	*They plan sinful activities while lying on their beds; they commit themselves to a bad way of living; they do not refuse to do evil things.*

What does the wicked man do while he lies in bed?

He plans ways to sin while he lies in bed.

Psalms 36:5

ULT	UST
Yahweh, your covenant faithfulness is in the heavens; your trustworthiness, to the clouds.	*Yahweh, the amount that you faithfully love us is so much that it is as though it fills the heavens. If we could measure how trustworthy you are, the amount would extend into the clouds.*

What reaches to the heavens and to the clouds?

Yahweh's covenant faithfulness reaches to the heavens, and his trustworthiness reaches to the clouds.

Psalms 36:6

ULT	UST
Your righteousness is like the mountains of God; your judgments are the great deep. You save man and beast, Yahweh.	*Your way of doing what is right is as permanent as the highest mountains; your way of acting justly is as vast and mysterious as the deepest oceans. Yahweh, you take care of all living creatures, both people and animals.*

What is Yahweh's righteousness like?

His righteousness is as permanent as the mountains of God, and his judgments are vast and mysterious as the deepest oceans.

What does Yahweh take care of?

Yahweh takes care of all living creatures, both people and animals.

Psalms 36:7

ULT	UST
How precious is your covenant faithfulness, God! And the sons of man take refuge in the shadow of your wings.	*God, how precious it is that you faithfully love us! You protect people just as a bird shelters its young under its wings.*

To what does the psalmist compare how God protects people?

God protects people just as a bird shelters its young under its wings.

Psalms 36:9

ULT	UST
For with you is the fountain of life; in your light we see light.	*Indeed, you are the one who causes everything to live; you are the one who makes it possible for us to understand what is true.*

Who is the fountain of life by whose light we see?

Yahweh is the one who causes everything to live and makes it possible to understand what is true.

Psalms 36:10

ULT	UST
Extend your covenant faithfulness to the knowers of you, and your righteousness to the upright of heart.	*Please continue to faithfully love those who know you, and continue to do right for those who sincerely want to do what is right.*

To whom does David ask God to extend his covenant faithfulness?

David asks God to extend God's covenant faithfulness fully to those who know God.

Psalms 36:11

ULT	UST
Let not the foot of pride come to me, and let not the hand of the wicked remove me.	*Do not let arrogant people overcome me, and do not let wicked people force me to flee.*

What does David ask God not to let happen?

David asks God not to let the foot of the arrogant man come near him, and the hand of the wicked to drive him away.

Psalms 36:12

ULT	UST
There the doers of iniquity have fallen; they are thrust down and are not able to rise.	*See how the people who do evil have fallen! God has thrown them down, and they can never get up again.*

What has happened to the evildoers?

They have fallen and are knocked down and are not able to get up.

Psalms 37

Psalms 37:1-2

Why does David say to not be upset because of evildoers?

He says to not be worried about evildoers because they will soon dry up as the grass and plants wither and die.

Psalms 37:4

ULT	UST
And delight yourself in Yahweh, and he will give to you the desires of your heart.	*Also, enjoy Yahweh more than anything else; then he will give you what you desire most.*

Why does David say to delight in Yahweh?

He says to delight in Yahweh and he will give you the desires of your heart.

Psalms 37:5-6

Why does David say to trust in Yahweh?

He says to trust in Yahweh and he will act on your behalf, display your justice like the daylight and your innocence like the day at noon.

Psalms 37:7

ULT	UST
Be silent to Yahweh and tremble for him. Do not be angry because of the one making his way prosper, because of a man doing schemes.	*Be calm before Yahweh and wait patiently for him to act. Do not become upset when you see evil people succeed as they do the wicked things that they have planned.*

What does David say people should do before Yahweh?

David says to be still before Yahweh and wait patiently for him, and to not be angry if someone succeeds with their evil plans.

Psalms 37:8-10

Why does David say to not be angry and frustrated or to worry about evildoers?

They will be cut off and disappear, but those who wait for Yahweh will inherit the land.

Psalms 37:11

ULT	UST
But the meek will inherit the land and will delight themselves over an abundance of peace.	*Humble people, however, will possess the land and will enjoy living there very peacefully and well.*

What will happen to the meek?

They will inherit the land and delight in peacefulness.

Psalms 37:14-15

What will happen to the wicked who have tried to kill those who are upright?

The swords of the wicked will pierce their own hearts and their bows will be broken.

Psalms 37:16-17

Why is the little that the righteous have better than the abundance of many wicked people?

The little that the righteous have is better because the arms of the wicked people will be broken, but Yahweh will support the righteous people.

Psalms 37:18-19

How will Yahweh provide for the blameless?

The blameless will not be ashamed when times are bad, they will have enough to eat, and their heritage will be forever.

Psalms 37:20

ULT	UST
For the wicked will perish, and the enemies of Yahweh will be like the precious of pastures; they vanish, in smoke they vanish.	*But wicked people will die. Those who hate Yahweh will be like wildflowers that look beautiful in the meadows; but then they will disappear as quickly as a puff of smoke.*

What will happen to Yahweh's enemies?

His enemies will be like the glory of the pastures which will be consumed and disappear in the smoke.

Psalms 37:23-24

What is the benefit of having Yahweh establish a man's steps?

Even if something bad happens to him, he will not fail completely for Yahweh is taking care of him.

Psalms 37:25

ULT	UST
I was a youth, and I am old, and I have not seen the righteous abandoned or his seed seeking bread.	*I have been young, and now I am old, but in all those years I have never seen Yahweh stop caring for any person who does what is right, nor have I seen such a person's children needing to beg for food.*

What has David not seen happen to the righteous person?

He has not seen the righteous person abandoned or his children begging for bread.

Psalms 37:26

ULT	UST
All the day he is showing grace and lending, and his seed are for a blessing.	*People who do what is right are generous and lend freely to others every day, and their children bless others.*

How does the righteous person act?

He is gracious, generous, and he lends freely.

Psalms 37:27

ULT	UST
Turn away from evil and do good, and dwell forever.	*Avoid doing evil and do what is right. If you do that, you and your descendants will live in the land forever.*

What should people do to live in the land forever?

They should turn away from evil and do what is right.

Psalms 37:29

ULT	UST
The righteous will inherit the land and will dwell forever upon it.	*People who do what is right will possess the land that Yahweh gives them and will live there forever.*

What will the righteous inherit?

They will inherit the land and live there forever.

Psalms 37:30

ULT	UST
The mouth of the righteous murmurs wisdom, and his tongue speaks justice.	*People who do what is right speak wisely, and they say what is just.*

What does the mouth of the righteous person speak?

The mouth of the righteous person speaks wisdom and increases justice.

Psalms 37:32-33

What will happen to the righteous person whom the wicked person seeks to kill?

Yahweh will not abandon him into the evil person’s hand nor condemn him when he is judged.

Psalms 37:34

ULT	UST
Wait for Yahweh and keep his way, and he will raise you up to inherit the land. When the wicked are cut off, you will see it.	*Patiently rely on Yahweh to help you and obey what he commands. If you do that, he will honor you by giving you the land. When God destroys the wicked people, you will see it happen.*

What will happen to those who wait for Yahweh?

Yahweh will raise them up to possess the land.

Psalms 37:35-36

What will happen to the wicked and violent person?

He had been powerful but then he passed away and was nowhere to be found.

Psalms 37:39-40

What does Yahweh do for the righteous?

Yahweh protects them in time of trouble, and helps and rescues them.

Psalms 38

Psalms 38:1

ULT	UST
Yahweh, do not rebuke me in your anger, nor discipline me in your wrath.	*Yahweh, please do not correct me angrily; no, please do not punish me wrathfully.*

What does the psalmist ask Yahweh not to do?

He asks Yahweh not to rebuke him in his anger and not to punish him in his wrath.

Psalms 38:1-2

What does the psalmist say Yahweh's discipline feels like to him?

He says he feels as though Yahweh had shot arrows into him and his hand had struck him.

Psalms 38:3

ULT	UST
There is no soundness in my flesh from the face of your indignation; there is no peace in my bones from the face of my sin.	*Because you are so angry with me, my whole body suffers. My body is restless because I have sinned.*

Why does the psalmist say his whole body is sick?

His whole body is sick because of Yahweh's anger, and there is no peace in his bones because of his sin.

Psalms 38:4

ULT	UST
For my iniquities have passed over my head; like a heavy burden, they are too heavy for me.	*Indeed, all my sins are like flood waters that rise above my head; they are like a heavy load that is too much for me to bear.*

How does the psalmist describe his iniquities?

He says his iniquities overwhelm him and are a burden too heavy for him to bear.

Psalms 38:5

ULT	UST
My wounds stink, they fester from the face of my foolishness.	*Because I have acted foolishly, I have sores that keep getting worse and stink.*

What has happened to the psalmist's wounds?

His wounds are infected and smell because of his foolish sins.

Psalms 38:6

ULT	UST
I am twisted; I am bowed down exceedingly; all the day I go about mourning.	*My body is twisted and bent over very low. I go around sad and grieving constantly.*

How does the psalmist describe his daily condition?

He is stooped over and humiliated every day, and he goes about mourning all day long.

Psalms 38:7

ULT	UST
For my loins are full of burning, and there is no soundness in my flesh.	*This is because there is a fever inside me, and my whole body is sick.*

What fills the psalmist within?

He is filled with burning from within, and there is no health in his flesh.

Psalms 38:8

ULT	UST
I am numb and crushed exceedingly; I roar from the groaning of my heart.	*I am exhausted and feel completely broken. I moan loudly because I feel so distressed.*

How does the psalmist describe the extent of his suffering?

He is numb and utterly crushed, and he groans because of the anguish of his heart.

Psalms 38:9

ULT	UST
Lord, all of my desire is before you, and my sighing is not hidden from you.	*Lord, you know everything that I long for, and you hear every time that I sigh.*

What does the psalmist say the Lord knows about him?

The Lord understands his heart's deepest yearnings, and his groanings are not hidden from the Lord.

Psalms 38:10

ULT	UST
My heart pounds; my strength has left me, and the light of my eyes—even they are not with me.	*My heart beats rapidly and I am very weak. Even my eyesight is failing me.*

What three things does the psalmist say are happening to him physically?

His heart is pounding, his strength is fading, and his eyesight is dimming.

Psalms 38:11

ULT	UST
My loved ones and my friends stand from before my plague, and my relatives stand from afar.	*My friends and the people I love keep away from me because of my disease; even my own family stays far away from me.*

How do the psalmist's friends and neighbors respond to his condition?

His friends and loved ones shun him because of his condition, and his relatives stand far away.

Psalms 38:12

ULT	UST
And the seekers of my life lay snares, and the pursuers of my harm speak destructions and mutter treacheries all the day.	*Those who want to kill me set traps for me, and those who want to harm me talk about how to destroy me and they constantly plot how they will deceive me.*

What do those who seek the psalmist's life do to him?

They lay snares for him and speak destructive and deceitful words against him all day long.

Psalms 38:13-14

How does the psalmist respond to those who seek to harm him?

He acts like a deaf man who hears nothing and a mute man who says nothing in reply.

Psalms 38:15

ULT	UST
Because for you, Yahweh, I have waited; you, you will answer, Lord my God.	*This is because I wait for you, Yahweh, to help me. You will be the one who will respond, Lord my God.*

In whom does the psalmist place his hope?

He waits for Yahweh and trusts that the Lord his God will answer him.

Psalms 38:16

ULT	UST
For I said, "Lest they rejoice over me; at the slipping of my foot, they magnify themselves against me."	*I know this because I prayed, "Do not let my enemies celebrate over me. Do not let them gloat over me if something bad happens to me."*

What does the psalmist fear will happen if his foot slips?

He fears his enemies will rejoice and gloat over him.

Psalms 38:17

ULT	UST
For I am set up for a stumbling, and my pain is before me continually.	*Indeed, I feel that something bad will soon happen, and I am constantly in pain.*

What two things does the psalmist say about his current situation?

He says he is about to stumble and that he is in constant pain.

Psalms 38:18

ULT	UST
For I declare my iniquity; I am anxious because of my sin.	*Certainly, I confess all the wrong things that I have done; I feel terrible about my sin.*

What does the psalmist confess to Yahweh?

He confesses his guilt and says he is troubled about his sin.

Psalms 38:19-20

How do the psalmist's enemies treat him?

His enemies are numerous, hate him without cause, repay him evil for good, and accuse him even though he has pursued what is good.

Psalms 38:20

ULT	UST
And the repayers of evil in exchange for good accuse me in exchange for my pursuing of good.	*When I do good things for people, some of them do evil things to me in return. Those people accuse me of doing evil things, even though I am trying to do what is right.*

How do his enemies repay the good he has done?

They repay David evil for good and they hurl accusations at him.

Psalms 38:21

ULT	UST
Do not forsake me, Yahweh; my God, do not be far from me.	*Yahweh, please do not leave me! My God, please stay near me!*

What does the psalmist ask Yahweh not to do?

He asks Yahweh not to abandon him and not to stay far away from him.

Psalms 38:21-22

What names does David use when he asks Yahweh for help?

He calls him, "Yahweh", "God", "Lord", and "my salvation."

Psalms 38:22

ULT	UST
Hurry to my help, Lord, my salvation.	*Come quickly to help me, Lord, you who save me!*

What does the psalmist ask Yahweh to do?

He asks Yahweh to come quickly to help him.

Psalms 39

Psalms 39:1

ULT	UST
I said, “Let me guard my ways from sinning with my tongue. Let me guard a muzzle for my mouth while the wicked is before me.”	*I thought to myself, “I must be very careful about how I act so that I do not sin by what I say. I must keep myself from speaking while wicked people are near me.”*

What did David decide to do?

David decided to watch what he said so that he would not sin with his tongue. He would keep silent while in the presence of an evil man.

Psalms 39:2-3

What happened when David kept silent and kept back his words from saying anything good?

David’s pain grew worse, and his heart became hot and burned like a fire when he thought about what was happening.

Psalms 39:4

ULT	UST
“Make me know my end, Yahweh, and the measure of my days, what it is. May I know how transient I am.	*“Yahweh, let me know when I will die. Tell me how many days I have left to live. Help me to understand how short my life really is.*

What does David want to know about his life?

David wants to know when his life will end, how long his days are, and how transient he is.

Psalms 39:5

ULT	UST
Behold, you have given my days as handbreadths, and my lifetime is as nothing before you. Surely every man stands as all vapor. Selah	*Indeed, you have made my days very few; the time that I have to live is practically nothing to you. Truly, every person appears and disappears as quickly as vapor. Selah*

What does David say his life is like before Yahweh?

David’s lifetime is like nothing before Yahweh.

Psalms 39:6

ULT	UST
Surely a man walks about as an image; surely they make an uproar for vapor. He heaps up and does not know who will be gathering them.	*Truly, each person does not do anything more substantial than a shadow would do. Truly, people become agitated about things that do not matter. They pile up wealth, but they do not know who will get it after they die.*

What does David say everyone hurries to do?

David says everyone hurries to accumulate riches, even though they do not know who will receive them after they die.

Psalms 39:7

ULT	UST
And now, what do I wait for, Lord? My hope, it is for you.	*So now, Lord, I realize that it is useless for me to expect any person to make my life purposeful. You are the only one who can do anything worthwhile for me.*

Who is David's only hope?

The Lord is David's only hope.

Psalms 39:8

ULT	UST
Deliver me from all my transgressions; do not make me the reproach of a fool.	*Please save me from all the ways that I sin against you. Do not let me be someone whom foolish people ridicule.*

What does David ask the Lord to rescue him from?

David asks the Lord to rescue him from his sins.

Of what does David not want to be the object?

David does not want to be the object of the ridicule of foolish people.

Psalms 39:9

ULT	UST
I am mute; I do not open my mouth, for you, you have done it.	*I kept silent and did not say anything, because I knew that you were the one who caused me to suffer.*

How does David respond to what the Lord did?

David is silent and does not open his mouth.

Psalms 39:10

ULT	UST
Remove your plague from upon me; from the blow of your hand, I, I am finished.	*But now, please stop punishing me! As for me, because you have afflicted me, I am about to die.*

What does David ask the Lord to stop?

David asks the Lord to stop punishing him as he feels he is about to die.

Psalms 39:11

ULT	UST
With rebukes on account of iniquity you discipline a man, and you dissolve like a moth his desired thing. Surely all mankind is vapor. Selah	*When you correct a person for the wrong things that he has done, you destroy what he treasures, just as moths destroy clothing. Truly, every person lives only a very short time. Selah*

What happens when the Lord disciplines people for sin?

When the Lord disciplines people for sin, he destroys what they treasure, and only gives them a short time to live.

Psalms 39:12

ULT	UST
Hear my prayer, Yahweh, and give ear to my cry for help. Do not be deaf to my weeping, for I am a sojourner with you, a foreigner like all my fathers.	*Yahweh, please hear me as I pray to you and listen to me when I cry out for help. Do not ignore my tears, because I am only living before you on the earth for a short time, a temporary resident, just like all of my ancestors.*

Why does David ask Yahweh to hear his prayer?

David asks because he is living before Yahweh on earth only for a short time, a refugee like all his ancestors were.

Psalms 39:13

ULT	UST
Look away from me that I may be cheerful before I go and I am no more.”	*Please leave me alone in order that I may be happy for awhile before I die.”*

What does David ask Yahweh to do before David dies?

David asks Yahweh to leave him alone so that David may be happy again before he dies.

Psalms 40

Psalms 40:1

ULT	UST
Waiting, I waited for Yahweh, and he inclined to me and heard my cry.	*I patiently waited for Yahweh to help me, and he was attentive to me and listened when I called out to him.*

What did Yahweh do after David waited patiently for him?

Yahweh listened to David and heard his cry.

Psalms 40:2

ULT	UST
And he brought me up from the pit of tumult, from the mud of the mire, and he set my feet on a rock; he established my steps.	*When bad things were happening to me, it was as though I was in a dangerous pit that was full of mud and slime but he rescued me from those terrible things as though he had lifted me out of the pit and set me onto a solid rock where I could stand securely.*

What did Yahweh do for David?

Yahweh rescued David from the terrible things that had been happening to him as if he'd been in a pit of mud but was lifted out onto a safe and solid rock.

Psalms 40:3

ULT	UST
And he put a new song in my mouth, praise to our God. Many will see and will fear and will trust in Yahweh.	*He gave me reason to sing a new song, praising him, our God. Many people will see what he did for me and will revere him and will trust in Yahweh.*

What will many do because God has put a new song in David's mouth?

Many will see it and honor him and will trust in Yahweh.

Psalms 40:4

ULT	UST
The happinesses of the man who has made Yahweh his trust, and has not turned to the proud and the goers aside to falsehood!	*What a good life the person has who trusts confidently in Yahweh and does not imitate proud people who are loyal to what is false.*

Who is blessed?

The man is blessed who makes Yahweh his trust and does not honor the proud or those who turn away from Yahweh to lies.

Psalms 40:5

ULT	UST
Many things you have done, you, Yahweh my God, your wonderful deeds and your thoughts toward us; there is none to line up against you. Should I declare and speak them, they are more than to recount.	*Yahweh my God, you are the one who has done many wonderful things and made great plans for us! No one compares to you. If I tried to tell others about all of those wonderful things, there would be too many for me to mention.*

How does David describe God's deeds and thoughts?

God's wonderful deeds are many and his thoughts about us cannot be numbered.

Psalms 40:7-8

What is written about David in the scroll of God's law?

It is written that he delights to do God's will and that he deeply treasures God's laws.

Psalms 40:9

ULT	UST
I have proclaimed righteousness in the great assembly; behold, I will not restrain my lips. Yahweh, you, you know.	*Whenever your people gather together in the large congregation, I tell them about the righteous things that you do. Indeed, Yahweh, certainly you know that I do not stop talking about this.*

What has David proclaimed in the great assembly?

He has proclaimed good news of God's righteousness in the great assembly.

Psalms 40:10

ULT	UST
I have not concealed your righteousness in the midst of my heart; I have declared your faithfulness and your salvation. I have not hidden your covenant faithfulness and your trustworthiness from the great assembly.	*I have not kept to myself the good news that you are righteous; I have told the large gathering of your people that you are faithful and that you save us. I have not hidden from them that you faithfully love us and are always trustworthy.*

What has David not concealed?

He has not concealed God's righteousness in his heart nor God's covenant faithfulness nor trustworthiness from the great assembly.

Psalms 40:11

ULT	UST
You, Yahweh, will not withhold your compassion from me; your covenant faithfulness and your trustworthiness will continually preserve me.	*Yahweh, you will not stop being merciful to me. Because you faithfully love me and are always trustworthy, I know that you will continually protect me.*

What does David pray that Yahweh will do for him?

David prays that Yahweh not keep back his acts of mercy from David, but rather, let Yahweh's covenant faithfulness and his trustworthiness always preserve David.

Psalms 40:12

ULT	UST
For evils have surrounded me until there is no number; my iniquities have overtaken me, and I am not able to see. They are more numerous than the hairs of my head, and my heart has abandoned me.	*I assure myself of this because so many bad things are happening to me that it seems that I cannot even count them. the wrong things that I have done are now affecting me badly, and I cannot see a way to fix them. It seems that they are more numerous than the hairs on my head, and I am very discouraged.*

What does David say is happening to him?

Troubles that cannot be numbered surround him, and his iniquities have caught up with him so that he can no longer see clearly. They are more than the hairs on his head, and his heart has failed him.

Psalms 40:13

ULT	UST
Be pleased, Yahweh, to rescue me; Yahweh, hurry to my help.	*Yahweh, please rescue me! Yahweh, please come quickly to help me!*

What does David pray that Yahweh will be pleased to do?

He prays that Yahweh will be pleased to rescue him.

Psalms 40:14

ULT	UST
Let them have shame and have disgrace together, the seekers of my life to sweep it away. Let them be turned back and be confounded, those pleased with my harm.	*May God completely disgrace all of the people who want to kill me. May God frustrate the people who want me to suffer and may he humiliate them.*

What does David pray will happen to those who pursue his life?

He prays that they have shame and be completely disappointed, and that they be turned back and brought to dishonor.

Psalms 40:16

ULT	UST
Let all the seekers of you rejoice and be glad in you; let the lovers of your salvation say continually, "May Yahweh be great!"	*May all those who come to worship you be very joyful because of you. May those who love that you save them say continually, "Yahweh is great!"*

What does David pray for those who seek Yahweh and love his salvation?

He prays that they rejoice and be glad in Yahweh, and that they say continually, "May Yahweh be great."

Psalms 40:17

ULT	UST
And I am poor and needy; the Lord thinks of me. You are my help and my deliverer; my God, do not delay.	*As for me, I am very poor, but the Lord cares about me. You are the one who rescues me; my God, please do not wait any longer!*

How does David describe the Lord?

The Lord thinks about him, is his help, and comes to David's rescue.

Psalms 41

Psalms 41:1

ULT	UST
The happinesses of the one considering the lowly! In the day of evil, Yahweh will rescue him.	*What a good life those people have who help powerless people! When bad things happen to them, Yahweh will rescue them.*

Who does David say is the one who is blessed?

The one who is helps powerless people has a good life.

Psalms 41:1-2

What will Yahweh do for the person who considers the lowly?

Yahweh will rescue him, preserve him and keep him alive, and he will be happy on the earth.

Psalms 41:2

ULT	UST
Yahweh will guard him and will keep him alive, and he will be called happy in the land; so do not give him into the soul of his enemies.	*Yahweh will protect them and people will see that things turn our well for them as they live in the land. Yahweh, please do not let their enemies do what they want with them.*

What will Yahweh not do to the blessed person?

Yahweh will not turn him over to the will of his enemies.

Psalms 41:3

ULT	UST
Yahweh will support him on the bed of suffering; you transformed each bed of his in his sickness.	*Yahweh will strengthen them when they are sick; Yahweh, you completely restore them whenever they become ill.*

What will Yahweh do for the blessed person on the bed of suffering?

Yahweh will support him on the bed of suffering and make his bed of sickness into a bed of healing.

Psalms 41:4

ULT	UST
I, I said, "Yahweh, be gracious to me! Heal my soul, for I have sinned against you."	*As for me, I said, "Yahweh, please be merciful to me and heal me. I am sick because I have sinned against you."*

Why did David ask Yahweh to have mercy on him?

He asked Yahweh to be gracious to him because he had sinned against Yahweh.

Psalms 41:5

ULT	UST
My enemies say evil concerning me, "When will he die and his name perish?"	*My enemies say hateful things about me; they say, "We want him to die so that everyone will forget him!"*

What evil do his enemies speak against David?

They ask when he will die and his name will perish.

Psalms 41:6

ULT	UST
And if he comes to see me, he speaks worthlessness; his heart gathers iniquity to itself. He goes out to the outside; he speaks.	*Whenever one of them comes to visit me, he says things that mean nothing. He secretly collects harmful information, then he goes outside and tells it to everyone.*

What does David's enemy say to him?

His enemy says worthless things.

Psalms 41:7

ULT	UST
Together against me all my haters whisper; against me they plan evil to me.	*Everyone who hates me whispers about me to one another; they plot how to harm me.*

What do those who hate David whisper and hope for?

Those who hate David whisper together against him and plan for his hurt.

Psalms 41:9

ULT	UST
Even the man of my peace, whom I trusted in him, the eater of my bread, has made great the heel against me.	*Even my closest friend, the one I trusted, who shared meals with me, has greatly betrayed me.*

What has David's own close friend in whom he trusted done?

His own close friend has betrayed him.

Psalms 41:10

ULT	UST
But you, Yahweh, be gracious to me and raise me up, so that I may repay them.	*However, Yahweh, please be merciful to me and make me well, so that I can do to them what they did to me.*

What does the psalmist ask Yahweh to do for him?

The psalmist asks Yahweh to have mercy on him and raise him up so that he can pay back his enemies.

Psalms 41:11

ULT	UST
By this I know that you delight in me, that my enemy does not shout over me.	*When you do this, I will know that you are pleased with me, when my enemies will not be able to defeat me and so cannot rejoice about it.*

How does David know that Yahweh delights in him?

David knows this because his enemy does not triumph over him.

Psalms 41:12

ULT	UST
And I, in my integrity you upheld me, and you set me to your face forever.	*As for me, you have helped me because I live honestly, and you will allow me to be with you forever.*

How does Yahweh help David?

Yahweh upholds him in his integrity and will keep David before his face forever.

Psalms 41:13

ULT	UST
Blessed be Yahweh, the God of Israel, from the everlasting and unto the everlasting. Amen and amen.	*We should all praise Yahweh, the God whom the people of Israel worship! People should praise him at all times, now and forever! Yes, let it be so!*

When may Yahweh be praised?

Yahweh may be praised from always, from everlasting to everlasting.

Psalms 42

Psalms 42:1

ULT	UST
As a deer pants for streams of water, so my soul pants for you, God.	*When a wild deer is very thirsty, it takes short, quick breaths because it wants so badly to find a brook from which it can drink water. That is how much I want you, God. It is as if I am taking short, quick breaths.*

How does the psalmist describe his longing for God?

He says his soul longs for God just as a deer pants for streams of water.

Psalms 42:2

ULT	UST
My soul thirsts for God, for the living God. When will I come and appear to the face of God?	*You are the only true God, and I desire very greatly to be in your temple again and worship in your presence. I desire that so much that it is as if I am very thirsty.*

What does the psalmist say his soul does?

His soul thirsts for God, for the living God.

Psalms 42:3

ULT	UST
My weeping is bread to me day and night, in their saying to me all of the day, "Where is your God?"	*I have been crying continually. I have been crying so much that I have not been able to eat. This is because my enemies keep telling me, "Your God will certainly not help you!"*

What has the psalmist's crying become for him?

His weeping has taken the place of his food day and night.

Psalms 42:4

ULT	UST
Let me remember these, and let me pour out my soul within me, that I went over with the crowd. I led them in procession to the house of God with a voice of rejoicing and praise, a multitude celebrating a festival.	*It is appropriate for me to weep to express my great sorrow. But to encourage myself, I should also remember how I used to go with large groups of people to celebrate festivals at God's temple. Because I was one of the worship musicians, I would lead the people as they walked to the temple. On the way there, we all shouted joyfully and praised God.*

What does the psalmist call to mind?

He calls to mind how he went with the crowd and led them in procession to the house of God with a voice of rejoicing and praise.

Psalms 42:5

ULT	UST
Why have you bowed yourself down, my soul, and are clamoring within me? Wait for God, for I will again thank him, the salvation of his face.	*So I certainly should not be so sad and upset! I can confidently expect God to rescue me! When he does, I will have the opportunity to praise him as my savior and*

What does the psalmist tell his soul to do?

He tells his soul to wait for God, for he will again thank God, the one who brings him salvation.

Psalms 42:7

ULT	UST
Deep is calling to deep at the sound of your waterfalls. All of your breakers and your waves pass over me.	*The waterfalls you created make such a loud sound that it is as if one deep stream were shouting to another deep stream within the river. I feel such anguish that it is as if one wave after another were crashing over me.*

What do the psalmists say passes over them?

He says all of God's breakers and waves pass over him.

Psalms 42:8

ULT	UST
By day, Yahweh commands his covenant faithfulness, and at night, his song is with me, a prayer to the God of my life.	*Yahweh continually loves me faithfully as he promised. In response, as he inspires me, I continually sing prayers to him. He is the God who keeps me alive.*

What does Yahweh command in the daytime?

Yahweh commands his covenant faithfulness in the daytime.

What happens at night for the psalmist?

At night, God's song is with the psalmist, a prayer to the God of his life.

Psalms 42:9

ULT	UST
Let me say to God, my rock, "Why have you forgotten me? Why do I walk about mourning because of the oppression of the enemy?"	*God is like a huge rock on top of which I am safe. So I will pray to him, "Please pay attention to me! I am living sorrowfully because my enemies are afflicting me!"*

What does the psalmist say to God, his rock?

He asks why God has forgotten him, and why David walks about mourning because of the oppression of the enemy.

Psalms 42:10

ULT	UST
With crushing in my bones, the ones afflicting me reproach me in their saying to me all of the day, "Where is your God?"	*Those enemies are continually insulting me. They keep telling me, "Your God will certainly not help you!" When they insult me like that, it is as painful as if they were breaking my bones.*

What do the psalmist's enemies say to him, and how does it affect him?

They mock him all day by asking where his God is, and it feels like crushing pain in his bones.

Psalms 42:11

ULT	UST
Why have you bowed yourself down, my soul, and why are you clamoring within me? Wait for God, for I will again thank him, the salvation of my face and my God.	*But I certainly should not be so sad and upset! I can confidently expect God to rescue me! When he does, I will have the opportunity to praise him as my savior and my God.*

What does the psalmist tell his soul at the end of the psalm?

He tells his soul to wait for God, for he will again praise God, who saves him.

Psalms 43

Psalms 43:1

ULT	UST
Vindicate me, God, and plead my plea against a nation not faithful. Rescue me from a deceitful and unjust man.	*Please protect me, God, from the people who are being so cruel to me. Please consider that I do not deserve that. Rescue me from people who would deceive me and treat me unfairly.*

What does the psalmist ask God to do for him?

He asks God to vindicate him and plead his case against a nation that is not faithful.

Psalms 43:2

ULT	UST
For you are the God of my refuge. Why have you rejected me? Why do I walk about mourning because of the oppression of the enemy?	*I ask you to do this because you are the God who protects me, and yet I feel as if you have abandoned me! I am living sorrowfully because my enemies are afflicting me.*

Why does the psalmist appeal to God to vindicate him?

He appeals to God because God is the God of his refuge.

Psalms 43:3

ULT	UST
Send out your light and your faithfulness, them, let them lead me. Let them bring me to the mountain of your holiness and to your dwellings.	*Treat me favorably, as if you were smiling at me. Help me, as you have promised to do for those who are loyal to you. Guide me so that I can return to your temple on Mount Zion.*

What does the psalmist ask God's light and faithfulness to do?

He asks them to lead him and bring him to the mountain of God's holiness and to God's dwellings.

Psalms 43:4

ULT	UST
Let me come to the altar of God, to the God of the joy of my gladness. I will thank you with the lyre, God, my God.	*When I do come to Zion, I will go to your altar to worship you. O God, you make me very joyful! At your altar, I will sing praise to you, the God whom I worship, as I play the harp.*

Where does the psalmist want to come when God brings him there?

He wants to come to the altar of God.

What will the psalmist do with the lyre?

He will thank God with the lyre.

Psalms 43:5

ULT	UST
Why have you bowed yourself down, my soul, and why are you clamoring within me? Wait for God, for I will again thank him, the salvation of my face and my God.	*So I certainly should not be so sad and upset! I can confidently expect God to rescue me! When he does, I will have the opportunity to praise him as my savior and my God.*

What does the psalmist tell his soul to do instead of being cast down?

He tells his soul to wait for God, for he will again thank God who is his salvation and his God.

Psalms 44

Psalms 44:1

ULT	UST
God, we have heard with our ears, our fathers have recounted to us, the work you worked in their days, in the days of antiquity.	*God, we listened carefully when our ancestors told us about the great things you did long ago when the Israelites first came into the land of Canaan.*

What have the psalmists heard with their ears?

They have heard what work God did in their days, in the days of old.

Psalms 44:2

ULT	UST
You, you drove out the nations by your hand, but you planted them. You caused harm to the peoples, but you sent them.	*They told us about how powerfully you forced the other nations to leave and established our ancestors securely in their land. It was as if they had been plants that you put firmly in the ground. You destroyed the people groups that had lived there and enabled our ancestors to settle there.*

What did God do with his hand?

God drove out the nations with his hand and planted the people of Israel.

Psalms 44:3

ULT	UST
For they did not possess the land with their sword, and their arm did not save them, but your right hand and your arm and the light of your face, for you favored them.	*Our ancestors did not conquer this land with their own weapons or by their own power. Instead, you helped them and defeated their enemies by your own great power. You did that because you loved them.*

How did the Israelites obtain the land?

They did not obtain the land by their own sword or by their own arm, but by God's right hand because he favored them.

Psalms 44:5

ULT	UST
By you we gore our enemies; by your name we trample the ones arising against us.	*You enable us to defeat our enemies. Because you help us, we destroy armies that fight against us.*

What do the Israelites do through God?

Through God they defeat their enemies, and through God's name they trample those who rise up against them.

Psalms 44:6

ULT	UST
For I do not trust in my bow, and my sword does not save me,	*We do not expect to win victories because of the weapons we have.*

In what does the psalmist not trust?

He does not trust in his bow, and his sword does not save him.

Psalms 44:7

ULT	UST
but you save us from our enemies, and you shame the ones hating us.	*Instead, you rescue us from our enemies. You disgrace our opponents by defeating them.*

From what does God save them?

God saves them from their enemies and shames those who hate them.

Psalms 44:9

ULT	UST
But you have rejected and humiliated us, and you do not go out with our armies.	*But now it appears that you no longer want to help us. This has embarrassed us. When our armies march out to fight a battle, you no longer enable them to win victories.*

What has God done?

God has rejected and humiliated them and no longer goes out with their armies.

Psalms 44:10

ULT	UST
You make us turn back from the enemy, and the ones hating us plunder for themselves.	*You make us retreat from our enemies. We must leave behind weapons and possessions, and they take as many of those as they want.*

What does God make the Israelites do?

God makes them turn back from the adversary.

What do those who hate the Israelites do?

Those who hate them take spoil for themselves.

Psalms 44:11

ULT	UST
You have made us like sheep of food, and you have scattered us among the nations.	*You have allowed our enemies to slaughter us as if we were sheep. Foreign armies have captured many of our people and taken them back to their countries as slaves.*

What has God made the Israelites like?

God has made them like sheep destined for slaughter and has scattered them as slaves among the nations.

Psalms 44:13

ULT	UST
You have made us a reproach to our neighbors, a scorn and a derision to those around us.	*Because you no longer help us, the people groups around us insult us. They express contempt for us and laugh at us.*

What has God made the Israelites to their neighbors?

God has made them a reproach to their neighbors, a scorn and a derision to those around them.

Psalms 44:15-16

Why is the psalmist's dishonor before him all the day long?

His dishonor is before him, and the shame of his face has covered him because of the voice of him who rebukes and insults, because of the enemy and the avenger.

Psalms 44:17

ULT	UST
All of this has come to us, but we have not forgotten you and we have not dealt falsely with your covenant.	*These things have happened to us even though we have not stopped worshiping you and we have not disobeyed the solemn agreement that you made with our ancestors.*

What have the Israelites not done?

They have not forgotten God nor dealt falsely with God's covenant.

Psalms 44:18

ULT	UST
Our heart has not turned itself back, nor have our steps turned aside from your way.	*We still love you as our God, and we have continued to do what you have commanded us to do.*

What have the Israelites' heart and steps not done?

Their heart has not turned back, nor have their steps turned aside from God's way.

Psalms 44:19

ULT	UST
But you have crushed us into a place of jackals, and you have covered over us with a dark shadow.	*But you have allowed our enemies to ruin our land and leave it desolate. You have left us feeling as though we are going to die.*

What has God done to them?

God has allowed their enemies to ruin their land as if darkness has covered it.

Psalms 44:20-21

What would God discover?

God would discover whether they had forgotten the name of their God or spread out their hands to a foreign god.

Psalms 44:22

ULT	UST
But because of you we are killed all of the day, we are considered like sheep of slaughter.	*Because you are not helping us, our enemies are continuing to kill our people. They believe they can kill us as easily as if we were sheep, which people slaughter easily.*

What are the Israelites considered to be because of God?

They are considered to be like sheep for slaughter.

Psalms 44:25

ULT	UST
For our soul has sunk down into the dust, our belly clings to the earth.	*We ask you to do this because we are helpless, as if we had fallen down and were lying on the ground and could not get up.*

What has happened to the Israelites?

They are helpless as if they had fallen down and could not get up.

Psalms 44:26

ULT	UST
Arise as a helper to us and redeem us because of your covenant faithfulness.	*You have promised to love us faithfully because we belong to you. So please do something to rescue us from our enemies!*

What does the psalmist pray that God would do?

He prays that God might rise up for their help and redeem them for the sake of God's covenant faithfulness.

Psalms 45

Psalms 45:1

ULT	UST
My heart boils over with a good matter. I am reciting my works to the king. My tongue is the stylus of a quick scribe.	*There is something wonderful that I feel so strongly about that I must sing about it. I will sing a song that I have composed in honor of the king. As I sing, I will express my ideas in an orderly and complete way, just like a scribe who records quickly and accurately what he hears people say.*

What is the psalmist reciting to the king?

He is reciting his works to the king.

Psalms 45:2

ULT	UST
You are fairer than the sons of man. Grace is poured onto your lips. Therefore God has blessed you forever.	*O King, you are the most handsome man in the world! You speak very graciously! So we know that God has always blessed you.*

How does the psalmist describe the king?

The king is fairer than the sons of man, grace is poured onto his lips, and God has blessed him forever.

Psalms 45:4

ULT	UST
And in your majesty prosper, ride out for the sake of truth and humility and righteousness. May your right hand teach you fearful things.	*Go and win victories to establish yourself as a king who is honest, who does not proudly oppress his people, and who does what is right. As you do that, may you find that your skill as a warrior terrifies anyone who would resist you.*

Why should the king ride out?

The king should ride out for the sake of truth, humility, and righteousness.

Psalms 45:5

ULT	UST
Your arrows are sharp; the peoples fall under you; in the heart of the enemies of the king.	*Your sharp arrows pierce into the hearts of your enemies. You defeat the people groups that fight against you.*

How are the king's arrows described?

His arrows are sharp as if piercing the hearts of the king's enemies.

Psalms 45:6

ULT	UST
Your throne, God, is forever and ever. A scepter of justice is the scepter of your kingdom.	*Your Majesty, you will be the king for a very long time. You decide people's cases fairly as you rule your kingdom.*

How is God's throne and a scepter of justice described?

His throne is forever and ever, and a scepter of justice is the scepter of God's kingdom.

Psalms 45:7

ULT	UST
You love righteousness, and you hate wickedness. Therefore God, your God, has anointed you with the oil of joy more than your companions.	*You love it when people do what is right, and you hate it when people do what is wrong. That is why God, whom you worship, has made you so happy. You are happier than all the people around you.*

What has the king loved and hated?

He loves righteousness and hates wickedness.

Psalms 45:8

ULT	UST
Myrrh and aloes, cassia, are all of your garments. From palaces of ivory, stringed instruments make you rejoice.	*Your royal robes smell beautifully of the spices myrrh, aloes, and cassia. From within your palace, which has ivory decorations, you hear people playing stringed instruments. That music makes you happy.*

Of what do all of the king's garments smell?

All of his garments smell of myrrh, aloes, and cassia.

Psalms 45:9

ULT	UST
Daughters of kings are among your precious ones. The queen is stationed at your right hand in gold of Ophir.	*The honored women of your court include foreign princesses. Your bride, the queen, is standing at your right side. Threads of gold fine gold from Ophir decorate her robe.*

Where are the daughters of kings and the queen?

Daughters of kings are among the king's precious ones, and the queen stands at his right hand adorned in gold of Ophir.

Psalms 45:12

ULT	UST
The daughter of Tyre with a gift; the rich of the people will entreat your face.	*Representatives of foreign kingdoms such as the wealthy kingdom of Tyre will bring gifts to you. The wealthy people of this kingdom will ask you to treat them favorably.*

What will the rich do?

The rich among the people will beg for a favor.

Psalms 45:14

ULT	UST
She will be led to the king in embroidery. The virgins after her, her companions, will be brought to you.	*As she came in procession to where you are, O king, people could see that her robe also had beautiful designs of colored thread. Other young women, her bridesmaids, followed her in that procession.*

Where will the royal daughter be led?

She will be led to the king in embroidered dress.

Psalms 45:15

ULT	UST
They will be led by joy and rejoicing; they will enter into the palace of the king.	*As they came in procession into your palace, this made everyone very happy.*

How and where will the virgins be led?

They will be led by joy and rejoicing; they will enter into the palace of the king.

Psalms 45:16

ULT	UST
In place of your fathers will be your sons; you will make him princes in all of the earth.	*You will be famous not because of your ancestors but because of your descendants. They will have influence and authority all over the world.*

Who will take the place of the king's fathers?

His sons will take the place of his fathers, and he will make them princes throughout all the earth.

Psalms 45:17

ULT	UST
Let me make people remember your name in every generation to generation; therefore the peoples will thank you forever and ever.	*By this song, I want to make the people of future generations remember what a great king you are. Then people will always say good things about you.*

What does the psalmist want the peoples of all generations to do regarding the king?

The psalmist wants to make the king's name remembered in every generation, so the peoples will thank him forever and ever.

Psalms 46

Psalms 46:1

ULT	UST
God is to us a refuge and strength, being found greatly a help in trouble.	*God keeps us safe, as if he were a secure place where we could go if we were in danger. God strengthens us. He is always present to help us when we have troubles.*

How does the psalmist describe God?

God is a refuge and strength to them, and he greatly helps them in trouble.

Psalms 46:2

ULT	UST
Therefore we will not fear in the changing of the earth and the shaking of the mountains into the heart of the seas,	*So we would not be afraid even if there were an earthquake that caused huge chunks of mountains to fall deep into the sea.*

What do the psalmists say they will not do, even if the earth changes and the mountains shake into the sea?

They will not fear.

Psalms 46:4

ULT	UST
A stream, its channels make the city of God rejoice, the holy place of the dwellings of the Most High.	*A stream flows down from the mountains into Jerusalem. Its cool waters refresh the people who live there. Jerusalem is the location of God's holy temple. He is greater than all other spirit beings.*

What makes the city of God rejoice?

The channels of a stream make the city of God rejoice.

Psalms 46:5

ULT	UST
God is in the midst of her, she will not be shaken. God will help her at the turning of the morning.	*God is present in Jerusalem in a special way, so no one destroys it. God rescues the people of that city, and it is as if a dark night ends and a bright new day begins.*

What will the city of God not do?

The city of God will not be shaken.

Psalms 46:6

ULT	UST
Nations may roar; kingdoms may shake. He utters with his voice; the earth melts.	*Sometimes foreign armies invade kingdoms and conquer them. But that does not happen to us, because God powerfully defends us and defeats our enemies.*

What happens to the earth when God utters his voice after the nations roar and kingdoms shake?

The earth melts.

Psalms 46:7

ULT	UST
Yahweh of Armies is with us; the God of Jacob is a stronghold to us. Selah	*Yahweh, the commander of the heavenly armies, helps us. The God whom we Israelites worship keeps us safe. Selah*

What does the psalmist say about Yahweh of armies and the God of Jacob?

Yahweh of armies is with them, and the God of Jacob is a stronghold to them.

Psalms 46:9

ULT	UST
making wars cease to the end of the earth. He shatters the bow and cuts the spear in pieces; he burns the wagons with fire.	*He stops wars all over the world. It is as if he breaks bows and arrows, destroys spears, and burns up war wagons.*

What does Yahweh do to wars?

He makes wars cease to the end of the earth. He shatters the bow and cuts the spear in pieces, and he burns the wagons with fire.

Psalms 46:10

ULT	UST
“Be still and know that I am God. I will be high among the nations, I will be high on the earth.”	*God says, “Calm down and remember that I am God. The people of nations throughout the earth will honor me.”*

What does God tell the people to do?

Be still and know that he is God.

What will happen to God among the nations?

He will be exalted among the nations and on the earth.

Psalms 46:11

ULT	UST
Yahweh of Armies is with us; the God of Jacob is a stronghold to us. Selah	*Yahweh, the commander of the heavenly armies, helps us. The God whom we Israelites worship keeps us safe. Selah*

What is the God of Jacob to them?

The God of Jacob is a stronghold to them.

Psalms 47

Psalms 47:1-2

Why does the psalmist tell everyone to clap their hands and shout to God with a voice of rejoicing?

They should do this because Yahweh Most High is to be feared, and he is the great King over all the earth.

Psalms 47:3

ULT	UST
He subdues peoples under us and nations under our feet.	*He enables us to conquer people groups that oppose us.*

What does Yahweh do to peoples and nations?

He subdues peoples under the Israelites and the nations under their feet.

Psalms 47:5

ULT	UST
God has gone up with a shout, Yahweh with the sound of a shofar.	*People have acclaimed Yahweh their God as their king by shouting and blowing ram's horns.*

How has God gone up?

God has gone up with a shout and the sound of a shofar.

Psalms 47:6-7

Why should everyone sing praises to God?

They should sing praises because God is the King of all the earth.

Psalms 47:8

ULT	UST
God reigns over the nations; God sits on the throne of his holiness.	*God rules over all people groups. He rules them completely fairly, not the way many human kings do.*

Where does God reign?

God reigns over the nations.

Where does God sit?

God sits on his holy throne.

Psalms 47:9

ULT	UST
The nobles of the peoples will gather themselves as the people of the God of Abraham, for to God are the shields of the earth. He is greatly exalted!	*The rulers of the people groups will assemble to join those who worship the same God whom Abraham worshiped. They will do that because the leaders of the world must obey God. He is the supreme ruler of the world.*

Where will the nobles of the peoples gather?

They will gather to the people of the God of Abraham.

Why will the nobles gather to the people of the God of Abraham?

They will gather because God is greatly exalted.

Psalms 48

Psalms 48:1

ULT	UST
Yahweh is great, and he is being praised greatly in the city of our God, on the mountain of his holiness.	*Yahweh is great, and he deserves to have people praise him greatly in Jerusalem, the city that belongs to him. That city is high up on the mountain that he chose as the place where people would worship him.*

How does the psalmist describe Yahweh?

Yahweh is great and is greatly praised.

Psalms 48:2

ULT	UST
Beautiful of elevation, the joy of all of the earth, is Mount Zion in the recesses of the north, the city of the great king.	*The height of Mount Zion is magnificent. People from all over the world are happy when they see it. The city of Jerusalem, where Yahweh rules as the great king, is on the northern ridge of that mountain.*

How is Mount Zion described?

Mount Zion is high and beautiful, and it is a joy to all the earth.

Psalms 48:3

ULT	UST
God is in her citadels. He is known as a stronghold.	*God is present as a defender in the city's fortifications. He has shown that he protects the people of the city.*

How is God known in the city?

God is known as a stronghold.

Psalms 48:4-6

What happened when the kings assembled themselves together and saw the city?

They marveled, became terrified, and hurried away; trembling seized them there.

Psalms 48:8

ULT	UST
As we have heard, so we have seen in the city of Yahweh of Armies, in the city of our God. God will establish it to forever. Selah	*Jerusalem belongs to Yahweh, the commander of the heavenly armies, who is our God. We had heard from our ancestors that God would always keep the city secure. Now we who live in the city have seen for ourselves that this is true. Selah*

What will God do for the city of Yahweh of armies?

God will establish it forever.

Psalms 48:9

ULT	UST
We have compared your covenant faithfulness, God, in the midst of your temple.	*We went into your temple, God, and recognized that you faithfully kept your covenant when you protected us. We acknowledged that you had been just as faithful to us as you were to our ancestors.*

What have the worshippers compared in the midst of God's temple?

They have compared God's covenant faithfulness.

Psalms 48:10

ULT	UST
As is your name, God, so is your praise to the ends of the earth. Your right hand is full of righteousness.	*People throughout the world praise you as you deserve. You use your power to make sure that people treat each other right.*

How does the psalmist describe God's right hand?

His right hand is full of righteousness.

Psalms 48:11

ULT	UST
Let Mount Zion rejoice, let the daughters of Judah be glad, because of your judgments.	*The people who live in Jerusalem and in other parts of the kingdom of Judah should celebrate the way you judge people fairly.*

Why should Mount Zion rejoice and the daughters of Judah be glad?

They should rejoice and be glad because of God's judgments.

Psalms 48:13

ULT	UST
put your heart to her rampart, consider her citadels, so that you may recount to a later generation.	*You should observe the strength of the walls and the fortifications so that you can tell your descendants about them.*

Why should the Israelites walk around Zion, count her towers, and consider her citadels?

They should do these things so that they may tell it to a later generation.

Psalms 48:14

ULT	UST
For this God is our God forever and ever. He, he will guide us until death.	*The people of Judah and Jerusalem should praise Yahweh because he is our God and he will always be our God. He will lead us for as long as we live.*

What will God be for his people?

He will be their guide until death.

Psalms 49

Psalms 49:1-2

Who does the psalmist call to hear him?

He calls all the people of the world to hear him, both common people and the wealthy alike.

Psalms 49:3

ULT	UST
My mouth will speak wisdom, and the meditation of my heart, understanding.	*I have thought carefully about what I am going to say, so it will be wise, and it will help you understand things better.*

With what will the psalmist speak?

He will think carefully and speak with wisdom to help them understand things better.

What will be the meditation of the psalmist's heart?

The psalmist will speak of the things he has thought carefully about so they will have better understanding.

Psalms 49:6-7

What can those who trust in their wealth not do?

Those who trust in their wealth cannot pay God to keep a person from dying.

Psalms 49:8

ULT	UST
For the redemption of their life is costly, and it ceases forever,	*No matter how much money a person has, it is never enough to keep someone else from dying*

How is the redemption of a person's life costly?

No matter how much money a person has, they can never keep someone else from dying.

Psalms 49:9

ULT	UST
that one should live on forever, that one should not see the pit.	*so that the person will live forever and never leave this world.*

Who can live forever?

No one can live forever or avoid seeing the Pit.

Psalms 49:10

ULT	UST
For one will see. The wise die, likewise the fool and the brute perish, and they leave their wealth to others.	*Whether people are wise or foolish and brutish, they all die. Then other people inherit their money.*

What happens to the wise, the fool, and the brute alike?

The wise die, and the fool and the brute alike perish, and they leave their wealth to others.

Psalms 49:12

ULT	UST
But a human does not abide in honor. He is likened to the beasts, they are destroyed.	*Even if someone is great, he does not stay that way. He still dies, just as animals do.*

What does the psalmist say about a human regarding honor?

A human does not abide in honor but is likened to the beasts, which are destroyed.

Psalms 49:14

ULT	UST
Like sheep, they appoint them to Sheol; death will shepherd them. And the upright will rule over them in the morning, and Sheol will consume their form from the dwelling to it.	*God has determined that they will die, as easily as sheep die, and go to the place where dead people are. They will remain there, as if death were a shepherd keeping them in a pen. One day God will make righteous people rule over wicked people. Wicked people will no longer live in comfortable homes. Instead, their bodies will decay in their graves.*

Who will be their shepherd?

It is as if death were a shepherd keeping them in the place where dead people are.

What will the upright do someday?

One day God will make the upright rule over wicked people.

Psalms 49:15

ULT	UST
But God will redeem my soul from the hand of Sheol, for he will take me. Selah	*But God will take me to himself. In that way, he will rescue me from the place where dead people are. Selah*

What will God do for the psalmist?

God will rescue him from Sheol but will take him to himself.

Psalms 49:16

ULT	UST
Do not fear when a man becomes rich, when the glory of his house increases.	*Do not let it trouble you when a person becomes rich and has many valuable possessions.*

When does the psalmist say not to fear?

People should not be troubled when a man becomes rich and has many valuable possessions.

Psalms 49:18

ULT	UST
Although in his life he blesses his soul (and they do praise you when you do well for yourself),	*While a rich person is alive, he says to himself that he is successful. (People tend to praise anyone who is successful.)*

According to the psalmist, when do people praise others?

People praise anyone who does well for themselves.

Psalms 49:19

ULT	UST
he will come to the generation of his fathers; forever they will not see light.	*Nevertheless, he will die and go to where his dead ancestors are. All of them will remain in that dark place forever.*

Where will the rich man go?

He will go to where his dead ancestors are.

What will the rich man and his fathers not see?

They will never see the light again.

Psalms 50

Psalms 50:1

ULT	UST
A Psalm of Asaph The God of gods, Yahweh, has spoken, and he has summoned the earth from the rising of the sun to its setting.	*A Levite from the clan of Asaph wrote this song. Yahweh is the only true God. He has decreed that people from all over the world should come to him.*

What does the psalm say that Yahweh does in the opening verse?

Yahweh speaks and summons the earth from where the sun rises to where it sets.

Psalms 50:4

ULT	UST
He calls to the heavens above and to the earth so that he may judge his people.	*He calls upon the sky and the land to serve as witnesses of his covenant with the Israelites. This demonstrates that he will judge them fairly according to that covenant.*

Why does God call to the heavens above and to the earth?

He calls to the heavens above and to the earth so that he may judge his people.

Psalms 50:8

ULT	UST
I do not accuse you regarding your sacrifices, for your burnt offerings are always before me.	*You continually burn animals completely on the temple altar as sacrifices to me, so I have no complaint that you have failed to offer sacrifices to me.*

Of what does God say he will not accuse his people?

God says he will not accuse them regarding their sacrifices.

Psalms 50:10

ULT	UST
For every beast of the forest is to me, the cattle on a thousand hills.	*I do not need them, because all of the animals that live in the forests belong to me. All of the cattle everywhere on earth also belong to me.*

Why does God say that he will take no bull or goat from his people?

God says that every beast of the forest is his, and the cattle on a thousand hills.

Psalms 50:14

ULT	UST
Sacrifice a thank offering to God, and pay your vows to the Most High.	*I want you to offer sacrifices to me, your God, because you have promised to do that to thank me for helping you. I am the God who is greater than all other spirit beings.*

What does God command his people to offer and to pay?

God commands them to offer a thank offering and to pay their vows to the Most High.

Psalms 50:17

ULT	UST
For you, you hate instruction, and you cast my words behind you.	*You should not do that, because you hate it when I correct you, and when I tell you to do something, you refuse to obey me.*

What does God say the wicked hate and cast away?

God says that the wicked hate instruction and cast away his words.

Psalms 50:21

ULT	UST
You have done these things, but I have been silent. You thought the being of I AM was like you. I will accuse you, and let me array to your eyes.	*You do all those things, and I have not said anything to you about them, so you think that I do not care about them any more than you do. But now I am going to show you all the wicked things you have done, and I am going to judge and punish you for doing them.*

What does God say that the wicked think about him when God keeps silent?

They thought that he was someone just like them.

Psalms 50:22

ULT	UST
Consider this now, forgetters of God, lest I tear and none be delivering!	*Many of you have been ignoring me. Pay attention to what I am saying now! If you do not, I will destroy you. No one will be able to rescue you.*

Who will rescue the wicked when God tears them in pieces?

There will be no one to come deliver them.

Psalms 50:23

ULT	UST
The one sacrificing a thank offering glorifies me, and the one placing a way, I will make him look upon the salvation of God.”	*When people publicly offer sacrifices to thank me for helping them, that honors me greatly. If people live as I want people to live, I will rescue them when they are in trouble.”*

To whom will God show his salvation?

God will show his salvation to whoever offers a thank offering and orders their path rightly.

Psalms 51

Psalms 51:1

ULT	UST
Be merciful to me, God, according to your covenant faithfulness. According to the multitude of your compassions, wipe away my transgressions.	*Oh God, since you promised to faithfully love me, please act mercifully toward me. You gently love people in many ways, so please forgive me for disobeying you so badly.*

Why does David say that God should have mercy on him?

He says God should have mercy on him according to his covenant faithfulness.

Psalms 51:4

ULT	UST
Against you, you only, I have sinned and done evil in your eyes, so you are right in your speaking, you are blameless in your judging.	*What grieves me most is how I have sinned against you. I have done things that you consider to be very wrong. So when you declare that I am guilty, you are right. When you judge me, you are completely fair.*

Against whom does David say he has sinned?

He says he has sinned against God, and only against God.

Psalms 51:5

ULT	UST
Behold, I was born in iniquity, and in sin my mother conceived me.	*Indeed, I have been a sinner from birth. In fact, I have been a sinner since my mother conceived me.*

When does David say that his sin began?

David says his sin began as soon as his mother conceived him.

Psalms 51:7

ULT	UST
May you purify me with hyssop, that I may be clean. May you wash me, that I may be whiter than snow.	*Make me acceptable to you again, as if you were using hyssop to sprinkle water on me to purify me. Remove my sin as if it were dirt that you were washing off me. Then I will be completely pure, like snow that has just fallen.*

What does David ask God to do so that he may be purified?

He asks God to purify him with hyssop so he will be clean, and to remove his sins so he will be completely pure.

Psalms 51:10

ULT	UST
Create for me a clean heart, God, and renew an established spirit within me.	*O God, please make me want to do only things that please you. Help me to be loyal to you consistently.*

What does David ask God to create and renew in him?

He asks God to create in him a clean heart, and to renew a loyal spirit within him.

Psalms 51:11

ULT	UST
May you not cast me away from your face, and may you not take the Spirit of your holiness from me.	*Please allow me to come into your presence. Please do not make your Holy Spirit leave me.*

What does David ask God not to do to him?

He asks God to not cast him away from his presence, and to not take the Spirit of his holiness from him.

Psalms 51:12

ULT	UST
Restore to me the joy of your salvation, and support me with a willing spirit.	*Please save me from the guilt and punishment of my sin. That will make me very happy again. Please make me eager to obey you so that I do not sin again.*

What does David ask God to restore to him?

He asks God to restore to him the joy of his salvation and to support him with a willing spirit.

Psalms 51:14

ULT	UST
Deliver me from blood, God, the God of my salvation, may my tongue sing about your righteousness.	*God, I admit that I deserve to die because I murdered someone, but please rescue me from that punishment. You can save me from the guilt and punishment of my sin because you are God. When you do that, I will sing joyfully about how good you are.*

What does David ask God to deliver him from?

He asks God to deliver him from the guilt of bloodshed.

Psalms 51:16

ULT	UST
For you do not delight in sacrifice, or I would give it; you do not accept a burnt offering.	*If you had wanted me to offer a sacrifice because of the sin I committed, I would certainly have done that. But you do not accept burnt offerings from people who bring them to try to make things right with you after committing murder.*

What does David say God does not want from him?

David says God does not delight in sacrifice, and would not accept a burnt offering from him.

Psalms 51:17

ULT	UST
The sacrifices of God are a broken spirit. A broken and crushed heart, God, you will not despise.	*What you really want is for people to pray to you in genuine humility and ask for forgiveness. When a person is very sorrowful for his sin, you, God, do not reject him.*

What are the sacrifices God wants?

The sacrifices of God are genuine humility and sorrow for sins.

Psalms 52

Psalms 52:1

ULT	UST
Why do you boast about harm, O warrior? The covenant faithfulness of God all of the day.	*Doeg, you are boasting as if you were a great warrior because you killed so many people, but you are wrong to boast, because they were helpless. God always protects me because he is kind to me.*

What does the psalmist say protects him all of the day?

The covenant faithfulness of God protects him all day.

Psalms 52:3

ULT	UST
You love evil more than good, lying more than speaking righteousness. Selah	*You like to do what is wrong more than you like to do what is right. You like to tell lies more than you like to tell the truth. Selah*

What does Doeg love more than good?

He loves evil more than good.

Psalms 52:4

ULT	UST
You love all words of destruction, tongue of betrayal!	*You like to say anything that will cause harm to people. What you say causes innocent people to suffer.*

What words does Doeg love?

He loves all words of destruction.

Psalms 52:5

ULT	UST
God will also tear you down forever. He will take you away and tear you from the tent and uproot you from the land of the living. Selah	*But God will destroy you permanently, just as you have destroyed others. You may feel safe in your home, but God will take you from there and remove you from this world in which people are alive. Selah*

What will God do to Doeg?

God will destroy him forever.

Psalms 52:7

ULT	UST
“Behold, the man did not make God his refuge, but he trusted in the abundance of his wealth; he was strong in his calamity.”	*They will say, “Look what happened to this man who did not trust God to protect him. He thought that because he had a lot of money, he could avoid trouble. He believed that harming other people would make him powerful.”*

In what did the man trust instead of God?

He trusted in the abundance of his wealth.

Psalms 52:8

ULT	UST
But I am like a green olive tree in the house of God. I will trust in the covenant faithfulness of God forever and ever.	*But I am safe, just like the olive trees that the priests plant and care for in the courtyard of the place where we worship God. I know that God will always be kind to me.*

In what will David place his own trust?

He will trust in the covenant faithfulness of God forever and ever.

Psalms 53

Psalms 53:1

ULT	UST
The fool says in his heart, “No God.” They are corrupt, and they do iniquity abominably. There is none doing good.	*People who do not want to obey God tell themselves that God does not exist. People like that are bad. They do terrible things. Every one of them acts wickedly.*

What does the fool say in his heart?

He says that there is no God.

Psalms 53:2-3

When God looks down from heaven at the people on earth, what does he find?

He finds that they have all turned away and corrupted themselves. There is no one who does good, not even one.

Psalms 53:4

ULT	UST
Do they not know, the doers of iniquity, the ones eating my people as they eat bread? They do not call upon God.	*They take away people’s possessions until they have nothing left. They do that as easily as they would eat a loaf of bread. The people who do such bad things ought to realize that God is going to punish them. But they do not worship God.*

What do the doers of iniquity do to God’s people?

They take from God’s people as easily as they eat bread, and they do not call upon God.

Psalms 53:5

ULT	UST
There they feared a fear when no fear was, because God scattered the bones of the one encamping against you. You have shamed them, for God despises them.	*An army came and attacked the Israelites. Its soldiers did not have to be afraid that the Israelites would defeat them. But God made them lose in battle so badly that the survivors were not even able to bury the dead soldiers. This made them very afraid. God regarded this army as insignificant compared with his great power. He helped the Israelites, and so they were able to humiliate those soldiers by defeating them.*

What does the psalmist say happened to those who attacked Israel?

God defeated them and put them to shame, because he despises them.

Psalms 53:6

ULT	UST
Who will give the salvation of Israel from Zion? When God restores the prosperity of his people, Jacob will be glad, Israel will rejoice.	*I wish that God, whose sanctuary is on Mount Zion, would rescue the Israelite people! When God makes his people prosperous again, the Israelites, those descendants of Jacob, will be very happy.*

From where did David hope that salvation for Israel would come?

He hoped that the salvation of Israel would come from the God of Israel.

Psalms 54

Psalms 54:1

ULT	UST
Save me, God, by your name, and vindicate me by your might.	*God, please use your power to save me from my enemies! If you do that, people will realize that I have not done anything wrong.*

How did David ask God to save him?

He asked God to save him by the might of God's name.

What does David want God to do?

He wants God to save him and to vindicate him so people will realize that he has not done anything wrong.

Psalms 54:2

ULT	UST
Hear my prayer, God; listen to the words of my mouth.	*God, please listen to what I say as I pray to you.*

What does David ask God to hear?

He asks God to hear his prayer and listen to his words.

Psalms 54:3

ULT	UST
For foreigners have arisen against me, and violent ones seek my life. They do not set God before them. Selah	*I am praying for your help because even my fellow Judeans are treacherously acting against me. These are violent men, and they want to kill me. They do not respect you. Selah*

Who has risen up against David and sought his life?

Foreigners have risen up against him, and violent ones have sought his life.

Psalms 54:4

ULT	UST
Behold, God is a helper to me; the Lord is with the sustainers of my life.	*But God is helping me. The Lord is helping the people who are protecting me so that I stay alive.*

What does David say God is to him?

David says God is a helper to him and to those who sustain his life.

Psalms 54:5

ULT	UST
He will return harm to my enemies. In your faithfulness, destroy them!	*My enemies want to do harmful things to me, but God will cause those things to happen to them instead. Because you faithfully do what you promise, destroy them so that they do not kill me!*

What will God return to David's enemies?

God will return harm to his enemies.

Psalms 54:6

ULT	UST
With a freewill offering, I will sacrifice to you. I will praise your name, Yahweh, for it is good.	*I promise that when you rescue me, I will publicly offer a sacrifice to honor you. I will praise you, Yahweh, for how good you are.*

Why will David praise Yahweh's name?

He will praise Yahweh's name because it is good.

Psalms 54:7

ULT	UST
For he delivers me from every trouble, and my eye looks at my enemies.	*I will be able to do this because he rescues me from all my troubles and, as a result, I see that he has defeated my enemies.*

What does David say his eye will see after God delivers him from his troubles?

He will see the defeat of his enemies.

Psalms 55

Psalms 55:4

ULT	UST
My heart writhes in the midst of me, and the terrors of death have fallen onto me.	*My heart is pounding inside me because I am so upset. I strongly feel many fears because I know that my enemies are trying to kill me.*

What kind of terrors have fallen on David?

The terrors of death have fallen on him.

Psalms 55:6

ULT	UST
I have said, "Who will give the wing of a dove to me? Let me fly away and let me dwell.	*I have been thinking, "How good it would be if I had wings like a dove! I would fly away and find a place to rest.*

Why does David wish that he had wings like a dove?

If he had wings like a dove, he could fly away and find a place to rest and be safe from his enemies.

Psalms 55:9

ULT	UST
Swallow them, Lord, divide their tongue! For I have seen violence and strife in the city.	*Lord, please destroy my enemies! Make them disagree about what to do so that they cannot make successful plans against me. I ask this because I know that they are fighting with people in the city and hurting them.*

What does David ask the Lord to do to his enemies?

He asks the Lord to destroy them and to make them disagree about what to do.

Psalms 55:10-11

What is found in the middle of the city?

Iniquity and trouble are in the middle of the city, and calamity, oppression, and deceit are also found there.

Psalms 55:12-13

Who reproached David and powerfully opposed him?

David's companion and acquaintance reproached and opposed him.

Psalms 55:15

ULT	UST
May desolations be upon them; may they go down to Sheol alive, for evils are in their dwelling, in the midst of them.	*My enemies are so wicked in their inner beings that it is as if wickedness lives in their homes and influences what they do. So I hope that bad things happen to them that destroy them! I wish that the earth would open up under them so that they would go down alive to the place where dead people are.*

What does David ask God to bring upon his enemies?

He asks for desolations to come upon them and for them to go down to Sheol alive.

Psalms 55:17

ULT	UST
Evening and morning and noon, let me complain and moan, and he will hear my voice.	*I will continually pray to him, whether I can express my concerns in words or whether I am only able to moan as a plea to him. He will answer my prayer by helping me.*

What does David do continually?

He complains and moans to God.

Psalms 55:19

ULT	UST
God will hear and answer them, even the one sitting from antiquity, Selah to whom there are no changes, so they do not fear God.	*My enemies have no difficulties in life, so they do not respect God. Selah But God, who has ruled forever, will answer my prayer and punish them as they deserve.*

Why will God hear and answer David's prayer?

He will hear and answer because David's enemies do not fear God.

Psalms 55:20

ULT	UST
He stretches out his hands against his friends; he defiles his covenant.	*The man I knew well is attacking me even though I was his friend. He should have remained loyal to me, but he has not.*

What does David’s friend do to his covenant?

He defiles his covenant by attacking his friends.

Psalms 55:23

ULT	UST
But you, God, will make them go down to the pit of the grave. Men of blood and treachery will not halve their days. But I, I will trust in you.	*God, you will cause people who deceive and kill others to die before they have lived half as long as most people do. But as for me, I will trust you to protect me.*

To where will God bring down the wicked?

God will bring them down to the pit of the grave.

Psalms 56

Psalms 56:1

ULT	UST
Be gracious to me, God, for man tramples me! All of the day, fighting, he oppresses me.	*O God, men are attacking me, so please help me! They keep fighting me and making me suffer.*

Why does David ask God to be gracious to him?

He asks God to be gracious to him because men are fighting with him and oppressing him.

Psalms 56:2

ULT	UST
My enemies trample me all of the day, for many are fighting against me arrogantly.	*Many proud enemies are fighting against me, so there is continually someone attacking me.*

What do David's enemies do to him all day?

David's enemies attack him and fight against him arrogantly.

Psalms 56:3

ULT	UST
The day I fear, I, I will trust in you.	*But whenever I am afraid, I trust you to help me.*

What does David say he will do when he is afraid?

When David is afraid, he will trust in God.

Psalms 56:4

ULT	UST
In God—I praise his word—in God I trust. I will not fear. What will flesh do to me?	*I praise you, God, because you have promised to take care of me. I trust you to do that, so I am not afraid. I know that mere humans will not be able to harm me!*

What is the result of David's trust in God?

David trusts in God, so he will not fear.

Psalms 56:5

ULT	UST
All of the day they vex my matters; all of their thoughts are against me for harm.	*My enemies are continually trying to interfere in my activities. They keep planning ways to harm me.*

What do David's enemies do all day?

David's enemies continually interfere and plan ways to harm him.

What are David's enemies' thoughts toward David?

All their thoughts are against David for harm.

Psalms 56:7

ULT	UST
Upon iniquity shall there be an escape for them? In nose, make the peoples go down, God.	*They should not be able to avoid punishment for the wicked things they are doing. O God, in your anger, please defeat all of our foreign enemies!*

How does David ask God to deal with David's enemies?

David asks God to bring them down in defeat.

Psalms 56:8

ULT	UST
You, you record my wandering. Put my tears in your bag. Are they not in your record?	*You have watched me carefully as I have wandered to this place. Please stay close to me as I have sad experiences here. I know that you have watched me closely as I have had these experiences.*

What does David ask God to do with his tears?

David asks God to keep a record of his tears.

Psalms 56:9

ULT	UST
Then my enemies will turn back on the day I call. This I know, for God is for me.	*When I cry to God for help, my enemies will stop attacking me. I know that will happen because God favors me.*

When will David's enemies turn back?

David's enemies will turn back on the day that he calls to God.

Psalms 56:12

ULT	UST
Your vows are on me, God. I will pay a thank-offering to you.	*God, I have vowed that I will thank you publicly when you help me, so I will offer a sacrifice to thank you.*

What does David vow to give to God?

David vows to pay a thank-offering to God.

Psalms 56:13

ULT	UST
For you deliver my life from death. Are not my feet from stumbling, that I may walk about to the face of God in the light of the living?	*I will be able to do that because you will have rescued me. No one will have killed me. Because you protect me, I will be able to live in your presence here in this world where people are alive.*

Where does David walk before God?

David walks before God in this world of the living.

Psalms 57

Psalms 57:1

ULT	UST
Be gracious to me, God, be gracious to me, for in you my soul takes refuge, and in the shadow of your wings I take refuge until the calamities have passed by.	*O God, please help me! I ask you to do that because I depend on you to protect me. I pray that you will protect me just as a mother bird protects her chicks under her wings. I ask you to do that until the troubles I am having are over.*

Why does David ask God to be gracious to him?

He asks God to be gracious to him because he depends on God for protection.

For how long does David take refuge in God?

David takes refuge in God until the calamities have passed by.

Psalms 57:2

ULT	UST
I call to God Most High, to God, the one accomplishing for me.	*I am crying for help to God, who is greater than all other spirit beings. God will complete what he has begun to do for me.*

What does David say God does for him?

David says that God is the one who accomplishes things for him.

Psalms 57:3

ULT	UST
May he send from the heavens and save me. May he reproach the one trampling me. Selah May God send his covenant faithfulness and his truth.	*May he act from where he is in heaven to rescue me. Someone is trying to harm me; may God prevent him from doing that. Selah God is kind and loyal to the people who trust him, so may he help me.*

What does David say God will send out to him?

David says that God will send out to him God’s covenant faithfulness and his truth.

Psalms 57:4

ULT	UST
My soul is in the midst of lions; I must lie down among blazing ones, sons of man. Their teeth are a spear and arrows, and their tongue is a sharp sword.	*Men who are as dangerous as lions are all around me. I have no safe place to sleep far away from those men who are trying to kill me. They say things about me that make other people want to harm me.*

Among whom does David say he must lie down?

He must lie down among men who are as dangerous as lions and trying to kill him.

Psalms 57:5

ULT	UST
Be high above the heavens, God, may your glory be above all of the earth.	*May you have the most glory, God, of anyone in heaven or on earth!*

Where does David ask God to let his glory be?

David asks God to let his glory be above all the heavens and all the earth.

Psalms 57:6

ULT	UST
They prepare a net for my steps; my soul bows down. They dig a pit to my face; they fall into the midst of it. Selah	*My enemies are trying to capture me, as if they had set out a net to trap me. This has distressed me greatly. Yes, they are trying to capture me, as if they had dug a deep pit along the path where I walk, hoping that I would fall into it. But I believe that God will use what they are doing against them, as if they had fallen into that pit themselves. Selah*

What does David say happens to those who dig a pit in front of him?

They themselves fall into the midst of it.

Psalms 57:8

ULT	UST
Awake, my glory! Awake, lyre and harp! Let me awaken the dawn.	*I will do that enthusiastically. I will begin the day by praising you as I play my harp and lyre.*

What musical instruments does David call to wake up?

David calls the lyre and harp to wake up.

Psalms 57:9

ULT	UST
I will thank you, Lord, among the peoples; I will make music to you among the nations.	*I will sing songs to praise you, Lord, so that people of other nations can find out about you.*

Where will David give thanks to the Lord?

David will give thanks to the Lord among the peoples.

Where will David sing praise to the Lord?

David will sing songs of praise to the Lord among the nations.

Psalms 57:11

ULT	UST
Be high above the heavens, God, may your glory be above all of the earth.	*May you have the most glory, God, of anyone in heaven or on earth!*

Where does David ask for God's glory to be exalted?

David asks for God's glory to be exalted over all the heavens and all the earth.

Psalms 58

Psalms 58:2

ULT	UST
No, in the heart you do wickedness. Your hands weigh out violence on the earth.	*In fact, you keep thinking about doing things that are wrong. The decisions that you make encourage people to commit violent crimes.*

What does the psalmist say the sons of man do on the earth?

The sons of man commit violent crimes on the earth.

Psalms 58:3

ULT	UST
The wicked turn aside from the womb; they stray from the belly, speaking falsehood.	*Wicked people do wrong things and tell lies from the time when they are born.*

When does David say the wicked go astray?

They go astray from the time when they are born.

Psalms 58:7

ULT	UST
May they be melted like waters that run off to them. When he treads his arrows, may they be as if they are cut off.	*Make them disappear like water that flows away. When they try to harm people as if they were shooting arrows at them, keep them from hurting those people, as if those arrows had no heads!*

What does David ask God to do when the wicked try to harm people?

David asks God to keep them from hurting people, as if they were shooting arrows that had no heads.

Psalms 58:10

ULT	UST
The righteous will rejoice when he sees vengeance. He will wash his feet in the blood of the wicked.	*Righteous people will celebrate when they see God punish wicked people. It will be as if wicked people were an army that God destroyed and righteous people were walking triumphantly through the battlefield afterwards.*

When will the righteous rejoice?

The righteous will rejoice when he sees God punish the wicked people.

Psalms 59

Psalms 59:1

ULT	UST
Deliver me from my enemies, my God! Set me on high, away from the ones rising up against me.	*My God, please rescue me from my enemies! Protect me from those who want to attack me!*

How does David ask God to deliver him from his enemies?

He asks God to set him on high, away from those who rise up against him.

Psalms 59:3

ULT	UST
For behold, they lie in wait for my life; the mighty gather against me. Not for my transgression and not for my sin, Yahweh,	*Look! They are hiding and waiting for a chance to kill me! Fierce men have gathered to harm me. Yahweh, they are doing that even though I have not done anything that is wrong!*

Who gather themselves together against David?

The mighty gather themselves together against David.

Psalms 59:5

ULT	UST
So you, Yahweh, God of armies, the God of Israel, wake up to punish all of the nations! Do not be gracious to any treacherous workers of iniquity. Selah	*Yahweh, you are the God who commands the heavenly armies. You are the God whom we Israelites worship. So I ask you to take action and punish all the people who do not honor you. Do not act mercifully toward those wicked people who have acted treacherously toward me. Selah*

Who does David ask Yahweh to not be merciful to?

He asks Yahweh to not be gracious to wicked people who are treacherous workers of iniquity.

Psalms 59:10

ULT	UST
The God of my covenant faithfulness will meet me. God will make me look upon my enemies.	*You, God, are faithfully loving to me, and you will come to help me. You will defeat my enemies so that I can look triumphantly at them.*

What does David say the God of his covenant faithfulness will do?

David says that the God of his covenant faithfulness will meet him and will defeat his enemies.

Psalms 59:13

ULT	UST
Consume them in wrath; consume them that they may not be, that they may know that God is ruling in Jacob to the ends of the earth. Selah	*Become angry with them and destroy them so that they do not exist anymore. That way people will know that you, God, rule over the Israelite people and the entire world. Selah*

How does David ask God to consume his enemies?

He asks God to consume them in wrath, and to consume them so that they will be no more.

Psalms 59:16

ULT	UST
But I, I will sing about your strength, and I will sing aloud in the morning about your covenant faithfulness! For you are a stronghold to me and a refuge in the day of trouble to me.	*But as for me, I will sing each morning about how powerful you are. I will sing joyfully about how faithfully loving you are to me. I will sing about how you protect me when I am in danger.*

What does David say when he sings about God's strength?

He says God is his stronghold and a refuge in the day of trouble.

Psalms 60

Psalms 60:1

ULT	UST
God, you have rejected us; you have broken through us. You have become angry; restore us!	*God, you have stopped helping us Israelites! Because you have become angry with us, our enemies have been able to break through our ranks. Please enable us to fight victoriously again!*

What has God done to the Israelites?

He has rejected them, become angry with them, and stopped helping them.

Psalms 60:2

ULT	UST
You have made the earth tremble; you have broken it. Heal its breaches, for it shakes.	*It is as if you have caused a great earthquake that has split open the ground. Our army is struggling, but please make it strong again.*

What has God done to the earth?

He has made the earth tremble and has broken it apart.

Psalms 60:3

ULT	UST
You have made your people see the difficult. You have made us drink the wine of staggering.	*You have caused us Israelites to experience great difficulties. It is as if you have made us drink strong wine that is making us fall down as if we were drunk.*

What has God made his people see?

He has made them see great difficulties.

Psalms 60:4

ULT	UST
You have given a banner to the ones fearing you, to be displayed from the face of the bow. Selah	*But you have raised a battle flag for those who honor you. They can rally around it when their enemies attack them. Selah*

To whom has God given a banner?

He has given a banner to those who fear him.

Psalms 60:6

ULT	UST
God has spoken in his holiness, “I will rejoice; I divide Shechem and measure out the Valley of Succoth.	*God is holy and does not lie, and he has said, “I delight in the territory that I have measured and divided up for you Israelites to live in. That territory includes land on the east side of the Jordan River, where the Valley of Succoth is, and land on the west side of the Jordan River, where Shechem is.*

What does God say he will do with Shechem and the Valley of Succoth?

He says he will rejoice as he divides Shechem and measures out the Valley of Succoth for the Israelites to live in.

Psalms 60:8

ULT	UST
Moab is the tub of my washing. Over Edom I throw my sandal. Over me, Philistia, shout triumphantly.”	*The Moabites are my servants, like slaves who wash my feet. I own the land of Edom; it is as if I have thrown my sandal onto it to show that it belongs to me. And you Philistines might shout your battle cry against me, but I will defeat you.”*

What does God say he will do to Edom?

He says he will throw his sandal over Edom to show that it belongs to him.

Psalms 60:10

ULT	UST
You, God, have you not rejected us? And you do not go out with our armies, God.	*It seems that you, God, have stopped helping us Israelites. It seems that you do not enable our armies to defeat our enemies when they march out to fight them.*

What does God not do for their armies?

He does not go out with their armies to enable them to defeat their enemies.

Psalms 60:11-12

What does the psalmist ask God to do for them?

The psalmist asks God to give them help against their enemy.

Psalms 61

Psalms 61:1

ULT	UST
Hear my cry, God; listen to my prayer.	*O God, I am calling to you for help. Please do what I ask.*

What does David ask God to do for him?

David asks God to hear his cry and to listen to his prayer.

Psalms 61:3

ULT	UST
For you are a refuge to me, a strong tower from the face of the enemy.	*You protect me. You are like a strong tower into which I can go so that my enemies cannot harm me.*

What has God been like for David?

God has been like a strong tower, a refuge and place of protection from the enemy for David.

Psalms 61:4

ULT	UST
Let me sojourn in your tent forever! I will take refuge in the shelter of your wings. Selah	*I wish I could always be a guest in your home! Keep me as safe as a baby bird is under its mother's wings. Selah*

Where does David wish to live and take refuge?

David wishes to live with and to take refuge in God's presence forever.

Psalms 61:5

ULT	UST
For you, God, have listened to my vows. You have given me the inheritance of the fearers of your name.	*God, you know that I have solemnly promised to offer sacrifices to acknowledge you, so please help me. You have given me the blessings that belong to people who honor you.*

What did God do for David when he heard his vows?

God gave him the blessings of those who honor God's name.

Psalms 61:6

ULT	UST
Days upon days of the king, may you add to his years, as generation and generation.	*Please allow me, the king of Israel, to live and rule for many years. Please allow my descendants to rule also.*

What does the psalmist ask God to do for the king?

The psalmist asks God to add more years to the king's life and to allow his descendants to rule after him.

Psalms 61:8

ULT	UST
Thus let me make music to your name forever, that I may pay my vows day, day.	*If you do that, I will always sing songs to praise you, and each day I will offer the sacrifices that I promised to give you.*

Why will David sing praise to God's name forever?

David will sing praise to God's name forever because he has vowed to do this each day as long as God lets him live.

Psalms 62

Psalms 62:1

ULT	UST
Truly toward God my soul is in silence. From him is my salvation.	*God is the one who saves me from my enemies, and I am waiting quietly for him to do that.*

Why does David say his soul is in silence before God?

David says his soul is in silence before God because he knows that his salvation comes from God.

Psalms 62:2

ULT	UST
He alone is my rock and my salvation, my stronghold. I will not be greatly shaken.	*He is the only one who can save me. He protects me as if he were a rock I could climb onto in order to be safe. No one would harm me at all.*

What does David say God is to him?

David says God alone is his salvation and his protection, like a rock he could climb onto in order to be safe.

Psalms 62:4

ULT	UST
They consult only to cast him down from his elevation. They delight in a lie; with his mouth, they bless, but in their inside, they curse. Selah	*My enemies are plotting together to do one thing. They want to remove me from my important position. They enjoy telling lies. They say things to bless people, but in their inner beings, they are cursing those people. Selah*

How do David's enemies treat him?

They plot together to bring him down from his high position, they delight in lies, and they bless with their mouths, but in their hearts they curse him.

Psalms 62:8

ULT	UST
Trust in him in every time, people. Pour out your heart to his face. God is a refuge for us. Selah	*You Israelite people should always trust in God. Pray earnestly to him in his presence. He is the one who keeps us safe. Selah*

What does David tell the people to do?

He tells the people to trust in God always and to pour out their hearts before God.

Psalms 62:9

ULT	UST
Surely sons of a human are vapor, sons of a man are a lie. To go up on the scales, they together would be lighter than vapor.	*Certainly, ordinary people lack the power to help, and important people are not as powerful as they seem. If you put them all on a scale, it would be as if they weighed less than air.*

How does David describe ordinary people and important people?

Ordinary people lack power, and important people are not as powerful as they seem to be.

Psalms 62:10

ULT	UST
Do not trust in oppression, and do not hope vainly in robbery. Wealth, if it increases, do not set the heart.	*It is foolish to expect to get rich by cheating other people or by stealing from them. If you become wealthy, do not rely on your money.*

What does David warn people not to trust in?

David warns people not to trust in oppression or robbery, and if wealth increases, not to set their hearts on it.

Psalms 62:11

ULT	UST
Once God has spoken, twice I have heard this, that power is to God.	*God has said very reliably that he is the one who truly has power.*

What has David heard when God has spoken?

David has heard God say that he is the one who truly is powerful.

Psalms 62:12

ULT	UST
Also to you, Lord, is covenant faithfulness, for you, you repay to a man according to his doing.	*God is also the one who always keeps his promises. He punishes people who do wrong things but rewards people who do good things.*

To whom does covenant faithfulness belong?

Covenant faithfulness belongs to the Lord, who repays each person according to what he has done.

Psalms 63

Psalms 63:1

ULT	UST
God, you are my God. I seek you earnestly. My soul thirsts for you, my flesh faints for you in a land of dryness and weary, without water.	*God, you are the God whom I worship. I greatly desire to be with you. It is as if my body aches for you, just as a person in a dry, hot wilderness greatly desires water.*

How does David seek God?

He seeks God earnestly, his soul thirsts for him, and his body aches for him.

Psalms 63:2

ULT	UST
Thus in the sanctuary I have gazed at you to see your power and your glory.	*I have worshiped you in your sanctuary and recognized how powerful and glorious you are.*

What does David see when he gazes at God in the sanctuary?

He sees God’s power and glory.

Psalms 63:3-4

What will David do because of God’s covenant faithfulness?

David will praise God as long as he lives, he will bless God, and he will lift up his hands and pray to God.

Psalms 63:5

ULT	UST
As with fat and fatness my soul will be full, and with lips of joyful shouts my mouth will praise you.	*You satisfy me as if I had just eaten a delicious banquet of rich foods. I will praise you very joyfully.*

What does David compare his satisfaction in God to?

He compares his satisfaction in God to eating rich food, and he praises God joyfully.

Psalms 63:6

ULT	UST
When I remember you on my bed, I meditate on you in the night watches.	*Sometimes I think about you when I am lying in bed. When that happens, I reflect during the night on how wonderful you are.*

When does David meditate on God?

He thinks about God when on his bed and meditates on God in the night watches.

Psalms 63:7

ULT	UST
For you have been a help to me, and in the shadow of your wings I shout joyfully.	*I realize that you are wonderful because you have always helped me. I sing to you joyfully because I am aware that you protect me just as a mother bird protects her chicks under her wings.*

Why does David shout joyfully?

He shouts joyfully because he is aware that God protects him just as a mother bird protects her chicks under her wings.

Psalms 63:8

ULT	UST
My soul clings after you; your right hand upholds me.	*I remain completely loyal to you, and you protect me by your power.*

Who upholds David?

The right hand of God upholds and protects David.

Psalms 63:9-10

What will happen to those who seek to destroy David's life?

They will go into the lowest parts of the earth, they will die by the sword, and wild dogs will eat their corpses.

Psalms 63:11

ULT	UST
But the king will rejoice in God; all of the swearers by him will exult, for the mouth of speakers of falsehood will be shut.	*But I, the king of Israel, will rejoice in what God has done for me. All those who swear oaths in the name of God will praise him because he will have stopped people from saying things that are not true.*

What will happen to those who swear by God?

Those who swear by God will exult in him and praise him.

What will happen to those who speak falsehood?

Those who speak falsehood will have their mouths shut.

Psalms 64

Psalms 64:1

ULT	UST
Hear my voice, God, in my complaint. Preserve my life from fear of the enemy.	*God, please listen to me as I tell you about what worries me. I am afraid of my enemies; please save me from them.*

What is David asking God to do?

He wants God to hear his voice and to preserve his life from fear of his enemies.

Psalms 64:2

ULT	UST
Hide me from the council of evildoers, from the throng of the workers of iniquity,	*Protect me from what wicked men are planning to do to me. Protect me from that group of men who do evil things.*

From what does David ask God to hide him?

He asks God to hide him from the secret plans of evildoers and from those who do evil things.

Psalms 64:3

ULT	UST
who have sharpened their tongue like a sword. They tread their arrow, a bitter word,	*The hostile things they say are like sharp swords; their cruel words are like arrows.*

What do David's enemies do with their tongues?

They speak hostile things and cruel words which are like sharp swords.

Psalms 64:4

ULT	UST
to shoot the innocent from secret places; suddenly they shoot, and they do not fear.	*They are not afraid of anyone. They falsely accuse people who have done nothing wrong. They are like a person who suddenly jumps up from a hiding place and shoots an arrow at someone.*

At whom do David's enemies speak their cruel words?

They falsely accuse someone who is innocent like a person who shoots an arrow from a hiding place.

Psalms 64:5

ULT	UST
They strengthen for themselves an evil matter; they recount hiding snares. They say, "Who will see them?"	*They encourage each other to do the evil things they are planning. They boast about how they have deceived people. They say, "No one will realize what we are doing!"*

What do David's enemies say when they encourage each other to plan evil and to deceive people?

They say, "Who will see us?"

Psalms 64:7

ULT	UST
But God will shoot an arrow; suddenly their wounds will happen.	*But God will suddenly judge and punish them, as if he were shooting an arrow at them and wounding them.*

How will God respond to David's enemies?

God will judge and punish them, as if he were shooting an arrow and wounding them.

Psalms 64:8

ULT	UST
And they will make it stumble over them, their tongue. Everyone seeing them will flee.	*The deceitful things they say will get them into trouble. Everyone who sees what happens to them will stay away from them.*

Because of God's actions, what will happen to the enemy?

The enemy will get into trouble because of their own tongue, and everyone who sees them will flee.

Psalms 64:9

ULT	UST
And all of mankind will fear, and they will declare the work of God, for they will consider his deed.	*People will think about how God has punished them, and they will tell others about it. As a result, people will not dare to be wicked.*

How will all people respond when God judges David's enemies?

All people will fear, tell others about God's works, and consider what God has done.

Psalms 64:10

ULT	UST
The righteous will rejoice in Yahweh and take refuge in him, and all of the upright of heart will celebrate.	*People who do what is right will be very happy that Yahweh has punished those wicked people. They will trust Yahweh to protect them. Yes, those who really want to do good things will be glad.*

What will the righteous and all the upright in heart do?

The righteous people will rejoice in Yahweh and will trust in him for protection, and all the upright in heart will celebrate.

Psalms 65

Psalms 65:1

ULT	UST
Praise is in silence toward you, God, in Zion, and to you a vow will be paid.	*God, when you come to your sanctuary on Mount Zion, you will find that we have been waiting quietly to praise you and to do what we promised we would do to honor you.*

To whom does the psalmist say a vow will be paid?

The psalmist says a vow will be paid to God in Zion.

Psalms 65:3

ULT	UST
Matters of iniquities prevail against me; our transgressions, you, you cover them.	*When we feel very badly because we have done wrong things, you forgive our sins and make it as if we had not committed them.*

What does the psalmist say God will do about their transgressions?

The psalmist says God will forgive their transgressions.

Psalms 65:4

ULT	UST
The happinesses of the one you choose and bring near, that he may dwell in your courts! May we be full of the goodness of your house, the holiness of your temple.	*When you invite people to come and worship you in your sanctuary, that makes them very happy! When we come to your sanctuary, we realize how good and holy you are, and that satisfies us completely.*

What does the psalmist say about the person God chooses and brings near to dwell in his courts?

That person is happy and will be satisfied with the goodness of God's house and the holiness of his temple.

Psalms 65:5

ULT	UST
Doing fearsome things, you answer us in righteousness, God of our salvation, the confidence of all of the ends of the earth and the distant seas,	*When we pray to you, you do good and powerful things to help us. You are the God who saves us. Even people who live in very remote places on the earth, on the other side of the oceans, trust in you.*

How does the psalmist say God answers those who call to him?

God answers by doing fearsome things in righteousness.

Psalms 65:7

ULT	UST
the one stilling the roar of the seas, the roar of their waves, and the tumult of the peoples.	*When there is a storm at sea, you can calm it and stop its waves from crashing on the shore. In the same way, you can keep nations from causing trouble.*

What does God quiet?

He quiets the roar of the seas and their waves, as well as the nations.

Psalms 65:8

ULT	UST
And the dwellers of the ends fear at your signs; you make the goings forth of the morning and the evening shout joyfully.	*People who live in very remote places on the earth deeply respect you because of the miracles that you perform. People who live all over the world celebrate what you do.*

How do people who live at the ends of the earth respond to God's signs?

They fear and respect God and celebrate when they see his signs and actions.

Psalms 65:9

ULT	UST
You visit the earth and saturate it; you greatly enrich it. The channel of God is full of water; you prepare their grain, for thus you prepare it.	*You send rain to make the soil fertile so that it will produce good crops. It is as if you bring water to the fields in a stream. That is how you prepare the earth to produce abundant crops.*

How does the psalmist say God helps the earth?

God waters it, enriches it, and prepares the earth to provide grain for its people.

Psalms 65:11

ULT	UST
You crown the year with your goodness, and your tracks drip fatness.	*When harvest time comes, the fields are glorious with crops, as if you had put a golden crown on them. You provide food for people in great abundance.*

What does the psalmist say God crowns the year with?

God crowns the year with fields that are glorious with crops, as if he had put a golden crown on them and provides food in abundance.

Psalms 65:13

ULT	UST
The meadows put on a flock, and the valleys cover themselves with grain. They shout joyfully; indeed, they sing.	*Flocks of sheep and goats cover the meadows like a garment, and there is so much grain in the valleys that the ground is not visible. It is as if the meadows and valleys are singing and shouting joyfully.*

With what are the meadows and valleys covered?

The meadows are covered with flocks of sheep and goats, and the valleys are covered with grain.

Psalms 66

Psalms 66:1

ULT	UST
For the chief musician; a song; a psalm. Shout to God, all of the earth!	*This is a note for the worship leader: This is a song, a psalm. Everyone on earth should shout joyfully to praise God!*

What does the psalmist tell all the earth to do?

He tells everyone to shout to God and to joyfully praise him.

Psalms 66:3

ULT	UST
Say to God, "How fearsome are your deeds! Because of the greatness of your power, your enemies cringe before you.	*Everyone should tell God, "You do such amazing things! You are so powerful that your enemies come and bow down fearfully in front of you.*

What causes God's enemies to cringe before him?

The greatness of God's power causes his enemies to cringe before him.

Psalms 66:6

ULT	UST
He turned the sea into dry land; they passed through the river on foot. There let us rejoice in him!	*He made a dry path through the Sea of Reeds so that our ancestors could walk right through it. They also walked across the Jordan River when he stopped it from flowing. After they crossed, they celebrated what God had done, and we should still celebrate that today.*

What miraculous deed did God do for his people?

He turned the sea into dry land so that the people passed through the river on foot.

Psalms 66:9

ULT	UST
the one putting our soul among the living, and he does not allow our foot to slip.	*He has kept us alive, and he has not allowed anyone to destroy us.*

What does God do for his people?

He keeps them alive and does not allow anyone to destroy them.

Psalms 66:10

ULT	UST
For you tested us, God; you refined us like the refining of silver.	*God, you have allowed us to experience great difficulties in order to make us pure, just as people put silver in a hot fire so they can purify it.*

How has God tested his people?

He has tested them by allowing them to experience difficulties in order to refine them as silver is refined.

Psalms 66:12

ULT	UST
You made man ride over our head; we went through fire and through waters, but you brought us out to abundance.	*It is as if you allowed our enemies to trample on us. We experienced troubles that were like walking through fires and floods. But now you have brought us to a place where we are safe and have plenty of food.*

Where did God bring his people out?

He brought them out to a place of abundance.

Psalms 66:13

ULT	UST
I will come into your house with burnt offerings; I will pay my vows to you,	*God, I have come to your temple bringing offerings for the priests to burn completely on the altar. I am doing what I promised to do for you.*

With what will the psalmist come into God’s house?

He will come into God’s house with burnt offerings as he promised.

Psalms 66:15

ULT	UST
I will offer up burnt offerings of fatlings to you with the smoke of rams; I will offer cattle with male goats. Selah	*So I have brought fat sheep to burn on the altar, and I have also brought bulls and goats. When they are burning, you will enjoy the smell of the smoke. Selah*

What will the psalmist offer to God?

He will offer burnt offerings of fatlings with the smoke of rams, and also cattle with male goats.

Psalms 66:16

ULT	UST
Come, listen, and let me recount, all fearers of God, what he has done for my soul.	*All you people who deeply respect God, come and listen as I tell you what he has done for me.*

What will the psalmist declare to all who fear God?

He will declare what God has done for him.

Psalms 66:18

ULT	UST
If I had regarded iniquity in my heart, the Lord would not have heard.	*If I had secretly intended to commit sins, the Lord would not have done what I asked.*

What would have happened if the psalmist had regarded iniquity in his heart?

The Lord would not have heard and answered his prayer.

Psalms 66:20

ULT	UST
Blessed be God, who has not turned away my prayer or his covenant faithfulness from me.	*I praise God because he did what I asked him to do. He has continued to be kind to me, as he promised.*

What two things has God not turned away from the psalmist?

God has not turned away the psalmist’s prayer or his covenant faithfulness from the psalmist.

Psalms 67

Psalms 67:1-2

Why should God be gracious to his people and bless them?

He should be gracious and bless them so that his way may be known on the earth and his salvation among all the nations.

Psalms 67:3

ULT	UST
May the peoples thank you, God; may the peoples thank you, all of them.	*May all the people in the world praise you, God!*

Who should thank God?

All the peoples should thank God.

Psalms 67:4

ULT	UST
May the nations rejoice and shout joyfully, for you judge the peoples with uprightness, and the nations on the earth, you guide them. Selah	*You judge those nations fairly and show them what they should do. So may they praise you loudly and joyfully! Selah*

Why should the nations rejoice and shout joyfully?

They should rejoice and shout joyfully because God judges the peoples with uprightness and guides the nations on the earth.

Psalms 67:6

ULT	UST
The earth has given its produce; may God, our God, bless us.	*Good crops have grown on our land. May the God whom we Israelites worship continue to give us good harvests.*

What does the psalmist say the earth has given?

The earth has given its produce.

Psalms 67:7

ULT	UST
May God bless us, and may all of the ends of the earth fear him.	*May God bless us, and may that cause people throughout the world to respect him greatly.*

What should happen because God has blessed his people?

All the people of the earth should fear and respect him.

Psalms 68

Psalms 68:1

ULT	UST
Let God arise, let his enemies scatter, and let the ones hating him flee from his face.	*God, take action and chase away your enemies! Make those who hate you run away from you.*

What does David want to happen to God's enemies and to those who hate God?

He wants God's enemies to be scattered and those who hate God to flee from his face.

Psalms 68:3

ULT	UST
But let the righteous rejoice, let them exult to the face of God, and let them be glad with rejoicing.	*But make good people happy. May they rejoice when they are in your presence; may they be very joyful.*

What should the righteous do?

The righteous should be glad, rejoice, exult, and be happy before God.

Psalms 68:6

ULT	UST
God is making the lonely dwell in a house; he is bringing out prisoners into prosperity. But the ones rebelling dwell in dryness.	*He provides families for those who have no one to live with. He frees prisoners and enables them to be successful. But those who rebel against him will not be successful. It will be as if they live in a place where it is very hard to grow crops.*

What does God do for the lonely and the prisoners?

God provides families and homes for lonely people, and he brings prisoners out into prosperity.

Psalms 68:7-8

What did the earth and heavens do when God went out before his people?

The earth trembled and the heavens poured rain in God's presence.

Psalms 68:9-10

What did God provide for his people?

God sent plentiful rain when his inheritance was weary and, in his goodness, he provided homes and food for the poor.

Psalms 68:11

ULT	UST
The Lord utters the word; the women proclaiming good news are a great army.	

Who proclaims the good news?

A great crowd of women proclaim the good news.

Psalms 68:12-13

What do the women who stay at home do when the enemy kings flee?

They divide the plunder, which includes treasures like a dove with silver wings and gold-colored feathers.

Psalms 68:16

ULT	UST
Why do you look enviously, mountains, peaks, at the mountain God desired for his dwelling? Indeed, Yahweh will inhabit it forever.	*Because it is such a great mountain, if it could think, it might think that God should have chosen it as the place for his sanctuary. But Yahweh chose Mount Zion instead, and he will always be present there.*

At what does the psalmist say that the mountains might look at in envy?

He says that the mountains might look in envy at the mountain that God desires for his dwelling place, where Yahweh will live forever.

Psalms 68:17

ULT	UST
The chariotry of God is two myriads, thousands of repetition. The Lord is among them; Sinai is in the holy place.	*God is so powerful that it is as if he has thousands and thousands of chariots. In fact, it is as if he has ten thousands and ten thousands of them! The same God who appeared to the Israelites on Mount Sinai is now present in his sanctuary on Mount Zion.*

To what does the psalmist compare the power of God?

The psalmist says that God is so powerful that it is as if he has thousands and thousands of chariots.

Psalms 68:19

ULT	UST
Blessed be the Lord! Day, day he bears for us, the God of our salvation. Selah	*Praise the Lord, who helps us every day as if he were carrying a heavy load for us. He is the God who saves us. Selah*

What does the Lord do for his people daily?

The Lord daily helps his people as if he were carrying a heavy load for them.

Psalms 68:22

ULT	UST
The Lord said, "I will bring back from Bashan, I will bring back from the depths of the sea,	*The Lord said, "Even if my enemies try to climb a high mountain to be safe, or even if they try to hide at the bottom of the ocean, I will bring them back*

From where does the Lord say he will bring back his enemies?

The Lord says he will bring them back from a high mountain or from the depths of the sea.

Psalms 68:24-25

In what order does the procession of God go into the sanctuary?

The singers go first, the maidens playing timbrels are in the middle, and the musicians playing stringed instruments follow behind.

Psalms 68:26

ULT	UST
Bless God in the assemblies, Yahweh, from the fountain of Israel.	*Praise God, you who have gathered together! Praise Yahweh, you descendants of Israel!*

Who should bless and praise God in the assembly?

The descendants of Israel should bless and praise God.

Psalms 68:27

ULT	UST
There is Benjamin, the littlest, ruling them; the princes of Judah, their throngs; the princes of Zebulun, the princes of Naphtali.	*People from the tribe of Benjamin, the smallest tribe, are marching first. Leaders and many other people from the tribe of Judah come next. There are even leaders from the far northern tribes of Zebulun and Naphtali in the parade.*

What tribe is leading this parade?

Benjamin, the smallest tribe, is leading this parade.

Psalms 68:28

ULT	UST
Your God has commanded your strength. Be strong, God! You have done this for us.	*Our God has made our Israelite tribes strong. God, continue to help us with your power as you helped us in the past.*

What does the psalmist say God has done for his people?

The psalmist says that God has commanded strength for his people, and he calls on God to show his strength, because God has done great things for them.

Psalms 68:30

ULT	UST
Rebuke the beast of the reed, the assembly of the mighty with the calves of the peoples, humbling himself with pieces of silver. He scatters the peoples who delight in battles.	*Show the king of Egypt that even though he has a powerful army, he cannot defeat you. Many kings who are strong like bulls may gather together. They may form armies from their subject nations, which are like bulls' calves, but they will not be able to defeat you either. Instead, they will come submissively and pay you tribute in silver. Some nations are eager to fight wars; make their armies run away!*

What does the psalmist ask God to rebuke?

The psalmist asks God to rebuke the king of Egypt and the armies of mighty nations with their subject peoples.

Psalms 68:31

ULT	UST
Nobles will come from Egypt; Cush will make its hands run to God.	*Then envoys will come from Egypt bringing gifts to you. The ruler of Cush will hasten to send tribute to God.*

Who will come from Egypt?

Nobles will come from Egypt.

Psalms 68:32

ULT	UST
Kingdoms of the earth, sing to God! Make music to the Lord, Selah	*People of nations throughout the world, sing praise to God! He is the Lord Selah*

Who should sing praises to God?

The kingdoms of the earth should sing praises to God.

Psalms 68:34

ULT	UST
Ascribe strength to God; his majesty is over Israel, and his strength is in the clouds.	*Proclaim how powerful God is! He is the king who reigns over Israel as he rules powerfully from the sky.*

To whom does the psalmist say strength should be ascribed?

The psalmist says to ascribe strength to God.

Psalms 68:35

ULT	UST
God, you are fearsome from your sanctuary! The God of Israel, he is giving strength and forces to the people. Blessed be God!	*God, you are in your sanctuary, and you are very powerful. This is the God whom we Israelite people worship. He makes us very strong. Praise God!*

What does God give to his people?

God gives strength and power to his people.

Psalms 69

Psalms 69:1

ULT	UST
Save me, God, for waters have come up to my life.	*Please rescue me, God! I am in great danger, as if I were just about to drown in a flood.*

From what does David ask God to save him?

He asks God to save him from great danger.

Psalms 69:3

ULT	UST
I am weary in my calling out; my throat is parched. My eyes fail as I am waiting for my God.	*I am tired and my throat is dry because I have been calling to you for help for so long. I have been looking for so long for you to come and help me that I have worn out my eyes.*

What is happening to David as he waits for his God?

He is weary from calling out, his throat is parched, and his eyes fail.

Psalms 69:4

ULT	UST
The ones hating me gratuitously are more than the hairs of my head. The ones destroying me are mighty, my enemies of falsehood. What I did not steal, yet I must restore.	*There are people who hate me for no reason. There are so many of these people, it is as if there are more of them than there are hairs on my head! The enemies who want to harm me are powerful, and they are telling lies about me. They are demanding that I pay back things that I did not steal!*

How many are David's enemies who hate him?

There are so many it is as if they are more than the hairs on his head.

Psalms 69:5

ULT	UST
God, you, you know my foolishness, and my sins are not hidden from you.	*O God, you know that I have foolishly disobeyed your laws; you are aware of the sins that I have committed.*

What does God know about David?

God knows about David's foolishness and about the sins he has committed.

Psalms 69:6

ULT	UST
May the ones waiting for you not have shame because of me, Lord Yahweh of Armies. May the ones seeking you not be humiliated because of me, God of Israel.	*But Yahweh my Lord, commander of the heavenly armies, may the wrong things I have done not disappoint the people who trust you. You are the God whom we Israelite people should worship. Please do not let me embarrass those who do worship you.*

What does David not want to happen to those who wait for and seek God?

David asks that they not have shame or be humiliated because of him.

Psalms 69:9

ULT	UST
For zeal for your house has consumed me, and the reproaches of the ones reproaching you have fallen on me.	*I care so much about your temple that people are causing trouble for me. People are speaking disrespectfully of you, and it is as if they are also insulting me.*

What has consumed David?

Zeal for God's house has consumed him.

Psalms 69:10

ULT	UST
Though I wept in my soul with fasting, yet it became reproaches to me;	*I wept and fasted very sincerely, but they mocked me for doing that.*

What did David do that others used to reproach him?

He wept and fasted, but it became a source of reproaches against him.

Psalms 69:11-12

In what way was David an object of insults?

His enemies made a proverb of him, using him as an example of a foolish person and singing insulting songs about him.

Psalms 69:13

ULT	UST
But I, my prayer is to you, Yahweh. At a time of favor, God, in the greatness of your covenant faithfulness, answer me in the truth of your salvation.	*But I will continue praying to you, Yahweh. You are always very kind to me, as you have promised. So at the time that you choose, please answer my prayer by rescuing me, since you love me faithfully.*

How does David want Yahweh to answer his prayer?

He asks Yahweh to answer him at a time Yahweh's choosing, rescuing him because of Yahweh's own faithful love.

Psalms 69:16

ULT	UST
Answer me, Yahweh, for your covenant faithfulness is good; according to the greatness of your compassion, turn to me.	*Yahweh, it is so good that you faithfully love me, so please do what I ask. Because you are very merciful, please help me.*

Why should Yahweh turn to David?

Yahweh should turn to David because Yahweh's covenant faithfulness is good and his compassion is great.

Psalms 69:18

ULT	UST
Draw near to my soul, redeem it; because of my enemies, ransom me.	*Come and save me; please rescue me from my enemies.*

What does David ask Yahweh to do because of David's enemies?

He asks Yahweh to draw near to him, to save him, and to rescue him from his enemies.

Psalms 69:21

ULT	UST
But they put gall in my food, and they made me drink vinegar for my thirst.	*Instead, they put poison in my food, and when I was thirsty, they gave me sour wine to drink.*

What did David's enemies give him to eat and drink?

They put poison in his food and gave him vinegar to drink for his thirst.

Psalms 69:22

ULT	UST
Let their table become a snare to their faces and a trap for their welfare.	*May their own food be like a trap that they walk into! May it harm their health.*

What does David want the table of his enemies to become?

He wants his enemies' table to become a snare and a trap for them.

Psalms 69:25

ULT	UST
Let their encampment be deserted; let there not be a dweller in their tents.	*Make them abandon their towns so that no one lives in them anymore.*

What does David want to happen to his enemies' encampment?

He wants their encampment to be deserted, with no one living in their tents.

Psalms 69:27

ULT	UST
Add iniquity to their iniquity, and let them not come into your righteousness.	*Punish them for every wrong thing they have done. Do not forgive them!*

What does David ask Yahweh to add to his enemies?

He asks Yahweh to punish them for all their sins and to not let them enter into Yahweh's righteousness.

Psalms 69:30-31

What will please God more than an ox or a bull?

Praising the name of God with a song and magnifying him with thanksgiving will please Yahweh more than an ox or a bull.

Psalms 69:33

ULT	UST
For Yahweh is hearing the needy, and he does not despise his prisoners.	*When needy people pray to Yahweh, he does what they ask. He greatly respects people who suffer for him.*

How does Yahweh respond to the needy and his prisoners?

Yahweh hears and answers the needy and does not despise his prisoners.

Psalms 69:34

ULT	UST
Let the heavens and the earth praise him, the seas and everything moving in them.	*May the entire creation praise God: the birds in the sky, the animals on the land, and the creatures in the sea.*

What does the psalmist say should praise God?

The psalmist says that the entire creation: the heavens, the earth, the seas, and everything moving in them should praise God.

Psalms 69:35-36

What will God do for Zion and the cities of Judah?

God will save Zion and strengthen the cities of Judah so that his people may dwell there and possess it, and the descendants of his servants will inherit it.

Psalms 70

Psalms 70:1

ULT	UST
Hurry, God, to deliver me, Yahweh, to my help!	*Yahweh my God, please act quickly to rescue me!*

What is David asking Yahweh to do?

David is asking Yahweh to act quickly to rescue him.

Psalms 70:2-3

What does David want God to do to those who seek after his life?

David wants God to put them to shame and humiliate them, to disgrace them and make them abandon their plans.

Psalms 70:4

ULT	UST
Let all of the seekers of you rejoice and be glad in you, and let the lovers of your salvation say continually, "God is great!"	*Rescue me so that everyone who is loyal to you will greatly celebrate. Then the people who depend on you to rescue them will keep saying, "God certainly is great!"*

What does David want all those who seek Yahweh to do?

He wants them to rejoice and be glad in Yahweh and to keep saying, "God is great!"

Psalms 70:5

ULT	UST
But I am poor and needy; God, hurry to me! You are my help and my deliverer; Yahweh, do not delay!	*But right now I am in very difficult circumstances, so please act quickly to help me, God! Yahweh, you are the one who helps me and saves me, so please help me right away!*

What does David need from God because he is in difficult circumstances?

David needs God to hurry to help and to save him.

Psalms 71

Psalms 71:1

ULT	UST
In you, Yahweh, I take refuge; let me not ever have shame.	*You, Yahweh, are the one who keeps me safe. May it always be clear that I was right to trust you.*

Where does the psalmist say he takes refuge?

The psalmist says he takes refuge in Yahweh.

Psalms 71:2

ULT	UST
In your righteousness, deliver me and rescue me; incline your ear to me and save me.	*Because you always do what is right, take action to help me. Consider my situation and save me!*

What does the psalmist ask Yahweh to do for him?

He asks Yahweh to deliver and rescue him, to consider his situation and save him.

Psalms 71:3

ULT	UST
Be to me a rock of abode for coming continually; you command to save me, for you are my rock and my stronghold.	*You declare that I will be safe, since you are the one who keeps me safe and protects me, so please be like a huge rock on top of which I can always go to be safe.*

What does the psalmist want Yahweh to be to him?

The psalmist wants Yahweh to be his savior and his protector.

Psalms 71:4

ULT	UST
My God, rescue me from the hand of the wicked, from the palm of the one doing wrong and the one being cruel;	*My God, please rescue me from what wicked people want to do to me. Rescue me from the power of violent, evil men.*

From whose hand does the psalmist want to be rescued?

He wants to be rescued from the hand of the wicked, and from the one who does wrong and the one who is cruel.

Psalms 71:5

ULT	UST
for you are my hope, Lord Yahweh, my confidence from my youth.	*Yahweh my Lord, you are the one whom I confidently expect to help me. I have trusted in you ever since I was young.*

How long has the psalmist trusted in Yahweh?

He has trusted in Yahweh since he was young.

Psalms 71:6

ULT	UST
I have supported myself on you from the womb; you were taking me from the belly of my mother. My praise is about you continually.	*I have depended on you for my entire life; you even made sure that I was born safely, so I will always praise you.*

What does the psalmist say that he will do continually?

He says that he will always praise Yahweh.

Psalms 71:7

ULT	UST
I have become like a wonder to many, but you are my refuge of strength.	*It shocks many people to see me now, but you are my mighty protector.*

What does the psalmist say about Yahweh?

He says that Yahweh is his refuge and mighty protector.

Psalms 71:8

ULT	UST
Let my mouth be filled with your praise, all of the day with your splendor.	*I praise you lavishly throughout the day for how glorious you are.*

What does the psalmist ask to do all day?

He asks to be able to praise Yahweh all day.

Psalms 71:9

ULT	UST
May you not cast me away in the time of old age; may you not forsake me when my strength fails.	*Please keep helping me now that I have become an old man. Please help me even though I am not strong anymore.*

What does the psalmist ask God not to do when the psalmist is old and his strength fails?

He asks Yahweh not to cast him away or forsake him.

Psalms 71:10-11

What do the enemies of the psalmist say as they are plotting against him?

They say that God is not helping him, that they should pursue and seize him because God will not save him.

Psalms 71:12

ULT	UST
God, may you not be far from me; my God, hasten to my help.	*My God, do not neglect me; hurry to help me!*

What does the psalmist ask God to do quickly?

The psalmist asks God not to be far from him and to hurry to help him.

Psalms 71:13

ULT	UST
Let them shame and finish, the adversaries of my life; let them cover with reproach and disgrace, the ones seeking my harm.	*Embarrass the people who want to kill me by making their plans fail. Yes, completely shame and disgrace those who want to harm me!*

What does the psalmist want to happen to those who are hostile to his life?

He wants them to be put to shame and disgraced, and he wants their plans to fail.

Psalms 71:14

ULT	UST
But I, I will hope continually, and I will add to all of your praise.	*But as for me, I will always trust you, and I will praise you even more now than I have in the past.*

What does the psalmist say he will continue to do?

The psalmist says he will hope and trust continually and will continue to praise Yahweh.

Psalms 71:15

ULT	UST
My mouth will recount your righteousness, all of the day, your salvation, for I do not know the numbers.	*I will tell people how you have saved me because you are good. I will do that continually because there will always be more for me to say about this.*

What will the psalmist proclaim with his mouth about Yahweh?

He will tell of Yahweh's righteousness and salvation all day.

Psalms 71:16

ULT	UST
I will come in the forces of Lord Yahweh; I will remember your righteousness, yours alone.	*Yahweh my Lord, you are the one who gives me great strength. I will recall to others how you do what is right in a way that no one else does.*

In whose strength does the psalmist say he will come?

The psalmist says he will come in the strength of Lord Yahweh.

Psalms 71:17-18

Why should Yahweh not forsake the psalmist?

Yahweh should not forsake him because the psalmist is declaring Yahweh's wonderful doings to the next generation and his power to everyone who is to come.

Psalms 71:19

ULT	UST
For your righteousness, God, is to height, you who do great things; God, who is like you?	*God, you do so many great things because you are good, it is as if they have piled up to the sky. There is no one else like you, God!*

What does the psalmist say about God's righteousness?

The psalmist says that God's righteousness reaches to the heights and that no one is like God.

Psalms 71:20

ULT	UST
You who have made me see many and evil troubles, may you return, may you revive me, and may you return, may you bring me up from the depths of the earth.	*You have allowed me to experience many very difficult things, and it has seemed as if I was about to go to the place where dead people are, but now please give me a good life again.*

What does the psalmist ask God to do after he has experienced many troubles?

The psalmist asks God to revive him and to give him a good life again.

Psalms 71:21-22

For what does the psalmist give thanks with his harp?

He gives thanks to God for God's faithfulness.

Psalms 71:23-24

What does the psalmist do all day long?

He meditates on God's righteousness all day long.

Psalms 72

Psalms 72:1

ULT	UST
Of Solomon. God, give your judgments to the king and your righteousness to the son of the king.	*A psalm of Solomon. O God, please enable the man who is now succeeding his father as king to judge cases rightly, as you would do.*

What does Solomon ask God to give to the son of the king who is now the king?

Solomon asks God to give the king God's own judgments and righteousness.

Psalms 72:5

ULT	UST
May they fear you with the sun and to the face of the moon, generation of generations.	*May each successive generation of the people respect you. May they do that for as long as the sun and the moon are in the sky!*

How long does Solomon want the people to fear God?

He wants them to fear God for as long as the sun and the moon endure, throughout all generations.

Psalms 72:6

ULT	UST
May he come down like rain on mown grass, like showers, a drenching of the earth.	*May this king make the nation prosperous, just as heavy rains soak the soil and enable more hay to grow after a first cutting.*

What does Solomon compare the king to?

He compares the king to rain falling on mown grass and to showers drenching the earth.

Psalms 72:8

ULT	UST
May he rule from sea to sea and from the River to the ends of the earth.	*May he rule over all of the surrounding territory, right up to the shores of the seas. May his realm extend from the Euphrates River to the limits of the lands that people know.*

How far does Solomon ask that the king rule?

He asks that the king rule from sea to sea and from the River to the ends of the earth.

Psalms 72:11

ULT	UST
And may all kings bow down to him; may all nations serve him.	*In fact, may all the kings in the world acknowledge him as their ruler, and may every nation obey him.*

What does Solomon want all kings and nations to do?

He wants all kings to bow down to the king and all nations to serve him.

Psalms 72:13

ULT	UST
May he have pity on the weak and the needy, and may he save the lives of the needy.	*May he feel compassion for people who are weak and needy and save their lives.*

How does the king treat the weak and the needy?

He has pity on the weak and the needy and saves their lives.

Psalms 72:16

ULT	UST
May there be an abundance of grain in the land; on the head of the mountains may its fruit sway like Lebanon, and may they flourish from the city like the grass of the earth.	*May the fields produce such abundant crops that grain grows all the way up to the tops of the hills and sways in the wind like the branches of the trees in Lebanon. May the cities in Israel be as full of people as the fields are full of grass.*

What does Solomon ask for the land and the people of the cities?

He asks for an abundance of grain in the land and for the people of the cities to flourish like the grass of the earth.

Psalms 72:17

ULT	UST
May his name be forever; may his name continue to the face of the sun. And may they be blessed by him; may all of the nations acclaim him.	*May people always remember what a good king this was, for as long as the sun is in the sky! May he do good things for many people, and may the people of other nations say that he has a good life.*

How long does Solomon ask that the king's name endure?

He asks that the king's name endure forever, and continue as long as the sun.

Psalms 72:18

ULT	UST
Blessed be Yahweh God, the God of Israel, the one doing wonders, he alone.	*Praise Yahweh, the God whom we Israelites worship; he does amazing things that no one else can do.*

What does Yahweh alone do?

He alone does wonderful things.

Psalms 73

Psalms 73:1

ULT	UST
A psalm of Asaph Surely God is good to Israel, to those with a pure heart.	*Asaph wrote this psalm. God truly is good to us Israelite people, to those who want to do what pleases God.*

To whom is God good?

God is good to Israel, to those with a pure heart.

Psalms 73:2-3

Why did Asaph's feet nearly slip?

He nearly slipped because he was envious of the arrogant when he saw the prosperity of the wicked.

Psalms 73:4-5

How did Asaph describe the wicked?

He said they have no suffering until they die, they are fat and well fed, they are free from the troubles that other people face, and they are not afflicted like other men.

Psalms 73:6

ULT	UST
Therefore pride is a necklace for them; a garment of violence covers them.	*So they are proud and violent. Their being prideful is like a necklace that they show off to others, and they openly display their violent actions like people openly display the clothes they wear.*

What are the characteristics that Asaph ascribes to the wicked?

Asaph says that they are filled with pride and openly display their violent actions.

Psalms 73:7

ULT	UST
Their eyes bulge out from fatness; the imaginations of their heart overflow.	*Their eyes protrude because their faces are fat, and they are always thinking about more evil things to do.*

What does the psalmist say about the eyes and heart of the wicked?

Their eyes bulge out from fatness, and they are always thinking of more evil things to do.

Psalms 73:8-9

What do the wicked say and do?

They mock others and speak of doing evil and oppressive things to them; they speak with pride. They talk as if they are God and boast across the earth.

Psalms 73:11

ULT	UST
And they say, "How does God know? And is there knowledge in the Most High?"	*Wicked people say to themselves, "God certainly does not care what we do; the Most High certainly will not judge us for what we do!"*

What do the wicked say about God?

They say that God does not know or care about what they do, and that the Most High has no knowledge and will not judge their actions.

Psalms 73:13-14

Why does Asaph feel he guarded his heart in vain?

He has suffered and been punished every day, even though he kept his heart clean and has not committed sinful acts.

Psalms 73:15

ULT	UST
If I had said, "I will recount such things," behold, I would have betrayed the generation of your children.	*If I had said these things out loud in front of others, surely I would have been sinning against your people.*

What will happen if Asaph says these things?

He will betray the generation of God's children.

Psalms 73:16-17

Where did Asaph go to gain understanding of these things?

Asaph went into the temple of God.

Psalms 73:19

ULT	UST
How they are brought to desolation as in a moment! They come to an end, they perish by terrors.	*God will suddenly destroy these wicked people; they will die in terrible ways.*

What happens to the wicked?

They are destroyed in a moment; they come to an end in terrible ways.

Psalms 73:22

ULT	UST
I was stupid and I was not knowing; I was an animal with you.	*I was stupid and ignorant; I behaved like an animal toward you.*

What did Asaph say he was like before God?

He was stupid and ignorant, like an animal before God.

Psalms 73:24

ULT	UST
You guide me with your counsel, and afterward you will take me to glory.	*You lead me by instructing me, and when I die, you will take me into your glorious presence.*

What will God do for Asaph after guiding him with his counsel?

Afterward, God will take Asaph to glory.

Psalms 73:25

ULT	UST
Whom have I in heaven but you? And besides you there is nothing on the earth I desire.	*You are the only one I have in heaven! There is nothing on this earth that I desire more than you.*

What does Asaph say he desires?

He desires only God, both in heaven and on earth.

Psalms 73:27

ULT	UST
For behold, those who are far from you will perish; you destroy every one being unfaithful to you.	*People who abandon you will perish; you will ruin every person who is not loyal to you.*

Who will perish?

Those who are far from God will perish, and God will destroy all those who are unfaithful to him.

Psalms 73:28

ULT	UST
But for me, the closeness of God for me is good. I have made the Lord, Yahweh, my refuge in order to recount all your works.	*But for me, the only thing I need is to be close to God. I trust in the Lord Yahweh to keep me safe so that I may tell others everything you have done for me.*

What does Asaph say is good for him?

Being close to God is good for him. He has made Yahweh his refuge so that he can tell about all of God’s works.

Psalms 74

Psalms 74:2

ULT	UST
Remember your congregation that you acquired in antiquity, which you redeemed, the tribe of your inheritance, this Mount Zion on which you have dwelt.	*Think about your people whom you chose long ago. You rescued us from slavery so that we would belong to you. Think about Mount Zion, where you have been present in your temple.*

What does Asaph ask God to remember that he did for his people in ancient times?

Asaph asks God to remember his people that he chose long ago and redeemed from slavery to be his own.

Psalms 74:4-6

What damage did the enemy do in the sanctuary?

They set up their battle flags, swung axes like woodsmen in a forest, and broke down all the carvings with hatchet and hammers.

Psalms 74:7

ULT	UST
They sent your holy place into fire; they profaned the dwelling of your name to the ground.	*Then they burned down your temple completely. They treated the temple where you were present as if it were not a sacred place.*

What else did they do to the sanctuary?

They set it on fire, burned it down, and profaned the temple.

Psalms 74:8

ULT	UST
They said in their heart, “Let us oppress them altogether.” They burned all of the meeting places of God in the land.	*They said to themselves, “We will completely subdue the Israelites.” They burned down every place in the land where people gathered to worship God.*

What did the enemy do to the meeting places?

They burned all of the meeting places of God in the land.

Psalms 74:9

ULT	UST
We do not see our signs; there is no longer a prophet and not one with us knowing until when.	*You no longer give us any signs, and there are no prophets anymore. None of us knows how long this will last.*

What did God's people not see anymore?

They did not see any more signs, and there was no longer a prophet among them.

Psalms 74:12-13

Why has God been Asaph's king since ancient times?

Asaph recognizes God's work of salvation in the earth and his power to create order out of chaos.

Psalms 74:14

ULT	UST
You, you crushed the heads of Leviathan; you gave him as food to a people, to the desert-dwellers.	*It was as if you smashed the heads of a chaos monster that lived in the sea and left his body in the desert for scavengers to eat.*

To what did Asaph compare the power of God?

Asaph compared the power of God to one who could crush the heads of monsters and leave their bodies as food to the desert-dwellers.

Psalms 74:16-17

What did God set in place?

God established the light and the sun, set all the boundaries of the earth, and formed the seasons of summer and winter.

Psalms 74:18

ULT	UST
Remember this: the enemy has reproached Yahweh, and a foolish people has despised your name.	*Yahweh, remember that your enemies have insulted you and that foolish people have mocked your reputation.*

What does the enemy do that Asaph wants Yahweh to remember?

Asaph wants Yahweh to remember that Yahweh's enemies have insulted and mocked him, and that foolish people have despised his name.

Psalms 74:20

ULT	UST
Regard the covenant, for pastures of violence fill the dark places of the land.	*People are committing violent acts in places where they think others will not see them. So we need you to help us. Please do that because of the covenant that you made with us.*

Why does Asaph ask God to regard his covenant?

He asks because violence fills the dark places of the land.

Psalms 74:22

ULT	UST
Arise, God! Plead your case! Remember your reproach from the fool all of the day.	*Take action to defend yourself, God! Do not allow foolish people to keep insulting you!*

What does Asaph want God to arise and defend?

Asaph wants God to arise and plead his own cause against the insults of foolish people.

Psalms 75

Psalms 75:1

ULT	UST
We give thanks to you, God; we give thanks, and your name is near; they recount your wonders.	*We thank you, God! We thank you because you are close to us. We tell people about the wonderful things that you have done.*

For what do the people give thanks?

They give thanks because God is near to them, and they tell others about his wonderful deeds.

Psalms 75:2-3

What will God do at the appointed time?

He will judge everyone fairly and when the earth shakes, he will hold it steady.

Psalms 75:4-5

What does Asaph tell the boastful and wicked not to do?

He tells them not to boast or brag about their power, and not to speak arrogantly.

Psalms 75:7

ULT	UST
For God is the judge; this one he brings low, and this one he lifts up.	*God is the one who judges people; he shames and punishes some people, and he honors other people.*

What does Asaph say about God?

God is the judge and he brings some down and raises others up.

Psalms 75:8

ULT	UST
For a cup is in the hand of Yahweh, and the wine foams, a full mixture, and he pours out from this; surely its dregs they will drain; all the wicked of the earth will drink.	*It is as if Yahweh holds a cup full of punishment in his hand. It is full of punishment that is like foaming wine mixed with spices. He pours it out to punish the wicked, and all the wicked people on earth must drink it. He punishes them fully like they were drinking the cup to the last drop.*

To what does Asaph compare Yahweh's judgment of the wicked?

Asaph compares Yahweh's judgment of the wicked to a cup of foaming wine that all the wicked people on earth must drink down to the last drop.

Psalms 75:9

ULT	UST
But I, I will declare to eternity; I will sing praise to the God of Jacob.	*But as for me, I will never stop saying what the God whom Jacob worshiped has done; I will never stop singing to praise him.*

How will Asaph praise the God of Jacob?

He will continually tell what God has done and sing praises to him and will never stop.

Psalms 75:10

ULT	UST
"And all the horns of the wicked I will cut off; the horns of the righteous will be lifted up."	*God promises this: "I will destroy the power of wicked people, but I will increase the power of righteous people."*

What does God say he will do to the power of the wicked and the righteous?

He will destroy the power of the wicked and increase the power of the righteous.

Psalms 76

Psalms 76:2

ULT	UST
And his abode is in Salem, and his dwelling place is in Zion.	*His home is in Jerusalem. He lives on Mount Zion.*

Where does the psalmist say God has his dwelling place?

His dwelling place is on Mount Zion in Jerusalem.

Psalms 76:4

ULT	UST
You are shining, majestic, from the mountains of prey.	*You are glorious and excellent. You are more majestic than the mountains where you destroyed your enemies.*

How does the psalmist describe God?

God is glorious and majestic.

Psalms 76:6

ULT	UST
At your rebuke, O God of Jacob, both rider and horse fell deeply asleep.	*When you, the God whom Jacob worshiped, shouted at them, their war horses and their riders fell down dead.*

What happened when the God of Jacob rebuked his enemies?

At his rebuke, both horse and rider fell down dead.

Psalms 76:8

ULT	UST
From heaven you caused judgment to be heard; the earth feared and was quiet	*You gave your decision from heaven. The whole world was scared and silent.*

What happened when God's judgment came from heaven?

When his judgment came, the earth was afraid and silent.

Psalms 76:10

ULT	UST
For the wrath of man will thank you; the remainder of wrath you will gird on.	*Even human anger will bring you praise. You will use the rest of their anger as a weapon.*

What does the psalmist say the anger of people will do?

Even the anger of people will bring God praise.

Psalms 76:11

ULT	UST
Vow and pay to Yahweh your God; let all who are around him bring a gift to the Fear.	*Make promises to Yahweh your God and keep them. Let everyone around him bring gifts to the Awesome One.*

What does the psalmist say people should do regarding vows to Yahweh their God?

They should make vows to Yahweh their God and keep them.

Psalms 76:12

ULT	UST
He cuts off the spirit of princes; he is to be feared by the kings of the earth.	*He humbles the leaders, and terrifies all the kings.*

What does the psalmist say God does to princes and kings?

God humbles the spirit of princes, and kings of the earth fear him.

Psalms 77

Psalms 77:2-3

What did Asaph do in the day of his trouble?

He sought the Lord, praying all night, and he thought about God and meditated on him.

Psalms 77:5

ULT	UST
I thought about days from antiquity, years of long ago.	*I thought about days that had passed; I remembered what had happened in previous years.*

What did Asaph think about when he could not sleep at night?

He thought about previous years, about times long ago.

Psalms 77:6

ULT	UST
I will remember my song in the night; with my heart I will meditate, and my spirit searches.	*During the night, I remembered the songs that I used to sing; I thoughtfully considered, and I pondered these things:*

What did Asaph recall to mind during the night?

He called to mind the songs he once sang.

Psalms 77:10

ULT	UST
And I said, "This is my wounding: the changing of the right hand of the Most High."	*I said, "What causes me to be sad the most is that it seems that God, who is greater than any other spirit being, is no longer using his power for us."*

What is causing Asaph's sadness?

He says his sadness is caused because it seems like the Most High God is no longer using his power for their protection.

Psalms 77:11

ULT	UST
I will remember the deeds of Yah; for I will remember your wonder from antiquity.	*But then, Yahweh, I recall your great deeds; I remember the wonderful things that you did in the past.*

Which deeds of Yahweh does Asaph think about?

He thinks about Yahweh's wonderful deeds of the past.

Psalms 77:13-15

How is God different from all other gods?

There is no other god like God; he does wonders, reveals his strength, and performs miracles.

Psalms 77:16-17

How did Asaph compare the power of nature to the power of God?

Asaph describes nature as being afraid of God and trembling; the clouds poured water, the skies thundered, and the depths of the waters shook.

Psalms 77:18-20

How did God lead his people?

God led his people as a shepherd leads his flock of sheep; his path went through the sea, and his way through deep waters.

Psalms 78

Psalms 78:2

ULT	UST
I will open my mouth in a parable; I will pour out riddles from antiquity.	*I am going to give you some sayings that wise people have said. They will be sayings about things that happened long ago, things that were difficult to understand.*

How does Asaph say he will teach his people?

Asaph says he will open his mouth in a parable and speak about things from long ago that are difficult to understand.

Psalms 78:4

ULT	UST
We will not keep them from their descendants. We will tell the next generation about the praises of Yahweh, his strength, and his wonders that he has done.	*We will tell these things to our children, but we will also tell our grandchildren to praise Yahweh for his power and the glorious things that he has done.*

What does the psalmist say he will tell the next generation?

He says he will tell them to praise Yahweh for his strength and the wonders that he has done.

Psalms 78:6

ULT	UST
So that the later generation might know, the children yet to be born, and they will rise up and tell to their children.	*He commanded this so that their children would also know them and so that they would teach them to their own children.*

Why did Yahweh command the people to teach his law to their children?

Yahweh commanded this so that the later generation and children not yet born would know his law and in turn tell it to their own children.

Psalms 78:7-8

Why was it important for the fathers to teach Yahweh's commandments to their children?

It was important for the fathers to teach Yahweh's commandments to their children so that they would trust in God, remember what he had done, and keep his commandments, and would not be like their stubborn and rebellious ancestors.

Psalms 78:10

ULT	UST
They did not keep the covenant of God, and they refused to walk in his law.	*They did not do what they had agreed with God that they would do; they refused to obey his laws.*

How did their fathers act wrongly against God?

They did not keep their covenant with God and refused to obey his laws.

Psalms 78:14

ULT	UST
And by day he led them with the cloud and all the night with the light of fire.	*He led them by a bright cloud during the day and by a fiery light during the night.*

How did God lead their fathers through the wilderness?

He led them in the daytime with a cloud and all through the night with the light of fire.

Psalms 78:18

ULT	UST
And they tested God in their hearts by asking for food for their appetite.	*By demanding that God give them the food that they desired, they tried to find out if he would always do what they requested him to do.*

How did Israel test God?

They tested God in their hearts by demanding food to satisfy their appetites.

Psalms 78:19

ULT	UST
And they spoke against God. They said, “Can God arrange a table in the wilderness?	*They insulted God by saying, “God surely cannot supply food for us here in this desert.*

What did Israel say when they spoke against God?

They insulted God by questioning whether God was able to provide food for them in the wilderness.

Psalms 78:22

ULT	UST
because they did not believe in God and did not trust in his salvation.	*He did that because they did not trust in him, and they did not believe that he would rescue them.*

Why was Yahweh angry with Israel?

Yahweh was angry because they did not believe in him and did not trust in his salvation.

Psalms 78:23-24

How did God provide food for Israel even though they did not believe in him?

God commanded the sky to open and rain down manna, a grain from heaven, for them to eat.

Psalms 78:31

ULT	UST
and the nose of God went up in them and he killed some of their stoutest people, and he caused the young men of Israel to bow down.	*when God angrily killed some of their strongest men. He even sent young Israelite men to their graves.*

What did God do to Israel in his anger?

He killed some of their strongest men and sent the young men of Israel to their graves.

Psalms 78:34

ULT	UST
When he killed them, then they would seek him, and they would return and look earnestly for God.	*Whenever God caused some of the Israelites to die, the others would repent; they would be sorry and seriously ask God to save them.*

How did the people of Israel respond whenever God caused some of them to die?

They would seek God and return and look earnestly for him.

Psalms 78:37

ULT	UST
And their hearts were not steadfast with him, and they were not faithful in his covenant.	*They were not loyal to him; they did not keep the promises between God and them.*

What was the condition of Israel's heart before God?

Their hearts were not steadfast with him, and they were not faithful to his covenant.

Psalms 78:38-39

How did God show mercy to the people of Israel?

He forgave their iniquity, did not destroy them, and held back his anger many times. He remembered that they were only human and that their lives were brief.

Psalms 78:44

ULT	UST
And he turned their rivers to blood and their streams they could not drink.	*He turned the rivers of Egypt to blood, so that the people could not drink their streams.*

What did God do to the rivers of Egypt?

He turned the rivers to blood so that the people could not drink from their streams.

Psalms 78:51

ULT	UST
And he struck every firstborn in Egypt, the beginning of strength in the tents of Ham.	*In that plague he caused all the firstborn sons of the people of Egypt to die.*

What did God do to the firstborn of the Egyptians?

He struck every firstborn in Egypt, the firstborn of every family, so that he died.

Psalms 78:52

ULT	UST
And he made his people journey like sheep, and he led them like a flock in the wilderness.	*Then he led his people out of Egypt like a shepherd leads his sheep, and he guided them like a flock in the desert.*

How did God lead his people out of Egypt?

He led them like a shepherd leads his sheep and guided them through the wilderness like a flock.

Psalms 78:55

ULT	UST
And he drove out nations from before them and caused them to fall in a portion of inheritance, and he caused the tribes of Israel to dwell in their tents.	*He drove out the people groups as the Israelites advanced; he distributed the land for each tribe to possess as their own, and he settled the tribes of Israel in the homes of those peoples.*

What did God do to the nations?

He drove out the nations before the Israelites and gave the land to the tribes of Israel as their inheritance.

Psalms 78:57

ULT	UST
And they turned back and acted treacherously like their fathers; they turned themselves like a bow of deceit.	*They turned away and were unfaithful, just as their ancestors had been; they were as unreliable as a bow that does not shoot straight.*

How did the people of Israel act like their ancestors?

They turned back and were unfaithful to God, just as their ancestors had done.

Psalms 78:58

ULT	UST
And they provoked him to anger with their high places, and with their carved images they moved him to jealousy.	*They made God angry by worshiping at shrines on the hilltops, and they made him jealous by worshiping carved idols.*

With what did Israel make God angry?

They made him angry with their worship at the high places and provoked him to jealousy with their carved images.

Psalms 78:62-63

To what did God deliver his people?

He delivered them over to the sword, and fire destroyed their young men.

Psalms 78:68

ULT	UST
But he chose the tribe of Judah, Mount Zion, which he loved.	*Instead he chose the tribe of Judah whose capital is on Mount Zion, which he loves.*

Which tribe did God choose from Israel?

God chose the tribe of Judah and Mount Zion, which he loved.

Psalms 78:70

ULT	UST
And he chose David his servant and took him from the folds of the flock.	*He chose David, who served him, and took him away from tending the sheep.*

Who did God choose to be the shepherd of Israel?

God chose David, his servant, and brought him from tending the sheep to shepherd the people of Israel.

Psalms 79

Psalms 79:1

ULT	UST
A psalm. Of Asaph. God, nations have come into your inheritance; they have defiled the temple of your holiness; they have made Jerusalem into heaps.	*A Levite from the clan of Asaph wrote this song. God, foreign nations have invaded the land that belongs to you. They have made your holy temple unfit for worship, and they have made Jerusalem a pile of ruins.*

What happened when the foreign nations came into Israel?

They defiled the temple and turned Jerusalem into a heap of ruins.

Psalms 79:4

ULT	UST
We have become a reproach to our neighbors, scorn and derision to the ones around us.	*The people of the nations around us insult us and laugh at us.*

What has Israel become to their neighbors?

They have become a reproach to their neighbors, a scorn and derision to those around them.

Psalms 79:6

ULT	UST
Pour out your wrath on the nations that have not known you and on the kingdoms that have not called on your name.	*The people of other nations do not honor you as God. You should be angry with them and punish them,*

On whom does Asaph ask God to pour out his wrath?

He asks God to pour out his wrath on the nations that do not know God and on the kingdoms that do not call upon God’s name.

Psalms 79:8

ULT	UST
Do not remember former iniquities against us; hasten, let your compassions meet us, for we have become very weak.	*Please forgive the wicked things we did in the past. Quickly be merciful to us, because we are desperate.*

What does Asaph ask God to do?

He asks God not to remember their former sins against them and to be merciful to them.

Psalms 79:10

ULT	UST
Why should the nations say, "Where is their God?" Let the vengeance of the poured-out blood of your servants be known among the nations to our eyes.	*Do not let the other nations say, "Their God was not able to help them!" We want to see you punish those nations for killing the people who serve you.*

What does Asaph not want the nations to say?

He does not want the nations to say, "Where is their God?"

Psalms 79:13

ULT	UST
And we, your people and the flock of your pasture, will give thanks to you forever; to generation and generation we will recount your praise.	*Then we will always thank you. You care for us, your people, the way a shepherd cares for his sheep. Each generation of Israelites will tell their children how wonderful you are.*

What does Asaph say that Israel is to God?

He says they are God's people and the flock of God's pasture.

Psalms 80

Psalms 80:1

ULT	UST
Shepherd of Israel, give ear, the one leading Joseph like a flock. Sitter on the cherubs, shine forth.	*God, you are like a shepherd to the people of Israel, so please listen to me. You lead the descendants of Joseph the way a shepherd leads his flock. You were present with us in your temple above the statues of the cherubs; reveal your glory to us again!*

What is the psalmist asking the Shepherd of Israel to do?

The psalmist is asking him to pay attention and to reveal his glory to them.

Psalms 80:2

ULT	UST
To the face of Ephraim and Benjamin and Manasseh, awaken your might and come to us for salvation.	*Just as you moved powerfully through the wilderness right ahead of the tribes of Ephraim, Benjamin, and Manasseh, come powerfully once again and save us.*

What is the psalmist asking the Shepherd of Israel to do in the sight of the tribes of Ephraim and Benjamin and Manasseh?

He is asking the Shepherd of Israel to stir up his power and come and save them.

Psalms 80:3

ULT	UST
God, restore us, and make your face shine and let us be saved.	*God, make us strong again. Regard us favorably and save us.*

What is the psalmist asking God to do?

He is asking God to restore their strength, regard them favorably, and save them.

Psalms 80:4

ULT	UST
Yahweh, God of armies, until when will you smolder against the prayer of your people?	*Yahweh, you are the God who commands the heavenly armies. You have been angry with us, and so you have not been doing what we ask when we pray to you. But please now answer our prayers.*

What was Yahweh's response when his people prayed?

He was angry at his people so when they prayed, he did not answer.

Psalms 80:5

ULT	UST
You have made them eat bread of tears, and you have made them drink tears in triple measure.	*You have caused us to experience constant sorrow. It feels as if you are punishing us three times as much as we deserve.*

What has Yahweh caused them to experience?

He has caused them to experience punishment through constant sorrow just as if he gave them tears for their food and drink.

Psalms 80:6

ULT	UST
You have made us strife to our neighbors, and our enemies mock among themselves.	*The nations around us have become hostile to us, and our enemies make fun of us.*

What are Israel's neighbors and enemies doing to them?

The nations are hostile to them, and their enemies mock and make fun of them.

Psalms 80:8

ULT	UST
You pulled up a vine from Egypt; you drove out nations and planted it.	*You brought your people out of Egypt as if you were transplanting a vine from there. You forced other nations to leave this land and you allowed your people to settle in it, as if you were planting that vine here.*

What did God do with the people that he brought out of Egypt?

He drove out nations before them and allowed his people to settle in it like a vine that was transplanted from one place to another.

Psalms 80:9

ULT	UST
You cleared to the face of it, and it rooted its roots and filled the land.	*You removed the foreign nations, just as a farmer clears the ground for a new plant. This enabled your people to become a strong nation that occupied the entire country.*

What did God do to prepare for his people to move into the land?

God removed the foreign nations just as a farmer clears land for a new plant.

Psalms 80:10

ULT	UST
The mountains were covered with its shadow, and its branches were cedars of God.	*It was as if that vine became so large that its shadow darkened the mountains and its branches were like great cedar trees.*

What does the psalmist say about the people of God?

He says they became so numerous it was like a vine that covered the mountains, and whose branches were like the great cedars.

Psalms 80:11

ULT	UST
It sent out its branches to the sea, and its shoots to the River.	*They controlled the territory from the Great Sea in the west to the Euphrates River in the east.*

How far did the people's influence extend?

They controlled territory as far as the sea in the west and the Euphrates River in the east.

Psalms 80:12

ULT	UST
Why have you broken down its walls, so that all the ones passing on the way pluck it?	*But now you have allowed enemies to invade and conquer us, as if you had torn down a fence that protected that vine, so that everyone who walked past it could take whatever fruit they wanted from it.*

What has God allowed to happen?

The land has been conquered and its protective walls broken down so that those who pass by can take whatever they want.

Psalms 80:13

ULT	UST
The boar from the forest ravages it, and the creature of the field grazes on it.	*Those enemies have destroyed the country, as if a wild boar had chewed up that vine and wild animals ate what remained.*

What will the enemies do to the country?

They will destroy it until it is as if wild boars had chewed up a vine and other wild animals ate what was left.

Psalms 80:14

ULT	UST
God of armies, return, please. Look down from heaven and see, and visit this vine,	*God, commander of the heavenly armies, please help us again! Look down from heaven and see what is happening to us! Come and care for your people, who are like a vine that you planted*

What does the psalmist ask the God of armies to do for his people?

He asks the God of armies to turn around and look down from heaven and see and respond to his people who are like a vine that he had planted.

Psalms 80:15

ULT	UST
even the stock that your right hand planted, and on the son you strengthened for yourself.	*and worked hard to make sure that it would grow well. Your people are also like your own son whom you helped grow up to be strong.*

Who planted the people and made them grown strong in the land?

The right hand of the God of armies planted the people and caused them to become strong.

Psalms 80:16

ULT	UST
It is burned with fire, it is cut down; from the rebuke of your face they perish.	*But now, because you do not regard them favorably, their enemies are destroying them as if someone had cut down that vine and burned it.*

What is happening to the people?

Their enemies are destroying them as if someone had cut down and burned a vine.

Psalms 80:17

ULT	UST
Let your hand be on the man of your right hand, on the son of man you strengthened for yourself.	*Even though we are human, we are like your own son whom you helped grow up to be strong, so please help us with your power. Restore us to a position of honor.*

What does the psalmist want God to do for his own people?

The psalmist wants God to help them and to restore their power.

Psalms 80:18

ULT	UST
And we will not turn back from you; revive us, and we will call on your name.	*Then we will not worship other gods again. Give us new life, and we will worship only you.*

What will the people do if God revives them?

They will worship him and not turn back to worship other gods.

Psalms 80:19

ULT	UST
Yahweh, God of armies, restore us. Make your face shine, and let us be saved.	*Yahweh, the God who commands the heavenly armies, make us strong again! Regard us favorably and save us.*

What will happen if Yahweh, the God of armies, restores the people?

If Yahweh restores them, they will be saved.

Psalms 81

Psalms 81:1

ULT	UST
Shout joyfully to God, our strength; shout out to the God of Jacob.	*Sing joyfully to God, who makes us strong! Shout with joy to the God whom we Israelites worship!*

What does the psalmist tell the people to do to God?

He tells them to shout joyfully to God, their strength, and to shout out to the God of Jacob.

Psalms 81:2

ULT	UST
Raise a song and put forth the tambourine, the pleasant harp with the lyre.	*Start playing music! Beat tambourines and play lyres and pleasant-sounding harps.*

What instruments do the psalmist tell the people to use as they raise a song?

The psalmist tells the people to play tambourines, harps, and lyres.

Psalms 81:3

ULT	UST
Blow a shofar at the new moon, at the full moon for the day of our festival.	*Blow a ram's horn for the new-moon festival each month and on the day of the full moon when the Festival of Shelters begins.*

When should the people blow the shofar?

They should blow it at the new moon and at the full moon for the day of their festival.

Psalms 81:4

ULT	UST
For it is a statute for Israel, a judgment of the God of Jacob.	*Do this because the God whom we Israelite people worship has commanded us to do it.*

Who gave these commands for Israel?

The God of Jacob gave these commands for Israel.

Psalms 81:5

ULT	UST
He set it as a testimony in Joseph when he went out over the land of Egypt, where I heard a lip I did not know.	*God told our ancestors to observe these festivals when he delivered them from slavery to the Egyptians, a people whose language they did not understand.*

What did God tell their ancestors to observe?

He told their ancestors to observe these things when he delivered them from slavery in the land of Egypt.

Psalms 81:6

ULT	UST
“I removed his shoulder from the burden; his palms passed from the basket.	*Yahweh says, “They had to hold on to heavy baskets full of bricks as they carried them on their shoulders, but I freed them from doing that.*

What did God remove from the shoulder of the people?

He removed the burden from their shoulder, and their hands no longer had to carry heavy baskets full of bricks.

Psalms 81:7

ULT	UST
In distress you called, and I delivered you; I answered you from the secret place of thunder. I tested you at the waters of Meribah. Selah	*When they were suffering, they cried to me for help, and I rescued them. At Mount Sinai, I spoke to them from dark clouds and gave them laws. Then I saw whether they trusted me when they complained at Meribah that they had no water. Selah*

What happened when the people called out in their distress?

God delivered them and answered them from the secret place of thunder, and he tested them at the waters of Meribah.

Psalms 81:9

ULT	UST
There shall not be a strange god among you, and you shall not bow down to a god of foreignness.	*You must not make any idols that represent any of the gods that other nations worship. You must never bow down to worship any of those gods.*

What did God say about strange gods?

God said there must be no strange god among Israel, and they must not bow down to any god that other nations worship.

Psalms 81:10

ULT	UST
I am Yahweh your God, the one having brought you up from the land of Egypt. Open wide your mouth, and I will fill it.	*I am Yahweh your God. I am the one who rescued you from slavery in Egypt. If you depend on me, I will provide everything that you need.*

What does Yahweh say he did for Israel?

He brought them up from slavery in the land of Egypt.

What promise did God make to the Israelites?

He promised them that if they depended on him, that he would provide everything they needed.

Psalms 81:11

ULT	UST
But my people did not listen to my voice, and Israel did not submit to me.	*However, my people would not listen to what I said; the Israelites refused to obey me.*

What did Yahweh's people, Israel, not do?

They did not listen to Yahweh's voice, and Israel did not submit to him.

Psalms 81:12

ULT	UST
So I sent them away in the stubbornness of their heart; they walked in their counsels.	*So I let them do whatever they stubbornly wanted to do; they did whatever they had decided to do.*

What did Yahweh do when his people refused to listen to him?

He sent them away in the stubbornness of their heart, and they walked in their own counsels.

Psalms 81:13

ULT	UST
If only my people were listening to me, if Israel would walk in my ways!	*I wish that my people would obey me! Yes, I wish that the Israelites would live the way I want them to!*

What does Yahweh long for his people to do?

Yahweh wants his people to listen to him and walk in his ways.

Psalms 81:14

ULT	UST
As a little thing I would subdue their enemies, and I would turn my hand against their adversaries.	*Then I would use my power against those who are opposing them, and I would easily defeat their enemies.*

What would Yahweh do if his people would listen to him and walk in his ways?

He would easily subdue their enemies and turn his hand against their adversaries.

Psalms 81:15

ULT	UST
The haters of Yahweh would cringe before him, and their time would be forever.	*Then those who had rebelled against Yahweh would bow down fearfully in front of him to submit to his authority. But the Israelites would always prosper.*

According to Yahweh, what would happen to those who hate him?

They would cringe before him, but the Israelites would always prosper.

Psalms 81:16

ULT	UST
And he would feed him with the fat of the wheat, and I would satisfy you with honey from the rock.”	*I would make their fields produce abundant crops, and they would even find all the honey they wanted in wild bee hives in rocky places.”*

What does Yahweh say he would do for Israel?

Yahweh would feed them with the fat of the wheat and satisfy them with honey from the rock.

Psalms 82

Psalms 82:1

ULT	UST
A psalm. Of Asaph. God is standing in the congregation of God; in the midst of gods he judges:	*A Levite from the clan of Asaph wrote this song. God has taken his place in the assembly that he governs; he pronounces judgment on the rulers there.*

From where does God render judgment?

God takes his place in the assembly that he governs and pronounces his judgments there.

Psalms 82:2

ULT	UST
“Until when will you judge with injustice and lift up the faces of the wicked? Selah	*He says, “You must stop making unjust decisions and favoring wicked people! Selah*

What does God say to the rulers in the assembly?

God asks them how long they will judge unjustly and show favoritism to the wicked.

Psalms 82:3

ULT	UST
Judge the poor and the orphan; vindicate the poor and the destitute.	*Defend poor people and orphans, and decide cases fairly for people who have no one else to help them.*

What does God tell the rulers to do for the poor and the orphan?

God tells them to judge the poor and the orphan fairly and to vindicate the poor and the destitute.

Psalms 82:4

ULT	UST
Rescue the poor and the needy; deliver them from the hand of the wicked.	*Save defenseless people from what wicked people want to do to them!*

What does God tell the rulers to do for the poor and needy?

God tells them to rescue the poor and needy and deliver them from the hand of the wicked.

Psalms 82:5

ULT	UST
They do not know and they do not understand; they walk about in darkness. All of the foundations of the earth are shaken.	*You are foolish and ignorant! You do not recognize the right things to do. People are no longer living by the basic principles that make a society fair.*

What does God say about the rulers who do not know or understand?

God says they walk about in darkness, foolishness, and ignorance, and no longer live by the basic principles that make a society fair.

Psalms 82:6-7

What does God say will happen to the gods he calls sons of the Most High?

God says they will die like ordinary men and fall like one of the princes.

Psalms 82:8

ULT	UST
Arise, God, judge the earth, for you, you will inherit among all of the nations.	*God, you rule all the nations, so take action and judge the people who live on the earth!*

Why does the psalmist ask God to arise and judge the earth?

He asks God to judge the earth because God is the ruler of the nations.

Psalms 83

Psalms 83:2

ULT	UST
For behold, your enemies roar, and the ones hating you lift up the head.	*I ask this because the enemies who hate you are defiantly approaching us with a large army.*

What are God's enemies doing?

They are defiantly approaching with a large army.

Psalms 83:3

ULT	UST
They are cunning with counsel against your people, and they conspire against your treasured ones.	*They have plotted deviously together to fight against us Israelites whom you cherish.*

Who do the enemies of God plot against?

They plot and conspire against God's people whom he cherishes.

Psalms 83:4

ULT	UST
They have said, "Come, and let us destroy them from being a nation, that the name of Israel may not be remembered anymore."	*They have said to each other, "Come on, let us destroy them so completely that no one will ever remember that Israel existed!"*

What do God's enemies say they will do to Israel?

They say they will destroy Israel so that it will no longer exist as a nation.

What would happen to Israel if God's enemies destroyed them?

No one will even remember that Israel existed.

Psalms 83:5

ULT	UST
For they have conspired against you, heart together; they have cut a covenant:	*They have all agreed to do this, and they have made an alliance against you.*

Against whom have God's enemies conspired?

They conspired together against God and made an alliance against him.

Psalms 83:9-10

What does Asaph ask God to do to his enemies, as he did to Midian, Sisera, and Jabin?

He asks God to treat them as he treated those enemies, destroying them and leaving their dead bodies rotted on the ground.

Psalms 83:11-12

What did the nobles and princes of the enemies say?

They said they would take for themselves the land where God's people dwell.

Psalms 83:13-14

What things does Asaph want God to make his enemies like?

He wants God to make them like tumbleweed that rolls away, like chaff that flies away in the wind, like fire that burns a forest, and like flames that burn up the hillsides.

Psalms 83:15

ULT	UST
thus pursue them with your tempest, and terrify them with your whirlwind.	*make them run away afraid as if a great storm were driving them off.*

How does Asaph want God to pursue and terrify his enemies?

He wants God to pursue them until they run away as from a great storm that is driving them off.

Psalms 83:16

ULT	UST
Fill their faces with shame, that they may seek your name, Yahweh.	*Completely disgrace them so that they will acknowledge who you are, Yahweh.*

Why does Asaph ask Yahweh to disgrace his enemies?

He asks God to disgrace his enemies so that they will acknowledge who Yahweh is.

Psalms 83:17

ULT	UST
May they have shame and be terrified, eternities of eternity, and may they have disgrace and may they perish.	*Embarrass them and make them always afraid. Humiliate them until they die.*

What does Asaph desire to happen to God's enemies?

He desires that they have shame and be terrified forever, and that they have disgrace and perish.

Psalms 83:18

ULT	UST
And may they know that you, your name is Yahweh, you alone are the Most High over all of the earth.	*Then they will know that you alone, Yahweh, are the Most High God who rules over everyone in the world.*

What will God's enemies know about Yahweh?

They will know that Yahweh alone is the Most High God who rules over everyone on the earth.

Psalms 84

Psalms 84:1

ULT	UST
How amiable are your dwellings, Yahweh of Armies!	*Yahweh, commander of the heavenly armies, what a wonderful place your temple is!*

What does the psalmist say about the temple of Yahweh?

He says the temple of Yahweh is a wonderful place.

Psalms 84:2

ULT	UST
My soul longs and even faints for the courts of Yahweh; my heart and my flesh cry out to the living God.	*I long greatly, deep inside, to be in the courtyards of Yahweh's temple. With my whole being I call out to the only true God.*

For what does the psalmist long?

He longs to be in the courtyards of Yahweh's temple.

To whom does the psalmist's whole being cry out?

His whole being cries out to the only true God.

Psalms 84:3

ULT	UST
Even the sparrow has found a house, and the swallow, a nest for herself, where she may lay her young— your altars, Yahweh of Armies, my king and my God.	*Even little birds have built their nests near your temple, and that is where they are taking care of their babies. Yahweh, commander of the heavenly armies, you are my king and my God.*

Where has the sparrow built her house and the swallow a nest where she may lay her young?

They have built their house and nest near the temple of Yahweh, commander of heavenly armies.

Psalms 84:4

ULT	UST
The happinesses of the dwellers of your house! They praise you continually. Selah	*What a good life people have who live by your temple! They worship you continually there. Selah*

What does the psalmist say about those who live by Yahweh's temple?

They will live a good life and worship Yahweh in his temple continually.

Psalms 84:5

ULT	UST
The happinesses of the man, strength to him is in you! Highways are in their heart.	*What a good life people have whom you make strong so that they can travel to your temple as they greatly desire!*

What does the psalmist say about the man whose strength is in Yahweh?

The people whom Yahweh has made strong enough to travel to the temple will have a good life.

Psalms 84:6

ULT	UST
Passing through in the Valley of Baca, they make it a spring; the early rain also covers it with blessings.	*As they pass through the arid Valley of Baca, they dig wells to look for water, and God sends autumn rains that fill those wells with life-giving water.*

What do those who pass through the Valley of Baca do to it?

They dig wells for water, and God sends the early rain to fill those wells with life-giving water.

Psalms 84:7

ULT	UST
They go from strength to strength; each one appears before God in Zion.	*They become stronger as they go, and each of them arrives at the temple in Zion where God is present.*

What happens to those who arrive at the temple of God?

They become stronger as they go.

Psalms 84:8

ULT	UST
Yahweh, God of armies, hear my prayer; listen, God of Jacob. Selah	*Yahweh, you are the God who commands the heavenly armies. Please answer my prayer. You are the God whom we Israelite people worship. Please do what I ask. Selah*

Who does the psalmist want to hear his prayer?

He wants Yahweh, God of Armies, to hear his prayer.

Who does the psalmist want to listen to what he is saying?

He wants the God whom Jacob's descendants worship to listen to what he is saying and do what he is asking.

Psalms 84:9

ULT	UST
See our shield, God, and regard the face of your anointed.	*God, please treat favorably the king you have appointed to protect us.*

How does the psalmist ask God to treat the anointed king?

He asks God to treat favorably the king he has appointed to protect his people.

Psalms 84:10

ULT	UST
For a day in your courts is better than a thousand. I choose to stand at the threshold in the house of my God rather than dwell in the tents of wickedness.	*It is better be in your temple courtyards for a single day than to be anywhere else for a thousand days. I would rather stand at the entrance to the courtyard of my God's temple than stay in any of the comfortable homes where wicked people live.*

A day in Yahweh's courts is better than what?

A day in Yahweh's temple courts is better than a thousand spent anywhere else.

What does the psalmist say he would rather do than dwell in the tents of wickedness?

He would rather stand at the entrance to the courtyard of God's temple than stay in any of the comfortable homes where wicked people live.

Psalms 84:11

ULT	UST
For Yahweh God is a sun and a shield; Yahweh gives favor and glory. He does not withhold good from the ones walking in blamelessness.	*Yahweh our God makes us prosper, just as the sun makes crops grow, and he protects us, just as a shield protects a warrior. He is kind to us and honors us. Yahweh gives people who live rightly every good thing that they need.*

What does Yahweh do for his people?

Yahweh makes them prosper, protects them, is kind to them, honors them, and gives them every good thing that they need.

Psalms 84:12

ULT	UST
Yahweh of Armies, the happinesses of the man trusting in you!	*Yahweh, commander of the heavenly armies, what a good life people have who trust you!*

What does the psalmist say about the man who trusts in Yahweh of Armies?

The man who trusts in Yahweh of Armies is happy.

Psalms 85

Psalms 85:1

ULT	UST
You favored your land, Yahweh; you restored the captivity of Jacob.	*Yahweh, you have brought back the Israelites who were exiles so that this land can be prosperous again.*

What has Yahweh done for his land and for the Israelites, the descendants of Jacob?

Yahweh has made his land prosperous again by bringing back the Israelites who were exiles.

Psalms 85:2

ULT	UST
You bore the iniquity of your people; you covered all of their sin. Selah	*You forgave all the sins that your people committed. Selah*

What has Yahweh done about the sins of his people?

He has forgiven his people all their sins.

Psalms 85:3

ULT	UST
You gathered up all of your wrath; you turned back from the burning of your nose.	*You completely ceased being angry with us and stopped punishing us severely.*

What has Yahweh done with his wrath and burning anger?

Yahweh stopped punishing his people and ceased being angry with them.

Psalms 85:4

ULT	UST
Restore us, God of our salvation, and break up your vexation with us.	*God, you are the one who saves us. Please stop being upset with us, and make us strong again.*

What does the psalmist ask of God?

He asks God to save his people, to stop being upset with them, and make them strong again.

Psalms 85:6

ULT	UST
You, will you not return? May you revive us, that your people may rejoice in you.	*Please help us so that we will thrive again. Then we, your people, will be happy because of you.*

What will God's people do if God revives them again?

God's people will rejoice in him.

Psalms 85:7

ULT	UST
Make us see your covenant faithfulness, Yahweh, and give your salvation to us.	*Yahweh, please treat us kindly as you promised and rescue us from our troubles.*

What is the psalmist asking God do for his people?

He is asking Yahweh to treat them kindly as he promised and save them from their troubles.

Psalms 85:8

ULT	UST
Let me hear what God Yahweh will speak, for he will speak peace to his people and to his faithful ones, but let them not return to folly.	*I am going to listen to what Yahweh, my God, says to me. I believe he will say that he will make his people thrive if they are loyal to him. However, they must not do foolish things anymore.*

What does the psalmist say Yahweh will say to his people?

Yahweh will say that he will make his people thrive if they are loyal to him and do not do foolish things anymore.

Psalms 85:9

ULT	UST
Surely his salvation is near to his reverent ones, for glory to dwell in our land.	*He is surely ready to help people who deeply respect him. Then he will be gloriously present with us in our land.*

What will happen when Yahweh's salvation comes for those who deeply revere him?

Yahweh will be gloriously present with them in their land.

Psalms 85:10

ULT	UST
Covenant faithfulness and truth will meet together; righteousness and peace will kiss.	*He will be faithfully kind and true to us. He will do what is right and make us peaceful.*

What will the people who revere Yahweh experience?

God's faithful kindness and truth as well as his righteousness and peace.

Psalms 85:11

ULT	UST
Truth will sprout from the earth, and righteousness will look down from the heavens.	*People on earth will be faithful to God, and God will act justly toward us from heaven.*

What will happen on the earth and from heaven when people revere God?

People on earth will be faithful to God, and he will act justly toward them from heaven.

Psalms 85:12

ULT	UST
Also, Yahweh will give the good, and our land will give its produce.	*Yes, Yahweh will give us good things, and our land will produce abundant harvests.*

What will happen when Yahweh gives what is good?

The land will give its produce.

Psalms 85:13

ULT	UST
Righteousness walks before him, and it puts his steps in the way.	*As he considers what to do, he will recognize what the right thing is to do, and he will do that.*

What will Yahweh do as he considers what to do?

Righteousness walks before Yahweh so he will recognize what the right thing is to do and he will do that.

Psalms 86

Psalms 86:1

ULT	UST
A prayer. Of David. Incline your ear, Yahweh; answer me, for I am poor and needy.	*A prayer of David. Yahweh, I am poor and helpless, so please do what I ask.*

Why does David ask Yahweh to listen to and answer him?

He asks Yahweh to answer him because David is poor and needy.

Psalms 86:2

ULT	UST
Guard my soul, for I am faithful. You, my God, save your servant, the one trusting in you.	*I am loyal to you, so please protect me. I worship you as my God and I trust you, so please save me.*

What does David ask Yahweh to do for him when he is faithful and trusts in him?

David asks Yahweh to protect him and save him.

Psalms 86:3

ULT	UST
Favor me, Lord, for to you I call all of the day.	*I have been crying out to you continually, Lord, so please be kind to me.*

What does David ask when he cries out to the Lord?

David asks the Lord to be kind to him.

Psalms 86:4

ULT	UST
Gladden the soul of your servant, for to you, Lord, I lift up my soul.	*I am asking you to help me, Lord, as someone who worships you, so please make me happy by doing that.*

When David worships the Lord, what is he asking from the Lord?

David asks the Lord to make him glad.

Psalms 86:5

ULT	UST
For you, Lord, are good and forgiving and plentiful of covenant faithfulness to all of the ones calling on you.	*Do this, Lord, because you are good and you forgive people's sins. You very faithfully love everyone who prays to you.*

What happens to all those who cry out to the Lord who is good?

The Lord faithfully loves everyone who prays to him and is ready to forgive their sins.

Psalms 86:6

ULT	UST
Listen to my prayer, Yahweh, and attend to the voice of my pleas.	*Yahweh, I am pleading with you in prayer to help me; please do what I ask.*

Who does David ask to listen to his prayer and hear his pleas?

David asks Yahweh to listen and do what he asks.

Psalms 86:7

ULT	UST
In the day of my trouble I call on you, for you will answer me.	*Whenever I am in trouble, I call out to you, because I know that you will help me.*

What will Yahweh do when David calls on him when he is in trouble?

Yahweh will answer and help David.

Psalms 86:8

ULT	UST
There is none like you among the gods, Lord, and there is nothing like your works.	*Lord, among all the gods that the nations worship, there is none like you; none of them has done the great things that you have done.*

Who compares to the Lord among the gods?

There is no one who compares to the Lord and none of the other gods have done the great things he has done.

Psalms 86:9

ULT	UST
All of the nations that you have made will come and bow down to your face, Lord, and they will glorify your name.	*Lord, the nations that you have made will all come and bow down before you, and they will praise you.*

What will all the nations that he has made do before the Lord?

All the nations will come and bow before the Lord and praise him.

Psalms 86:10

ULT	UST
For you are great and are doing wonderful things; you are God, you alone.	*They will do this because you are great and you do amazing things; you are the only true God.*

Who alone is truly God?

Yahweh is the only true God and he does great and wonderful things.

Psalms 86:11

ULT	UST
Teach me your way, Yahweh. that I may walk in your truth. Unite my heart to fear your name.	*Yahweh, please teach me how you want me to live so that I will act properly, as you wish. Give me a sincere desire to honor you.*

What does David ask Yahweh to teach him?

David asks Yahweh to teach him how he wants him to live.

What will happen when Yahweh teaches David?

David will act as Yahweh wishes him to because he sincerely desires to honor Yahweh.

Psalms 86:12

ULT	UST
I will thank you, Lord my God, with all of my heart, and I will glorify your name forever.	*Lord my God, I will thank you wholeheartedly, and I will praise you forever.*

What does David tell God he will do?

David will thank God wholeheartedly and praise him forever.

Psalms 86:13

ULT	UST
For your covenant faithfulness is great toward me, and you have delivered my soul from lowest Sheol.	*I will do that because you have been so faithfully kind to me; you have kept me from going way down into the place where dead people are.*

What does David say God has done in order to keep his covenant with him?

God has kept David from dying and going down to Sheol.

Psalms 86:14

ULT	UST
God, the arrogant arise against me, and the congregation of the violent seek my life, and they do not set you before them.	*God, proud people are attacking me. Yes, a group of cruel people is trying to kill me; those people do not respect you.*

What does David say the arrogant and violent people are doing to him?

They are attacking David and by trying to kill him, showing that they have no respect for God.

Psalms 86:15

ULT	UST
But you, Lord, are a merciful and gracious God, long of nostrils and plentiful of covenant faithfulness and truth.	*But you, Lord, are a God who is merciful and kind. You do not quickly become angry, and you are so faithfully kind and true to us.*

How does David describe the Lord?

David describes the Lord as a merciful and gracious God who does not quickly become angry and is abundantly and faithfully kind and true to his people.

Psalms 86:16

ULT	UST
Turn to me and favor me; give your strength to your servant, and save the son of your female servant.	*Consider my situation and be kind to me; make me, your servant, strong. Help me as if I had been born in your household.*

What does David ask the Lord to do for him?

David asks the Lord to consider his situation and be kind to him, making him strong.

Psalms 86:17

ULT	UST
Work for me a sign for good, that the ones hating me may see and have shame, for you, Yahweh, you help me and comfort me.	*Do something to show that you are helping me so that my enemies will see it, and it will embarrass them. I believe that you, Yahweh, will help me and comfort me.*

What will happen when Yahweh shows David a sign of his favor?

Those who hate David will see Yahweh helping and comforting him and be put to shame.

Psalms 87

Psalms 87:1

ULT	UST
Of the sons of Korah. A psalm. A song. His foundation is on the mountains of holiness.	*One of the Korahites wrote this song. Yahweh established his city on mountains that he made holy.*

Where did Yahweh establish his city?

He established it on the mountains that he made holy.

Psalms 87:2

ULT	UST
Yahweh is loving the gates of Zion more than all of the dwellings of Jacob.	*He loves the city of Zion more than any other place where Israelites live.*

How much does Yahweh love the city of Zion?

He loves them more than all other places where Israelites live.

Psalms 87:3

ULT	UST
Glorious things are spoken of you, city of God. Selah	*People say wonderful things about this city that belongs to God. Selah*

What things are said of the city of God?

People say wonderful and glorious things about this city that belongs to God.

Psalms 87:4

ULT	UST
I will mention Rahab and Babylon to the ones knowing me; behold, Philistia and Tyre with Cush— "This one was born there."	*Yahweh says, "When I talk about people who know me, this will include Egyptians and Babylonians. Indeed, I will also say about Philistines and Tyrians and Cushites, 'This person is a native of Zion.'"*

In what other places does Yahweh mention there are people who know him?

He says he will mention people from Egypt, Babylon, Philistia, Tyre, and Cush among those who know him.

Psalms 87:5

ULT	UST
And of Zion it will be said, "Man and man was born in her, and he, he will establish her, the Most High."	*People will say about Zion, "Every one of those people is a native of that city," and God Most High will personally keep Zion strong.*

What will the Most High do for Zion?

God Most High himself will establish Zion and keep her strong.

Psalms 87:6

ULT	UST
Yahweh will recount in the writing of the peoples, "This one was born there." Selah	*When Yahweh registers each of those people, he will record, "This person is a native of Zion." Selah*

What will Yahweh record as he registers the peoples?

He will record that each of those people was born in Zion.

Psalms 87:7

ULT	UST
And the singers, like the pipers, "All of my springs are in you."	*Singers and musicians will celebrate and say, "Zion, everything that makes me flourish comes from you!"*

What do the singers and musicians say?

They will celebrate and say that everything that makes them flourish comes from Zion.

Psalms 88

Psalms 88:1

ULT	UST
Yahweh, God of my salvation, by day, in the night, I cry out before you.	*Yahweh, you are the God who saves me. I continually ask you to help me.*

When does the psalmist cry out to Yahweh, the God of his salvation?

The psalmist cries out continually to ask Yahweh to help him.

Psalms 88:2

ULT	UST
Let my prayer come to your face; incline your ear to my cry.	*Please pay attention to what I am saying as I pray to you.*

What does the psalmist ask Yahweh to do for him?

He asks Yahweh to pay attention to his prayer as he cries out to him.

Psalms 88:3

ULT	UST
For my soul is full of troubles, and my life has come near to Sheol.	*I ask this because I have experienced so many bad things that I cannot endure any more; I am about to die and go to the place where dead people are.*

What is the psalmist experiencing?

He is experiencing so many bad things that he feels he is about to die.

Psalms 88:4

ULT	UST
I am reckoned with the ones going down into the pit; I have become like a man without strength,	*People expect me to die soon because I have so little strength left.*

What does the psalmist say others expect to happen to him?

People expect him to die soon because he has so little strength left.

Psalms 88:5

ULT	UST
free among the ones having died, like the slain lying in the grave, whom you do not remember them anymore, and they, they are cut off from your hand.	*It is as if I belong among dead people who are lying in their graves. It seems that you are no longer aware of such people and you stop taking care of them.*

What does the psalmist say about the dead who lie in the grave?

He says that it seems as if Yahweh is no longer aware of people who have died and has stopped taking care of them.

Psalms 88:6

ULT	UST
You have set me in the pit of the depths, in dark places, in deep places.	*It is as though you have thrown me down to the bottom of a deep, dark pit.*

How does the psalmist describe where he feels as if Yahweh has placed him?

He says it is as though Yahweh has thrown him to the bottom of a deep, dark pit.

Psalms 88:7

ULT	UST
Your wrath rests heavily on me, and you overwhelm me with all of your waves. Selah	*I feel as if you are angry with me, and that is like an oppressive burden to me. It is as if I am drowning in your anger. Selah*

What feels like an oppressive burden to the psalmist?

He feels that Yahweh is so angry with him that it feels as if he is drowning in Yahweh's anger.

Psalms 88:8

ULT	UST
You have distanced my acquaintances from me; you have made me abominations to them. I am shut in, and I do not go out.	*Because my illness is so unpleasant and you have not healed me, my friends stay away from me, and I am not able to leave my home to visit anyone.*

Why do the psalmist's acquaintances avoid him?

Yahweh has made his illness so unpleasant that his friends stay away from him and he is not able to visit any of them.

Psalms 88:9

ULT	UST
My eye mourns from affliction. I call out to you, Yahweh, in all of the day; I spread out my palms to you.	*My eyes are swollen because I cry so much. Yahweh, throughout the day I call out to you for help as I spread out my hands toward you in prayer.*

What does the psalmist say about his eyes?

His eyes are swollen from crying out in prayer to Yahweh about his affliction.

Psalms 88:10

ULT	UST
Will you do a wonder for the ones having died? Or will the Raphaites arise? Will they thank you? Selah	*If I were to die, it would be too late for you to do a miracle to help me. Dead people do not come back to life and praise you! Selah*

What questions does the psalmist ask Yahweh about the dead?

He asks Yahweh if he will do a miracle to help him before he dies and is no longer able to praise Yahweh.

Psalms 88:11-12

What does the psalmist remind Yahweh about dead people?

He reminds Yahweh that if he dies, he will no longer be able to talk about how kind and faithful Yahweh is or all the amazing things he does or how good he is.

Psalms 88:13

ULT	UST
But I, I cry out to you, Yahweh, and in the morning my prayer precedes you.	*But I am still alive, Yahweh, and I am calling out to you to help me. It is as if my prayer is already there waiting for you when you get up in the morning.*

When does the psalmist's prayer come before Yahweh?

His prayer comes before Yahweh in the morning as if it were already there waiting for Yahweh when he gets up.

Psalms 88:14

ULT	UST
Why, Yahweh, do you reject my soul? Why do you hide your face from me?	*Yahweh, please do not reject me! Please do not ignore me!*

What does the psalmist feel like Yahweh has done to him?

The psalmist feels like Yahweh has rejected him and is ignoring him.

Psalms 88:15

ULT	UST
I have been weak and expiring since youth; I have borne your terrors; I must despair.	*Since I was young, I have been so ill that I have nearly died. I have been sick for so long with this terrible illness that you permit that I have no more hope.*

How long has the psalmist been sick and on the verge of death?

Since he was young, the psalmist has been so ill that he has nearly died.

Psalms 88:16

ULT	UST
Your indignations pass over me; your terrors destroy me.	*I feel as if you are very angry with me. This terrible illness that you permit has destroyed the good life I could have had.*

What does the psalmist say Yahweh's anger has done to him?

Because of Yahweh's anger, the terrible illness that he has permitted has destroyed the good life the psalmist could have had.

Psalms 88:17

ULT	UST
They surround me like water all of the day; they close in upon me together.	*The bad things that are happening to me are like floodwaters that continually surround me and are about to drown me.*

What have the bad things Yahweh has allowed in the psalmist's life done to him?

They are like floodwaters that continually surround the psalmist and are about to drown him.

Psalms 89

Psalms 89:1

ULT	UST
I will sing the covenant faithfulness of Yahweh forever; to generation and generation I will make known your faithfulness with my mouth.	*Yahweh, I will always sing about how faithfully you love your people. I will tell my children and grandchildren that you always do what you promise.*

Of what will the psalmist sing forever?

He will sing about how faithfully Yahweh has loved his people as he promised.

What will the psalmist make known to future generations?

He will tell future generations that Yahweh always does what he promises.

Psalms 89:2

ULT	UST
For I said, "Covenant faithfulness will be built up forever; the heavens, you establish your faithfulness in them."	*I know that you will always love us faithfully. Just as the sky is permanent, so you will always be faithful to us.*

How has Yahweh's faithfulness been established?

The fact that Yahweh is faithful to his people is as permanent as the heavens.

Psalms 89:3

ULT	UST
"I have cut a covenant with my chosen; I have sworn to David my servant:	*Yahweh has said, "I made a covenant with the man I chose to be the king of Israel. That was David, who loyally obeyed me. I made a solemn promise to him.*

With whom has a covenant been made?

Yahweh has made a covenant and a solemn promise with David, the man he chose to be king of Israel.

Psalms 89:4

ULT	UST
‘Until forever I will establish your seed, and I will build up your throne to generation and generation.’” Selah	*I said, ‘I will make sure that your descendants always rule as kings; yes, I will make sure that your dynasty never ends.’” Selah*

How long will David’s descendants rule as kings?

Yahweh promised that David’s descendants would always rule as kings.

Psalms 89:5

ULT	UST
And the heavens praise your wonder, Yahweh; your faithfulness also, in the assembly of the holy ones.	*Yahweh, the angels in heaven praise you for the wonderful things you do, When those holy beings gather, they celebrate how you always do what you promise.*

What will the angels in heaven be praising Yahweh about?

The angels in heaven will praise Yahweh for the wonderful things he does and celebrate how he always does what he promises.

Psalms 89:7

ULT	UST
God is greatly dreaded in the council of the holy ones and feared above all of the ones around him.	*When the holy beings gather together, they all respect God greatly. Everyone around his throne honors him.*

How do the council of holy ones treat God?

When the holy beings gather together, they all treat God with respect and honor.

Psalms 89:8

ULT	UST
Yahweh, God of Armies, who is like you, mighty Yah? And your faithfulness is your surroundings.	*Yahweh, you are the God who commands the heavenly armies. No one is as mighty as you are! You are always faithful in every way.*

What does the psalmist say about Yahweh’s faithfulness?

Yahweh is always faithful in every way.

Psalms 89:9

ULT	UST
You are ruling over the surging of the sea; when its waves rise, you, you still them.	*You control the sea so that it does not become too violent; when its waves become too large, you make them smaller.*

What does the psalmist say about Yahweh's rule of the sea?

He says that Yahweh calms the waves of the sea so it will not become too violent.

Psalms 89:10

ULT	UST
You, you shattered Rahab like a slain one; with the arm of your strength you scattered your enemies.	*It was you who put the world in order as you created it, as if you had completely destroyed the sea monster Rahab; You used your great power to defeat your enemies.*

What did Yahweh use to scatter and defeat his enemies?

He used his great power.

Psalms 89:11

ULT	UST
To you are the heavens, also to you, the earth; the world and its fullness, you, you founded them.	*Because you created the world and everything in it, the sky belongs to you, and the earth also belongs to you.*

What belongs to Yahweh who made the world and all it contains?

The heavens and the earth belong to Yahweh who created the world and everything in it.

Psalms 89:12

ULT	UST
The north and the south, you, you created them; Tabor and Hermon shout joyfully in your name.	*You created the full extent of the world around us. You made everything to the north and to the south. You made everything to the west, where Mount Tabor is, and you made everything to the east, where Mount Hermon is. People throughout the world joyfully praise you because of who you are.*

What did Yahweh create?

Yahweh created the full extent of the world in every direction.

Psalms 89:13

ULT	UST
To you is an arm with might; your hand is strong; your right hand is high.	*You are very powerful; yes, you are very strong, and you use your power to do great things.*

What does the psalmist say about Yahweh using the images of his arm and hand?

Yahweh is very powerful and uses his power to do great things.

Psalms 89:14

ULT	UST
Righteousness and justice are the foundation of your throne; covenant faithfulness and truth precede your face.	*As you rule, you always do what is right and just, and you are always faithful and true in everything you do.*

How does Yahweh rule?

Yahweh always does what is right and just and is faithful and true in everything he does.

Psalms 89:15-16

What happens to the people who worship Yahweh?

They are have truly good lives in which they enjoy Yahweh's favor, and they rejoice in who Yahweh is and how he always does what is right.

Psalms 89:17

ULT	UST
for you are the splendor of their strength, and by your favor you raise up our horn.	*You make your people strong and glorious, and because you were pleased with us, you gave us a good king.*

What did Yahweh give the people because of his favor?

Because Yahweh was pleased with his people, made them strong and glorious and gave them a good king.

Psalms 89:18

ULT	UST
For our shield is to Yahweh, and our king, to the Holy One of Israel.	*The one who protects us belongs to you, Yahweh; yes, our king belongs to you, the holy God whom we Israelites worship.*

What does the psalmist say belongs to Yahweh, the Holy One of Israel?

The people's king is the one who protects them and he belongs to Yahweh, the Holy One of Israel.

Psalms 89:19

ULT	UST
Then you spoke in a vision to your faithful ones and said, "I have placed help on a warrior; I have raised up a chosen one from the people.	*Long ago you spoke in a vision to the Israelites who were loyal to you. You said, "I have given strength to a mighty warrior; I have chosen a young man from among the people to be the king.*

What did Yahweh say in a vision to his faithful ones?

He said that he had given strength to a mighty warrior from among the people and had chosen him to be their king.

Psalms 89:20-23

What did Yahweh say he will do for his chosen king David?

He said he had anointed him, will support him, strengthen him, and defeat his enemies.

Psalms 89:24

ULT	UST
And my faithfulness and my covenant faithfulness will be with him, and in my name his horn will be high.	*I will always be faithful to him and treat him kindly, and I will make him a great ruler by my own authority.*

How does Yahweh promise he will treat David?

Yahweh will always be faithful to David and treat him kindly, and by Yahweh's authority, make him a great ruler.

Psalms 89:26

ULT	UST
He, he will call to me, 'You are my Father, my God and the rock of my salvation.'	*He will call out to me, 'You are my Father; you are my God, the one who protects me and saves me!'*

What will David call out to Yahweh?

He will call out to Yahweh as his Father, his God, and the one who protects and saves him.

Psalms 89:27

ULT	UST
And I, I will make him the firstborn, the highest of the kings of the earth.	*For my part, I will treat him as if he were my firstborn son, and I will make him the greatest of all the kings on the earth.*

How will Yahweh treat David?

He will treat him as if he were his firstborn son and make him the greatest of all kings on the earth.

Psalms 89:28

ULT	UST
I will keep my covenant faithfulness for him forever, and my covenant will be confirmed to him.	*I will always love him faithfully, and I will always honor my covenant with him.*

What will Yahweh do for David?

Yahweh will always love David faithfully always honor his covenant with him.

Psalms 89:29

ULT	UST
And I will set up his seed forever and his throne like the days of the heavens.	*I will make sure that his descendants always rule as kings, so that his dynasty lasts as long as the sky exists.*

How long will David's descendants rule and his throne last?

His descendants will always rule as kings and his dynasty will last as long as the skies exist.

Psalms 89:30-32

What will Yahweh do to David's descendants if they disobey Yahweh's rules?

Yahweh will punish them to correct them because of the wrong things they have done.

Psalms 89:33-34

What promises does Yahweh make to David even if the people disobey his rules?

Yahweh promises not to stop faithfully loving David and doing what he promised for his descendants. He will not break his covenant or take back what he said.

Psalms 89:35-37

By what does Yahweh swear once and for all that he will keep these promises to David?

Yahweh swears by his own holy character that he guarantees his promise to David.

Psalms 89:38

ULT	UST
But you, you have rejected and spurned; you have passed yourself over from your anointed one.	*Yet now it appears that you have completely rejected David's descendant who was our king. It appears that you have abandoned him.*

What does the psalmist now say about how the anointed one is being treated by Yahweh?

The psalmist says that it appears that Yahweh has rejected the anointed king and has abandoned him.

Psalms 89:41

ULT	UST
All of the passers of the way plunder him; he has become a reproach to his neighbors.	*Now people can come along and steal the things that remain in the city. People in the surrounding countries are ridiculing us Israelites.*

What does the psalmist say is happening to the people of Israel as represented by their king?

Their city is being plundered by people who to steal from the city and the people of Israel are being ridiculed by the people around them.

Psalms 89:42

ULT	UST
You have raised up the right hand of his adversaries; you have made all of his enemies rejoice.	*You have allowed our enemies to become strong, and they are celebrating how they have defeated us.*

What does the psalmist say Yahweh has done regarding the enemies of Israel?

Yahweh has allowed their enemies to become strong and celebrate how they have defeated the people of Israel.

Psalms 89:43

ULT	UST
You have also turned back the edge of his sword, and you have not made him stand in battle.	*Our armies have had to retreat from battles because you have not helped us when we fight.*

What happened when the Israelites went into battle?

Their armies have had to retreat from battles because Yahweh had not helped them.

Psalms 89:44

ULT	UST
You have made his splendor cease, and you have cast his throne to the ground.	*Our kingdom is no longer glorious, and we no longer have a king.*

What has happened to the kingdom of Israel?

The kingdom is no longer glorious and they no longer have a king.

Psalms 89:45

ULT	UST
You have shortened the days of his youth; you have covered him over with shame. Selah	*We are no longer strong, as young men are. This has disgraced us completely. Selah*

What has happened to Israel?

They are no longer a strong nation as they had been and are completely disgraced.

Psalms 89:46

ULT	UST
Until when, Yahweh? Will you hide yourself forever? Will your wrath burn like fire?	*Yahweh, please help us, and do not delay! Do not keep neglecting us! Do not keep being so angry with us!*

What does the psalmist say about Yahweh and his anger?

He asks Yahweh to come to help them and not be angry with them any more.

Psalms 89:47

ULT	UST
Remember me, what life is, for what emptiness you created all of the sons of man.	*Please remember how short human lives are! Please remember that you created us human beings as mere mortals!*

What does the psalmist ask Yahweh to remember?

He asks Yahweh to remember how short life is and that he created all people as mere mortals.

Psalms 89:49

ULT	UST
Where are your former covenant faithfulnesses, Lord, which you swore to David in your faithfulness?	*Lord, you promised David that you would faithfully love us Israelites, and you did. You always keep your promises, so please help us!*

What does the psalmist remind the Lord about his promises?

The psalmist reminds the Lord that he promised David that he would faithfully love his people.

Psalms 89:50-51

What else does the psalmist ask the Lord to remember?

He asks the Lord to remember the insulting things people are saying about his people and how Yahweh's enemies have been mocking the actions of his anointed king.

Psalms 89:52

ULT	UST
Blessed be Yahweh forever! Amen and amen.	*May people always bless Yahweh! Amen! Yes, amen!*

How long does the psalmist say Yahweh will be blessed?

Yahweh will be blessed forever.

Psalms 90

Psalms 90:1

ULT	UST
Lord, you have been a habitation to us in generation and generation.	*Lord, you have been like a home for us throughout our generations.*

How long has the Lord been like a home for his people?

The Lord has been like a home for them throughout all generations.

Psalms 90:3

ULT	UST
You cause man to return to dust, and you say, "Return, sons of man."	*When people die, you cause their corpses to become soil again; you change their corpses to become dirt like that from which the first man was created.*

To what does the Lord cause people to return when they die?

He causes people to return to dust.

Psalms 90:4

ULT	UST
For a thousand years in your eyes are like the day before when it has passed, and a watch in the night.	*When you consider time, a thousand years are as short as one day that passes; you consider that they are as short as a few hours in the night.*

What are a thousand years like in the sight of the Lord?

They are like one short day that passes, or like a few short hours in the night.

Psalms 90:5-6

To what are the lifetimes of people compared?

They are like the grass that sprouts up in the morning and then withers and dries up in the evening.

Psalms 90:7-8

Why does Moses say mankind is terrified by the Lord's wrath?

They are terrified because the Lord has seen their sins and is angry. It is as if even their secret sins are spread out where the Lord can see them.

Psalms 90:10

ULT	UST
The days of our years, in them are 70 years, or, if by strength, 80 years but their expanse is trouble and sorrow, for it passes quickly, and we fly away.	*People live for only seventy years; if they are strong, some of them live for eighty years. But throughout our time we have much pain and troubles; our lives soon end, and we die.*

What do people experience throughout their lives?

People experience much pain and trouble throughout the time they have to live.

Psalms 90:12

ULT	UST
So teach us to number our days that we might bring in a heart of wisdom.	*So teach us to realize that we live for only a short time in order that we may think wisely about how we use our time.*

What does Moses ask the Lord to teach mankind?

He asks the Lord to teach mankind to realize the short time they will live, so that they may live wisely.

Psalms 90:14

ULT	UST
Satisfy us in the morning with your covenant faithfulness and we will rejoice and be glad in all of our days.	*Each morning, show us that it is enough for us if you love us faithfully as you have promised that you would do. Show us this so that we may shout joyfully and be happy all during the years that we live.*

With what does Moses want Yahweh to show mankind each morning?

He wants Yahweh to show mankind that it is enough for them if Yahweh loves them faithfully as he has promised that he would do, so that they may rejoice and be glad all their lives.

Psalms 90:16

ULT	UST
May your work be seen by your servants, and your majesty by their sons.	*Enable us who serve you to see the great things that you do, and enable our descendants to see your glorious power also.*

What does Moses want Yahweh to let his servants see?

He wants Yahweh to enable his servants to see the great things that he does, and their descendants to see his glorious power.

Psalms 90:17

ULT	UST
May the favor of the Lord our God be upon us. And the work of our hands, establish for us; indeed, the work of our hands, establish it.	*Lord, our God, give us your blessings and enable us to be successful; yes, cause us to be successful in everything that we do!*

What does Moses ask the Lord to do for his people?

He asks the Lord to bless his people and to cause them to be successful in everything they do.

Psalms 91

Psalms 91:2

ULT	UST
I will say to Yahweh, "My refuge and my fortress, my God, I trust in him."	*I will declare to Yahweh, "You protect me; you are like a stronghold in which I am safe. You are my God, the one in whom I trust."*

What does the psalmist say of Yahweh?

The psalmist says that Yahweh is his refuge and his fortress, his God, in whom he trusts.

Psalms 91:3-4

What will Yahweh do for the one who trusts in him?

Yahweh will rescue him from hidden traps and from deadly diseases, and will protect him like a bird who covers her young under her wings.

Psalms 91:5-6

Of what does the one who trusts in Yahweh need not be afraid?

The one who trusts in Yahweh need not be afraid of things that happen during the night that could terrorize you or of arrows that your enemies will shoot at you during the day, of the plague that infects people in the night or of other evil forces that kill people in the light of day.

Psalms 91:9

ULT	UST
Because you have made Yahweh, my refuge, the Most High, your dwelling,	*This is because you trust Yahweh, God Most High, who protects me, to also protect you.*

What is Yahweh for the psalmist?

Yahweh is the refuge for the psalmist.

Psalms 91:10-11

Why will evil not happen to the one who trusts in Yahweh?

Evil will not happen to the one who trusts in Yahweh because Yahweh will command his angels to protect him in all his ways.

Psalms 91:12

ULT	UST
They will lift you up in their hands, lest you hit your foot against a stone.	*They will even hold you up with their hands so that you will not hurt your foot on a big stone.*

How will the angels protect the one who trusts in Yahweh?

The angels will lift him up in their hands so he will not hurt his foot on a stone.

Psalms 91:14-16

What does Yahweh do for the one who is devoted to him?

Yahweh will deliver and protect him, answer him when he calls, be with him in trouble, rescue and honor him, satisfy him with a long life, and show him Yahweh's salvation.

Psalms 92

Psalms 92:1

ULT	UST
It is good to give thanks to Yahweh and to sing praises to your name, Most High,	*Yahweh, it is good for people to thank you and to sing as they praise you, the Most High God.*

What does the psalmist consider to be a good thing?

It is a good thing to give thanks and sing praises to the name of Yahweh.

Psalms 92:2

ULT	UST
to proclaim your covenant faithfulness in the morning and your truthfulness in the nights,	*It is good to proclaim every morning that you faithfully love us and to declare each night that everything that you say is true,*

When does the psalmist say to proclaim Yahweh's covenant faithfulness and truthfulness?

He says to proclaim Yahweh's covenant faithfulness every morning and his truthfulness every night.

Psalms 92:4

ULT	UST
For you, Yahweh, have made me glad through your deeds. I will sing for joy because of the deeds of your hands.	*I do this, Yahweh, because what you have done makes me happy; I sing joyfully because of the things that you do.*

How has the psalmist responded to the great things Yahweh has done?

Yahweh's great deeds have made him glad so that he will sing for joy.

Psalms 92:5-6

What kind of person does not know or understand the things Yahweh has done?

A foolish or stupid person does not know the things Yahweh has done.

Psalms 92:7

ULT	UST
When the wicked sprout like grass, and all evildoers thrive, they will be destroyed for eternity.	*They do not understand that when the number of wicked people increases as blades of grass increase, and when it seems that all those who do what is evil prosper, Yahweh will destroy them forever.*

What happens to the wicked who seem to thrive?

Yahweh will destroy all those who do evil.

Psalms 92:9

ULT	UST
For behold your enemies, Yahweh! For behold your enemies—they will perish! All those who do evil will be scattered.	*Just look at your enemies, Yahweh! Your enemies will certainly die. You will destroy everyone who does wicked things.*

What does the psalmist say will happen to Yahweh's enemies?

Yahweh's enemies will perish, and all those who do evil will be scattered.

Psalms 92:10

ULT	UST
But you have lifted up my horn like a wild ox; I am saturated with fresh oil.	*But you have caused me to be as strong as a wild ox; you have caused me to be very joyful.*

What does the psalmist say Yahweh has done for him?

Yahweh has caused him to be strong and joyful.

Psalms 92:13

ULT	UST
They are planted in the house of Yahweh; they flourish in the courts of our God.	*They belong to Yahweh as securely as if they were trees with roots deep in his temple grounds. They are as prosperous and healthy as if they were trees growing in our God's courtyard.*

Where are the righteous planted?

They are planted as securely as if they were trees with roots deep in Yahweh's temple grounds.

Psalms 92:14-15

What shows that Yahweh is just?

The righteous remain strong and full of energy like trees that continue to bear fruit even when they are old.

Psalms 92:15

ULT	UST
to proclaim that Yahweh is just, my rock, and there is no unrighteousness in him.	*That shows that Yahweh is just; he is like a huge rock behind which I am safe, and he never does anything that is unjust.*

Why is Yahweh the rock of the psalmist?

Yahweh is like a huge rock behind which the psalmist is safe and he never does anything that is unjust.

Psalms 93

Psalms 93:1

ULT	UST
Yahweh reigns; he wears majesty; Yahweh wears, he girds himself with, strength. Indeed, the world is firmly established; it cannot be moved.	*Yahweh, you are the King! It is as though you are wearing royal robes that are majestic and powerful. You are the one who put the world firmly in place, and no one can move it out of its place.*

Who put the world in its place so that it cannot be moved?

Yahweh the King is the one who put the world firmly in place, and no one can move it.

Psalms 93:2

ULT	UST
Your throne is established from before; you are from everlasting.	*You have been king since long ago; you have always existed.*

What does the psalmist say about Yahweh's throne?

Yahweh has been king since long ago, and has always existed.

Psalms 93:3

ULT	UST
The seas rise, Yahweh; the seas have lifted up their voice; the seas lift up their pounding waves.	*Yahweh, the oceans rise up; their waves loudly pound against the shore; it is as though they roar with a powerful voice.*

How have the oceans lifted up their voice?

The oceans rise and their waves pound against the shore with a roar that is like a powerful voice.

Psalms 93:4

ULT	UST
More than the sounds of many waters, than the mighty breakers of the sea, Yahweh on high is mighty.	*But you are more powerful than the roar of those oceans; you are more powerful than the huge ocean waves! You are Yahweh, the one who is great and powerful!*

What does the psalmist say about Yahweh in relation to the mighty waters?

Yahweh is more powerful than the mighty breakers of the sea.

Psalms 93:5

ULT	UST
Your decrees are very trustworthy; holiness adorns your house, Yahweh, for length of days.	*Yahweh, your laws are completely reliable; your temple is a beautifully holy place. That will be true forever.*

How does the psalmist describe Yahweh's decrees and holiness?

The psalmist says that Yahweh's decrees are completely reliable and his temple is a holy place.

Psalms 94

Psalms 94:1

ULT	UST
God of vengeance, Yahweh, God of vengeance, shine forth!	*Yahweh, you are a God who punishes your enemies. So reveal to them who you are!*

What does the psalmist call Yahweh in this psalm?

The psalmist calls Yahweh the God of vengeance.

Psalms 94:2

ULT	UST
Rise up, judge of the earth, return recompense upon the proud.	*You are the one who judges all people on the earth; so take action and give the arrogant people what they deserve.*

What does the psalmist ask Yahweh, the judge of the earth, to do to proud people?

The psalmist asks Yahweh to give the proud people what they deserve.

Psalms 94:3

ULT	UST
Until when will the wicked, Yahweh, until when will the wicked rejoice?	*Yahweh, wicked people just continue to be glad, and that is not right!*

What are the wicked people doing that the psalmist says is not right?

The wicked people just continue to be glad and rejoice.

Psalms 94:4

ULT	UST
They pour out, they speak, arrogance; all doers of evil praise themselves.	*They abundantly speak arrogant things; all people who do evil things say that they are great people.*

What do all the wicked people say?

All those who do evil things praise themselves arrogantly.

Psalms 94:5

ULT	UST
They crush your people, Yahweh; they afflict your inheritance.	*Yahweh, it is as though those wicked people were crushing us, your people; they distress the people who belong to you alone.*

What do the wicked do to Yahweh's people?

It is as though those wicked people were crushing Yahweh's people.

Psalms 94:6

ULT	UST
They kill the widow and the sojourner, and they murder the fatherless.	*They murder widows, people from other countries, and also young people who have no fathers.*

Who do the wicked murder?

The wicked murder widows, foreigners, and orphans.

Psalms 94:7

ULT	UST
They say, "Yah does not see, the God of Jacob does not perceive."	*Those wicked people think to themselves, "Yahweh does not see any of this; the God whom the Israelites worship does not notice the evil things that we do."*

What do the wicked say about Yahweh?

The wicked say that Yahweh does not see the evil things they are doing.

Psalms 94:9

ULT	UST
The one planting the ear, does he not hear? Or the one forming the eye, does he not observe?	*Since Yahweh is the one who made ears, of course he can hear what you say! Not only that, he created eyes; so of course he can see the evil things that you do!*

What argument does the psalmist use to show that Yahweh can hear and see?

The psalmist says that the one who made ears can of course hear and the one who created eyes can of course see the evil things they are doing.

Psalms 94:11

ULT	UST
Yahweh knows the thoughts of mankind, that they are vapor.	*Yahweh knows everything that people are thinking; he knows that what they think is evil and useless.*

What does Yahweh know the people's thoughts?

Yahweh knows everything that people are thinking and that it is evil and useless.

Psalms 94:12

ULT	UST
The joys of the man whom you instruct, Yah, and from your law you teach him,	*Yahweh, how fortunate are those who allow you to discipline them, how fortunate are those whom you teach from your laws!*

What does the psalmist say about those whom Yahweh instructs?

The psalmist says those whom Yahweh teaches from his law are truly fortunate.

Psalms 94:12-13

What does Yahweh give the man he instructs during days of evil?

Yahweh relieves him from bad things when they happen and punishes the wicked who do them.

Psalms 94:14

ULT	UST
For Yahweh will not forsake his people and he will not abandon his inheritance.	*This will happen because Yahweh will not reject his people; he will not desert those who belong to him.*

What does the psalmist say Yahweh will not do to his people?

Yahweh will not forsake his people or desert those who belong to him.

Psalms 94:15

ULT	UST
For judgment will return to the right; and all the upright in heart are after it.	*Yes, someday judges will again decide matters fairly for people, and all honest people will be pleased about that.*

What does the psalmist say about the return of judgment?

The psalmist says that someday judges will again decide matters fairly for people, and all honest people will be pleased about that.

Psalms 94:16

ULT	UST
Who will rise up for me against the evildoers? Who will stand up for me against the workers of wickedness?	*But when evil people oppressed me, I could find no one to defend me against the wicked things that evil people did to me.*

Who does the psalmist say will stand up for him against evildoers?

The psalmist says that no one will defend him against the wicked things people did to him.

Psalms 94:17

ULT	UST
Unless Yahweh had been a help to me, shortly my soul would have dwelt in silence.	*If Yahweh had not helped me at that time, I would have gone quickly to the place where dead people say nothing.*

What does the psalmist say would have happened without Yahweh's help?

Without Yahweh's help, the psalmist would have quickly died.

Psalms 94:18

ULT	UST
When I said, "My foot is slipping," Your covenant faithfulness, Yahweh, supported me.	*Just when I thought, "I am about to die," then, Yahweh, you saved me by being faithful and loving to me.*

What did Yahweh do when the psalmist thought he was about to die?

Yahweh saved him by being faithful and loving to him.

Psalms 94:19

ULT	UST
When my cares within me are many, your consolations gladden my soul.	*Whenever I am very worried, you comfort me and cause me to be happy.*

What does Yahweh do when the psalmist has many worries?

Yahweh comforts him and causes him to be happy when he is worried.

Psalms 94:20-21

What does the psalmist say about rulers who establish laws that create injustice?

Such rulers cannot be Yahweh's friends as they conspire how to destroy righteous people, and condemn innocent people.

Psalms 94:22

ULT	UST
But Yahweh has been to me a high tower, and my God, the rock of my refuge.	*But Yahweh has become like a fortress for me; my God is like a huge rock that protects me.*

What does the psalmist say Yahweh has been to him?

Yahweh has been like a fortress of protection to the psalmist.

Psalms 94:23

ULT	UST
He will return on them their iniquity and he will destroy them in their wickedness. Yahweh our God will destroy them.	*He will do to those wicked leaders the terrible things that they have done to others; he will get rid of them because they do wicked things. Yes, Yahweh our God will get rid of them.*

What will Yahweh do to the wicked in the end?

Yahweh will do to those wicked leaders the terrible things that they have done to others and destroy them in their wickedness.

Psalms 95

Psalms 95:1-2

How does the psalmist encourage everyone to come into Yahweh's presence?

The psalmist encourages everyone to enter Yahweh's presence singing joyfully with thanksgiving.

Psalms 95:3

ULT	UST
For Yahweh is a great God and a great king above all gods,	*Because Yahweh is a great God. He is a great king who rules over all other spirit beings.*

How does Yahweh compare to other gods?

Yahweh is a great God who rules as king over all other gods.

Psalms 95:4-5

How is Yahweh above all other gods?

Yahweh controls the whole earth and because he made it all, it all belongs to him.

Psalms 95:6-7

Why should everyone worship Yahweh?

Everyone should worship Yahweh, their maker, because he is their God and they are the people whom he protects, like sheep that a shepherd takes care of.

Psalms 95:9

ULT	UST
where your fathers tested me, tried me, though they had seen my deeds.	*There your ancestors tested whether I would continue to be patient with them. They wanted to see if they could do evil things and not have me punish them. They did this even though they had seen me perform many miracles.*

How did the ancestors of Israel respond to Yahweh?

They tested whether Yahweh would continue to be patient with them, even though they had seen him perform miracles.

Psalms 95:10

ULT	UST
For 40 years I was angry with the generation and said, ‘They are a people wandering of heart and they, they have not known my ways.’	*For 40 years I was angry with those people. I said about them, ‘Those people are unreliable. They completely refuse to obey my commands.’*

How did Yahweh describe the people who disobeyed him?

Yahweh said that those people are unreliable and completely refuse to obey his commands.

Psalms 95:11

ULT	UST
Therefore I vowed in my nose, ‘if they enter into my rest.’”	*So because I was very angry, I solemnly said about them, ‘They will never enter the land of Canaan where I would have allowed them to rest!’”*

What did Yahweh vow in his anger?

Yahweh vowed in his anger that the people who disobeyed him would never enter into the land where Yahweh would have given them rest.

Psalms 96

Psalms 96:1

ULT	UST
Sing to Yahweh a new song; sing to Yahweh, all the earth.	*Sing to Yahweh a new song! All you people throughout the earth, sing to Yahweh!*

What does the psalmist call on all the people on earth to do?

The psalmist calls on all the earth to sing a new song to Yahweh.

Psalms 96:2

ULT	UST
Sing to Yahweh, bless his name; announce his salvation from day to day.	*Sing to Yahweh and praise him! Every day proclaim to others that he has saved us.*

What does the psalmist encourage everyone to announce?

The psalmist encourages everyone to announce that Yahweh has saved them.

Psalms 96:3-4

Why should everyone tell of Yahweh's glory and his marvelous things he has done?

Everyone should tell of how glorious Yahweh is and all he has done because Yahweh is great, and deserves to be praised and be revered more than all other gods.

Psalms 96:5

ULT	UST
For all the gods of the peoples are idols, but Yahweh made the heavens.	*This is true because all of the gods that the other peoples worship are only idols, but it is Yahweh who made the heavens!*

What contrast does the psalmist draw between the gods of other peoples and Yahweh?

The gods of other peoples are only idols, but it is Yahweh who made the heavens.

Psalms 96:6

ULT	UST
Splendor and majesty are to his face. Strength and beauty are in his sanctuary.	*Yahweh is magnificent and majestic. His holy house shows how strong and beautiful he is.*

What qualities does the psalmist say Yahweh has?

Yahweh is magnificent, majestic, strong, and beautiful.

Psalms 96:8

ULT	UST
Give to Yahweh the glory of his name. Bring an offering and come into his courts.	*Praise Yahweh as he deserves for us to praise him; bring an offering and come to his temple.*

What should everyone do to give to Yahweh the glory he deserves?

Everyone should praise Yahweh, bring an offering, and come to his temple.

Psalms 96:10

ULT	UST
Say among the nations, "Yahweh reigns." Indeed, the world is established; it cannot be shaken. He judges the peoples with evenness.	*Say to all the people groups, "Yahweh is the king!" He put the world in its place, and nothing will ever be able to move it. He judges all the peoples fairly.*

What does the psalmist encourage everyone to say to all people groups?

The psalmist encourages everyone to tell all people that Yahweh reigns.

How does Yahweh judge the peoples?

Yahweh judges the peoples fairly.

Psalms 96:11-13

Why should the heavens be glad and the earth rejoice?

The heavens should be glad and the earth rejoice because Yahweh is coming.

Psalms 96:13

ULT	UST
to the face of Yahweh, for he is coming, for he is coming to judge the earth. He will judge the world with righteousness and the peoples with his faithfulness.	*in front of Yahweh. They should do this because he is coming to judge everyone on the earth, and this is certain. He will judge all the people fairly according to what he knows is true.*

What will Yahweh do when he comes?

When Yahweh comes, he will judge the world with righteousness and the peoples with his faithfulness.

Psalms 97

Psalms 97:1

ULT	UST
Yahweh reigns; let the earth rejoice; let the many coastlands be glad.	*Yahweh is the king! I want everyone on the earth to be glad and I want all the people who live on the land in and around the oceans to also rejoice about that!*

What does the psalmist declare about Yahweh?

The psalmist declares that Yahweh reigns and calls for everyone on earth to rejoice and be glad.

Psalms 97:2

ULT	UST
Clouds and darkness surround him. Righteousness and justice are the foundation of his throne.	*There are very dark clouds all around him; he always rules righteously and justly.*

What is the foundation of Yahweh's throne?

The foundation of Yahweh's throne is righteousness and justice.

Psalms 97:3

ULT	UST
Fire goes to his face and burns his adversaries all around.	*He sends fire out in front of him, and that fire burns all of his enemies.*

What is the result of the fire that goes before Yahweh?

The fire that goes before Yahweh burns all of his enemies.

Psalms 97:4

ULT	UST
His lightning lights up the world; the earth sees and trembles.	*All around the world he sends his bright lightning; people on the earth see it, and it causes them to be afraid and to tremble.*

What happens in Yahweh's presence?

Yahweh's lightning lights up the world, people on the earth see it, and it causes them to be afraid.

Psalms 97:6

ULT	UST
The heavens declare his righteousness, and all the peoples see his glory.	*Everything that people can see in the heavens makes it clear that he is righteous, and all the people groups see how glorious he is.*

What declares Yahweh's righteousness and glory?

Everything that people can see in the heavens makes it clear that he is righteous and all the people groups see how glorious he is.

Psalms 97:7

ULT	UST
Let all those serving a carved image have shame, those boasting in worthless idols—bow down to him, all you gods!	*Everyone who worships carved images should be ashamed; all those who are proud of their useless false gods should be ashamed. All those gods should bow down to worship Yahweh!*

Who will be shamed by Yahweh?

All those who worship carved images and are proud of their useless idols should be shamed by Yahweh.

Psalms 97:8

ULT	UST
Zion heard and was glad, and the daughters of Judah rejoiced because of your judgments, Yahweh.	*The people of Jerusalem heard Yahweh's just decrees and they were happy about them; people in the other cities in Judah also heard and rejoiced because you judge people justly, Yahweh.*

Why did Zion hear and the daughters of Judah rejoice?

All the people of Jerusalem and all of Judah rejoiced because Yahweh judges people justly.

Psalms 97:9

ULT	UST
For you, Yahweh, are most high above all the earth. You are exalted far above all gods.	*Of course, Yahweh, you are the supreme king who rules over all the earth; You are far more powerful than any other spirit beings.*

What does the psalmist say about Yahweh?

The psalmist says that Yahweh is the supreme king who rules over all the earth and more powerful than all other spirit beings.

Psalms 97:10

ULT	UST
Lovers of Yahweh, hate evil! The protector of the lives of his faithful, from the hand of the wicked he snatches them.	*All you who love Yahweh, you must hate every evil thing that people do! Yahweh protects those who are faithful to him; he rescues them when wicked people try to harm them.*

What does Yahweh do for his faithful?

Yahweh protects the lives of his faithful ones and rescues them from the wicked.

Psalms 97:11

ULT	UST
Light is sown for the righteous and for the upright of heart, gladness.	*He makes good things happen for righteous people and he causes those who are honest to rejoice.*

What does the psalmist say Yahweh provides for righteous people?

The psalmist says that good things happen for the righteous and they can rejoice.

Psalms 97:12

ULT	UST
Be glad in Yahweh, you righteous; and give thanks to the remembrance of his holiness!	*You righteous people, let Yahweh make you glad, and thank him, the one we all know to be holy!*

What does the psalmist encourage the righteous to do?

The psalmist encourages the righteous to be glad in Yahweh and thank him, the one we all know to be holy.

Psalms 98

Psalms 98:1

ULT	UST
A psalm. Sing to Yahweh a new song, for he has done marvelous things; his right hand and the arm of his holiness have brought him salvation.	*A psalm. Sing to Yahweh a new song because he has done wonderful things! By being powerfully holy he has saved his people.*

Why is Yahweh able to save his people?

Yahweh has saved his people by being powerfully holy.

Psalms 98:2

ULT	UST
Yahweh has made known his salvation; to the eyes of the nations he has revealed his righteousness.	*Yahweh has shown openly that he saves his people; he has revealed to people all over the world that he always does what is right.*

What has Yahweh openly shown to all the nations?

He has openly shown that he is righteous and that he saves his people.

Psalms 98:3

ULT	UST
He remembers his covenant loyalty and his faithfulness to the house of Israel; all the ends of the earth will see the salvation of our God.	*He is always loyal to his covenant to be faithful to the Israelite people. Even the people who live in the most remote places of the earth will see that our God saves his people.*

Who will see the salvation of our God?

All the people of the earth will see that God saves his people.

Psalms 98:4

ULT	UST
Shout to Yahweh, all the earth; burst into song, sing for joy, and make music!	*All you people everywhere should shout joyfully to Yahweh; praise him while you sing joyfully and make music!*

What should be the response of everyone to Yahweh?

Everyone should shout for joy and make music, singing joyful praises to Yahweh.

Psalms 98:5-6

What musical instruments does the psalmist say to use when praising Yahweh?

The psalmist says to use harps, trumpets, and the shofar when praising Yahweh.

Psalms 98:7-8

How does the psalmist encourage Yahweh's creation to respond to his coming?

The psalmist says the sea, the rivers, the mountains, and everyone on the earth should praise Yahweh together.

Psalms 98:9

ULT	UST
to the face of Yahweh who is coming to judge the earth; he will judge the world with righteousness and the peoples with fairness.	*before Yahweh because he will come to judge everyone on the earth! He will judge all the people in the world justly and fairly.*

How will Yahweh judge the world?

Yahweh will judge the people of the world justly and fairly.

Psalms 99

Psalms 99:1

ULT	UST
Yahweh reigns—let the peoples tremble—sitting above the cherubs; let the earth quake!	*Yahweh is the supreme king, so all people should tremble in front of him! He sits on his throne in the temple above the statues of the cherubs, so the earth should quake!*

How should the people respond to Yahweh's reign?

The people should tremble in response to Yahweh's reign.

Psalms 99:2

ULT	UST
Yahweh in Zion is great, and he is high above all the peoples.	*Yahweh is a mighty king in Jerusalem; he is also the supreme ruler of all peoples.*

How is Yahweh high above all the peoples?

Yahweh is the supreme ruler of all the peoples.

Psalms 99:3

ULT	UST
Let them praise your great and fearsome name; holy is he.	*They should praise you, Yahweh, because you are great and awesome! They should say, "He is holy!"*

Why should everyone praise Yahweh?

Everyone should praise Yahweh because he is holy.

Psalms 99:4

ULT	UST
And the strength of the king: he loves justice. You, you have established fairness; you, you have done justice and righteousness in Jacob.	*Yahweh is a mighty king because he loves what is just. You, Yahweh, have established what is fair. You have acted justly and righteously for the people of Israel.*

How does the psalmist describe the king?

The psalmist says the king is mighty because he is righteous and always acts justly toward the people of Israel.

Psalms 99:5

ULT	UST
Exalt Yahweh our God and worship at the stool for his feet. Holy is he.	*Praise Yahweh, the God whom we worship! Bow down to him at the temple, which is his footstool. He is holy!*

How and why does the psalmist say that people should respond to Yahweh?

The psalmist says that people should praise Yahweh and bow down to worship him because he is holy.

Psalms 99:6

ULT	UST
Moses and Aaron were among his priests, and Samuel was among those calling his name. They called to Yahweh, and he, he answered them.	*Moses and Aaron were two of his priests; Samuel also was someone who prayed to him. Those three cried out to Yahweh to help them, and he helped them.*

Who were the men mentioned whom Yahweh answered when they cried out and prayed to him?

Some of those men who cried out to Yahweh and he helped them were Moses, Aaron, and Samuel.

Psalms 99:7

ULT	UST
In the pillar of cloud he spoke to them. They kept his testimonies and the statutes he gave to them.	*He spoke to Moses and Aaron from the cloud that was like a huge pillar. They obeyed all the laws and commandments that he gave to them.*

How did Yahweh respond to the men who prayed to him for help?

Yahweh spoke to Moses and Aaron from the pillar of cloud and they obeyed all he told them.

Psalms 99:8

ULT	UST
Yahweh our God, you, you answered them. A forgiving God you were to them, but avenging concerning their deeds.	*Yahweh, our God, you helped Moses, Aaron, and Samuel when they cried out to you to help them; you are the God who forgave them for the sins that they had committed, even though you punished them for the things that they did that were wrong.*

What did Yahweh do for the men who prayed to him?

Yahweh helped them and forgave them even though he also punished them for the things they did wrong.

Psalms 99:9

ULT	UST
Exalt Yahweh our God, and worship at the hill of his holiness, for Yahweh our God is holy.	*Praise Yahweh, our God, and worship him at the temple on his holy hill; it is right to do that because Yahweh, our God, is holy!*

What does the psalmist encourage everyone to do?

The psalmist says to praise Yahweh and worship him at his temple because Yahweh is holy.

Psalms 100

Psalms 100:1

ULT	UST
A psalm of thanksgiving. Shout to Yahweh, all the earth.	*A psalm of thanksgiving. Everyone in the world should shout joyfully to Yahweh!*

Who does the psalmist invite to shout joyfully to Yahweh?

He invites all the earth to shout joyfully to Yahweh.

Psalms 100:2

ULT	UST
Serve Yahweh with gladness; come to his face with rejoicing.	*We should worship Yahweh gladly! We should come before him singing joyfully.*

How should people come into Yahweh's presence?

They should come before his presence with joyful singing.

Psalms 100:3

ULT	UST
Know that Yahweh, he is God; he, he made us, and not we, his people and the sheep of his pasture.	*We should acknowledge that Yahweh is God. It is he who made us; we did not make ourselves. We are the people who belong to him; we are like sheep that he cares for as a shepherd does.*

What image does the psalmist use to show how people belong to Yahweh?

He says Yahweh made us and we are like sheep that he cares for as a shepherd does.

Psalms 100:4

ULT	UST
Enter his gates with thanksgiving and his courts with praise. Give thanks to him; bless his name.	*Enter the gates of his temple thanking him; enter the courtyard of his temple singing songs to praise him! Thank him and praise him*

How should people enter into Yahweh's gates and courts?

They should enter into his gates with thanksgiving and into his courts with praise.

Psalms 100:5

ULT	UST
For Yahweh is good; his covenant faithfulness is to eternity and his truthfulness until generation and generation.	*because Yahweh always does good things for us. He will faithfully love us forever, and he will always fulfill everything that he has promised.*

What does the psalmist say will last forever?

He says that Yahweh’s covenant faithfulness and truthfulness will last to eternity.

Psalms 101

Psalms 101:1

ULT	UST
A psalm of David I shall sing of covenant faithfulness and justice; to you, Yahweh, I shall sing praises.	*David wrote this psalm. Yahweh, I will praise you with singing! I will sing that you are just and that you faithfully love us.*

Of what two qualities of Yahweh will David sing praises?

He will sing of covenant faithfulness and justice.

Psalms 101:3

ULT	UST
I will not put a worthless thing before my eyes; I hate to do transgressions; it will not cling to me.	*I will not tempt myself to do any bad thing. I hate any kind of sinful action; I will not allow myself to think about doing those things.*

What will David not put before his eyes?

He will not tempt himself to do any bad thing.

Psalms 101:5

ULT	UST
The one slandering his neighbor in secret, him I will destroy. The one lofty of eyes and the one wide of heart, him I cannot.	*I will get rid of anyone who secretly slanders someone else. I will not tolerate anyone who is proud or arrogant.*

Who will David destroy?

He will destroy whoever secretly slanders someone else.

Psalms 101:6

ULT	UST
My eyes are on the faithful ones of the land to sit with me; The one walking in the way of integrity, he may serve me.	*I look for people in this land who are loyal to God to help me rule this nation. Only people who behave honestly may work for me.*

What kind of people does David want to help him rule?

The faithful of the land and those who walk in the way of integrity may serve him.

Psalms 101:7

ULT	UST
A doer of deceit will not remain within my house; a speaker of lies will not be established before my eyes.	*I will not allow anyone who deceives others to work in my palace, and I will not allow anyone who tells lies to continue working for me.*

Who will David not allow to work for him?

He will not allow a deceitful person to work for him.

Psalms 101:8

ULT	UST
In the mornings I will destroy all the wicked of the land, to cut off all workers of evil from the city of Yahweh.	*I will start every day by working to get rid of all of the wicked people in this land. I will expel everyone who does what is evil from this city that belongs to Yahweh.*

How often does David say that he will destroy all the wicked of the land?

Every day he will work to keep those who are wicked from the city of Yahweh.

Psalms 102

Psalms 102:2

ULT	UST
Do not hide your face from me on the day it distresses me. Incline your ear to me. On the day I call out, hurry, answer me.	*When distressing things happen to me, please do not ignore me! Listen to me, and answer me quickly as soon as I call out to you!*

When distressing things happen, what does the psalmist ask Yahweh not to do?

When the psalmist calls out to Yahweh, he asks Yahweh to hear him and not to ignore him.

Psalms 102:4

ULT	UST
My heart is struck like grass and withered, for I have forgotten to eat my bread.	*I feel as though I am withering away like grass that the sun has scorched. You see, I do not even remember to eat any food.*

To what does the psalmist compare the way he feels?

The psalmist says he feels like grass that has withered.

Psalms 102:5

ULT	UST
From the voice of my groaning, my bone clings to my flesh.	*I groan aloud so much that my bones protrude under my skin.*

What has happened due to the psalmist's distress?

The psalmist is so miserable that he groans and his bones protrude under his skin.

Psalms 102:8

ULT	UST
My enemies taunt me all the day; those mocking me swear by me.	*During the whole of each day my enemies insult me. Those who make fun of me use my name when they curse people, saying, "May you be like him."*

How do those who mock the psalmist use his name?

Those who mock the psalmist use his name when they curse people.

Psalms 102:10

ULT	UST
from the face of your fury and rage, for you have lifted me up and thrown me.	

How does the psalmist say Yahweh has treated him in anger?

The psalmist says it feels as if Yahweh has lifted him up and thrown him down.

Psalms 102:12

ULT	UST
But you, Yahweh, sit forever, and your remembrance is to generation and generation.	*But Yahweh, you will rule forever on your royal throne; people of all times will talk about you.*

How long will Yahweh be remembered?

The psalmist says that people of all times will talk about Yahweh.

Psalms 102:14

ULT	UST
For your servants cherish her stones and favor her dust.	*It is true that we who serve you love everything about Jerusalem.*

What do the servants of Yahweh cherish?

Yahweh's servants cherish even the stones and dust of Jerusalem.

Psalms 102:15

ULT	UST
The nations will fear the name of Yahweh, and all the kings of the earth, your glory.	*Yahweh, someday the people of all nations will revere you, and all the kings on the earth will recognize how very glorious you are.*

Why will the kings of the earth show respect for Yahweh?

All the kings of the earth will recognize Yahweh's glory.

Psalms 102:17

ULT	UST
He turns to the prayer of the destitute and he does not despise their prayer.	*Yahweh listens to the prayers of his people who are homeless. He does not ignore them when they pray for him to help them.*

What does Yahweh do when the destitute pray?

Yahweh listens to the prayers of the destitute and does not ignore them.

Psalms 102:18

ULT	UST
This will be written for a future generation, and a people being created will praise Yah;	*I will write these things down so that people in future years will know what he has done, in order that people who are not born yet will praise Yahweh.*

How does the psalmist show how far into the future Yahweh's praise will continue?

He writes that people who are not even born yet will praise Yahweh.

Psalms 102:19

ULT	UST
that he looked down from the height of his holiness; Yahweh from heaven regarded the earth,	*They will describe how Yahweh looked down from his holy place in heaven and saw what was happening on the earth.*

What did Yahweh see from heaven?

From heaven Yahweh saw what was happening on the earth.

Psalms 102:22

ULT	UST
when peoples and kingdoms gather together to serve Yahweh.	*This will happen when many peoples, including those from other kingdoms, gather to worship Yahweh together.*

For what purpose are the peoples and kingdoms gathered together?

The peoples and kingdoms gather together to serve Yahweh.

Psalms 102:24

ULT	UST
I said, "My God, do not take me away in the middle of my days; your years are a generation of generations.	*I say to you, "My God, do not let me die when I am only half-way through my lifetime! In contrast, you live forever!*

What does the psalmist plead with God not to do?

The psalmist pleads with God not let him die too soon.

Psalms 102:25

ULT	UST
Formerly you set the earth, and the heavens are the work of your hands.	*You created the world long ago, and you are the one who made the heavens.*

What does the psalmist say Yahweh did in long ago?

The psalmist says that long ago Yahweh made the earth and the heavens.

Psalms 102:27

ULT	UST
But you are he, and your years will not end.	*But you are Yahweh; you will always be.*

How long will Yahweh endure?

Yahweh will have no end.

Psalms 102:28

ULT	UST
The sons of your servants will abide, and their seed will be established to your face."	*The children of those who worship you will live safely in Jerusalem, and you will protect their descendants as they live in your presence."*

Where does the psalmist say the descendants of Yahweh's servants will live?

The descendants of Yahweh's servants will live in his presence.

Psalms 103

Psalms 103:2

ULT	UST
Bless Yahweh, my soul! And do not forget all of his benefits.	*I tell myself, "Praise Yahweh, and think about all of the kind things that he has done for me."*

What does David not want to forget?

He does not want to forget all of the kind things Yahweh has done for him.

Psalms 103:4

ULT	UST
The one redeeming your life from the pit; the one crowning you with covenant faithfulness and mercy.	*He rescues me from things that would kill me; he blesses me by faithfully loving me and acting mercifully to me.*

With what does David say Yahweh will bless him?

He blesses him with covenant faithfulness and acts of mercy.

Psalms 103:6

ULT	UST
Yahweh, doing righteousness and justice for all those being oppressed.	*It is Yahweh who does all this! He does what is right and judges justly for all those whom people have been treating unfairly.*

What does Yahweh do for all who are oppressed?

Yahweh does acts of righteousness and justice for all who are oppressed.

Psalms 103:7

ULT	UST
He made known his ways to Moses, his deeds to the children of Israel.	*Long ago he revealed to Moses the way that he works; he showed to our ancestors, the people of Israel, the mighty things that he can do.*

What did Yahweh make known to the children of Israel?

He made known his deeds to the children of Israel.

Psalms 103:9

ULT	UST
He will not contend to the end, and he will not maintain forever.	*He will not always rebuke us, and he will not remain angry forever.*

What does David say that Yahweh will not always do?

David says Yahweh will not always rebuke, and will not remain angry forever.

Psalms 103:10

ULT	UST
He does not deal with us according to our sins, and he does not treat us according to our iniquities.	*He does not punish us for our sins nearly as much as we deserve.*

What does David say about how Yahweh deals with people's sins?

Yahweh does not punish them for their sins as much as they deserve.

Psalms 103:13

ULT	UST
As a father has compassion on his children, Yahweh has compassion on those fearing him.	*Just as parents always love their children, Yahweh always loves those who revere him.*

In what special way does Yahweh have compassion on those who fear him?

Yahweh has compassion on those who fear him in the same way as a father has compassion on his children.

Psalms 103:17

ULT	UST
But the covenant faithfulness of Yahweh is from everlasting to everlasting on those fearing him, and his righteousness is to the children of children,	*But Yahweh will continue to faithfully love all those who revere him, forever. He will do what is right for generations of their children,*

How long does the covenant faithfulness of Yahweh last?

The covenant faithfulness of Yahweh is forever for those fearing him.

Psalms 103:19

ULT	UST
Yahweh has established his throne in the heavens, and his kingdom rules over all.	*Yahweh rules as king in heaven. From there, he rules over everything.*

Where has Yahweh established his throne?

Yahweh has established his throne in the heavens.

Psalms 103:20

ULT	UST
Bless Yahweh, his angels, warriors of strength, doers of his word, listening to the voice of his word!	*Praise Yahweh, you angels who belong to Yahweh, You powerful warriors who do what he tells you to do, you who obey what he commands!*

Who are the ones who are called to bless Yahweh and obey his commands?

His angels, who are warriors of great strength, are called to bless Yahweh and obey his commands.

Psalms 103:21

ULT	UST
Bless Yahweh, all his hosts, ministering to him, doing his pleasure!	*Praise Yahweh, all you armies of his angels, you who serve him and do what he desires!*

Who are those that David says do Yahweh's pleasure?

All of Yahweh's army of angels serve him and do what he desires.

Psalms 104

Psalms 104:1

ULT	UST
Bless Yahweh, my soul! Yahweh my God, you are very great; you are clothed with splendor and majesty,	*I tell myself, "Bless Yahweh!" Yahweh, my God, you are magnificent! You are more majestic than a king appearing in his beautiful robes!*

How does the psalmist describe how great Yahweh is?

He says that Yahweh is clothed with splendor and majesty.

Psalms 104:2

ULT	UST
wrapping light as the garment; spreading out the heavens as the tent curtain;	*You use light itself as your robe; you spread out all of heaven as your tent.*

In what way does Yahweh spread out the heavens?

He spreads out the heavens as if it were his tent.

Psalms 104:5

ULT	UST
He set the earth upon its foundations; it will not be moved forever and ever.	*You created the world to be secure, so that nothing can ever move it from its place.*

What does the psalmist say will never happen to the earth?

The earth that Yahweh created will never be moved.

Psalms 104:6-7

What does the psalmist say made the waters recede?

Yahweh's rebuke made the waters recede.

Psalms 104:9

ULT	UST
You set a boundary they cannot pass; they will not return to cover the earth.	*Then you set a boundary for the water that it cannot cross over. That boundary ensures that the water will never again cover the whole earth.*

Why will the waters not cover the earth again?

Yahweh set a boundary for them that they cannot cross.

Psalms 104:14

ULT	UST
The one making grass grow for the cattle and plants for the work of man to bring forth bread from the earth.	*You make grass to grow for the cattle to eat, and you make plants to grow for people to cultivate, so that they can make bread from those plants that grew in the soil.*

How does Yahweh provide for both animals and people?

He makes grass for the cattle to eat and plants for people from which they can make food to eat.

Psalms 104:19

ULT	UST
He made the moon for appointed times; the sun knows its setting.	*Yahweh, you made the moon to indicate the times for our festivals, and you made the sun to always go down at the right time.*

What did Yahweh make the moon and the sun to mark?

He made the moon to indicate times for festivals and the sun to set each day.

Psalms 104:20-22

What happens to the young lions?

The young lions prowl at night for food and when the sun rises, they retreat and lie down in their dens.

Psalms 104:25

ULT	UST
There is the sea, great and broad of hands; creeping things are there, and there is no number, living things, small with great.	*We see the ocean, which is vastly wide between its shores! It is full of many kinds of wriggling creatures, so many that no one can count them. There are creatures ranging from small to big.*

With what is the sea full?

The sea is full of many living creatures, both great and small.

Psalms 104:27

ULT	UST
All of them look to you to give their food at its time.	*All of these creatures depend on you to give them the food that they need at the right time.*

To whom do all living creatures look to give them their food?

They all look to Yahweh to give them their food at the right time.

Psalms 104:29

ULT	UST
You hide your face; they are terrified; you take away their breath; they expire and return to their dust.	*But when you refuse to give food to them, they panic. When you cause them to stop breathing, they die; their bodies decay and become part of the soil.*

What happens to the creatures if Yahweh hides his face or takes away their breath?

When he hides his face, they have no food to eat and when he takes away their breath, they die.

Psalms 104:31

ULT	UST
May the glory of Yahweh be forever; may Yahweh rejoice in his creation!	*I want all of Yahweh's creatures to glorify him forever! I want Yahweh to rejoice about everything that he has created!*

What does the psalmist want Yahweh to do because of his creation?

The psalmist wants Yahweh to rejoice about everything that he has created.

Psalms 104:33

ULT	UST
I shall sing to Yahweh in my life; I shall sing praise to my God during my existence.	*I will sing to Yahweh as long as I live. I will praise my God until the day that I die.*

What does the psalmist promise to sing?

He promises to sing praise to his God as long as he lives.

Psalms 104:35

ULT	UST
May sinners cease from the earth, and the wicked be no more. Bless Yahweh, my soul! Hallelu Yah!	*However, I want sinners to disappear from the earth, and for there to be no more wicked people! I tell myself, "Bless Yahweh!" Praise Yahweh!*

What does the psalmist hope will happen to sinners and the wicked on the earth?

He wants sinners to disappear from the earth and the wicked to be no more.

Psalms 105

Psalms 105:1

ULT	UST
Give thanks to Yahweh, call on his name; make known his deeds among the peoples!	*Give thanks to Yahweh; worship him and pray to him. Tell everyone in the world what he has done!*

What does the psalmist say about what Yahweh has done?

The psalmist says that people should tell everyone about what Yahweh has done.

Psalms 105:3

ULT	UST
Boast in the name of his holiness; let the heart of the seekers of Yahweh rejoice.	*Be proud of Yahweh, who is the holy one. You people who worship Yahweh, rejoice!*

Who does the psalmist tell to rejoice?

The psalmist tells those who seek Yahweh to rejoice.

Psalms 105:4

ULT	UST
Seek Yahweh and his strength; search for his face continually.	*Ask Yahweh to help you and to make you strong; always try to be with him!*

How often should people seek the presence of Yahweh?

The psalmist calls people to seek his presence continually.

Psalms 105:8

ULT	UST
He remembers his covenant forever, the word he commanded for a thousand generations,	*He never forgets the covenant that he made; that is, he will maintain what he promised for countless generations.*

For how long does the psalmist say Yahweh remembers his covenant?

The psalmist says Yahweh remembers his covenant forever.

Psalms 105:9

ULT	UST
that he cut with Abraham and his oath to Isaac.	*That is the covenant that he made with Abraham, and that he repeated with an oath to Isaac.*

What covenant does the psalmist say Yahweh calls to mind?

Yahweh calls to mind the covenant that he made with Abraham and his oath to Isaac.

Psalms 105:11

ULT	UST
saying, "I will give to you the land of Canaan as the portion of your inheritance,"	*What Yahweh said to them was, "I will give to you the region of Canaan; that will be what you and your descendants inherit from me."*

What has Yahweh given as an inheritance to Israel?

Yahweh promised Israel that the land of Canaan will be what they and their descendants inherit from him.

Psalms 105:12

ULT	UST
when they were few in number, very few, and strangers in it.	*Yahweh said that to the people of Israel when there were only a few of them. They were just a tiny group of people who were living in that land like strangers.*

When did Yahweh make the covenant with Israel?

The psalmist says that Yahweh made this covenant with Israel when they were only few in number and strangers in that land.

Psalms 105:14-15

Whom did Yahweh tell kings not to touch?

Yahweh told them not to harm his chosen people or his prophets.

Psalms 105:17

ULT	UST
He sent a man ahead of them; Joseph was sold as a servant.	*So the people of Israel went to Egypt, but before they went, Yahweh had already sent someone there. He sent Joseph, whom his brothers had sold to be a slave.*

How did Yahweh send Joseph ahead of Israel?

He sent Joseph ahead of them by having him sold by his brothers as a slave.

Psalms 105:19

ULT	UST
until the time of his word coming to pass. The speaking of Yahweh refined him.	*Joseph was in prison until the time when the events that he had predicted happened. Yahweh spoke to him during this time and taught Joseph to trust him more.*

What did Yahweh do for Joseph while he was in prison?

While he was in prison, Yahweh taught Joseph to trust him more.

Psalms 105:21

ULT	UST
He appointed him lord of his house and ruler over all of his possessions	*Then the king chose Joseph as the one to decide about everything in the king's household, that is, to be in charge of everything that the king possessed.*

What role did the king give Joseph?

The king appointed Joseph as lord of his house and ruler over all of his possessions.

Psalms 105:23

ULT	UST
Then Israel came into Egypt, and Jacob sojourned in the land of Ham.	*Later, Joseph's father Jacob, also called Israel, arrived in Egypt. He lived like a foreigner in that land that belonged to the descendants of Ham.*

Where did Jacob live when he came to Egypt?

Jacob lived for a time in the land of Ham.

Psalms 105:25

ULT	UST
He turned their hearts to hate his people, to plot against his servants.	*So Yahweh caused the rulers of Egypt to hate Yahweh's people, and they devised ways to oppress his people.*

Whom did Yahweh cause to hate his people?

Yahweh caused the rulers of Egypt to hate the people of Israel.

Psalms 105:27

ULT	UST
They performed among them the matters of his signs, and his wonders in the land of Ham.	*Those two performed Yahweh's amazing miracles among the people of Egypt in that land where the descendants of Ham lived.*

Where did Moses and Aaron perform Yahweh's signs?

Moses and Aaron performed Yahweh's signs among the Egyptians who lived in the land of Ham.

Psalms 105:29

ULT	UST
He turned their water into blood and killed their fish.	*Yahweh caused all of the water in Egypt to become blood, which caused all of their fish to die.*

What did Yahweh do to the Egyptians' water and fish?

Yahweh turned the Egyptians' water into blood and killed their fish.

Psalms 105:32

ULT	UST
He made their rain hail, fire of flames on their land.	*Yahweh sent them hail instead of rain, and he started fires that burned throughout their land.*

What did Yahweh send along with the hail in Egypt?

Along with the hail, Yahweh sent fire that burned throughout their land.

Psalms 105:36

ULT	UST
Then he struck every firstborn in their land, the first of all their strength.	*Then Yahweh killed every firstborn son, the one who first demonstrated that the man was virile, in every house of the people of Egypt.*

Who did Yahweh kill in Egypt?

Yahweh killed every firstborn son of the Egyptians.

Psalms 105:38

ULT	UST
Egypt was glad when they departed, for the dread of them had fallen upon them.	*The people of Egypt were glad when the Israelite people left because the people of Egypt had become very afraid of the Israelites.*

Why were the people of Egypt glad when the Israelites went away?

The Egyptians were glad when the Israelites went away because they had become very afraid of the Israelites.

Psalms 105:40

ULT	UST
He asked, and he brought quail and satisfied them with bread from heaven.	*Then the Israelites asked for meat to eat, and Yahweh sent flocks of quail to them, and he gave them plenty of manna bread from the sky each morning.*

With what kind of food did Yahweh provide for the Israelites?

Yahweh satisfied them with quail to eat and bread from heaven.

Psalms 105:42

ULT	UST
For he remembered the word of his holiness with Abraham his servant.	*Yahweh did those things because he continually thought about the sacred promise that he had given to his servant, Abraham.*

Which holy promise did Yahweh remember?

Yahweh remembered his holy promise that he made to Abraham his servant.

Psalms 105:44

ULT	UST
Then he gave to them the lands of the nations, and they took possession of the toil of the peoples	*Then Yahweh gave to the people of Israel the land that had belonged to the people groups that lived there in Canaan. So the Israelites took over the fields that those peoples had planted.*

What did Yahweh give his people?

He gave his people the land and planted fields of the people that lived there.

Psalms 106

Psalms 106:1

ULT	UST
Hallelu Yah! Give thanks to Yahweh, for he is good, for his covenant faithfulness is to forever.	*Praise Yahweh! Thank Yahweh because he is good and because he faithfully loves us forever!*

Why does the psalmist say people should give thanks?

The psalmist says to give thanks because Yahweh's covenant faithfulness lasts forever.

Psalms 106:3

ULT	UST
The happinesses of the guardians of justice, the doers of righteousness at all times!	*How happy are those who act fairly, always doing what is right!*

What will make a person happy?

The person who acts fairly and does what is right will be happy.

Psalms 106:5

ULT	UST
to look on the good of your chosen, to rejoice in the gladness of your nation, to boast with your inheritance.	*Allow me to see the people whom you have chosen become prosperous again. Allow me to be happy with the people of your nation when they become happy again. Allow me to praise you along with all those others who belong to you.*

What will cause the psalmist to rejoice?

He will rejoice when he sees Yahweh's chosen people prosperous and happy again.

Psalms 106:7

ULT	UST
Our fathers did not consider your marvelous deeds in Egypt; they did not remember the abundance of your covenant faithfulness, and they rebelled at the sea, the Sea of Reeds.	*Our ancestors did not appreciate the wonderful things that you did when they were in Egypt. They forgot about the many times that you showed that you faithfully loved them. Instead, when they were at the Sea of Reeds, they rebelled against you.*

How did the ancestors of the psalmist respond to Yahweh's marvelous deeds?

His ancestors did not appreciate Yahweh's marvelous deeds and they forgot them and rebelled.

Psalms 106:8

ULT	UST
But he saved them on account of his name, to make known his power.	*Even so, he rescued them because of who he is, so that he could show that he is very powerful.*

Why did Yahweh save the psalmist's ancestors?

He saved them because of who he is, so that he might show his power.

Psalms 106:11

ULT	UST
Then the waters covered their adversaries; one of them was not left.	*Then their enemies drowned under the water of the Sea of Reeds; not one of them remained alive.*

What happened to the adversaries of Israel?

The waters covered their adversaries; not one of them remained alive.

Psalms 106:14

ULT	UST
And they craved a craving in the wilderness, and they tested God in the wasteland.	*They intensely wanted certain foods in the wilderness. They did evil things there that challenged God to punish them.*

What did the people do when they had intense cravings in the wilderness?

They tested God by doing evil things.

Psalms 106:17

ULT	UST
The earth opened and swallowed Dathan and covered over the congregation of Abiram.	*the ground opened up and Dathan fell into it and it also buried Abiram and his people.*

What happened to Dathan and the people of Abiram?

The ground opened up and buried Dathan and the people of Abiram.

Psalms 106:20

ULT	UST
Thus they traded their Glory for the likeness of a bull eating grass.	*So instead of worshiping their glorious God, they worshiped a statue of a bull that eats grass!*

What did the people worship at Horeb?

They made a statue of a bull at Horeb and worshiped it instead of their God.

Psalms 106:23

ULT	UST
So he said to annihilate them— had not Moses, his chosen one, stood in the breach to his face, to turn away his heat from destroying.	*Because of that, God said that he would get rid of the Israelites; but Moses, whom God had chosen to serve him, confronted God to persuade him not to destroy them.*

Why did God not annihilate the Israelites?

Moses persuaded God not to destroy them.

Psalms 106:26

ULT	UST
Then he raised his hand to them to make them fall in the desert,	*So Yahweh solemnly swore to them that he would cause them to die there in the wilderness,*

What did Yahweh swear he would do?

Yahweh swore to them that he would cause them to die in the desert.

Psalms 106:29

ULT	UST
And they angered with their actions, and a plague broke out among them.	*When the people did these things, that made Yahweh angry, so again he caused many of them to get a terrible disease.*

What happened to the people of Israel when their actions made Yahweh angry?

A plague broke out among them.

Psalms 106:30

ULT	UST
Then Phinehas stood and intervened, and the plague was restrained.	*But Phinehas stood up and punished the ones who had sinned, and as a result the plague ended.*

What happened when Phinehas rose to intervene for the people?

When Phinehas intervened, the plague ended.

Psalms 106:32-33

Why did Moses suffer?

Because the people made Moses angry, he spoke foolishly.

Psalms 106:34

ULT	UST
They did not destroy the peoples, which Yahweh had said to them,	*Our ancestors did not destroy the other people groups as Yahweh had told them to do.*

What did the people not do that Yahweh had told them to do?

The people of Israel did not destroy the other people groups as Yahweh had told them to.

Psalms 106:35-37

What happened to the people when they mingled with the nations and worshiped their idols?

They sacrificed their sons and their daughters to demons that the idols represented.

Psalms 106:41

ULT	UST
And he gave them into the hand of the nations, and the haters of them ruled over them.	*As a result, he allowed other people groups to conquer our ancestors, so that those who hated our ancestors were their rulers.*

What happened to Israel when they disobeyed Yahweh?

Yahweh allowed the other people groups to conquer Israel and rule over them.

Psalms 106:45

ULT	UST
And he remembered his covenant with them and relented because of the abundance of his covenant faithfulness.	*He thought about the covenant that he had made with them, and because he was completely committed to faithfully loving them, he decided that he would stop punishing them.*

Why did Yahweh relent and decide to stop punishing Israel?

He relented because of the covenant he had made with them to faithfully love them.

Psalms 106:47

ULT	UST
Save us, Yahweh, our God! Gather us from the nations to give thanks to the name of your holiness, to glory in your praises.	*Yahweh our God, rescue us and bring us back to Israel from among those other people groups so that we may thank you who are holy and joyfully praise you!*

What reason does the psalmist state for Yahweh to bring Israel back from among the nations?

The psalmist declares that if Yahweh would bring Israel back, they would give thanks to his holy name and joyfully praise him.

Psalms 107

Psalms 107:1

ULT	UST
Give thanks to Yahweh, for he is good, for his covenant faithfulness is to forever.	*Thank Yahweh because he is good and because he faithfully loves us forever!*

How long does Yahweh's covenant faithfulness last?

He faithfully loves his people forever.

Psalms 107:2-3

From where has Yahweh rescued his redeemed?

He rescued them from their enemies by bring them back from many foreign lands.

Psalms 107:6

ULT	UST
Then they called out to Yahweh in the distressing to them; he rescued them from their distresses.	*Then because they were distressed, they called out to Yahweh, and he rescued them from what was distressing them.*

What did Yahweh do for his redeemed when they called out to him in their distress?

He rescued them from what was distressing them.

Psalms 107:8

ULT	UST
May they thank Yahweh for his covenant faithfulness and his amazing deeds for the sons of man!	*They should praise Yahweh for how he has loved them faithfully and for the wonderful things that he does for all people!*

For what should people praise Yahweh?

They should praise him for his covenant faithfulness and for the amazing things he has done for all people.

Psalms 107:12

ULT	UST
he humbled their hearts through hardship; they stumbled and there was no helper.	*God made them experience difficult things so that they would no longer be proud. When bad things happened to them, there was no one who would help them.*

How did Yahweh humble the people?

He let them experience difficult things so that they would no longer be proud.

Psalms 107:15-16

ULT	UST
	Yahweh broke down the bronze gates and he cut through the iron bars of their prison. Therefore they should praise Yahweh for how he has loved them faithfully and for the wonderful things that he does for all people!

What reason does the psalmist give the people for thanking Yahweh?

They should thank him because he has set them free as if from prison.

Psalms 107:17

ULT	UST
Foolish from their rebellious way and afflicted from their sins,	*Some of them foolishly rebelled against God, and they suffered because of their sins.*

Why were the people afflicted?

They were afflicted because of their sins.

Psalms 107:22

ULT	UST
May they sacrifice sacrifices of thanksgiving and recount his deeds with a shout!	*They should give offerings to him to show that they are thankful, and they should tell about the miracles that he has performed by singing joyfully!*

What kind of sacrifices should people offer to Yahweh?

They should offer sacrifices of thanksgiving.

Psalms 107:23-24

What did the people see who traveled and did business on the sea in ships?

They saw the amazing creatures that Yahweh had made in the deep sea.

Psalms 107:27

ULT	UST
They swayed and staggered as intoxicated and all their wisdom became confounded.	*They stumbled about and staggered as drunken men do, and everything that they tried to do was useless.*

What happened to the sailors as the storm raged?

They staggered like drunken men and everything that they tried to do was useless.

Psalms 107:28-29

What happened when the men called out to Yahweh in their distress?

He rescued them from what was distressing them and calmed the storm.

Psalms 107:32

ULT	UST
May they exalt him in the assembly of the people and praise him at the seat of the elders.	*They should praise him among the Israelite people when they have gathered together, and they should praise him in front of the leaders of the community.*

Where should people exalt and praise Yahweh?

They should praise him wherever all the people gather together with their leaders.

Psalms 107:34

ULT	UST
fruitful ground into salt land, from the wickedness of the dwellers in it.	*Yahweh causes land that normally produces a lot of crops to become salty wastelands. He does that because the people who live there are very wicked.*

What did Yahweh do to a fruitful land because of the wickedness of the people?

He turned a fruitful land into a salty wasteland because of the wickedness of its people.

Psalms 107:37

ULT	UST
Then they sow fields and plant vineyards, and they produce the fruit of the harvest.	*Then they sow some of the fields with seeds and in other fields they plant grapevines and it all produces a large amount of crops.*

What did the people sow and plant?

They sowed fields and planted vineyards which produced a harvest.

Psalms 107:40

ULT	UST
He pours contempt on the leaders and causes them to wander in an empty place of no road.	*Then Yahweh shows that he despises the leaders who oppress them, and makes those leaders wander in a wilderness where there are no roads.*

What happened to the leaders who oppressed Yahweh's people?

He caused them to wander as if they were in a wilderness where there are no roads.

Psalms 107:42

ULT	UST
The upright see and rejoice, and all wickedness shuts its mouth.	*People who live rightly see Yahweh do these things, and they rejoice; wicked people know about these things, too, but they have nothing to say in reply.*

What happens when the people who live rightly see what Yahweh has done for them and rejoice?

The wicked people have nothing to say in reply.

Psalms 107:43

ULT	UST
Who is wise? Then may he keep these things and may they ponder the covenant faithfulness of Yahweh.	*Those who are wise should think carefully about these things; they should thoughtfully consider all the things that Yahweh has done to show that he faithfully loves them.*

Who does the psalmist call upon to ponder the ways Yahweh has shown that he loves them?

The psalmist calls upon whoever is wise to ponder the ways Yahweh has shown that he faithfully loves them as he promised.

Psalms 108

Psalms 108:1

ULT	UST
My heart is made steadfast, God; I will sing and I will make music, indeed, with my glory!	*God, I am completely committed to worshiping you. I will sing and I will play music to praise you. I will do this with my whole being!*

With what does David say he will sing praises?

David says he will sing and make music with his whole being.

Psalms 108:4

ULT	UST
For your covenant faithfulness is great from above the heavens, and your trustworthiness, above the clouds.	*I will do that because the way that you faithfully love us is so great that it is like the distance between the heavens and the earth, and the way that you faithfully keep your promises is so great that it is like the distance between the earth and the clouds.*

How does David describe how great is Yahweh's covenant faithfulness?

David says that Yahweh's covenant faithfulness is so great that it is like the distance between the heavens and the earth.

Psalms 108:5

ULT	UST
Be exalted, God, above the heavens, and your glory, over all the earth.	*God, show all creatures that you are greater than anything in the heavens! Show how wonderful you are to people all over the earth!*

Where does David ask for God's glory to be exalted?

David asks that God's glory be exalted all over the earth.

Psalms 108:8

ULT	UST
To me is Gilead; to me is Manasseh, and Ephraim is the protection of my head, Judah, my scepter.	*The region of Gilead is mine; the area of the tribe of Manasseh is mine; the tribe of Ephraim is like my war helmet; and the tribe of Judah is like my royal scepter.*

What has God spoken about Ephraim and Judah?

God spoke of the tribe of Ephraim as his protection in battle and Judah is where his kings come from.

Psalms 108:9

ULT	UST
Moab is a tub for my washing; over Edom I throw my sandal; over Philistia I shout triumphantly."	*The people of Moab serve me as those who wash my feet; the people of Edom also belong to me as menial servants; I have defeated the people of Philistia."*

What does God say he will do over Philistia?

God says he will shout triumphantly because he has defeated the people of Philistia.

Psalms 108:12

ULT	UST
Give to us help against the enemy, and futility is the deliverance of man.	*Please help us when we fight against our enemies because the help that humans can give to us is worthless.*

Whose help does David say is futile?

David asks for God's help because man's help is futile.

Psalms 108:13

ULT	UST
With God we will accomplish valor; and he, he will trample our adversaries.	*But with you helping us, we will win; you are the one who will enable us to defeat our enemies.*

How does David describe his triumph with God's help?

David says that with God's help they will win, and God will enable them to defeat their enemies.

Psalms 109

Psalms 109:2

ULT	UST
For a wicked mouth and a mouth of deceit open against me; they speak a tongue of untruth with me,	*because evil and dishonest people slander me and tell lies about me.*

Who does David say speaks lies against him?

David says that wicked and deceitful people speak lies about him.

Psalms 109:4

ULT	UST
In return for my love they accuse me, but I—prayer.	*I show them that I love them but instead of being kind to me, they say that I have done evil things. So I pray to God about it.*

What do the wicked give in return for David's love?

David says that in return for his love, they accuse him of doing evil things.

Psalms 109:7

ULT	UST
When he is judged, may he come out guilty; and may his prayer be as sin.	*Let that judge declare that my enemy is guilty, and may you judge that even his prayer to you is a sin.*

What does David hope will happen when his enemy is judged?

David hopes that when his enemy is judged, he may be found guilty.

Psalms 109:10

ULT	UST
And wandering, may his children wander and beg and seek from their desolations.	*Cause his children to wander far from their ruined homes, begging and looking for food.*

What is David's request for the children of his enemy?

David asks that his enemy's children would have to wander about and beg for food.

Psalms 109:11

ULT	UST
May a creditor snare all that is to him; may strangers plunder his work.	*Let the people to whom he owed money seize all of his property; let strangers take away everything that he worked to acquire.*

What does David hope will happen to his enemy's earnings?

David hopes that strangers will take what his enemy earns.

Psalms 109:12

ULT	UST
May there not be to him one extending covenant faithfulness; and may there not be one pitying his orphans.	*Make sure that no one is faithfully loving to him; make sure that no one pities his fatherless children.*

What does David hope regarding his enemy and his enemy's children?

David hopes that no one will show covenant faithfulness to his enemy and that no one will pity his enemy's fatherless children.

Psalms 109:15

ULT	UST
May they be before Yahweh continually and may he cut off their remembrance from the earth,	*Please think about their sins always, but cause everyone on earth to completely forget who they were.*

What is David's request from Yahweh concerning his enemy?

David asks that Yahweh will cause everyone on earth to completely forget who they were.

Psalms 109:16

ULT	UST
because he never remembered to do covenant faithfulness, but pursued the humble man and the needy and the dejected in heart to death.	*I pray these things because that man, my enemy, was never faithful toward anyone as your covenant says we must be; instead, he persecuted poor, needy, and grieving people until they were dead.*

Why does David ask Yahweh to make sure no one remembers his enemy?

David asks this because his enemy persecuted poor, needy, and brokenhearted people until they died.

Psalms 109:17

ULT	UST
And he loved cursing, and it came to him, and he did not delight in blessing, and it was far from him.	*He enjoyed cursing other people, so now people are cursing him. He did not want to bless other people, so there will be no one who blesses him.*

What does David say about his enemy's attitude toward cursing and blessing?

David says that because his enemy loved to curse others, now people are cursing him, and because his enemy did not bless others, there will be no one who blesses him.

Psalms 109:21

ULT	UST
But you, Yahweh, my Lord, do with me on account of your name. Because your covenant faithfulness is good, rescue me!	*But you, Yahweh, my God, please be kind to me because of who you are! Rescue me from my enemies because you faithfully love me as you promised.*

What does David ask Yahweh to do for him, and why?

David asks Yahweh to be kind to him for the sake of Yahweh's name and to rescue him because of the promise Yahweh made to faithfully love him.

Psalms 109:23

ULT	UST
Like a shadow when it lengthens I am made to go; I am shaken off like a locust.	*I think that my time to remain alive will end as quickly as an evening shadow disappears. I will be gone as quickly as a man shakes off a locust.*

To what does David compare his time left to remain alive?

David says that his life is fading away as quickly as a shadow that lengthens at evening or as a man shakes off a locust.

Psalms 109:25

ULT	UST
And I, I am a disgrace to them; they see me; they shake their head.	*The people who accuse me despise me; when they see me, they insult me by shaking their heads at me.*

What do David's accusers do when they see him?

David says that when they see him, his accusers shake their heads to show that they despise him.

Psalms 109:26

ULT	UST
Help me, Yahweh my God; save me according to your covenant faithfulness,	*Yahweh, the God whom I worship, please help me! Rescue me because you faithfully love me!*

Why does David think Yahweh will save him?

David asks Yahweh to save him because Yahweh has faithfully loved him according to his covenant.

Psalms 109:26-27

What does David say will be the result of Yahweh saving him?

When Yahweh saves him, his enemies will know that it was Yahweh who has done it.

Psalms 109:28

ULT	UST
They, they will curse, but you, you will bless; they arise, but then become ashamed, and your servant will rejoice.	*As for them, they will curse me, but you, in contrast, will bless me. When they persecute me, the result will be that you make them ashamed, but you cause me, your servant, to be glad!*

What does David say will happen when his accusers curse him?

David says that when his accusers curse him, Yahweh will bless him and cause him to rejoice.

Psalms 109:31

ULT	UST
For he stands at the right hand of the needy, to save him from the judges of his soul.	*I will do that because he defends poor people like me in order to save us from those who would condemn us to die.*

What does David say will happen when Yahweh defends the needy person?

Yahweh will save the needy person from those who condemn him.

Psalms 110

Psalms 110:1

ULT	UST
Of David, a psalm. The declaration of Yahweh to my lord the king: "Sit at my right hand until I make your enemies a footstool for your feet."	*David wrote this psalm. Yahweh said to my lord, "Sit here, close to me, in the place of highest honor until I completely defeat your enemies and make them like a stool for your feet!"*

Where does Yahweh ask David's lord to sit, and for how long?

Yahweh asks him to sit at his right hand until he defeats his enemies.

Psalms 110:2

ULT	UST
Yahweh will stretch out the scepter of your strength from Zion; rule in the midst of your enemies!	*Yahweh will extend your powerful kingdom from Zion to other lands; you are to rule over all your enemies.*

What does Yahweh extend from Zion?

Yahweh extends the kingdom from Zion for the king to rule over his enemies.

Psalms 110:3

ULT	UST
Your people, freewill offerings on the day of your strength, in the beauty of holiness; from the womb of the dawn, the dew of your youth is to you.	*When you lead your army into battle, your people will offer themselves freely to join your army. The way that they are completely devoted to you will be beautiful. You will be as strong as you were as a young man every day, as surely as the dew comes that waters the earth every morning.*

What do the people do on the day the king goes to battle?

They willingly offer themselves to serve him and show their devotion in holiness.

Psalms 110:4

ULT	UST
Yahweh has sworn, and will not revoke it: "You are a priest forever, after the manner of Melchizedek."	*Yahweh has made a solemn promise and he will never change his mind about it; he said to the king, "You are an eternal priest in the way that Melchizedek was a priest."*

What did Yahweh promise that he will never change his mind about?

Yahweh promised that the king would be a priest forever, in the same way that Melchizedek was a priest.

Psalms 110:5

ULT	UST
The Lord is at your right hand. He crushes kings on the day of his nose.	*The Lord fights for you; when he becomes angry, he defeats many kings.*

What does the Lord do to other kings when he becomes angry?

The Lord crushes and defeats kings when he is angry.

Psalms 110:6

ULT	UST
He will judge the nations; he fills with bodies, he crushes the head, upon abundant land.	*He will punish the people of many nations; he will cause many enemy soldiers to fall dead, with crushed heads, all over a broad land.*

What does the Lord do to the nations?

He punishes the people from other nations, causing many enemy soldiers to fall dead.

Psalms 110:7

ULT	UST
He will drink from the stream along the path, Therefore, he will lift up the head.	*But the king will drink from the stream alongside the road; because of all this, he will be victorious.*

What does the king do after he drinks from the stream along the road?

He will be victorious.

Psalms 111

Psalms 111:1

ULT	UST
Hallelu Yah! I will thank Yahweh with the whole heart in the assembly of the upright and congregation.	*Praise Yahweh! I will thank Yahweh with my entire inner being every time that those who do what is right meet together.*

When does the psalmist say he will give thanks to Yahweh?

He will give thanks to Yahweh whenever the upright gather to meet.

Psalms 111:3

ULT	UST
His work is splendor and majesty, and his righteousness stands forever.	*The things that he does show how wonderful and glorious he is, and that he is eternally righteous.*

How long will Yahweh's righteousness stand?

His righteousness will last forever.

Psalms 111:5

ULT	UST
He gives food to those fearing him. He remembers his covenant forever.	*He provides food for those who profoundly respect him; he never forgets the covenant that he made with our ancestors.*

What does Yahweh always remember?

He always remembers his covenant.

Psalms 111:6

ULT	UST
He showed the power of his works to his people, to give to them the inheritance of the nations.	*By enabling his people to capture the lands that had belonged to other people groups, he showed to us, his people, that he is very powerful.*

How did Yahweh show his people how powerful he is?

He showed his people how powerful he is by enabling them to capture the lands of the nations around them.

Psalms 111:8

ULT	UST
They are established forever, for eternity, done in faithfulness, and upright.	*We must obey his instructions forever; he created them in order to do what is best for us, and they are completely right.*

How does the psalmist describe Yahweh's instructions?

Yahweh's instructions are meant to be kept forever since he created them in order to do what is best for us, and they are completely right.

Psalms 111:9

ULT	UST
He has sent redemption to his people; he ordained his covenant forever; holy and awesome is his name.	*He rescued us, his people, from being slaves in Egypt, and he made a covenant with us that will last forever. He is holy and awesome!*

How has Yahweh redeemed his people?

Yahweh rescued his people from being slaves in Egypt.

Psalms 111:10

ULT	UST
The fear of Yahweh is the beginning of wisdom; good understanding to all those doing them. His praise stands forever!	*Having a profound respect for Yahweh is the way to become wise. All those who obey his instructions will come to understand why it is good to do them. We should praise him forever!*

What is the beginning of wisdom?

Having a profound respect for Yahweh is the way to become wise.

What do those obeying Yahweh's instructions have?

Those who obey Yahweh's instructions have good understanding.

Psalms 112

Psalms 112:1

ULT	UST
Hallelu Yah! The happinesses of the man fearing Yahweh, greatly delighting in his commandments!	*Praise Yahweh! How fortunate are those who have a profound respect for Yahweh; How fortunate are those who happily obey his commands!*

What kind of person does the psalmist say will be happy?

The person who respects Yahweh and happily obeys his commandments will be happy.

Psalms 112:2

ULT	UST
His seed will be powerful on the earth; a generation of upright ones will be blessed.	*Their descendants will prosper in their land; Yahweh will bless all who do what is right.*

What happens to the descendants of the man who obeys Yahweh and who greatly delights in his commandments?

His descendants will prosper in their land and will be blessed.

Psalms 112:3

ULT	UST
Wealth and riches are in his house, and his righteousness stands forever.	*Their families will be wealthy, and their righteous deeds will endure forever.*

What happens to the household of the man who obeys Yahweh?

His family will be wealthy.

Psalms 112:4

ULT	UST
Light shines in the darkness for the upright ones; gracious and compassionate and just.	*For those who honor God, it is as if a light were shining on them in the darkness, on those who are kind, merciful, and righteous.*

For whom does the psalmist say light shines in the darkness?

Light shines in the darkness for those who are upright, gracious, compassionate, and just.

Psalms 112:5

ULT	UST
a gracious and lending man is good; he conducts his affairs with justice.	*It is good to be kind to others and to generously lend money to them. A person like that does everything honestly.*

What does the psalmist say about the person who is gracious and lends to others?

Such a person is good and conducts his affairs with honesty.

Psalms 112:7

ULT	UST
He does not fear bad news; his heart is sure, trusting in Yahweh.	*Righteous people are not afraid when they receive bad news; they confidently trust in Yahweh.*

What does the righteous man do rather than fear bad news?

He does not fear, but he is confident, trusting in Yahweh.

Psalms 112:9

ULT	UST
He scatters, he gives to the poor; his righteousness stands forever; his horn is high with honor.	*They give things generously to poor people; their kind deeds will endure forever; people will greatly honor them.*

What happens to the righteous person who generously gives to the poor?

People will greatly honor the righteous person who gives to the poor.

Psalms 112:10

ULT	UST
The wicked will see and be angry; he will grind his teeth and he will melt away; the desire of the wicked will perish.	*Wicked people will see those things and become angry; they will gnash their teeth angrily, then people will stop hearing from them and they will die. The wicked things that they want to do will never happen.*

What happens to the wicked person who sees the righteous person being honored?

The wicked person will become angry sees the righteous person being honored.

Psalms 113

Psalms 113:1

ULT	UST
Hallelu Yah! Praise him, servants of Yahweh; praise the name of Yahweh!	*Praise Yahweh! You people who serve Yahweh, praise him! Praise Yahweh for who he is!*

Who does the psalmist call to praise Yahweh?

He calls the servants of Yahweh to praise him.

Psalms 113:2

ULT	UST
Blessed be the name of Yahweh, from now and to forever.	*Everyone should praise Yahweh for who he is, both now and forevermore!*

For how long should the name of Yahweh be praised?

His name should be praised both now and forevermore.

Psalms 113:3

ULT	UST
From the rising of the sun to its setting, may the name of Yahweh be praised.	*From the people who live in the far east to the people who live in the far west, everyone should praise Yahweh for who he is!*

Who should praise Yahweh for who he is?

He should be praised by everyone everywhere.

Psalms 113:5

ULT	UST
Who is like Yahweh our God, the one making high to sit,	*There is no one who is like Yahweh, the God whom we worship, who sits on his throne in the highest heaven*

According to the psalmist, who is like Yahweh our God?

There is no one who is like Yahweh.

Psalms 113:7-8

How does Yahweh cause the poor and the needy person to be treated?

Yahweh causes people to honor him by making him a leader of his people.

Psalms 113:9

ULT	UST
He causes the barren woman of the house to dwell, the joyful mother of children! Hallelu Yah!	*He also enables women who have had no children to live in their houses as happy mothers with children. Praise Yahweh!*

What does Yahweh do for barren women?

He enables barren women to become joyful mothers of children.

Psalms 114

Psalms 114:1

ULT	UST
When Israel went out from Egypt, the house of Jacob from a people speaking a foreign language,	*When the Israelite people left Egypt, yes, when the descendants of Jacob left those people who spoke a foreign language,*

What country did the people of Israel leave where people spoke a foreign language?

The people of Israel left Egypt.

Psalms 114:3

ULT	UST
The sea looked and fled; the Jordan turned backward.	*When they came to the Sea of Reeds, it was as though the water saw them and ran away! When they came to the Jordan River, the water in the river stopped flowing so that the Israelites could cross it.*

What happened to the sea and the Jordan River when the Israelites came to them?

At both places, the water stopped flowing so the Israelites could cross.

Psalms 114:4

ULT	UST
The mountains skipped like rams, the hills like sons of the flock.	*When Mount Sinai shook, it was as though the mountains skipped like rams and the hills jumped like lambs.*

What did the mountains and the hills do?

The mountains shook as if they were skipping like rams, and the hills jumped like lambs.

Psalms 114:7

ULT	UST
Tremble, earth, from to the face of the Lord, from to the face of the God of Jacob,	*I would reply, "The earth trembles because the Lord is there! Everyone should tremble because of the presence of the God whom Jacob worshiped!"*

Why does the psalmist say the earth should tremble?

The earth should tremble because of the presence of God.

Psalms 114:8

ULT	UST
the one turning the rock into a pool of water, flint into a spring of water!	*He is the one who caused pools of water to flow from a rock for the Israelite people to drink; indeed, he caused a spring to flow from a solid rock!*

What does the psalmist say God did with the rock?

God caused springs to flow from the rock.

Psalms 115

Psalms 115:1

ULT	UST
Not to us, Yahweh, not to us, but to your name give honor, upon your covenant faithfulness, upon your trustworthiness.	*Yahweh, we ask not so people will honor us, no, not that at all; rather, we want people to honor you alone because of seeing how you faithfully love us and by seeing you do what you have promised to do.*

Who does the psalmist say should be given honor?

The psalmist says that only Yahweh deserves honor.

Psalms 115:4

ULT	UST
Their idols are silver and gold, the work of the hands of man.	*But the idols of those people groups are only silver and gold statues; humans made them.*

What does the psalmist say about the nations' idols?

He says their idols are only handmade items made of silver and gold.

Psalms 115:5-6

What are the idols not able to do?

They are not able to speak, see, hear, or smell.

Psalms 115:11

ULT	UST
Fearers of Yahweh, trust in Yahweh; he is their help and their shield.	*All you who deeply respect Yahweh, trust in Yahweh! He is the one who helps you and protects you like a shield.*

Why should those who respect Yahweh trust in him?

They should trust in Yahweh because he is the one who helps and protects them.

Psalms 115:13

ULT	UST
He will bless those fearing Yahweh, the small with the great.	*Yahweh will bless all those who deeply respect him— those who are less important as well as the important people, that is, each one!*

Whom does the psalmist say Yahweh will bless?

Yahweh will bless all those who respect him, whether they are considered important or not.

Psalms 115:16

ULT	UST
The heavens of heavens are to Yahweh; but the earth he has given to the sons of man.	*The highest heavens belong to Yahweh, but he gave everything that is on the earth to humankind.*

To whom do the heavens and earth belong?

The heavens belong to Yahweh, but the earth he has given to mankind.

Psalms 115:17-18

Who does the psalmist say should praise Yahweh?

Since the dead are no longer able to praise Yahweh, those who are alive will praise him as long as they live.

Psalms 116

Psalms 116:1

ULT	UST
I love him because Yahweh hears my voice, my pleas,	*I love Yahweh because he hears me when I cry out for him to help me.*

For what reason does the psalmist say he loves Yahweh?

He loves Yahweh because Yahweh hears him when he cries out to him for help.

Psalms 116:3

ULT	UST
The cords of death surrounded me, and the constrictions of Sheol found me; I found anguish and sorrow.	*Everything around me caused me to think that I was about to die; it seemed to me that I was already dying. I was distressed and very sad.*

Why did the psalmist say he felt like he was tied up with cords of death?

He was so distressed and full of sorrow that he felt as if he were about to die.

Psalms 116:6

ULT	UST
Yahweh guards the naive; I was low, and he saved me.	*Yahweh protects those who are helpless; when I was experiencing bad things, he saved me.*

Who does Yahweh guard?

Yahweh guards and protects those who are helpless.

Psalms 116:8

ULT	UST
For you rescued my soul from death, my eye from weeping, my foot from stumbling.	*Indeed, Yahweh has saved me from dying, he has delivered me from being sorrowful, and he has kept me from making bad mistakes.*

In what ways did Yahweh rescue the psalmist?

Yahweh saved the psalmist from dying, from being sorrowful, and from making bad mistakes.

Psalms 116:8-9

What does the psalmist say he will do because Yahweh rescued him?

Because Yahweh rescued him, he will live as Yahweh directs him as long he is alive.

Psalms 116:10

ULT	UST
I trusted, though I spoke, "I, I am very wretched."	*I continued to trust in Yahweh, even when I said, "As for me, I am greatly suffering."*

What did the psalmist do even when he was suffering?

He continued to trust in Yahweh even when he was suffering.

Psalms 116:12

ULT	UST
How can I return to Yahweh all of his bestowments to me?	*I can never repay Yahweh for all the good things that he has done for me.*

What did the psalmist say he could never repay Yahweh for?

The psalmist felt he could never repay Yahweh for all the good things he had done for him.

Psalms 116:14

ULT	UST
I will fulfill my vows to Yahweh right in front of all of his people.	*Also, as the people who belong to Yahweh watch, I will give to him the offerings that I solemnly promised to give to him.*

Where does the psalmist say he will fulfill his vows to Yahweh?

He will fulfill his vows in the presence of all his people.

Psalms 116:15

ULT	UST
Precious in the eyes of Yahweh is the death of his faithful.	*Yahweh is very grieved when one of his people dies.*

What is precious in the eyes of Yahweh?

It is precious to Yahweh when any of his faithful people die.

Psalms 116:16-17

What does the psalmist say he will offer to Yahweh for taking away his bonds?

He says he will pray to Yahweh and offer to him a sacrifice to thank him.

Psalms 116:18-19

ULT	UST
	As the people who belong to Yahweh watch, in the courtyard outside his temple, in the middle of Jerusalem, I will give to him the offerings that I solemnly promised to give to him. Praise Yahweh!

Where will the psalmist present his offerings to Yahweh?

He will present them in the courtyard outside his temple in Jerusalem in the presence of all the people.

Psalms 117

Psalms 117:1

ULT	UST
Praise Yahweh, all nations; extol him, all peoples!	*You people of all nations, praise Yahweh! All you people groups, greatly praise him!*

Who does this psalmist call upon to praise Yahweh?

He calls upon all the people of every nation to praise Yahweh.

Psalms 117:2

ULT	UST
For his covenant faithfulness is strong toward us, and the trustworthiness of Yahweh is to forever. Hallelu Yah!	*Do this, because he is fully committed to love us faithfully, just as he promised to do, and we can trust that Yahweh will be faithful forever. Praise Yahweh!*

What reasons does the psalmist give for the people to praise Yahweh?

Because Yahweh is fully committed to love them faithfully, just as he promised to do, and he can be trusted to be faithful forever.

Psalms 118

Psalms 118:1

ULT	UST
Give thanks to Yahweh, for he is good, for his covenant faithfulness is to forever!	*Thank Yahweh because he is good and because he faithfully loves us forever!*

What are the two reasons the psalmist gives for thanking Yahweh?

People should thank Yahweh because he is good and because his faithful love will last forever.

Psalms 118:5

ULT	UST
From the constriction I called out to Yah; Yah answered me with wideness.	*When I was distressed, I called out to Yahweh, and Yahweh answered me and set me free.*

How did Yahweh respond when the psalmist called out to him?

Yahweh answered him and set him free.

Psalms 118:8

ULT	UST
Better to take shelter in Yahweh than to trust in man.	*It is better to rely on Yahweh than to depend on people.*

What does the psalmist say it is better to do than to trust in other people?

It is better to rely on Yahweh than to trust in people.

Psalms 118:12

ULT	UST
They surrounded me like bees; they were extinguished like a fire of thorns; in the name of Yahweh, indeed I fended them off.	*They swarmed around me like angry bees, but they diminished as quickly as a fire that is burning only thorns; Yahweh powerfully enabled me to make them retreat.*

What does the psalmist compare his enemies to when they surrounded him?

He compares them to angry bees that swarmed around him.

Psalms 118:15

ULT	UST
The voice of a shout and salvation is in the tents of the righteous; the right hand of Yahweh does valor!	*Listen to the joyful songs of how Yahweh saves people! They come from the tents of the people who honor God! They sing, "Yahweh has powerfully defeated our enemies;*

What does the psalmist say is heard from the people who honor God?

Those who honor God shout out joyful songs of celebration because Yahweh has powerfully defeated their enemies.

Psalms 118:18

ULT	UST
To chastise, Yah has chastised me; but to death he has not given me.	*Yahweh has punished me severely, but he has not allowed me to die.*

What has Yahweh not done even though the psalmist feels that Yahweh has punished him severely?

Yahweh has not allowed him to die.

Psalms 118:19

ULT	UST
Open to me the gates of righteousness; I will enter them; I will thank Yah.	*You gatekeepers, open for me the gates through which those who obey Yahweh may enter, so that I may enter through them and thank Yahweh.*

What does the psalmist say he will do when the gates are opened through which those who obey Yahweh may enter?

He will enter through the gates and give thanks to Yahweh.

Psalms 118:22

ULT	UST
The stone that the builders rejected has become the head of the corner.	*People considered me worthless, like a stone that builders rejected, but then Yahweh showed that he highly values me, as if that stone then became the most important stone in the building.*

What has happened to the stone that the builders rejected?

The stone that the builders rejected has become the most important stone in the building.

Psalms 118:24

ULT	UST
This is the day Yahweh made; Let us rejoice and be glad in it.	*Yahweh made possible everything that we are celebrating today; we should be extremely happy about all of it!*

What does the psalmist say they should do on the day that Yahweh has made?

They should rejoice and be glad in it.

Psalms 118:27

ULT	UST
Yahweh is God, and he has given light to us; bind the sacrifice with cords to the horns of the altar.	*Yahweh is God, and he has made us victorious. Bring an animal sacrifice for him and tie it to the horns of the altar."*

What does the psalmist say the people should do with the sacrifice?

They should tie the sacrifice to the horns of the altar.

Psalms 118:28

ULT	UST
You are my God, and I will thank you; my God, I will exalt you.	*Yahweh, you are the God whom I worship, and I will praise you! You are the only God whom I worship, and I will tell everyone that you are great!*

What does the psalmist say he will do for Yahweh, his God?

He will give thanks to Yahweh and tell everyone how great he is.

Psalms 119

Psalms 119:2

ULT	UST
The happinesses of the keepers of his testimonies! They seek him with a whole heart.	*How fortunate are those who do what he tells them to do! Those are the people who sincerely want to know him.*

How does the psalmist describe people who do what Yahweh tells them to do?

Those are the people who sincerely want to know him.

Psalms 119:5-6

What does the psalmist say would keep him from being ashamed?

If he could obey everything that Yahweh commands, he would not have shame when he looks at all Yahweh's commandments.

Psalms 119:7

ULT	UST
I will thank you with uprightness of heart when I learn the judgments of your righteousness.	*As I learn all of your just regulations, I thank you sincerely.*

When does the psalmist give thanks to Yahweh?

He gives thanks when he learns all of Yahweh's just regulations.

Psalms 119:9

ULT	UST
How can a young man keep his path pure? By keeping according to your word.	*I know how a young person can live in the right way; it is by obeying your commands.*

How can a young person be sure to live in the right way?

A young person can be sure to live in the right way by obeying Yahweh's word.

Psalms 119:11

ULT	UST
I have hidden your word in my heart so that I might not sin against you.	*I have memorized your commands in order to not sin against you.*

What does the psalmist do in order to not sin again Yahweh?

He memorized Yahweh's commands so that he might not sin against him.

Psalms 119:14

ULT	UST
I rejoice in the way of your testimonies as upon all riches.	*I delight in obeying your instructions; I enjoy that more than being very rich.*

In what does the psalmist rejoice more than in all riches?

He rejoices in obeying Yahweh's instructions more than in all riches.

Psalms 119:15

ULT	UST
I will meditate on your precepts and I will study your paths.	*I will carefully think about everything that you have commanded me, yes, I will pay attention to the way of living that you have taught me.*

What will the psalmist do with Yahweh's precepts?

He will meditate on Yahweh's precepts and study the way of living that Yahweh has taught him.

Psalms 119:18

ULT	UST
Uncover my eyes so that I may gaze on the marvelous things from your teaching.	*Help me to understand how wonderful your instructions are.*

What does the psalmist ask Yahweh to do so that he can see the marvelous things in Yahweh's teaching?

He asks Yahweh to help him to understand Yahweh's instructions.

Psalms 119:20

ULT	UST
My soul languishes with longing for your judgments at all times.	*I am weak from constantly desiring to know your instructions.*

How does the psalmist feel as he longs for Yahweh's instructions?

He feels weak with longing for Yahweh's instructions.

Psalms 119:21

ULT	UST
You rebuke the proud, the cursed, those wandering from your commandments.	*You rebuke people who are proud; you curse people who disobey your commands.*

Who does the psalmist Yahweh rebukes when he disobeys Yahweh's commandments?

The proud are rebuked when they disobey Yahweh's commandments.

Psalms 119:23

ULT	UST
Though rulers sit and discuss against me, your servant meditates on your statutes.	*Rulers gather together and plan ways to harm me, but I, your servant, will meditate on what you have commanded me.*

What does the psalmist do even though rulers sit and plan ways to harm him?

He meditates on what Yahweh has commanded him.

Psalms 119:25

ULT	UST
My soul clings to the dust! Revive me according to your word.	*Sometimes I feel like I will soon die; allow me to live as you have told me that you would do.*

What does the psalmist ask Yahweh to do according to Yahweh's word?

He asks Yahweh to allow him to live as he has promised.

Psalms 119:27

ULT	UST
Make me understand the way of your precepts, so that I can meditate on your wonders.	*Help me to understand how you want me to behave, and then I can think about how amazing your instructions are.*

Why does the psalmist ask Yahweh to help him understand the way of Yahweh's precepts?

He wants to understand the way of Yahweh's precepts so he can meditate on how amazing Yahweh's instructions are.

Psalms 119:29

ULT	UST
Turn from me the path of deceit, and favor me with your teaching.	*Prevent me from telling lies, and be kind to me by teaching me your instructions.*

From what does the psalmist ask Yahweh to prevent him?

He asks Yahweh to prevent him from telling lies.

Psalms 119:36

ULT	UST
Incline my heart toward your testimonies and not toward unrighteous gain.	*Cause me to want to do what you say rather than to want to get things that belong to other people.*

What does the psalmist ask Yahweh to cause him to do?

He asks Yahweh to cause him to want to do what Yahweh says rather than to want to get things that belong to other people.

Psalms 119:37

ULT	UST
Turn away my eyes from looking at worthless things; in your ways, revive me.	*Do not allow me to desire things that are not good for me; make me able to live as you want me to live.*

From what does the psalmist ask Yahweh to not allow him to do?

He asks Yahweh to not allow him to desire things that are not good for him.

Psalms 119:43

ULT	UST
So do not utterly snatch the word of truth from my mouth, for I wait for your judgments.	*Please do allow me to truthfully tell them how you saved me; you see, I am patiently waiting for you to act justly.*

What does the psalmist ask Yahweh to allow him to do?

He asks Yahweh to allow him to truthfully tell others how Yahweh saved him.

Psalms 119:45

ULT	UST
And I will walk about in the broad, for I seek your precepts.	*I will live freely and safely because I always try to obey your regulations.*

Why does the psalmist say that he will walk about freely?

He will walk about freely and safely because he always tries to obey Yahweh's regulations.

Psalms 119:47

ULT	UST
And I delight in your commandments, which I love.	*I am very happy to obey the things that you command me to do; I love to do them.*

What does the psalmist say he delights in and loves?

He delights in and loves Yahweh's commandments.

Psalms 119:49

ULT	UST
Remember the word to your servant by which you have given me hope.	*Please do what you said you would do for me, the one who serves you, because what you have said has caused me to confidently expect good things from you.*

What does the psalmist ask Yahweh to remember?

He asks Yahweh to remember to do what he said he would do for him, by which Yahweh gave him hope.

Psalms 119:51

ULT	UST
The proud utterly scoff at me; from your teaching I do not turn aside.	*Proud people are always making fun of me, but I do not stop obeying your instructions.*

Even though the proud have scoffed at him, what has the psalmist not done?

The psalmist has not stopped obeying Yahweh's teaching.

Psalms 119:54

ULT	UST
Your statutes are music to me in the house of my sojourning.	*During this short time that I am living here on the earth, the regulations that you have given to us are like music to me.*

What does psalmist say Yahweh's statutes are like to him?

Yahweh's statutes are like music to the psalmist.

Psalms 119:58

ULT	UST
I entreat your face with a whole heart; be merciful to me according to your word.	*I earnestly plead with you to be good to me; act kindly to me as you promised that you would do.*

How did the psalmist entreat Yahweh to be merciful to him?

He earnestly pleaded with Yahweh to be merciful to him as he promised that he would do.

Psalms 119:61

ULT	UST
The cords of the wicked ensnare me; I do not forget your teaching.	*Wicked people try to make me do bad things, but I continue to obey your instructions.*

What has the psalmist not forgotten when the wicked try to ensnared him into doing wrong?

He has not forgotten Yahweh's teaching.

Psalms 119:63

ULT	UST
I am a companion to all who fear you and to observers of your precepts.	*I am a friend of all those who deeply revere you, yes, to all those who obey what you tell us to do.*

What kind of people is the psalmist a friend to?

He is a friend of all who revere Yahweh and obey what he tells them to do.

Psalms 119:66

ULT	UST
Teach me good discernment and understanding, for I trust in your commandments.	*Teach me to understand what is happening around me and to think carefully before I decide what to do, because I believe that the best way to live is to obey what you tell us to do.*

Why does the psalmist ask Yahweh to teach him good discernment and understanding?

He asks because he trusts in Yahweh's commandments.

Psalms 119:69

ULT	UST
The arrogant smear lies on me; I, with a whole heart, I keep your precepts.	*Proud people tell many lies about me, but as for me, I enthusiastically obey what you have told us to do.*

What did the psalmist do when the arrogant lied about him?

He obeyed what Yahweh had told him to do.

Psalms 119:71

ULT	UST
It is good for me that I have suffered so that I would learn your statutes.	*It was good for me that you afflicted me because the result was that I learned how good your regulations are.*

Why does the psalmist say that it is good that he has suffered?

It was good for him to suffer so that he would learn Yahweh's statutes.

Psalms 119:72

ULT	UST
The teaching of your mouth is good for me, more than thousands of gold and silver. YODH	*The instructions that you give to us are beneficial to me. They are more beneficial than thousands of pieces of gold and silver. YODH*

The psalmist says the teaching of Yahweh is more beneficial for him than what?

The teaching of Yahweh's mouth is more beneficial for him than many riches.

Psalms 119:74

ULT	UST
May the fearful of you see me and rejoice because I hope in your word.	*I want everyone who deeply reveres you to see what you have done for me. Then they will be glad, because they will see how good it is that I have trusted you to do what you said.*

Why does the psalmist say that those who revere Yahweh will rejoice when they see what Yahweh has done for him?

Then they will be glad, because they will see how good it is that the psalmist has trusted Yahweh to do what he said.

Psalms 119:75

ULT	UST
Yahweh, I know that your judgments are just, and in faithfulness you humble me.	*Yahweh, I know that when you judge people, you are always right. I know that you have made me suffer only because you faithfully love me.*

Why does the psalmist say that Yahweh has made him suffer?

Yahweh has made the psalmist suffer only because he faithfully loves him.

Psalms 119:76

ULT	UST
Please may your covenant faithfulness be to comfort me, according to your word to your servant.	*Please comfort me by showing that you faithfully love me as you said to me, your servant, that you would do.*

What does the psalmist say Yahweh's faithful love will do for him?

The psalmist says that Yahweh's faithful love would comfort him.

Psalms 119:80

ULT	UST
May my heart be blameless in your statutes, so that I may not have shame. KAPH	*Enable me to want to perfectly obey your regulations in order that I may not be ashamed because of not doing that. KAPH*

What does the psalmist say will keep him from being ashamed?

The psalmist says that he will not be ashamed if he obeys Yahweh's regulations.

Psalms 119:82

ULT	UST
My eyes faint for your promise; saying, "When will you comfort me?"	*My eyes are tired from watching for you to do what you promised that you would do, and I ask, "When will you help me?"*

What is the psalmist tired of waiting for?

He is tired of waiting for Yahweh to help him as he promised to do.

Psalms 119:86

ULT	UST
All of your commandments are truth. They pursue me in deceit; help me!	*Everything that you tell us to do is truly good for us; but people are persecuting me by telling lies about me, so please help me!*

What does the psalmist say about Yahweh's commandments?

He says all of Yahweh's commandments are true.

Psalms 119:88

ULT	UST
According to your covenant faithfulness, keep me alive, so that I may observe the testimony of your mouth. LAMEDH	*Because you faithfully love me, allow me to continue to live so that I may continue to obey what you have instructed us to do. LAMEDH*

Why does the psalmist ask Yahweh to keep him alive?

He asks Yahweh to keep him alive so that he may continue to obey what Yahweh has instructed.

Psalms 119:90

ULT	UST
Your faithfulness is to generation and generation; you have established the earth, and it stands.	*You will continue to act faithfully for people of every generation; you have put the earth in its place, and it remains firmly there.*

How long does Yahweh's faithfulness last?

Yahweh's faithfulness lasts through every generation.

Psalms 119:93

ULT	UST
I will not forget your precepts forever, for through them you have preserved me alive.	*I will always remember what you have declared that we should do. I obeyed those things, and as a result, you have enabled me to continue to live.*

Why will the psalmist be preserved alive?

He will be able to live because he obeyed what Yahweh had declared for him to do.

Psalms 119:96

ULT	UST
I have seen an end for all perfection; your commandment is very broad. MEM	*I have learned that there is a limit to even the best that people can achieve, but what you decree is limitless. MEM*

What does the psalmist say about Yahweh's commandment compared to all that people can achieve?

He says there is a limit to what people can achieve, but Yahweh's commandments are limitless.

Psalms 119:99

ULT	UST
I have more insight than all my teachers, for your testimonies are a meditation to me.	*I understand more than any of my teachers do because I continually think about everything that you tell us.*

Why does the psalmist say he has more insight than all his teachers?

He has more insight than all his teachers because he continually thinks about what Yahweh tells him.

Psalms 119:103

ULT	UST
How your word is sweet to my palate, more than honey to my mouth!	*When I read your words, it is like eating something sweet; yes, it is even better than eating honey!*

The psalmist says Yahweh's word is sweeter than what?

Reading Yahweh's word is like eating something sweeter than honey.

Psalms 119:104

ULT	UST
From your precepts I gain understanding; therefore, I hate every path of falsehood. NUN	*Because I have learned what you have declared that we should do, I am able to understand many things; therefore, I hate all evil activities. NUN*

What does the psalmist hate because he understands what Yahweh has declared he should do?

The psalmist hates all evil activities because he understands what Yahweh has declared he should do.

Psalms 119:106

ULT	UST
I have sworn and I will confirm it, to keep the judgments of your righteousness.	*I have solemnly promised, and I am solemnly promising it again, that I will always obey your regulations; they are always right.*

What has the psalmist sworn and promised that he will do?

He has solemnly promised that he will always obey Yahweh's regulations.

Psalms 119:111

ULT	UST
I have inherited your testimonies forever, for they are the joy of my heart.	*You have given me your instructions and they are mine forever; Indeed, they are what make me joyful.*

What does the psalmist say will make him joyful?

Knowing that Yahweh has given him instructions and that they are his forever.

Psalms 119:114

ULT	UST
My hiding place and my shield are you; for your word I wait.	*You are like a place where I can hide from my enemies, and you are like a shield behind which I am protected from them; I will wait, knowing that you will answer my prayer.*

Since Yahweh is his hiding place and his shield, what is the psalmist waiting for?

The psalmist is waiting for Yahweh to answer his prayer.

Psalms 119:118

ULT	UST
You reject all those straying from your statutes, for their deceit is falsehood.	*You despise everyone who disregards what you have decreed that we should do; indeed, they deceive others by lying.*

Why does Yahweh reject all those who disregard his statutes?

He rejects all those who disobey his statutes, for they deceive others by lying.

Psalms 119:120

ULT	UST
My flesh shudders from dread of you, and I fear your judgments. AYIN	*I tremble because I am afraid of you; I am afraid because you punish those who do not obey the rules that you have given to us. AYIN*

Why does the psalmist tremble?

His trembles because he fears Yahweh’s punishment for those who do not obey his rules.

Psalms 119:123

ULT	UST
My eyes have failed for your salvation and for the word of your righteousness.	*My eyes are tired from watching for you to save me, yes, from watching for you to do what is right, as you promised to do.*

What is the psalmist tired of waiting for?

He is tired of watching and waiting for Yahweh’s salvation which he has promised.

Psalms 119:125

ULT	UST
I am your servant; give me understanding, so that I can know your testimonies.	*I am one who serves you; please enable me to understand what you want me to know in order that I may learn what you have instructed us to do.*

Why does the psalmist ask Yahweh for understanding?

He asks for understanding so that he can learn what Yahweh has instructed him to do.

Psalms 119:128

ULT	UST
Therefore, all the precepts of everything I carefully observe; every path of falsehood I hate. PE	*So I am careful to obey everything that you have declared that we should do, and I hate all of the evil things that people do. PE*

What does the psalmist hate?

He hates all of the evil things that people do.

Psalms 119:130

ULT	UST
The doorway of your words gives light, giving understanding to the simple.	*When someone explains what you have said to us, it is as though he is opening a door to a bright light that allows people to see what they did not see before; what he says causes even people who have not studied your instructions to be wise.*

To what does the psalmist compare understanding Yahweh's words?

When someone explains Yahweh's words, it is as though he is opening a door to a bright light that allows people to see what they did not see before.

Psalms 119:132

ULT	UST
Turn to me and be gracious to me, according to the judgment for the ones loving your name.	*Pay attention to me and act kindly to me as is right for you to do for all those who love you.*

What does the psalmist ask Yahweh to do?

He asks Yahweh to turn to him and be gracious to him.

Psalms 119:134

ULT	UST
Redeem me from the oppression of man, that I may keep your precepts.	*Rescue me from the people who oppress me so that I may obey what you have declared that we should do.*

Why does the psalmist ask Yahweh to rescue him from the people who oppress him?

He asks Yahweh to rescue him so that he may obey Yahweh's instructions.

Psalms 119:136

ULT	UST
Streams of water go down from my eyes, because they do not keep your law. TSADE	*I cry very much because many people do not obey your instructions. TSADHE*

Why is the psalmist sad?

He is crying because people do not keep Yahweh's law.

Psalms 119:137

ULT	UST
Righteous are you, Yahweh, and upright are your judgments.	*Yahweh, you are righteous and the rules that you have given to us are just.*

What does the psalmist say about Yahweh and his rules?

Yahweh is righteous and his rules are just.

Psalms 119:140

ULT	UST
Your word is refined exceedingly, and your servant loves it.	*All of the things that you have said are perfectly dependable, and I, your servant, love them.*

What does the psalmist say he, Yahweh's servant, loves?

He loves all the perfectly dependable things that Yahweh has said.

Psalms 119:141

ULT	UST
Small am I and despised; your precepts I have not forgotten.	*I am not important, and people despise me, but I do not forget what you have declared that we should do.*

What does the psalmist not do despite the fact that he is small and despised?

He does not forget Yahweh's precepts.

Psalms 119:143

ULT	UST
Narrow and distress have found me; your commandments are my delight.	*I am constantly stressed and anxious, but what you have commanded us causes me to rejoice.*

How does the psalmist feel about Yahweh's commandments, even when he is stressed and anxious?

Yahweh's commandments are still his delight.

Psalms 119:146

ULT	UST
I call out to you; save me, so that I may keep your testimonies.	*I call out to you, "Save me, in order that I may obey the things that you have instructed us to do."*

What will the psalmist do if Yahweh saves him when he calls out?

He will keep Yahweh's instructions.

Psalms 119:152

ULT	UST
Long ago, I knew from your testimonies that you have founded them forever. RESH	*Long ago, I learned from what you have said that you established your commandments to last forever. RESH*

What did the psalmist learn long ago from Yahweh's commandments?

He learned that Yahweh established his commandments to last forever.

Psalms 119:153

ULT	UST
See my affliction and rescue me, for I have not forgotten your law.	*Please acknowledge that I am suffering, and save me from it, because I continually obey your instructions.*

Why does the psalmist ask Yahweh to see his affliction and rescue him?

He asks Yahweh to rescue him because he has not forgotten Yahweh's law.

Psalms 119:155

ULT	UST
Salvation is far from the wicked, for they have not sought your statutes.	*Wicked people do not obey what you have decreed that we should do, so you will certainly not save them.*

What happens to the wicked because they do not obey what Yahweh has said?

Yahweh will not save them, for they have not obeyed him.

Psalms 119:158

ULT	UST
I have seen the treacherous, and I was disgusted, because they have not kept your word.	*When I look at those who are not faithful to you, I feel disgust because they do not obey what you have instructed us to do.*

Why does the psalmist view the treacherous with disgust?

He views the treacherous with disgust because they have not obeyed Yahweh's instructions.

Psalms 119:160

ULT	UST
The head of your word is truth, and every judgment of your righteousness is forever. SHIN	*Everything that you have said is true; every statement that you have made is right and will endure forever. SIN and SHIN*

How long does every c of Yahweh's righteousness last?

Every judgement Yahweh has made is right and will last forever.

Psalms 119:161

ULT	UST
Princes pursue me without cause, and my heart trembles from your words.	*Rulers persecute me for no reason, but I deeply respect your words.*

How does the psalmist respond when rulers pursue him without cause?

He still deeply respects Yahweh's words.

Psalms 119:164

ULT	UST
Seven times in the day I praise you, because of the judgments of your righteousness.	*I praise you throughout the day because everything that you tell us to do is completely right.*

How often does the psalmist praise Yahweh?

He praises Yahweh throughout the day.

Psalms 119:168

ULT	UST
I keep your precepts and your testimonies, for all my ways are before you. TAV	*I obey what you have instructed us to do, because you know everything that I do. TAW*

Why does the psalmist obey Yahweh's instructions?

He obeys Yahweh's instructions because Yahweh knows everything that he does.

Psalms 119:170

ULT	UST
May my plea come to your face; according to your word, deliver me.	*Please pay attention to me while I pray to you to help me, and rescue me as you said that you would do.*

What does the psalmist ask Yahweh to do when he prays for his help?

He asks Yahweh to rescue him as he said he would do.

Psalms 119:172

ULT	UST
May my tongue sing of your word, for all your commandments are righteousness.	*I intend to continue singing about your instructions because everything that you command us to do is right.*

Why does the psalmist want to sing about Yahweh's word?

He wants to sing about Yahweh's word because all of his commandments are right.

Psalms 119:176

ULT	UST
I have strayed like a perishing sheep; seek your servant, for I have not forgotten your commandments.	*I am as vulnerable as a sheep that has left its flock; please search for me, your servant, because I have not forgotten what you have commanded us.*

What does the psalmist ask Yahweh to do when the psalmist has strayed like a sheep who has left its flock?

He asks Yahweh to search for him, because he has not forgotten Yahweh's commandments.

Psalms 120

Psalms 120:1

ULT	UST
A song of ascents. To Yahweh, in the distress to me, I called, and he answered me.	*A psalm for people going up to the temple to worship. When I was distressed, I called out to Yahweh, and he answered me.*

What did Yahweh do when the psalmist called out in distress?

The psalmist says that Yahweh answered him.

Psalms 120:2

ULT	UST
Yahweh, deliver my soul from a lip of falsehood, from a tongue of deceit.	*I prayed, "Yahweh, rescue me from people who tell lies, who say things to deceive me!"*

Who does the psalmist ask Yahweh to rescue him from?

The psalmist asks Yahweh to rescue him from those who tell lies and try to deceive.

Psalms 120:3-4

What does the psalmist say Yahweh will do to people who lie and deceive?

Yahweh will punish them as with a warrior's sharp arrows and with burning coals.

Psalms 120:6-7

What does the psalmist say about peace?

The psalmist says that he has lived for too long with those who hate peace and he is for peace.

Psalms 121

Psalms 121:1

ULT	UST
A song of ascents. I lift up my eyes to the mountains. From where does my help come?	*A psalm for people going up to the temple to worship. I look toward the hills and I ask myself, "Where will anyone to help me come from?"*

What does the psalmist look up toward?

The psalmist looks up to the mountains.

Psalms 121:2

ULT	UST
My help is from with Yahweh, maker of heaven and earth.	*I answer myself, "Yahweh is the one who helps me." He is the one who made everything that exists.*

From whom does the psalmist say his help comes?

The psalmist says his help comes from Yahweh.

Psalms 121:3

ULT	UST
May he not give your foot to the slipping; may your keeper not slumber.	*You say, "May Yahweh not let you stumble. May Yahweh, who protects you, not become drowsy!"*

How will Yahweh help the people of Israel?

Yahweh will not allow them to slip and will protect them.

Psalms 121:4

ULT	UST
Behold, he will not slumber, and he will not sleep, the keeper of Israel.	*I reply, "Listen to me, the one who protects the people of Israel will never become drowsy; he never sleeps!"*

What does the psalmist say the protector of Israel never does?

The one who protects the people of Israel never sleeps.

Psalms 121:5

ULT	UST
Yahweh is your keeper; Yahweh is your shade upon your right hand.	*Yahweh watches over you. He stays between you and what might harm you, like a shade from the sun.*

Who is watching over Israel?

Yahweh is watching over Israel and protects them like a shade from the sun.

Psalms 121:6

ULT	UST
By day the sun will not strike you, and the moon by night.	*The sun will not harm you during the day, and the moon will not harm you at night.*

What will not harm Israel?

The sun will not harm them by day nor the moon by night.

Psalms 121:7-8

Who will protect Israel and keep them safe?

Yahweh will protect them in all they do.

Psalms 122

Psalms 122:1

ULT	UST
A song of ascents; of David. I rejoiced in the ones saying to me, “Let us go to the house of Yahweh.”	*A psalm for people going up to the temple to worship. This is a psalm of David. I was very happy when people said to me, “We should go to Yahweh’s temple in Jerusalem!”*

What made David rejoice?

He rejoiced when people invited him to go to the temple of Yahweh in Jerusalem.

Psalms 122:2

ULT	UST
Our feet are standing in your gates, Jerusalem.	*Now we are standing inside the gates of Jerusalem.*

Where are the people standing?

They are standing inside the gates of Jerusalem.

Psalms 122:3

ULT	UST
Jerusalem, the one built like a city that is joined to itself together.	*This is Jerusalem, the city that people have built in a way that everything fits closely together.*

How was Jerusalem built?

Jerusalem was built in a way that everything fits closely together.

Psalms 122:4

ULT	UST
Where the tribes go up, the tribes of Yah, a testimony to Israel, to give thanks to the name of Yahweh.	*The tribes of Israel who belong to Yahweh go there, as Yahweh told them to do, in order to thank him.*

Why do the tribes of Israel go up to Jerusalem?

The tribes go up to Jerusalem to give thanks to Yahweh as he told them to do.

Psalms 122:5

ULT	UST
For there sit thrones for judgment, thrones for the house of David.	*Indeed, the kings who belong to King David's family sit on their thrones there and judge the people.*

What purpose do the thrones in Jerusalem serve?

The kings who are descendants of King David sit on their thrones there and judge the people.

Psalms 122:6

ULT	UST
Ask for the peace of Jerusalem; may the ones loving you prosper.	*Pray that people will live peacefully in Jerusalem! May those who love Jerusalem be successful.*

What are the people to pray concerning Jerusalem?

They are to pray that those who love Jerusalem will have peace and will prosper.

Psalms 122:7

ULT	UST
Let there be peace within your rampart, prosperity in your citadels.	*May everyone inside the city walls live well and prosper.*

What does David ask for concerning Jerusalem?

He asks that those living within the city walls will have peace and prosperity.

Psalms 122:8

ULT	UST
For the sake of my brothers and my companions, let me speak, please, peace in you.	*Because I love my fellow Israelites and my friends, I want to say, "May the people in Jerusalem live well."*

For whose sake does David pray for peace in Jerusalem?

He prays for peace for the sake of his fellow Israelites.

Psalms 122:9

ULT	UST
For the sake of the house of Yahweh our God, let me seek good for you.	*Because Yahweh our God has his temple there, I intend to always do what is best for Jerusalem.*

Why does David seek good for Jerusalem?

He intends to always do what is best for Jerusalem because Yahweh has his temple there.

Psalms 123

Psalms 123:1

ULT	UST
A song of ascents. To you I lift up my eyes, the one dwelling in the heavens.	*A psalm for people going up to the temple to worship. Yahweh, I look up toward you who live in heaven.*

To whom does the psalmist look up toward?

The psalmist looks up toward Yahweh, the one who lives in heaven.

Psalms 123:2

ULT	UST
Behold, as the eyes of servants are to the hand of their masters, as the eyes of a maidservant are to the hand of her mistress, thus our eyes are to Yahweh our God, until he is gracious to us.	*You see, just as servants watch their master closely, waiting for him to provide for them, and just as a female servant watches her mistress, in the same way, we look to Yahweh our God, waiting for him to be merciful to us.*

To what does the psalmist compare the way the people look to Yahweh their God?

They look to Yahweh like servants watch and wait for their master to provide for them.

Psalms 123:3

ULT	UST
Be gracious to us, Yahweh, be gracious to us, for we are greatly satiated with contempt.	*Yahweh, please be very merciful to us, because people have despised us so much that we cannot endure any more.*

Why do the people ask Yahweh to have mercy on them?

Because people have despised them so much that they cannot endure any more.

Psalms 124

Psalms 124:2-3

What would have happened if Yahweh had not been on the side of Israel when their enemies attacked them?

If Yahweh had not been helping the people of Israel, the enemies who attacked them would have destroyed them.

Psalms 124:4-5

To what does David compare what their enemies would have done to Israel?

Their enemies' attack would have overwhelmed them like raging waters that would have drowned them.

Psalms 124:6

ULT	UST
Blessed be Yahweh, who did not make us prey for their teeth.	*We praise Yahweh because he did not let our enemies destroy us as wild animals devour their prey.*

What did the people do after Yahweh did not let their enemies destroy them?

The people praised Yahweh.

Psalms 124:7

ULT	UST
Our soul is like a bird that escaped from the snare of the trappers; the snare was broken, and we, we escaped.	*We escaped from them like a bird that gets free from a hunter's trap. It was as though the trap broke, and, as for us, we went free!*

What is the escape of the Israelites like?

Their escape is like a bird that escaped from the snare of the trappers.

Psalms 124:8

ULT	UST
Our help is in the name of Yahweh, the maker of heaven and earth.	*Yahweh is the one who helps us; he is the one who made everything that exists.*

From where does David say the Israelites' help comes?

Their help comes from Yahweh who made heaven and earth.

Psalms 125

Psalms 125:1

ULT	UST
A song of ascents. Those trusting in Yahweh are like Mount Zion; it will not be shaken; forever it abides.	*A psalm for people going up to the temple to worship. People who trust in Yahweh are as secure as Mount Zion, which will stand firm forever.*

What are those who trust in Yahweh like?

They are as secure as Mount Zion, unshakable and standing firm forever.

Psalms 125:2

ULT	UST
Jerusalem—mountains are around her, and Yahweh is around his people, from now and to forever.	*Just as the hills surrounding Jerusalem protect the city, so Yahweh protects his people, and he will protect them forever.*

To what does the psalmist compare the way that Yahweh protects his people?

The psalmist compares the way Yahweh protects his people to the way the mountains surrounding Jerusalem protect the city.

Psalms 125:3

ULT	UST
For the rod of wickedness will not rest on the lot of the righteous, so that the righteous will not stretch out their hands in unrighteousness.	*Indeed, wicked people will not rule over the land that God gave to righteous people, so that righteous people will not start doing what is wrong.*

Who must not rule over the land that God gave to righteous people?

Wicked people must not rule or the righteous people will start doing what is wrong.

Psalms 125:4

ULT	UST
Do good, Yahweh, to the good, and to the upright in their hearts.	*Yahweh, please do good things for people who do good things for others, yes, for those who obey you sincerely.*

To whom does the psalmist request that Yahweh do good?

He requests that Yahweh do good to people who do good things for others and thus obey him sincerely.

Psalms 125:5

ULT	UST
And those twisting their crooked ways, Yahweh will make them go with the workers of iniquity. Peace be upon Israel.	*But as for those people who choose to do evil things, Yahweh will send them away along with everyone else who does evil things. May Yahweh bless the people of Israel!*

What will happen to those who choose to do evil things?

Yahweh will send them away along with everyone else who does evil things.

What does the psalmist want Yahweh to give Israel?

The psalmist wants Yahweh to bless the people of Israel with peace.

Psalms 126

Psalms 126:1

ULT	UST
A song of ascents. When Yahweh returned the captivity of Zion, we were like ones dreaming.	*A psalm for people going up to the temple to worship. When Yahweh brought us back to Zion after our enemies had captured us and taken us away, we felt as if we were dreaming.*

What did it seem like when Yahweh brought the people back to Zion after the captivity?

It seemed like they were dreaming.

Psalms 126:2

ULT	UST
Then our mouth was filled with laughter, and our tongue with a shout of joy. Then they said among the nations, "Yahweh has made great to do with these."	*We laughed and shouted joyfully. Then people from other people groups said about us, "Yahweh has done great things for them!"*

What was the peoples' response when Yahweh returned them to Zion after the captivity?

They laughed and shouted joyfully.

Psalms 126:4

ULT	UST
Return, Yahweh, our captivity, like the streams in the Negeb.	*Yahweh, restore us as before our enemies captured us, as you restore the streams in the Negeb that flow again after being dry.*

To what does the psalmist compare the way Yahweh restored them to their land after the captivity?

The psalmist compares Yahweh restoring them after their enemies captured them to the way he makes the water flow again in the streams in the Negeb desert after being dry.

Psalms 126:5

ULT	UST
The ones sowing in tears will reap in a shout of joy.	*Those who sow seeds while crying will shout joyfully when they gather the harvest.*

What will happen to those who sow while crying?

They will shout joyfully when they gather the harvest.

Psalms 126:6

ULT	UST
Going, he may go and weeping, carrying the bag of seed. Coming, he will come in a shout of joy, carrying his sheaves.	*They may indeed walk through the field crying, as they spread the seed from their bags. But they will surely come back shouting joyfully, carrying their bundles of grain.*

What will happen to the person who goes out weeping and carrying seed for sowing?

He will return with shouts of joy, bringing his bundles of grain with him.

Psalms 127

Psalms 127:1

ULT	UST
A song of ascents; of Solomon. If Yahweh does not build a house, in vain its builders have labored on it. If Yahweh does not watch a city, in vain the watchman has stayed awake.	*This is a psalm for people going up to the temple to worship. It is of Solomon. If people are building a house, but Yahweh does not approve of it, those who build it are doing nothing useful. If Yahweh does not protect a city, it is useless for the guards to stay awake watching it.*

What happens if Yahweh does not approve of building a house and does not watch over a city?

If Yahweh does not approve of building a house, those who build it labor uselessly, and if Yahweh does not watch over a city, it is useless for the watchman to stay awake to guard it.

Psalms 127:2

ULT	UST
It is vain for you, the ones rising early to get up, the ones being late to sit down, the ones eating the bread of toils; certainly he gives to his beloved one sleep.	*It is useless for you to get up very early and stay up very late, working hard to get food, because Yahweh wants to give sleep to those whom he loves.*

What does Yahweh give to those whom he loves?

Yahweh gives sleep to those whom he loves.

Psalms 127:3

ULT	UST
Behold, the inheritance of Yahweh is sons; a reward is the fruit of the womb.	*Children are a gift that Yahweh gives; Offspring are a benefit from him.*

What are an inheritance and a reward from Yahweh?

Children are an inheritance and a gift from Yahweh.

Psalms 127:4

ULT	UST
Like arrows in the hand of a warrior, thus are the sons of the youth.	*When a man has sons while he is still young, those sons become as useful as arrows are in the hand of a warrior.*

To what are sons one has when he is young compared to?

Those sons will be as useful for him as arrows in the hand of a warrior.

Psalms 127:5

ULT	UST
The happinesses of the man who has filled his quiver of them! They will not have shame when they speak with adversaries in the gate.	*A man who has many sons has such a good life! When he argues with an opponent at the place where people settle disputes, the opponent will not defeat him.*

Why will the man who has many children not be defeated?

When he argues with an opponent at the place where people settle disputes, the opponent will not defeat him.

Psalms 128

Psalms 128:1

ULT	UST
A song of ascents. The happinesses of everyone fearing Yahweh, the one walking in his ways.	*This is a psalm for those going up to the temple to worship. How good life is for all who deeply revere Yahweh and who do what he tells them to do!*

What does the psalmist say about the person who reveres Yahweh and does what he tells them to do?

That person will have a good life.

Psalms 128:2

ULT	UST
The labor of your palms, when you eat it, is your happiness, and good for you.	*You will enjoy eating the food that you have worked hard for, and it will make you healthy.*

What does the psalmist say will happen to the person who works hard?

That person will enjoy eating the food that he has worked hard for, and it will make him healthy.

Psalms 128:3

ULT	UST
Your wife is like a fruitful vine in the recesses of your house. Your sons are like shoots of olive trees, all around your table.	*Your wife will bear many children in the innermost rooms of your house, like a grapevine that produces many grapes. Your children will grow strong like young olive trees as they fill the room around your table.*

What does the psalmist say about the wife of the person who reveres Yahweh and works hard?

She will have many children who will grow strong and fill the room around their table.

Psalms 128:4

ULT	UST
Behold, for thus the man fearing Yahweh will be blessed.	*Yes, that is how Yahweh will bless every person who deeply reveres him.*

What will happen to the person who reveres Yahweh?

Every person who reveres Yahweh will be blessed.

Psalms 128:5-6

What does the psalmist pray that Yahweh will do for the person who reveres him?

The psalmist prays that Yahweh will bless him so that he may see the people of Jerusalem prosper, and live long enough to see his grandchildren.

Psalms 129

Psalms 129:1-2

How long has Israel been oppressed but not defeated?

Israel has been oppressed but not defeated since it became a nation.

Psalms 129:3

ULT	UST
Upon my back the plowers plowed; they made long their furrows.	*They oppressed me severely as though they were plowing across my back, making long wounds like furrows in a field.*

To what does the psalmist compare the way Israel was oppressed?

Their oppression was as severe as if the enemies were plowing across their back, making long wounds like furrows in a field.

Psalms 129:4

ULT	UST
Yahweh is righteous; he has cut the cords of the wicked.	*Yahweh does what is right; he no longer allows wicked people to control me.*

What has Yahweh done for Israel?

Yahweh no longer allows wicked people to control Israel.

Psalms 129:5

ULT	UST
Let them have shame and withdraw backward, all the haters of Zion.	*May everyone who hates the people of Zion be ashamed and go away.*

What does the psalmist want to happen to those who hate Zion?

He wants for those who hate the people of Zion to all be ashamed and go away.

Psalms 129:8

ULT	UST
and those passing by do not say, “The blessing of Yahweh be upon you; we bless you in the name of Yahweh.”	*They will never hear someone walking by the reapers say, “May Yahweh bless you!” They will not hear the reapers reply, “We bless you as representatives of Yahweh.”*

What does the psalmist not want people to say about those who hate Zion?

He does not want them to call down the blessing of Yahweh on those people or to bless them in the name of Yahweh.

Psalms 130

Psalms 130:1-2

What does the psalmist cry out to Yahweh?

The psalmist calls out to Yahweh to listen as he calls out to Yahweh for mercy.

Psalms 130:4

ULT	UST
However, there is forgiveness with you, so that you may be feared.	*But you forgive us, with the result that we deeply revere you.*

Why does the psalmist say Yahweh should be revered?

Yahweh should be revered because there is forgiveness with him.

Psalms 130:5

ULT	UST
I wait for Yahweh; my soul waits, and in his word I hope;	*Yahweh has said that he would help me; I trust what he said, and so I wait eagerly for him to do that.*

For whom does the psalmist wait and hope?

He waits for Yahweh and hopes because Yahweh has said that he would help him.

Psalms 130:7-8

Why does the psalmist tell Israel to hope in Yahweh?

The people of Israel can trust Yahweh to help them because he faithfully loves them, wants to save them, and does not punish them for all the sins they have committed.

Psalms 131

Psalms 131:1

ULT	UST
A song of ascents; of David. Yahweh, my heart is not high and my eyes are not raised up, and I do not walk in great and marvelous things beyond me.	*This is a psalm for people going up to the temple to worship. It is a psalm of David. Yahweh, I am not a proud, haughty person. I do not concern myself with things that are too great or too amazing for me.*

What does David say he is not?

David says he is not a proud or haughty person.

Psalms 131:2

ULT	UST
Rather, I have stilled and quieted my soul like a weaned child upon his mother; like a weaned child upon me is my soul.	*Instead, I have calmed myself, like a weaned child who rests calmly on the breast of his mother. Yes, my inner being is peaceful like that contented child.*

To what does David compare his soul?

His inner being is peaceful and quieted like a contented child.

Psalms 131:3

ULT	UST
Israel, hope in Yahweh from now and until forever!	*Israelites, confidently expect Yahweh to do good things for you, now and forever!*

When does David tell Israel to hope in Yahweh?

He tells them to hope in Yahweh now and forever.

Psalms 132

Psalms 132:1-2

What did the psalmist ask Yahweh to remember?

He asked Yahweh to remember David's suffering and how David made a solemn promise to the Yahweh, the Mighty One who Jacob worshiped.

Psalms 132:3-5

David vowed that he would not enter his house or sleep until he did what?

He said he would not rest until he built a home for Yahweh.

Psalms 132:7

ULT	UST
"Let us go to his dwellings; let us bow down at the footstool of his feet."	*We said, "Let us go to the place where Yahweh lives; let us worship before the sacred chest where he rests his feet."*

Where will the people go and what will they do when they get there?

They will go to the place where Yahweh lives and worship.

Psalms 132:9

ULT	UST
Let your priests wear righteousness, and let your faithful shout for joy.	*May your priests always do what is right, and may the people who are faithful to you shout joyfully.*

What does the psalmist want the priests and the people to do?

The psalmist wants the priests to always do what is right and the people who are faithful to Yahweh to shout joyfully.

Psalms 132:10

ULT	UST
For the sake of David your servant, do not turn back the face of your anointed.	*Because of what you promised to David, who served you, do not reject the king whom you chose.*

What does the psalmist ask Yahweh not to do, for the sake of David?

The psalmist asks Yahweh not to reject David, the king whom he has chosen.

Psalms 132:11

ULT	UST
Yahweh swore to David, in truth, he will not turn back from it: "From the fruit of your body I will set one on the throne for you.	*Yahweh swore a promise to David, and he will certainly not take it back: "I will place one of your own descendants to rule as king on your throne.*

What is the oath Yahweh swore to David?

Yahweh promised that one of David's own descendants would sit on his throne as king.

Psalms 132:13-14

What does Yahweh declare about Zion?

Yahweh chose Zion as his dwelling place and declares that he will stay there forever.

Psalms 132:15

ULT	UST
Blessing I will bless her provisions; her needy I will satisfy with bread.	*I will certainly give the people of Zion everything that they need; I will give enough food to satisfy even the poor people who live there.*

What will Yahweh do for the people of Zion?

Yahweh will provide everything that the people of Zion need, so that even the poor who live there will have enough food to satisfy them.

Psalms 132:18

ULT	UST
His enemies I will clothe with shame, but upon him his crown will flourish.”	*I will cause his enemies to be very ashamed, but his kingdom will prosper.”*

What does Yahweh promise the king?

Yahweh will cause the enemies of the chosen king to be defeated and ashamed, but his kingdom will flourish.

Psalms 133

Psalms 133:1

ULT	UST
A song of ascents; of David Behold, how good and how pleasant is the dwelling of brothers, yes, together!	*This is a psalm for people going up to the temple to worship. It is of David. Think about how wonderful and delightful it is when God's people live together in a unified way!*

What does David say about God's people?

He says it is good and pleasant when God's people live together in a unified way.

Psalms 133:2-3

To what does David compare when God's people live happily together?

It is as delightful as seeing the priest be anointed with oil or feeling the dew coming down on the mountains of Zion.

Psalms 133:3

ULT	UST
like the dew of Hermon that is coming down on the mountains of Zion, for there Yahweh commanded the blessing, life to forever.	*It is as delightful as feeling the dew from Mount Hermon coming down on the mountains of Zion. That is where Yahweh blessed his people, giving them a way to live forever.*

Where did Yahweh bless his people with the promise of life forevermore?

He commanded the blessing of life forevermore on the mountains of Zion.

Psalms 134

Psalms 134:1-2

What should all those who serve Yahweh do?

They should bless Yahweh and praise him by lifting up their hands in prayer toward the holy place.

Psalms 134:3

ULT	UST
May Yahweh bless you from Zion, the maker of heaven and earth.	*I pray that Yahweh will bless you from his temple on Mount Zion, for he is the one who made everything that exists.*

Where will Yahweh, who made everything that exists, bless those who serve him?

He will bless them from his temple on Mount Zion.

Psalms 135

Psalms 135:1-2

Who should praise Yahweh?

Those who serve Yahweh in his temple and courtyards should praise Yahweh.

Psalms 135:3

ULT	UST
Hallelu Yah, for Yahweh is good; make music to his name, for it is pleasant.	*Praise Yahweh, because he is good; sing praises to him, because doing that is delightful.*

Why should those who serve Yahweh praise and sing to him?

They should praise Yahweh because he is good, and they should sing praises to him because doing that is pleasant.

Psalms 135:4

ULT	UST
For Yah chose Jacob for himself; Israel for his special possession.	*Praise him because Yahweh chose us, the descendants of Jacob, the people of Israel, to belong only to him.*

What did Yahweh do for the people of Israel?

Yahweh chose the descendants of Jacob, the people of Israel, to belong only to him as his special possession.

Psalms 135:5-6

What does the psalmist know about Yahweh?

He knows that Yahweh is great, he is more powerful than all other gods, and he does whatever he wants to do anywhere on earth or in heaven.

Psalms 135:7

ULT	UST
bringing up clouds from the end of the earth, he makes lightning bolts for the rain— bringing out wind from his storehouses,	*He causes clouds to form in distant places on the earth; he makes lightning flash along with the rain, and he sends out wind from the places where he stores it.*

What acts does Yahweh do that show his greatness?

Yahweh brings the clouds, makes lightning bolts accompany the rain, and brings the wind from wherever he stores it.

Psalms 135:8-9

What did Yahweh do to the Egyptians?

He killed the firstborn man and animals of Egypt and he did amazing miracles against Pharaoh and all his servants.

Psalms 135:12

ULT	UST
And he gave their land as an inheritance, an inheritance for Israel, his people.	*Then he gave the land that those kings had ruled over to his own people, that is, to us, the people of Israel, to be our own land.*

What did Yahweh do with the land of the nations that other kings ruled over?

He gave their land as an inheritance to Israel his people.

Psalms 135:13-14

What does the psalmist say about Yahweh's name, and what does Yahweh do for his people?

People will remember Yahweh's name forever, because he defends his people and shows compassion to those who serve him.

Psalms 135:15-17

What does the psalmist say about the nations' idols?

They are handmade statues of silver and gold that have mouths, eyes, and ears but they do not speak, see, hear, nor breathe.

Psalms 135:18

ULT	UST
Their makers are like them— everyone who is trusting in them.	*The people who make those idols will become as helpless as they are, and so will everyone who trusts in them.*

What does the psalmist say about people who make or trust in idols?

Those who make idols and those who trust in them will become as helpless as the lifeless idols are.

Psalms 135:19-20

Who should bless Yahweh?

The descendants of Israel, Aaron, Levi, and those that revere and honor Yahweh should bless Yahweh.

Psalms 136

Psalms 136:1

ULT	UST
Give thanks to Yahweh, for he is good, for his covenant faithfulness is to forever.	*Thank Yahweh because he is good to us, because he faithfully loves us forever!*

Why should the people give thanks to Yahweh?

They should give thanks to him for he is good, because he faithfully loves them forever.

Psalms 136:4

ULT	UST
To the doer of great wonders, him alone, for his covenant faithfulness is to forever.	*Thank him, the only one who does wonderful miracles, because he faithfully loves us forever!*

What does Yahweh do that no one else does?

Yahweh alone does wonderful miracles.

Psalms 136:10

ULT	UST
To the striker of Egypt in their firstborn, for his covenant faithfulness is to forever.	*Thank him, who killed the firstborn sons of the Egyptians; because he faithfully loves us forever!*

What did Yahweh do to the firstborn of Egypt?

He killed all the firstborn of the Egyptians.

Psalms 136:13-14

What did Yahweh do for Israel when he divided the Sea of Reeds?

He enabled the Israelites to pass through the middle of the Sea of Reeds on dry land.

Psalms 136:16

ULT	UST
To the one leading his people in the wilderness, for his covenant faithfulness is to forever.	*Thank him, the one who led his people safely through the desert, because he faithfully loves us forever!*

How was Yahweh faithful to his people?

He led his people safely through the wilderness.

Psalms 136:21

ULT	UST
And he gave their land as an inheritance, for his covenant faithfulness is to forever,	*He gave their land to the people of Israel to possess; because he faithfully loves us forever!*

What did Yahweh do with the land of the great kings?

He gave their land as an inheritance to the people of Israel because he loves them forever.

Psalms 136:26

ULT	UST
Give thanks to the God of the heavens, for his covenant faithfulness is to forever!	*Thank God, who rules from heaven; because he faithfully loves us forever!*

Why does the psalmist say to give thanks to the God who rules from heaven?

People should give thanks to God because he faithfully loves them forever.

Psalms 137

Psalms 137:1

ULT	UST
By the rivers of Babylon, there we sat down, also we wept, when we remembered Zion.	*After soldiers had taken us to Babylon, we sat down by the rivers there, and we cried when we thought about the temple on Mount Zion in Jerusalem.*

Where were the captives when they sat down and wept?

They were by the rivers of Babylon when they cried at the memory of the temple in Jerusalem.

Psalms 137:3

ULT	UST
For there our captors requested of us words of a song, and our tormentors, joy: "Sing for us from a song of Zion."	*We did that because those who had captured us and taken us there demanded that we sing for them. They tormented us and told us to sing a joyful song. They said, "Sing for us one of the songs about Zion!"*

What did the captors demand that the captives sing?

Their captors demanded that they sing joyful songs about Zion.

Psalms 137:5-6

What does the psalmist say should happen to him if he forgets about Jerusalem?

He says he should lose his ability to play the harp and be unable to sing.

Psalms 137:7

ULT	UST
Remember, Yahweh, for the sons of Edom, the day of Jerusalem, the ones saying, "Lay bare, lay bare, to the foundation in her!"	*Yahweh, please punish the Edomites for what they did when the enemy destroyed Jerusalem. They shouted, "Completely tear it down to its foundations!"*

What does the psalmist ask Yahweh to remember about the Edomites?

He asks Yahweh to remember and punish the Edomites for what they did when Jerusalem fell. They shouted for it to be completely torn down to its foundations.

Psalms 137:8

ULT	UST
Daughter Babylon, the devastated one, the happinesses of the one who makes complete to you your repayment that you paid to us!	*Concerning the people of Babylon, who devastate other nations, How good it will be for the person who completely pays them back with what they did to us!*

Who does the psalmist say will be happy?

He says the one who repays Babylon for what they did to Israel will be happy.

Psalms 138

Psalms 138:1

ULT	UST
Of David I will thank you with my whole heart; before the gods I will make music to you.	*This is a psalm of David. Yahweh, I sincerely thank you. In the presence of idols of other gods, I sing to praise you.*

How does the psalmist say he will thank Yahweh?

He will thank Yahweh sincerely and praise him in the presence of the idols of other gods.

Psalms 138:2

ULT	UST
I will bow down toward the temple of your holiness, and I will praise your name for your covenant faithfulness and for your trustworthiness, for you have exalted above all of your name your word.	*I bow down toward your sacred temple to worship you and I thank you because you faithfully love us and because we can trust you to do all that you have promised. You have given cause for people everywhere to honor you and what you have said more than anything else.*

What has Yahweh exalted above everything?

He has exalted his word and his name above everything.

Psalms 138:3

ULT	UST
On the day that I called and you answered me, you emboldened my soul with power.	*When I called out to you, you helped me; you enabled me to be brave and strong.*

What did Yahweh do for the psalmist when he called?

Yahweh helped him and enabled him to be brave and strong.

Psalms 138:4

ULT	UST
May all the kings of the earth thank you, Yahweh, because they heard the words from your mouth.	*Yahweh, someday all the kings of this earth should praise you because they will have heard what you have said.*

What does the psalmist hope the kings of the earth will do?

He hopes they will thank Yahweh because they will have heard what he has said.

Psalms 138:5

ULT	UST
May they sing of the ways of Yahweh, for great is the glory of Yahweh.	*They should sing about what you have done because you are very glorious.*

What does the psalmist say the kings should sing about?

He says they should sing about what Yahweh has done, for he is glorious.

Psalms 138:6

ULT	UST
Though Yahweh is high, yet he sees the lowly, and the proud he knows from far off.	*Yahweh, although you live in heaven, you take care of humble people. Proud people, however, you identify from far away.*

For whom does Yahweh care?

He takes care of humble people.

Psalms 138:7

ULT	UST
Though I walk in the middle of trouble, you will keep me alive; you will stretch out your hand against the nose of my enemies, and your right hand will save me.	*Even when dangerous things happen all around me, you keep me safe. You rescue me from my enemies who are angry with me.*

What does the psalmist say Yahweh will do when he walks through trouble?

Yahweh will keep him safe and will rescue him from his enemies.

Psalms 138:8

ULT	UST
Yahweh will accomplish for my benefit; your covenant faithfulness, Yahweh, is forever. Do not forsake the works of your hands.	*Yahweh, I know that you will continue to do what is good for me; Yahweh, you faithfully love us forever. Please do not abandon us, the people that you have made!*

What does the psalmist ask Yahweh not to do?

He asks that Yahweh not abandon the people that he has made because he faithfully loves them forever.

Psalms 139

Psalms 139:1

ULT	UST
For the chief musician; of David; a psalm. Yahweh, you have searched me and you know me.	*This is a note for the worship leader: This is a psalm of David. Yahweh, you have thoroughly examined me, and you know me completely.*

What does David say Yahweh has done?

Yahweh has thoroughly examined him and knows him completely.

Psalms 139:2

ULT	UST
You, you know my sitting down and my rising up; you understand my thought from far away.	*You are the one who knows everything that I do, including when I sit and when I stand. Even from far away, you know what I am thinking.*

What does Yahweh understand from far away?

Yahweh knows everything that David does and understands what he is thinking.

Psalms 139:6

ULT	UST
Such knowledge is too wonderful for me; it is high; I am not capable of it.	*I am in awe that you know everything about me. I am not able to comprehend that.*

How does David describe Yahweh's complete knowledge of him?

That knowledge that Yahweh knows everything about him is so wonderful that David is not even able to comprehend it.

Psalms 139:7

ULT	UST
Where shall I go from your spirit? And where shall I flee from your face?	*There is nowhere I could go to get away from your Spirit! There is nowhere I could run to escape from your presence!*

What does the psalmist say about escaping from Yahweh's Spirit?

There is nowhere he can go to get away from Yahweh's Spirit or flee from Yahweh's presence.

Psalms 139:8

ULT	UST
If I ascend to the heavens, you are there, and I spread out in Sheol, behold, you!	*If I went up to heaven, you would be there. Even if I lay down in the place where dead people go, you would be there!*

Where can David not go to escape from Yahweh's presence, because Yahweh is there?

David says that even if he could go up to the heavens or down to Sheol where the dead go, Yahweh would be there.

Psalms 139:12

ULT	UST
Even darkness does not make it dark to you, and the night shines like the day; like darkness, like light.	*even darkness is not dark to you, and the night shines as bright as the daytime. For you, darkness and light are the same.*

According to the psalmist, how does Yahweh see darkness compared to light?

Yahweh can see whether in the darkness and the light.

Psalms 139:13

ULT	UST
For you, you created my kidneys; you knit me together in the womb of my mother.	*Indeed, you are the one who created my deepest inner parts; you formed me inside my mother's womb.*

Where did Yahweh form David?

Yahweh formed him inside his mother's womb.

Psalms 139:16

ULT	UST
your eyes saw my unformed substance. And in your book all of them were written: the days were formed, and yet not one of them was.	*you saw me before I had any form. You wrote in your book each day that you had planned for me to live, before any of those days had even started.*

When did Yahweh record each day of David's life?

Yahweh recorded all the days of David's life in Yahweh's book even before the first one happened.

Psalms 139:17

ULT	UST
And to me, how precious are your thoughts, God! How numerous are their heads!	*God, the things that you think are very valuable to me! There are so many of them!*

How does David describe God's thoughts?

God's thoughts are precious to David and very numerous.

Psalms 139:19

ULT	UST
If only you would kill the wicked, God! And men of bloodshed, depart from me,	*God, I wish that you would kill all wicked people! I wish that all violent men would go away from me!*

What does David want God to do to the wicked and violent men?

David wants God to kill all wicked people and get the violent men away from him.

Psalms 139:23

ULT	UST
Search me, God, and know my heart; examine me and know my cares.	*God, I invite you to search me and to know what I am thinking; please examine me and know what I worry about.*

What does the psalmist ask God to search and know?

He asks God to search him and know what he is thinking, and to examine him and know what worries him.

Psalms 139:24

ULT	UST
And see if a way of hurtfulness is in me, and lead me in the way of eternity.	*See if there is any harmful way in me, and teach me to live in the way that lasts forever.*

In what way does David want God to lead him?

David asks God to teach him to live in the way that lasts forever.

Psalms 140

Psalms 140:1

ULT	UST
Rescue me, Yahweh, from an evil man; from a man of violence preserve me,	*Yahweh, please save me from evil people; protect me from people who want to attack me.*

From whom does David need Yahweh to rescue him?

David needs Yahweh to rescue him from evil people and protect him from violent people.

Psalms 140:3

ULT	UST
They have sharpened their tongue like a serpent; venom of a viper is under their lips. Selah	*They say things to people that hurt them; what comes from their mouths is as deadly as the venom of a viper. Selah*

What does David say about the wicked?

David says they say things to people that hurt them and are as deadly as the venom of a viper.

Psalms 140:4

ULT	UST
Guard me, Yahweh, from the hands of the wicked; from the man of violence preserve me, who have planned to push down my steps.	*Yahweh, protect me from wicked people who want to harm me; keep me safe from violent people who have planned to destroy me.*

What do the violent men plan to do to David?

They have planned to destroy him.

Psalms 140:5

ULT	UST
The proud have hidden a snare for me, and cords; they have spread out a net to the hand of the path; traps they have set for me. Selah	*Proud people are trying to destroy me. It is as though they have hidden a snare for me; It is as though they have spread out a net along my path; It is as though they have set traps to catch me. Selah*

What have proud people tried to do to David?

They are trying to destroy him as though they had hidden traps to catch him.

Psalms 140:6

ULT	UST
I have said to Yahweh, "You are my God." Give ear, Yahweh, to the voice of my supplications.	*I say to you, "Yahweh, you are my God." Yahweh, please listen to me as I plead with you to help me!*

To what does David ask Yahweh to listen?

David asks Yahweh to listen to him as he pleads for his help.

Psalms 140:7

ULT	UST
Yahweh, Lord, the strength of my salvation, you have covered my head in the day of weaponry.	*Yahweh, my Lord, you are the one who powerfully saves me; you have protected me during battles as though you had covered my head with a helmet.*

What did Yahweh do for David during battles?

Yahweh powerfully saved David and protected him during battles.

Psalms 140:9

ULT	UST
The head of the ones surrounding me— let the mischief of their lips cover them.	*As for the leaders of those who surround me, let the harmful things that they have said to others happen to them.*

What does David want to happen to the leaders who surround him?

David wants the harmful things that they have said to others to happen to them.

Psalms 140:11

ULT	UST
Let not a man of tongue be established in the land; a man of violence—let evil hunt him with blows.	*Yahweh, please do not allow people who slander others to prosper in this land; Cause evil things to continually happen to violent people and destroy them.*

What does David want to happen to those who slander others?

David wants anyone who slanders others to have evil things happen to them.

Psalms 140:12

ULT	UST
I know that Yahweh will do the cause of the poor, the justice of the needy.	*Yahweh, I know that you do what is just and right for poor people.*

What does David know Yahweh will do for the poor and the needy?

David knows that Yahweh will do what is just and right for poor people.

Psalms 140:13

ULT	UST
Surely the righteous will praise your name; the upright will dwell before your face.	*People who do what is right will surely thank you, and they will live with you.*

What will the righteous people surely do?

The righteous people will surely give thanks to Yahweh.

What will happen to the upright people?

They will live in Yahweh’s presence.

Psalms 141

Psalms 141:1

ULT	UST
A psalm of David Yahweh, I cry out to you, "Hurry to me! Give ear to my voice when I cry out to you."	*This is a psalm of David. Yahweh, I call out to you; please help me quickly! Please listen to me when I am calling out to you.*

What is David crying out to Yahweh?

He is crying out for Yahweh to come to help him and to listen to him when he calls.

Psalms 141:2

ULT	UST
May my prayer be established like incense to your face, a raising of my palms like the evening sacrifice.	*Please accept my prayer as though it were an offering of incense to you. Please accept me while I lift up my hands to pray to you, just as you accept the sacrifices that people offer to you each evening.*

What does David want his prayer and lifted hands to be like for Yahweh?

David wants Yahweh to accept his prayer as though it were an offering of incense to Yahweh and his hands lifted in prayer as an evening sacrifice.

Psalms 141:3

ULT	UST
Yahweh, place a guard over my mouth; guard the door of my lips.	*Yahweh, do not allow me to say things that are bad or wrong. Do not allow me to say those things as a sentry does not allow the wrong people to go through a doorway.*

What does David ask Yahweh to guard?

He asks Yahweh guard him against saying things that are bad or wrong.

Psalms 141:4

ULT	UST
Do not turn my heart toward an evil thing to wantonly act in activities in wickedness with men, doers of evil. And may I not dine on their delicacies.	*Prevent me from wanting to do anything that is wrong and from joining with wicked men when they want to do evil deeds. Do not even allow me to share in eating their delightful food!*

What does David want Yahweh to prevent him from doing?

He asks Yahweh to prevent him from wanting to do evil things, joining wicked men in their deeds, and eating their delicacies.

Psalms 141:5

ULT	UST
Let the righteous hit me—covenant faithfulness, and he is correcting me! Oil for the head may my head not refuse. For my prayer is continually against their wickedness.	*It is all right if righteous people strike me because they are acting faithfully and kindly toward me to correct me. If they do that, it will be as if they have honored me by anointing my head with olive oil, and may I never refuse to accept it. but I am always praying that you will punish the wicked because of the wicked deeds that they do.*

What does David say it means if a righteous man corrects him?

He says if it is a righteous person who strikes him, he is acting faithfully and kindly toward David to correct him.

What does David say it will be like if a righteous man corrects him?

He says it will be as if they have honored him by anointing his head with oil, which he will not refuse.

What does David always pray against wickedness?

He always prays that Yahweh will punish the wicked because of the wicked deeds that they do.

Psalms 141:6

ULT	UST
Their judges are thrown down beside a cliff; and they hear my words, that they are pleasant.	*When their rulers are thrown down from the top of rocky cliffs, the wicked will hear what I am saying, and will know that what I am saying is right and good.*

What will happen to the wicked people's judges?

Their judges will be thrown down from a cliff, and the wicked will hear that David's words are right and good.

Psalms 141:7

ULT	UST
"Just as splitting and breaking up in the ground, our bones are scattered at the mouth of Sheol."	*They will say, "Just as one scatters clods of earth when he breaks up the ground, soon our bodies will lie scattered on the way to the place where dead people are."*

What do the wicked say will happen to their bones?

They say their bones will be scattered on the way to the place where dead people are, just as the earth is scattered when the ground is broken up.

Psalms 141:8

ULT	UST
Yet my eyes are on you, Yahweh, Lord; in you I take refuge; do not uncover my soul.	*But Lord Yahweh, I continue to rely on you. I ask you to protect me; please do not stop protecting my life!*

Who is David relying on?

David is relying on Yahweh to protect his life.

Psalms 141:9

ULT	UST
Keep me from the hands of the snare they have laid for me, and the traps of the workers of evil.	*People who do evil things are trying to trick me and destroy me. It is as though they have laid out snares and set traps for me. Please keep me safe from what they are trying to do to me.*

From what does David want Yahweh to protect him?

David wants Yahweh to protect him from the snares of people who do evil things by trying to trap and trick him.

Psalms 141:10

ULT	UST
Let the wicked fall into his nets together, I, while I cross over.	*I desire that wicked people fall together into the traps that they have set to catch me, while, for my part, I escape from them.*

What does David want to happen to the wicked?

David wants the wicked to fall into their own traps that they set to catch him while he escapes.

Psalms 142

Psalms 142:2

ULT	UST
I pour out my lament to his face; my distress to his face I declare.	*I am complaining to you about all of my problems; I am telling you all of my troubles.*

What does David pour out to Yahweh?

David pours out his complaints about his problems and declares his distress to Yahweh.

Psalms 142:3

ULT	UST
When my spirit faints within me, then you, you know my path. Along this path I walk they have hidden a trap for me.	*When I am very discouraged, you are the one who knows what I must do. As I go about my activities, it is as though my enemies have hidden traps along my path for me to fall into.*

What does Yahweh know when David is discouraged?

Yahweh knows what David must do when he is discouraged.

Psalms 142:5

ULT	UST
I cried out to you, Yahweh; I said, "You are my shelter, my portion in the land of the living."	*So Yahweh, I called out to you to help me; I said, "You are the one who protects me; you are all that I need while I am alive."*

What does David say Yahweh is to him?

David says Yahweh is like a shelter to him since he protects him.

Psalms 142:6

ULT	UST
Listen to my cry, for I am very low; rescue me from my pursuers, for they are stronger than I.	*Please listen to me while I call out to you to help me because I am very distressed. Save me from those who are making me suffer, because they are stronger than I am.*

Why does David need Yahweh to rescue him from his pursuers?

David asks Yahweh to rescue him from his pursuers because they are stronger than he is.

Psalms 142:7

ULT	UST
Bring out my soul from prison to praise your name. The righteous will gather around me because you will fulfill for me.	*Please free me from those who are distressing me so that I may thank you. When you do that, the other righteous people will gather with me to praise you together because you will have fulfilled my request.*

Why will the righteous gather around David?

The righteous will gather around David to join him in praising Yahweh because Yahweh will have fulfilled David's request.

Psalms 143

Psalms 143:1

ULT	UST
A psalm of David Hear my prayer, Yahweh; listen to my pleas! On account of your faithfulness answer me in your righteousness!	*This is a psalm of David. Yahweh, please listen to me as I pray to you, pleading for you to help me! Because you are righteous and because you faithfully do what you have promised, please do what I am asking you to do for me!*

What does David ask Yahweh to do in response to his prayer?

David asks Yahweh to hear his prayer and answer him according to Yahweh's faithfulness and righteousness.

Psalms 143:2

ULT	UST
And do not enter into judgment with your servant, for everyone living is not righteous to your face.	*Please do not judge me, your servant, because you know that there is no one alive who is completely innocent.*

What reason does David give for not wanting Yahweh to judge him?

David asks Yahweh not to judge him because he knows that no one alive is completely innocent before Yahweh.

Psalms 143:3

ULT	UST
For the enemy has pursued my soul; he has crushed my life to the ground; he has made me to live in dark places like the dead of ages.	*Please help me because my enemies have pursued me; they have completely defeated me. It is as though they have already put me in a grave like people who are dead for eternity.*

What has the enemy done to David?

The enemy has pursued him and defeated him.

Psalms 143:5

ULT	UST
I remember days from before; I meditate on all your works; I reflect on the works of your hands.	*I remember what has happened previously; I think about all the things that you have done; I consider the great deeds that you have performed.*

What does David think about when he remembers previous days?

David thinks about all the great things that Yahweh has done.

Psalms 143:6

ULT	UST
I spread out my hands to you; my soul, as a thirsty land, to you. Selah	*I lift up my hands to you as I pray; I need you, just as much as a very dry land needs water. Selah*

How does David describe his longing for Yahweh?

David says he needs Yahweh just as much as a very dry land needs water.

Psalms 143:7

ULT	UST
Hurry! Answer me, Yahweh; my spirit is expiring! Do not hide your face from me, or I will become equal with those going down to the pit.	*Yahweh, I am absolutely despairing, so please answer me right now! Do not keep away from me because if you do that, I will soon be among those who descend to where the dead people are.*

What would cause David to join those who have died?

David would feel as if he would die soon if Yahweh does not answer him.

Psalms 143:8

ULT	UST
Let me hear your covenant faithfulness in the morning, for I trust in you. Make known to me this way I should walk, for I lift up my soul to you.	*Every morning cause me to remember that you faithfully love me because I trust in you. show me the things that I should do because I depend on you for my life.*

What does David want to hear in the morning because he trusts Yahweh?

Because David trusts Yahweh, he wants to remember that Yahweh faithfully loves him.

What does David want Yahweh to show him because he depends on Yahweh for his life?

Because David depends on Yahweh for his life, he wants Yahweh to show him the things he should do.

Psalms 143:9

ULT	UST
Rescue me from my enemies, Yahweh; I hide in you.	*Yahweh, please save me from my enemies; I rely on you to protect me.*

Where does David say he hides when asking Yahweh to rescue him from his enemies?

David says he hides in Yahweh and relies on his protection.

Psalms 143:10

ULT	UST
Teach me to do your will, for you are my God. May your good Spirit lead me in a level land.	*You are the God to whom I belong, so teach me to do what pleases you. I want your good Spirit to show me the best way to live.*

Who does David want Yahweh's good Spirit to show him?

David wants Yahweh to teach him to do what pleases him and Yahweh's good Spirit to show him the best way to live.

Psalms 143:11

ULT	UST
Yahweh, for the sake of your name, may you preserve my life; in your righteousness may you bring my soul out of distress.	*Yahweh, please keep me alive because of who you are; because you are righteous, please rescue me from the people who are oppressing me!*

Why does David ask Yahweh to preserve his life?

David asks Yahweh to preserve his life and rescue him from his enemies because of how righteous Yahweh is.

Psalms 143:12

ULT	UST
And in your covenant faithfulness may you destroy my enemies and exterminate all the adversaries of my soul, for I am your servant.	*I am one who serves you; so because you faithfully love me as you promised to do, please kill all of my enemies who want to kill me.*

What does David ask Yahweh to do to his enemies?

David asks Yahweh to destroy his enemies who want to kill him.

Psalms 144

Psalms 144:1

ULT	UST
Of David. Blessed be Yahweh, my rock, the one teaching my hands for war, my fingers for battle,	*This is a psalm of David. I praise Yahweh, who protects me! He equips me to fight well in wars.*

How does David say Yahweh will protect him?

Yahweh equips David to fight well in wars.

Psalms 144:2

ULT	UST
my covenant faithfulness and my fortress, my stronghold and the one rescuing me, my shield, and in whom I take refuge, the one subduing my people under me.	*He is always faithful and kind to me. He keeps me safe and helps me escape from danger, as if he were my shield or a place where I could go to be safe. He enables me to rule other peoples.*

What does David say Yahweh does for him?

David says Yahweh keeps him safe and helps him escape from danger and enables him to rule people under him.

Psalms 144:3

ULT	UST
Yahweh, what is man, that you know him, the son of man, that you consider him?	*Yahweh, people are so insignificant; it is amazing that you pay any attention to them!*

What does David think about Yahweh's attention to people?

David finds it amazing that Yahweh pays any attention to people, since they are so insignificant.

Psalms 144:4

ULT	UST
Man compares to vapor; his days are like a passing shadow.	*People live for only a very short time, just as a mist or a shadow quickly disappears.*

To what does David compare people's lives?

David says people live only a short time just as a mist or a shadow quickly disappears.

Psalms 144:5

ULT	UST
Yahweh, bow your heavens and come down; touch the mountains, that they may smoke.	*Yahweh, please come down from the sky and split open the mountains so that smoke pours from them.*

What would the mountains do if Yahweh touched them?

Yahweh would cause the mountains to smoke if he touched them.

Psalms 144:6

ULT	UST
Light lightning and scatter them; send your arrows and rout them.	*Please send lightning bolts like arrows against my enemies to make them run away.*

What does David ask Yahweh to send against his enemies?

David asks Yahweh to send lightning bolts to send his enemies running.

Psalms 144:7

ULT	UST
Send your hands from above; break me free and deliver me from many waters, from the hand of sons of a foreigner,	*Reach down from heaven and rescue me from my enemies who are surrounding me like a dangerous flood. Save me from the power of these foreign people.*

How does Yahweh rescue David from the power of foreigners?

Yahweh reaches down from heaven and rescues David from the power of these foreign enemies.

Psalms 144:9

ULT	UST
God, I will sing a new song to you; with a lyre of ten strings I will make music to you,	*God, I will sing a new song to you and play my ten-stringed harp to praise you,*

On what instrument will David sing a new song to God?

David will sing a new song to God and praise him with a lyre which is a harp with ten strings.

Psalms 144:10

ULT	UST
the one giving salvation to kings, the one breaking free David his servant from the evil sword.	*because you are the one who saves kings and who rescues me, your servant David, from danger in battle.*

What does David say God does for kings and for him?

David says God saves kings and rescues him from danger in battle.

Psalms 144:11

ULT	UST
Break me free and deliver me from the hand of the sons of a foreigner, who, their mouth speaks worthlessness, and their right hand is a right hand of falsehood,	*Save me from the power of these foreign people. They say things that are not true and raise their right hands to swear oaths that are false.*

What do the mouths of the foreigners speak?

Their speak things that are not true and swear false oaths.

Psalms 144:12

ULT	UST
that our sons may be like plants having been enlarged in their youth, our daughters, like corner pillars carved in the pattern of a palace.	*Then our sons will be like strong plants that grow tall when they are young, and our daughters will be as beautiful and stately as pillars that craftsmen carve to decorate a palace.*

What does David want the sons of the Israelites to be like?

He wants them to be strong like plants that grow to full size in their youth.

What does David want the daughters of the Israelites to be like?

He wants them to be as beautiful and stately as pillars that craftsmen carve to decorate a palace.

Psalms 144:13

ULT	UST
May our granaries be full, furnishing from kind to kind; may our flocks be thousanding, may they be myriading in our fields.	*May our barns overflow with many kinds of crops. May our sheep give birth to great numbers of lambs, yes, very great numbers as they graze in our pastures.*

What does David ask God to provide?

David asks that the barns be full of many kinds of crops and that the flocks multiply greatly in the fields.

Psalms 144:14

ULT	UST
May our oxen be burdened; no breach and no going out and no cry in our squares.	*May our oxen be strong to pull plows. May no one break through our walls, may no one go into exile, and may no one cry out in distress in our city squares.*

What does David ask God to spare the nation from?

David asks that there would be no enemies who could break through their walls, no one going into exile, and no crying out in distress in the city squares.

Psalms 144:15

ULT	UST
The happinesses of the people for whom it is thus to it! The happinesses of the people for whom Yahweh is its God!	*What a good life people have when these things happen for them! What a good life people have who worship Yahweh as their God!*

Who does David say are the people who are happy?

He says those who worship Yahweh as their God will be happy and have a good life.

Psalms 145

Psalms 145:1

ULT	UST
A psalm of David. I will exalt you, my God, the King, and I will bless your name forever and ever.	*This is a psalm of David. My God and king, I will proclaim that you are very great; I will praise you now and always.*

Whom does David say he will exalt and bless?

David says he will exalt his God and King and praise him forever and ever.

Psalms 145:2

ULT	UST
I will bless you every day, and I will praise your name forever and ever.	*I will bless you every day; I will praise you forever.*

How often does David bless God?

Every day David will bless God.

Psalms 145:4

ULT	UST
Generation to generation will proclaim your works, and they will declare your mighty acts.	*People of every generation will tell the next generation about what you have done; they will tell about your mighty deeds.*

What will one generation proclaim to the next?

One generation will proclaim all God has done to the next generation.

Psalms 145:5

ULT	UST
On the splendor of the glory of your majesty and on the deeds of your making wonderful, let me meditate.	*I will think about how very glorious and majestic you are, and I will think about your wonderful deeds.*

On what will David meditate?

He will think about how very glorious and majestic Yahweh is and on his wonderful deeds.

Psalms 145:7

ULT	UST
They will pour forth the remembrance of the abundance of your goodness, and they will sing joyfully about your righteousness.	*People will celebrate how very good you are, and they will sing joyfully about how righteous you are.*

What do people declare and sing about?

They will celebrate and declare Yahweh's goodness and sing joyfully about his righteousness.

Psalms 145:10

ULT	UST
All your works will thank you, Yahweh, and your faithful will bless you.	*Yahweh, all the creatures that you have made will praise you, and the people who are faithful to you will bless you.*

What will thank and bless Yahweh?

All the creatures that Yahweh has made will give thanks to him and his faithful ones will bless him.

Psalms 145:11

ULT	UST
They will tell the glory of your kingdom, and they will speak of your power,	*They will tell others about how gloriously you rule as king and about how powerful you are,*

What will Yahweh's faithful ones tell others about?

They will tell others about how gloriously Yahweh rules as king and about how powerful he is.

Psalms 145:13

ULT	UST
Your kingdom is a kingdom of all of eternities, and your dominion is in every generation and generation.	*You will never stop ruling as king; you will rule throughout every generation.*

How long will Yahweh's kingdom last?

Yahweh will never stop ruling as king.

Psalms 145:14

ULT	UST
Yahweh is supporting all of the ones falling and raising up all of the ones being bowed down.	*Yahweh sustains people who are in difficult circumstances, and he helps those who are struggling.*

Who does Yahweh support and help?

Yahweh supports and helps people who are struggling with difficult circumstances.

Psalms 145:15

ULT	UST
The eyes of all wait for you, and you, you are giving their food to them in its time,	*All creatures look to you expectantly, and you give them food when they need it.*

Who looks expectantly to Yahweh for provision?

All the creatures Yahweh made look to him expectantly, waiting for the food he will give them when they need it.

Psalms 145:16

ULT	UST
opening your hand and satisfying every living thing with respect to desire.	*You give generously and satisfy the desire of every living thing.*

How does Yahweh satisfy the desire of every living thing?

Yahweh gives generously and satisfies the desire of every living thing.

Psalms 145:18

ULT	UST
Yahweh is near to all of the ones calling on him, to all who call on him in truth.	*Yahweh is ready to help everyone who asks him for help when they do that sincerely.*

Who is Yahweh ready to help?

Yahweh is ready to help everyone who asks him for help when they do that sincerely.

Psalms 145:20

ULT	UST
Yahweh is keeping all of the ones loving him, but he destroys all of the wicked.	*Yahweh protects all those who love him, but he destroys wicked people.*

What does Yahweh do for those who love him?

Yahweh protects all those who love him.

What will Yahweh do to all the wicked?

He will destroy all the wicked.

Psalms 146

Psalms 146:2

ULT	UST
Let me praise Yahweh in my life; let me make music to my God while I yet am.	*I will praise Yahweh for as long as I am alive; Yes, I will sing to praise my God for the rest of my life.*

How long will the psalmist praise Yahweh?

He will praise Yahweh as long as he lives.

Psalms 146:3

ULT	UST
Do not trust in nobles, in the son of man, in whom there is no salvation.	*Since no human being can save you, do not rely on your leaders.*

What should one not put their trust in?

People should not put their trust in any human being to save them.

Psalms 146:4

ULT	UST
His breath goes out, he returns to his ground; on that day, his thoughts perish.	*When they die, their bodies decay and become soil again. When that happens, they can no longer carry out their plans.*

What happens when a person’s breath stops?

When a person’s breath stops, he returns to the ground; on that day his plans end.

Psalms 146:5

ULT	UST
The happinesses of the one who has the God of Jacob for his help; his hope is in Yahweh his God,	*Some people confidently expect Yahweh their God to help them. He is the God whom Jacob worshiped. He does help them, and they have a very good life.*

Who does the psalmist say will have happiness?

Those people who confidently expect Yahweh their God to help them will have a very good life.

Psalms 146:6

ULT	UST
the one having made the heavens and the earth, the sea and all that is in them, the one keeping faithfulness forever,	*He is the one who created the sky and the land. He also created the oceans and all the creatures that are in them. He always does what he has promised to do.*

What has Yahweh made?

Yahweh made the sky, the land, the sea, and all that is in them.

Psalms 146:7

ULT	UST
doing justice for the oppressed, giving bread to the hungry. Yahweh is releasing the bound ones.	*He defends people whom others oppress, and he provides food for people who are hungry. Yahweh frees people who are in prison.*

What does Yahweh do for the oppressed and the hungry?

Yahweh defends people whom others oppress and gives food to the hungry.

Psalms 146:8

ULT	UST
Yahweh is opening the blind; Yahweh is raising up the one bowed down; Yahweh is loving the righteous.	*Yahweh enables people who are blind to see again; Yahweh helps people who are struggling; Yahweh loves people who do what is right.*

What does Yahweh do for the blind and those who are struggling?

Yahweh enables people who are blind to see again and helps people who are struggling.

Psalms 146:9

ULT	UST
Yahweh is guarding the sojourners; he upholds the orphan and the widow, but the way of the wicked, he overturns.	*Yahweh protects foreigners; he preserves the property of orphans and widows, but he makes the plans of wicked people fail.*

Who does Yahweh protect?

Yahweh protects foreigners as well as orphans and widows.

Psalms 146:10

ULT	UST
Yahweh reigns forever; your God, Zion, to generation and generation. Hallelu Yah!	*Yahweh will be the king forever; yes, the God of the people of Jerusalem will always reign. Praise Yahweh!*

How long will Yahweh reign?

Yahweh will reign forever, for all generations.

Psalms 147

Psalms 147:1

ULT	UST
Hallelu Yah! For it is good to make music to our God, for praise is pleasant and suitable.	*Praise Yahweh! Singing praises to our God is a good thing to do. He deserves it, and it makes us happy.*

Why should people praise Yahweh?

People should sing praises to Yahweh because he deserves it and it is good thing to do.

Psalms 147:2

ULT	UST
Yahweh builds up Jerusalem; he gathers the scattered of Israel,	*Yahweh is rebuilding Jerusalem and bringing back the Israelites whom our enemies had scattered.*

How does Yahweh help his people?

Yahweh is rebuilding Jerusalem and bringing back the people of Israel who had been scattered.

Psalms 147:3

ULT	UST
healing the broken of heart and binding up their wounds;	*He comforts people who are very sad and heals their pain.*

What does Yahweh do for the brokenhearted?

He comforts them and heals their pain.

Psalms 147:4

ULT	UST
counting the number of the stars, he calls names to all of them.	*He knows how many stars there are, and he has given each one its name.*

What does Yahweh do with the stars?

Yahweh counts the stars and gives each one a name.

Psalms 147:5

ULT	UST
Great is our Lord, and abundant of power, his understanding is without number.	*Our Lord is great and very powerful; no one can measure how much he understands.*

How great is the Lord's understanding?

His understanding cannot be measured.

Psalms 147:6

ULT	UST
Yahweh is lifting up the poor, bringing down the wicked to the ground.	*Yahweh helps humble people, but he makes wicked people fail in what they want to do.*

What does Yahweh do to the wicked?

Yahweh makes wicked people fail in what they want to do.

Psalms 147:9

ULT	UST
He gives its food to the beast, to the sons of the raven when they call.	*He provides food for wild animals. He even feeds young ravens when they cry out for food.*

How does Yahweh care for the animals and ravens?

Yahweh provides food for the animals and feeds the young ravens when they cry out.

Psalms 147:11

ULT	UST
Yahweh takes pleasure in the ones fearing him, the ones hoping for his covenant faithfulness.	*Instead, Yahweh values people who deeply respect him. He values people who confidently expect him to be faithful to his covenant promises.*

In whom does Yahweh take pleasure?

Yahweh takes pleasure in those who deeply respect him and in those who confidently expect him to be faithful to his covenant promises.

Psalms 147:14

ULT	UST
The one putting peace at your borders, he satisfies you with the fat of wheat.	*He keeps your borders safe, and gives you plenty of wheat to eat.*

How does Yahweh bless the people of Jerusalem?

Yahweh gives them peace by keeping their borders safe and satisfies them with plenty of wheat to eat.

Psalms 147:15

ULT	UST
The one sending his command to the earth, his word runs to swiftness.	*He gives commands about what will happen on the earth, and these things happen right away.*

What makes thing happen on the earth?

Things happen on the earth as soon as Yahweh commands them to.

Psalms 147:17

ULT	UST
The one sending his hail like crumbs, who can stand to the face of his cold?	*He hurls down hail like small stones. When he makes it cold, no one can stand outside.*

How does Yahweh send down hail?

Yahweh casts his hail down like small stones.

Psalms 147:19

ULT	UST
He declared his word to Jacob, his statutes and his judgments to Israel.	*He told the descendants of Jacob how he wanted them to live. Yes, he gave decrees and laws to the Israelites.*

To whom does Yahweh declare how he wants them to live?

Yahweh declares this word to the descendants of Jacob.

Psalms 147:20

ULT	UST
He has not done this for any other nation, and his judgments, they do not know them. Hallelu Yah!	*He has not done this for any other nation; they do not know his laws. Praise Yahweh!*

What does the psalmist say about other nations?

The other nations do not know his laws.

Psalms 148

Psalms 148:1-2

Who is to praise Yahweh?

Everyone in the heavens, all his angels, and all his heavenly armies are to praise Yahweh.

Psalms 148:3-4

Who is to praise Yahweh?

The sun, moon, shining stars, highest heavens, and the waters above the heavens are to praise Yahweh.

Psalms 148:5

ULT	UST
Let them praise the name of Yahweh, for he, he commanded, and they were created.	*Let all of these praise Yahweh, because he created them by his own command.*

Why should Yahweh be praised?

Yahweh should be praised because he commanded and everything was created.

Psalms 148:7-8

Who should praise Yahweh from the earth?

The sea creatures and everything deep in the ocean, fire and hail, snow and clouds, and the strong winds should praise Yahweh.

Psalms 148:9-10

Who also should praise Yahweh?

The mountains, hills, fruit and other trees, wild animals and livestock, crawling creatures, and birds should all praise Yahweh.

Psalms 148:11-12

Who else should praise Yahweh?

Kings of the earth and all peoples, rulers and all judges, young men and women, old people, and children should all praise Yahweh.

Psalms 148:13

ULT	UST
Let them praise the name of Yahweh, for his name alone is exalted; his splendor is over the earth and the heavens.	*you should all praise Yahweh, because he alone is truly great. He is more glorious than everything on earth and in heaven.*

Why should Yahweh be praised?

Yahweh should be praised because he alone is truly great and more glorious than everything on earth and in heaven.

Psalms 148:14

ULT	UST
And he has raised up a horn for his people, praise for all of his faithful, for the sons of Israel, a people near to him. Hallelu Yah!	*He has made his people strong, and other nations respect them. His people are the Israelite people, who are close to him. Praise Yahweh!*

Who are Yahweh's faithful ones?

The people of Israel who are close to him are respected as Yahweh's faithful people.

Psalms 149

Psalms 149:1

ULT	UST
Hallelu Yah! Sing to Yahweh a new song, his praise in the assembly of the faithful.	*Praise Yahweh! Sing a new song to Yahweh! Let his faithful people praise him when they gather together.*

How should the faithful praise Yahweh?

They should sing a new song to Yahweh and praise him when the faithful people gather together.

Psalms 149:2

ULT	UST
Let Israel rejoice in his Maker; let the sons of Zion be glad in their king.	*You Israelite people, God made you. Be happy because of what he has done for you. You people of Jerusalem, rejoice because God is your king.*

In whom should Israel rejoice?

The people of Israel should rejoice because of what God has done for them, and because he is their king.

Psalms 149:3

ULT	UST
Let them praise his name in the dance; let them make music to him with the tambourine and the harp.	*Praise Yahweh by dancing. Play tambourines and harps to honor him.*

How should the faithful praise Yahweh?

They should praise his name by dancing and making music to him with tambourines and harps.

Psalms 149:4

ULT	UST
For Yahweh is taking pleasure in his people; he beautifies the humble with salvation.	*Do that because Yahweh loves his people; he honors poor people by rescuing them.*

In whom does Yahweh take pleasure?

Yahweh takes pleasure in his people.

What does Yahweh do for the humble?

He honors humble people by rescuing them.

Psalms 149:5

ULT	UST
Let the faithful exult in glory; let them sing joyfully on their beds.	*God's faithful people should celebrate because he has honored them. Even on their beds at night, they should praise him with joyful songs.*

How should the faithful exult?

God's faithful people should celebrate with joyful songs because he has honored them.

Psalms 149:6

ULT	UST
Let the exaltations of God be in their throat, and a sword of mouths in their hand,	*They should also shout loudly to praise God when they go into battle holding swords that have two sharp edges.*

What should the faithful shout about?

They should shout loud praises to God.

Psalms 149:6-7

What is the purpose of the sword in the hands of the faithful?

The sword in their hand is to punish the people of other nations for the sins they have committed against God.

Psalms 149:8-9

What will the faithful do to the kings and nobles of the nations?

They will bind their kings with chains and their nobles with shackles of iron in order to carry out the judgment that God has decreed against them..

Psalms 149:9

ULT	UST
to execute on them the judgment written. It is honor to all of his faithful. Hallelu Yah!	*In that way, they will carry out the judgment that God has decreed against them. God will give his faithful people the honor of doing that for him. Praise Yahweh!*

What is the honor of all of God's faithful?

It is an honor for all of his faithful to carry out the judgment that God has decreed against their leaders.

Psalms 150

Psalms 150:1

ULT	UST
Hallelu Yah! Praise God in his sanctuary; praise him in the expanse of his strength.	*Praise Yahweh! Praise God in his temple here on earth, and praise him in the heavens that he created by his power!*

Where should everyone praise God?

Everyone should praise God in his temple here on earth, and praise him in the heavens that he created by his power.

Psalms 150:2

ULT	UST
Praise him for his mighty deeds; praise him according to the abundance of his greatness.	*Praise him for the mighty things he has done! Praise him because he is so very great!*

For what should everyone praise God?

Everyone should praise God for the mighty things he has done and for his greatness.

Psalms 150:3-5

With what instruments should everyone praise God?

Everyone should praise God with shofars, lyres, harps, tambourines, stringed instruments, flutes, and cymbals.

Psalms 150:6

ULT	UST
Let all of the breath praise Yah! Hallelu Yah!	*Let everything that breathes praise Yahweh! Praise Yahweh!*

Who should praise Yahweh?

Everything that breathes should praise Yahweh.